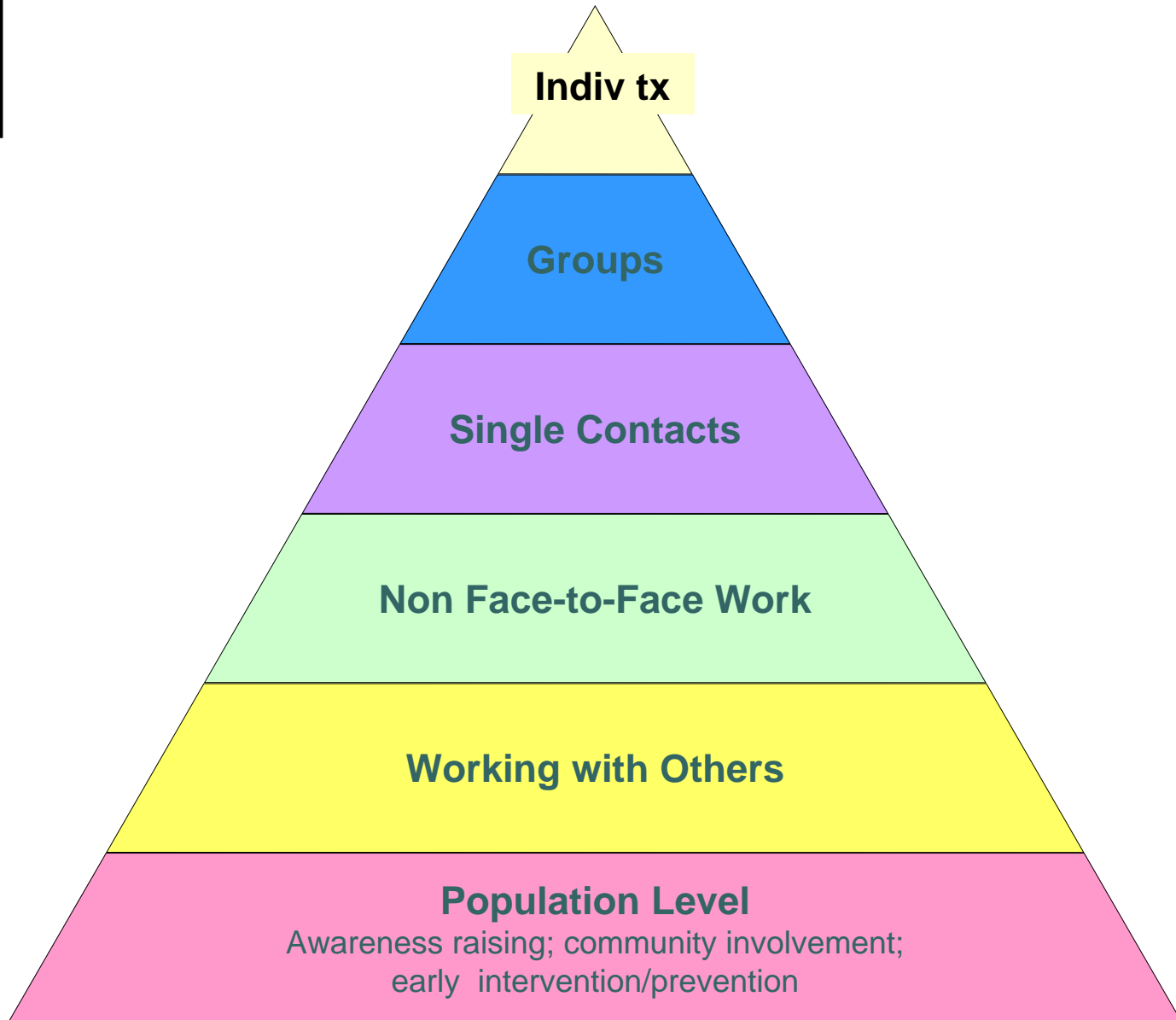




Steps: Primary Care **Mental Health and Health** **Inequalities**

Dr. Michael Ross
Deputy Team Leader

The STEPS model



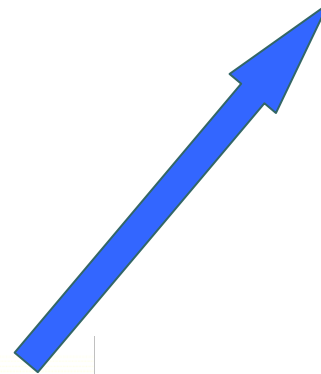


Principles

- Raise awareness of CMHP
- Timely assessment/onward referral
- Informed choice
- **No Waiting Lists**
- Sharing with other professionals/voluntary organisations
- Recognize role of deprivation/social adversity

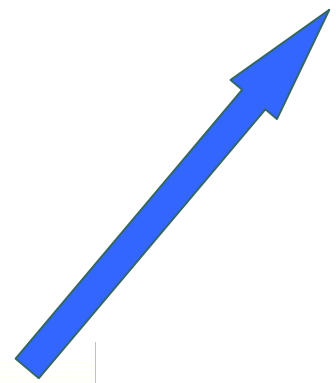


Therapy Services

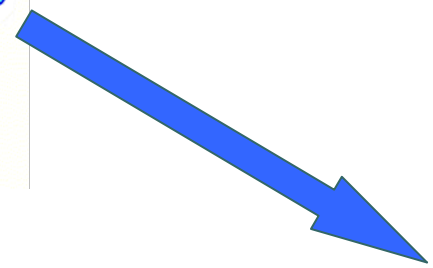




Therapy Services

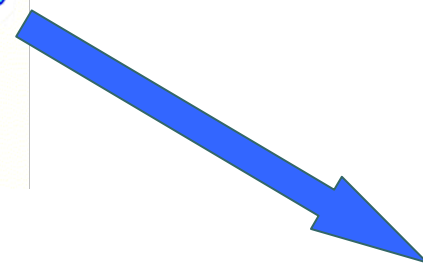
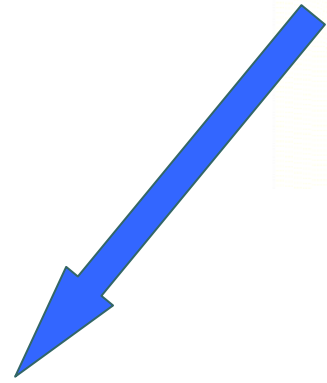


**Early Intervention
Prevention**





Therapy Services



Awareness Raising
Population Level

Early Intervention
Prevention



Teaching Others

Therapy Services



Awareness Raising

**Early Intervention
Prevention**

Population Level



The problem...

- How do we work inside out?
- Access for/to “hard to reach” in non-therapy and therapy services
- Prevention/Treatment?
- Comprehensive planning/reflective practice strategy
- Collaboration with GCPH



Solutions?

- Framework
- Approaches: targeting the worst off/reducing gaps between groups/additional research
- Data collection/analysis – Service response



Action: Structural

- Inequalities competence
- Whose job is it anyway?
- Relationship to Health Improvement



Co-Incidental Action: Clinical

- Understanding evidence and Service data
- Call-Back Service
- “Rolls Royce Approaches” - Toryglen



But is it enough....?

- No!
- Improved collaboration: Voluntary Sector/Faith Leaders
- Web-site
- Where to next?