



# **North West Recovery Communities**

**Asset Based Approaches**

**In Service Settings: Striking a Balance**

**THURSDAY 16<sup>th</sup> MARCH 2017**

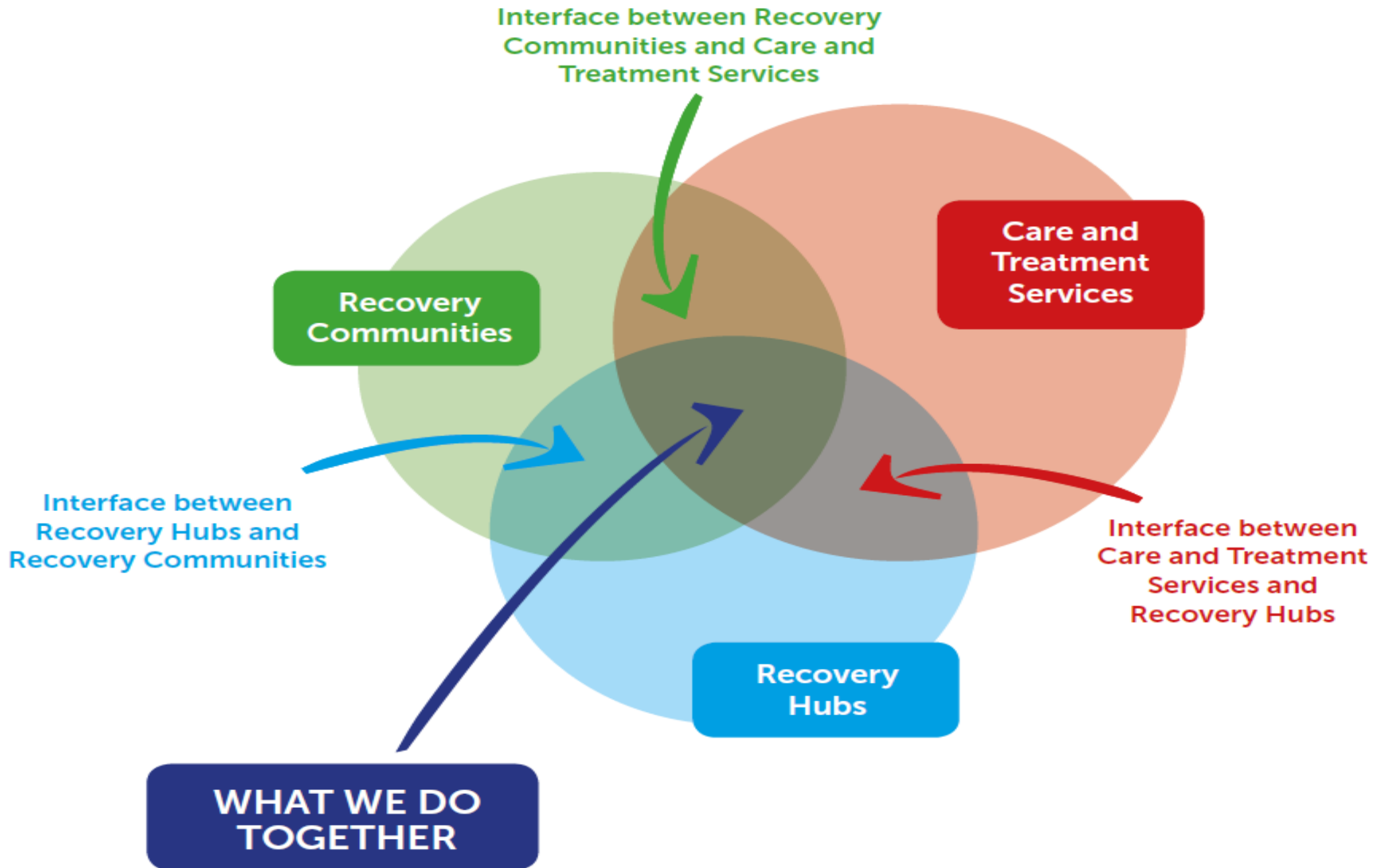
# What is North West Recovery Communities?

- Community led organisation, with lived experience at its core
- Partnership of people affected by alcohol and/or drugs, families, supporters and local service providers
- People coming together to improve their communities
- Building on what works, strengths and resources available
- Influencing change in culture, moving away from the “problem” and exploring solutions, setting goals and action plans to make sustained improvements
- Regular open meetings, all inclusive, everyone is welcome, is valued and can make a contribution
- Promoting that “Recovery is Possible” for all who seek it
- It works within a ROSC model (Recovery Orientated System of Care)



# Recovery Orientated System of Care

- ROSC is a co-ordinated network of community based services and supports that is person centred and builds on strengths and resilience of individuals, families and communities....it recognises there are many pathways to recovery, including treatment, mutual aid groups, faith-based recovery, cultural recovery, natural recovery, medication-assisted recovery, amongst others....It offers choice by providing a flexible menu of services and supports designed to meet each individual's specific needs....it builds on assets rather than emphasising deficits and pathologies.... (Bill White)



# The Model

- **Care & Treatment:** statutory service provision, Tier 3 and above, delivering a range of evidence based interventions with individuals drug and/or alcohol dependent with a range of other challenges, for example: mental health issues, physical health issues, homelessness, child or adult protection concerns
- **Recovery Hubs:** third sector commissioned services to work across the alcohol and drugs service tiers to promote recovery, provide exit strategies from care and treatment, increase community capacity, provide opportunities for sustained recovery
- **Recovery Communities:** organic, community based developments, delivering recovery volunteer led drop in opportunities in partnership with services and others, groupwork programmes, large scale events, training and development, promoting employability, building community assets and making connections with hard to reach individuals and communities across North West Glasgow



# Benefits of Asset Building

- Promotes independence and a belief that the situation can improve
- Involves individuals and families in the discussions at the very outset that looks at their skills, knowledge, qualities and abilities to affect change in their own circumstances
- Helps increase confidence and self belief
- Reduces demand on high cost treatment interventions
- Provides a landscape where the correct intervention is made available rather than a one size fits all approach
- Deepens resilience amongst communities, builds local resources and determination to make improvements

# Benefits of Asset Building II

- Shares responsibility for achieving outcomes and shares the achievements
- Cost effective, it utilises a mixture of resources
- Due to personal investment has more chance of success and sustainability
- Improves the general well being of communities, people working together, sharing, supporting each other
- Creates an environment people want to be part of, be integrated with, rather than foster a sense of social exclusion



# Examples of Asset Building approach in Recovery Communities

- Health Improvement Teams investing in Cookery Classes, Health & Hygiene, Rehis training to skill up Recovery volunteers to prepare and deliver low cost healthy food within recovery settings
- Local community venues offering space at cost price to enable Recovery Drop-In provision to be delivered because it benefits their community
- Formal Alcohol & Drugs Services incorporating Recovery Communities activity into their programmes, building bridges between formal provision and community recovery settings at the outset, reducing barriers and promoting inclusion
- Focus on “recovery” rather than “addiction” Using asset based questions in dialogue/assessments *ie. What recovery capital do you have? What is going on in your life to represent recovery progress?*



# Examples of Asset Building approach in Recovery Communities

- Investment in the infrastructure of Recovery Communities to support overall Alcohol & Drugs strategy ie:
  - **Alcohol & Drugs Partnership** shifting some resources away from formal Care and Treatment to Recovery Communities
  - **Glasgow City Council Community Planning** supporting bid for Integrated Grants Fund to support Recovery Communities to create capacity to concentrate on Glasgow's Alcohol Single Outcome Agreement
  - **Glasgow Housing Association (GHA)** identifying and preparing premises for NWRC to allow local people to come together to plan and co-ordinate recovery communities activity, reducing need to rent expensive meeting rooms and maximising/building on what already exists. Also about a venue for local people to take forward their aims and objectives
  - **Addiction Recovery Hub:** exploring ways in which volunteer training can be adapted to suit recovery volunteers operating both within formal and informal recovery settings, reducing duplication and maximising potential

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# What makes a sustainable recovery community?

## Building sustainable recovery communities





# Contact Details

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North West Recovery Communities Website COMING SOON.....

*Still in development*

NWRC-Glasgow

