

# Active Travel in the west of Scotland Organisation Survey



Strathclyde Partnership for Transport (SPT) are developing a strategy for active travel across the region. Active travel refers to journeys undertaken by people-powered modes, including walking, people using wheelchairs, and cycling (including e-bikes).

This survey aims to capture the views of organisations in the Strathclyde Region, such as community councils, community action groups, schools and higher education centres, and health and social care practices. If you are a member of an organisation, we ask that you complete this 15 minute survey to help us better understand your thoughts on the existing barriers that members of your organisation experience in relation to walking, wheeling\* and cycling for their everyday and essential journeys. Everyday journeys can be for any purpose; commuting, leisure, or exercise. We are also seeking to understand what initiatives (if any) would encourage members of your organisation, and/or those your organisation represent, to walk, wheel or cycle to work more often.

Prior to completing this survey, please read about the active travel strategy principles here: <https://bit.ly/3Q0p5em>

Please submit this survey by **Sunday 12th November 2023**.

Should you require this survey in an alternative format or if you wish to request a printed copy to be posted to you, please get in touch with us by email at: [TellUs-SPT@sweco.co.uk](mailto:TellUs-SPT@sweco.co.uk)

\*Wheeling refers to an alternative to foot-based pedestrian mobility and includes: using a wheelchair, or mobility scooter.

*Funding for the project was awarded by Strathclyde Partnership for Transport and the Scottish Government through Sustrans Scotland's Places for Everyone programme.*

*This survey is being administered by Sweco UK Ltd on behalf of Strathclyde Partnership for Transport. Information provided will be treated confidentially and in accordance with the Data Protection Act 2018 and General Data Protection Regulations (GDPR) 2018. Strathclyde Partnership for Transport's privacy statement, which explains how we will process your personal information and your rights as a data subject, is available at: <https://www.spt.co.uk/privacy/>*

## 1. What is the name of the organisation that you are responding on behalf of?

Glasgow Centre for Population Health

## 2. What local authority does the organisation operate in?

Select all that apply.

Argyll & Bute

East Ayrshire

East Dunbartonshire

East Renfrewshire

Glasgow City

Inverclyde

North Ayrshire

North Lanarkshire

Renfrewshire

South Ayrshire

South Lanarkshire

West Dunbartonshire

## 3. Please tell us the first part of the organisation's postcode. This is the first 2 to 4 digits of the postcode (e.g. PA60)

This information will only be used for the purpose of this survey and will not be used for marketing or passed on to any party outside the project team.

G40 2QH

## 4. How many people are members of your organisation?

1-9 people

10-19 people

20-49 people

50-99 people

100-249 people

250 to 499 people

500 to 999 people

1000+ people

**5. On what scale does the organisation operate?**

Select all that apply.

Local

Regional

National

International

**6. Does the organisation that you represent currently collect data on how members travel for their everyday journeys?**

**If no, please skip to Question 12.**

Yes

No

Not sure

**7. If yes, when was the most recent data collection?**

Please provide the month and year if known

N/A

**8. Please indicate what percentage (%) of members use public transport for their everyday journeys**

N/A

**9. Please indicate what percentage (%) of members walk or wheel for their everyday journeys**

N/A

**10. Please indicate what percentage (%) of members cycle for their everyday journeys**

N/A

**11. Please indicate what percentage (%) of members drive or car share for their everyday journeys**

N/A

## 12. Does the organisation currently offer any support programmes or initiatives to encourage members to walk, wheel or cycle more?

Tick all that apply

<input type="checkbox"/> Walking groups	<input type="checkbox"/> Led cycles
<input checked="" type="checkbox"/> Cycles for hire / to borrow	<input type="checkbox"/> Cycle maintenance sessions
<input type="checkbox"/> Discounted PT tickets	<input type="checkbox"/> Trip sharing scheme
<input type="checkbox"/> Route planning advice	<input type="checkbox"/> Funding for walking, wheeling or cycling interventions (such as a cycle parking or bike hires)
<input checked="" type="checkbox"/> Discounted walking or cycle equipment (e.g. cycle to work scheme)	
<input checked="" type="checkbox"/> Other (please specify) E-bike available for staff	

## Walking and wheeling

### 13. What are the main barriers to walking and wheeling, raised by members of your organisation?

Please select all that apply. \*8 members of GCPH staff have contributed to the responses from here. The most common responses are in red\*

<input type="checkbox"/> Bollards / chicanes / gates / other barriers	<input checked="" type="checkbox"/> Condition of footways / footpaths
<input checked="" type="checkbox"/> Feeling unsafe walking or wheeling alone	<input checked="" type="checkbox"/> Feeling unsafe walking or wheeling at night
<input checked="" type="checkbox"/> Lack of continuous and joined up walking / wheeling routes	<input type="checkbox"/> Lack of destinations within walking distance (e.g. shops)
<input checked="" type="checkbox"/> Lack of footways / footpaths	<input checked="" type="checkbox"/> Other ways of travelling are more convenient
<input checked="" type="checkbox"/> Poor street lighting	<input checked="" type="checkbox"/> Poor weather

Routes not separated from those cycling

Steep gradients, such as hills

Uneven surfaces along paths

Narrow footways / footpaths

Other (please specify)

#### 14. Are there any other barriers to walking or wheeling to work that you wish to provide detail on?

- Housing affordability means it is difficult for some staff to live near their place of work. This can create car-dependence and reduce their available time for active travel.
- Pavement parking - this prevents active travel and can present particular challenge for wheelchair users.
- Signaling time - this often favours cars over pedestrians, which is a barrier to active travel.
- Street clutter - metal barriers make walking or cycling more difficult/less enjoyable in some areas.

#### 15. Of the barriers listed below, which would you consider to be the three most important to address?

Please place numbers 1 to 3 in three of boxes below, with 1 being the most important and 3 being the least important.

Bollards / chicanes / gates / other barriers

Condition of footways / footpaths

Feeling unsafe walking or wheeling alone

Feeling unsafe walking or wheeling at night

1

Lack of continuous and joined up walking / wheeling routes

Lack of destinations within walking distance (e.g. shops)

Lack of footways / footpaths

3

Other modes are more convenient

Poor street lighting

Poor weather

2

Routes not separated from those cycling



Steep gradients, such as hills



Uneven surfaces along paths



Narrow footways / footpaths



Other (please specify)

Walking/wheeling isn't just an individual choice. It's also a choice by employers to mitigate the impacts of climate change and supporting staff wellbeing.

## Your Suggested Solutions

**16. Please describe the active-travel related solutions that you feel would best address the priorities you have identified for walking and wheeling.**

### Suggestion 1:

Improve the conditions of footpaths and pavements, including greening, better signage and the removal of 'street clutter'.

### Suggestion 2:

Better street lighting: Areas that are safe to walk in during the day are unsafe/ feel unsafe at night. Connecting journeys during the day is not possible at night/in winter.

### Suggestion 3:

More cycle lanes across the city (a joined up network) to ensure cyclists' safety and reduce driver/cyclist tensions.

## Cycling

### 17. What are the main barriers to cycling raised by members of your organisation?

Please select all that apply. \*Most common responses in red\*

<input checked="" type="checkbox"/> Availability of cycle hire locations near journey origin / destination	<input checked="" type="checkbox"/> Do not own a bike
<input checked="" type="checkbox"/> Behaviour of motorists	<input type="checkbox"/> Feeling unsafe cycling alone
<input checked="" type="checkbox"/> Feeling unsafe cycling at night	<input checked="" type="checkbox"/> High levels of traffic
<input checked="" type="checkbox"/> Lack in confidence when cycling	<input checked="" type="checkbox"/> Lack of continuous and joined up cycle routes
<input checked="" type="checkbox"/> Lack of dedicated cycle lanes on roads	<input checked="" type="checkbox"/> Lack of routes separate from vehicles
<input type="checkbox"/> Lack of showers / changing facilities at destination	<input type="checkbox"/> Limited health or fitness
<input checked="" type="checkbox"/> Other ways of travelling are more convenient	<input checked="" type="checkbox"/> Availability of information on cycle routes
<input checked="" type="checkbox"/> Poor weather	<input checked="" type="checkbox"/> Condition of cycle routes
<input type="checkbox"/> Steep gradients, such as hills	<input checked="" type="checkbox"/> Condition of roads e.g. potholes, overgrown hedges
<input checked="" type="checkbox"/> Poor street lighting	<input checked="" type="checkbox"/> Unable to maintain a bike
<input type="checkbox"/> Lack of destinations within cycling distance (e.g. shops)	<input checked="" type="checkbox"/> Other. Please specify:

### 18. Are there any other barriers to cycling that you wish to provide detail on?

- Lack of time: Returning to the office and finding time to travel actively is too time consuming with other life pressures.
- Lack of affordable housing close to workplace: Commute distance is too far to travel actively.
- Lack of available bike hire near place of residence.
- Potholes and poor quality road surfaces, especially at dangerous at night!
- Pervasive feeling that cycling isn't for certain people. Not a 'culture of cycling' yet.
- Lack of segregated cycle lanes/ network of cycle lanes means it is not a consideration for many.
- Poor weather and darkness are barriers to many. This links to issues of safety and the convenience of other modes.

## Cycling

### 19. Of the barriers listed below, which would you consider to be the three most important to address?

Please place numbers 1 to 3 in three of boxes below, with 1 being the most important and 3 being the least important.

<input type="checkbox"/> Availability of cycle hire locations near journey origin / destination	<input type="checkbox"/> Do not own a bike
<input type="checkbox"/> Behaviour of motorists	<input type="checkbox"/> Feeling unsafe cycling alone
<input type="checkbox"/> Feeling unsafe cycling at night	<input type="checkbox"/> High levels of traffic
<input type="checkbox"/> Lack in confidence when cycling	<input type="checkbox"/> Lack of continuous and joined up cycle routes
<input type="checkbox" value="1"/> Lack of dedicated cycle lanes on roads	<input type="checkbox"/> Lack of routes separate from vehicles
<input type="checkbox"/> Lack of showers / changing facilities at destination	<input type="checkbox"/> Limited health or fitness
<input type="checkbox" value="2"/> Other ways of travelling are more convenient	<input type="checkbox"/> Availability of information on cycle routes
<input type="checkbox" value="3"/> Poor weather	<input type="checkbox"/> Condition of cycle routes
<input type="checkbox"/> Steep gradients, such as hills	<input type="checkbox"/> Condition of roads e.g. potholes,
<input type="checkbox"/> Poor street lighting	<input type="checkbox"/> Unable to maintain a bike
<input type="checkbox"/> Lack of destinations within cycling distance (e.g. shops)	<input type="checkbox"/> Other. Please specify:



# Your Suggested Solutions

**20. Please describe the active-travel related solutions that you feel would best address the priorities you have identified for cycling.**

## **Suggestion 1:**

Safety:

- Motion activated street lighting in parks and other public spaces.
- Enforce speed limits (20mph).
- Improve condition of roads and cycleways.

## **Suggestion 2:**

Incentives:

- More flexible working to facilitate active lifestyle, especially in the winter.
- Links to bikehire schemes and widening of scheme across region.
- Better workplace facilities.
- Linked ticketing.
- Cheaper/free public transport for users with greatest financial need.
- Workplace incentivisation of active travel.

## **Suggestion 3:**

Cycle lanes:

- A more integrated network of cycles lanes, in line with many other European cities.
- Complete segregation (i.e. not having to rejoin traffic).
- Better information on existing infrastructure.
- Better signage and route finding.

## Public transport

### 21. What are the main barriers to active travel and public transport journeys raised by members of your organisation?

Please select all that apply. Journeys including public transport refers to undertaking a journey via more than one method of travel. For example, cycling to a train station to take the train, or walking to a bus stop to catch a bus.

<input checked="" type="checkbox"/> Affordability of public transport	<input checked="" type="checkbox"/> Availability of active travel routes close to bus stops
<input type="checkbox"/> Availability of active travel routes close to ferry terminals	<input checked="" type="checkbox"/> Availability of active travel routes close to subway stations
<input checked="" type="checkbox"/> Availability of active travel routes close to train stations	<input checked="" type="checkbox"/> Availability of cycle parking at bus stops
<input type="checkbox"/> Availability of cycle parking at ferry terminals	<input checked="" type="checkbox"/> Availability of cycle parking at subway stations
<input checked="" type="checkbox"/> Availability of cycle parking at train stations	<input checked="" type="checkbox"/> Lack of cycle spaces on buses
<input type="checkbox"/> Lack of cycle spaces on ferries	<input checked="" type="checkbox"/> Lack of cycle spaces on the subway
<input checked="" type="checkbox"/> Lack of cycle spaces on trains	<input checked="" type="checkbox"/> Limitations on taking bikes on a bus
<input checked="" type="checkbox"/> Limited accessibility to bus stops, such as dropped kerbs	<input type="checkbox"/> Limited accessibility to ferry terminals, such as ramped access
<input checked="" type="checkbox"/> Limited accessibility to the subway, such as step-free access	<input checked="" type="checkbox"/> Limited accessibility to train stations or trains, such as ramped access
<input type="checkbox"/> Limited safe crossing points to enter or leave stations	<input checked="" type="checkbox"/> Other (please specify) Public transport needs to be reliable, joined up and affordable.

## Public transport

### 22. Do you have any further comments about connections between walking, wheeling or cycling and public transport?

- Public transport is not consistently available, reliable or affordable. Public ownership of transport should be pursued.
- Route finding: It is not always obvious that places can be easily connected.
- Storage and facilities: It should be easier/culturally acceptable to take a bike on public transport.

### 23. Of the barriers listed below, which would you consider to be the three most important to address?

Please place numbers 1 to 3 in three of boxes below, with 1 being the most important and 3 being the least important.

<input checked="" type="checkbox"/> 1 Affordability of public transport	<input type="checkbox"/> Availability of active travel routes close to bus stops
<input type="checkbox"/> Availability of active travel routes close to ferry terminals	<input type="checkbox"/> Availability of active travel routes close to subway stations
<input checked="" type="checkbox"/> 3 Availability of active travel routes close to train stations	<input type="checkbox"/> Availability of cycle parking at bus stops
<input type="checkbox"/> Availability of cycle parking at ferry terminals	<input type="checkbox"/> Availability of cycle parking at subway stations
<input checked="" type="checkbox"/> 2 Availability of cycle parking at train stations	<input type="checkbox"/> Lack of cycle spaces on buses
<input type="checkbox"/> Lack of cycle spaces on ferries	<input type="checkbox"/> Lack of cycle spaces on the subway
<input type="checkbox"/> Lack of cycle spaces on trains	<input type="checkbox"/> Limitations on taking bikes on a bus
<input type="checkbox"/> Limited accessibility to bus stops, such as dropped kerbs	<input type="checkbox"/> Limited accessibility to ferry terminals, such as ramped access
<input type="checkbox"/> Limited accessibility to the subway, such as step-free access	<input type="checkbox"/> Limited accessibility to train stations or trains, such as ramped access
<input type="checkbox"/> Limited safe crossing points to enter or leave stations	

## Your Suggested Solutions

**24. Please describe the active-travel related solutions that you feel would best address the priorities you have identified for journeys that include public transport.**

### **Suggestion 1:**

Creating 'car-free' areas in the city. This should be complemented by good quality active travel and public transport options.

### **Suggestion 2:**

An integrated regional public transport system controlled by SPT. It should be affordable, reliable, integrated, prioritise good geographic accessibility and provide regular services to Glasgow city centre for a greater proportion of residents living across the region.

### **Suggestion 3:**

Improve safety - through a combination of measures (e.g. improved lighting, reducing traffic speed, removing dangerous potholes). There should be an objective that all Glasgow residents should be able to safely access the city centre through a combination of active travel and affordable public transport. This should be a measurable objective across Glasgow neighbourhoods.

## 25. How would improving walking, wheeling and cycling in the Strathclyde region benefit your organisation?

Improved health, less pollution, nicer public spaces, less congestion, a culture of active travel for the whole population.

## 26. If you have any questions in relation to this Active Travel Strategy, please detail these questions below and a member of the project team will get back to you.

Please remember to leave your email address below.

info@gcph.co.uk

## 27. If you would like to be added to the project distribution list, please provide your email below:

Your email address will be securely stored and managed, and will only be used for the purpose of communicating project updates.

# End of Survey

Thank you for taking the time to share your feedback.

Please post your completed survey to the below postal address or email a scanned copy to [TellUs-SPT@sweco.co.uk](mailto:TellUs-SPT@sweco.co.uk)

Sweco Transport Planning, City Park, 368 Alexandra Parade, Glasgow, G31 3AU