

Trends in mortality in the (West of) Scotland and other parts of post-industrial Europe

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a.k.a...

- “The Aftershock of Deindustrialisation...”
- Collaborative project between Glasgow Centre for Population Health and NHS Health Scotland
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Topics/contents

1. Background & aims
 2. Twenty post-industrial regions in Europe
 3. In-depth mortality analysis of ten post-industrial regions
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4. Some initial hypotheses/explanations
 5. Conclusions
 6. Next steps

1. Background & aims

Background

- Post-industrial decline (and associated factors) promoted as one of major reasons behind Scotland/WoS's poor health profile
- Begs question: how have other similarly deindustrialised regions fared?

Project aims

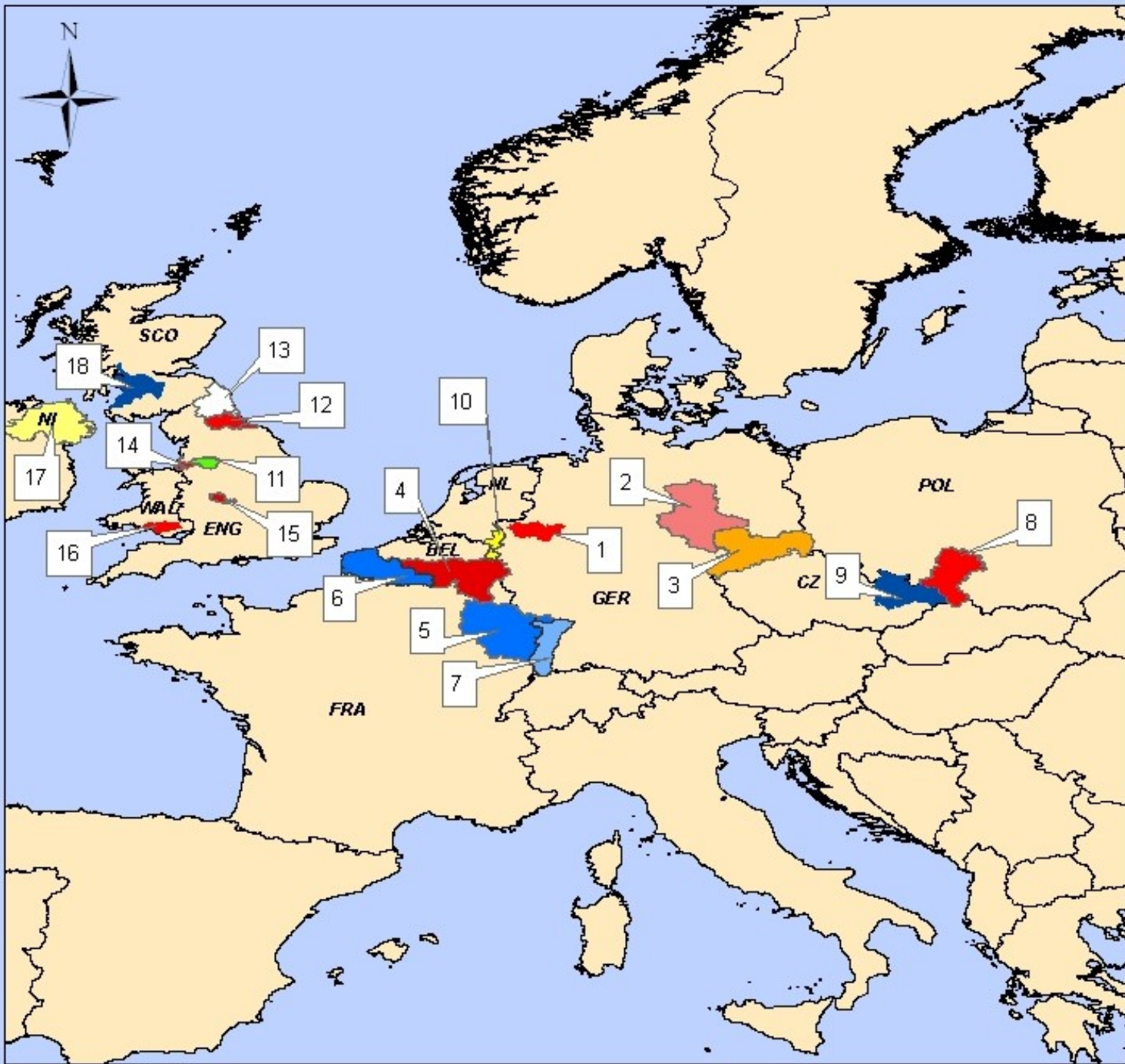
- Identify regions which have undergone similar processes of deindustrialisation
- Compare long-term trends in mortality (as *first* step...)

2. Twenty post-industrial regions in Europe

Identification of areas

- Selection of areas based on combination of:
 - extensive consultation with experts in European public health and European history
 - analysis of regional industrial employment loss

European post-industrial regions



1. Ruhr (D)
2. Saxony-Anhalt (D)
3. Saxony (incl. Chemnitz and Leipzig regions) (D)
4. Wallonia (B)
5. Lorraine (incl. Moselle) (F)
6. Nord-Pas-de-Calais (F)
7. Alsace (F)
8. Silesia (incl. Katowice) (P)
9. N. Moravia (Cz)
10. Limburg (NL)
11. Greater Manchester
12. Tees Valley & Durham
13. Northumb'd, Tyne & Wear
14. Merseyside
15. West Midlands
16. Swansea & S. Wales coalfields
17. N. Ireland
18. West of Scotland

Deindustrialisation in Scotland/the West of Scotland

- 44% decrease in employment* by the West of Scotland
- Represents a loss of jobs
- Not just a West of Scotland problem
- But more market driven
- (from 500,000 to 320,000)

*'Industrial employment': includes manufacturing and construction



Merseyside

A historical black and white photograph of a busy waterfront in Merseyside. The scene is filled with a large crowd of people, many of whom are carrying goods or equipment. A long, covered pier or walkway extends into the water, with people walking along it. In the background, several large, multi-story industrial buildings with prominent chimneys and windows are visible, suggesting a major port or manufacturing hub. The overall atmosphere is one of active commerce and industry.

- 63% decrease in industrial employment between 1971 and 2005
- Represents loss of 200,000 industrial jobs

Ruhr area



- 55% decrease in industrial employment between 1970 and 2005
- Represents loss of 700,000 industrial jobs

Nord-Pas-de-Calais



- 43% decrease in industrial employment between 1970 and 2005
- Represents loss of >300,000 industrial jobs

N. Moravia

- 20% decrease in industrial employment between 1993 and 2005
- Represents loss of 80,000 industrial jobs



Katowice (Silesia)



- 55% decrease in industrial employment between 1980 and 2005
- Represents loss of 475,000 industrial jobs

Mortality: how do these regions fare within their own countries?

- We already know that areas within the West of Scotland have the worst health (highest mortality) in the country
- Is this also true of the other post-industrial regions in relation to their parent countries?

All cause mortality EASRs 2001-03 by English counties (NUTS2), males

Source: Eurostat

All cause mortality EASRs 2001-03 by Netherlands Province (NUTS2), males

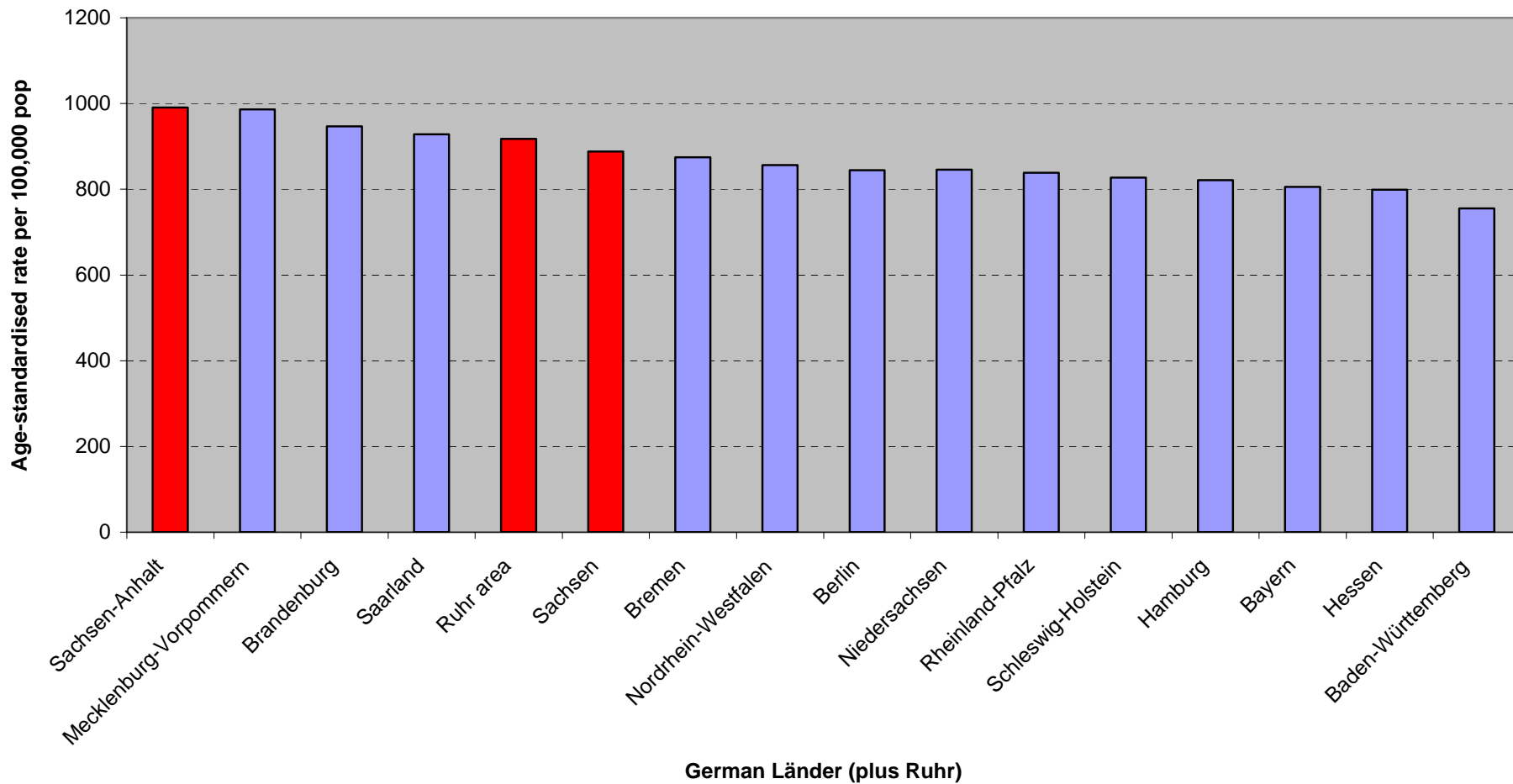
Source: Eurostat

All-cause mortality, EASRs 2001-2003 by French région (NUTS2), males

Source: Eurostat

All-cause mortality, EASRs 2001-2003 by German Länder (NUTS1), males

Source: Eurostat; North Rhine-Westphalia Institute for Health and Work (LIGA)



GDP - Purchasing Power Parities Per Inhabitant (2004)



Unemployment rate, 2005

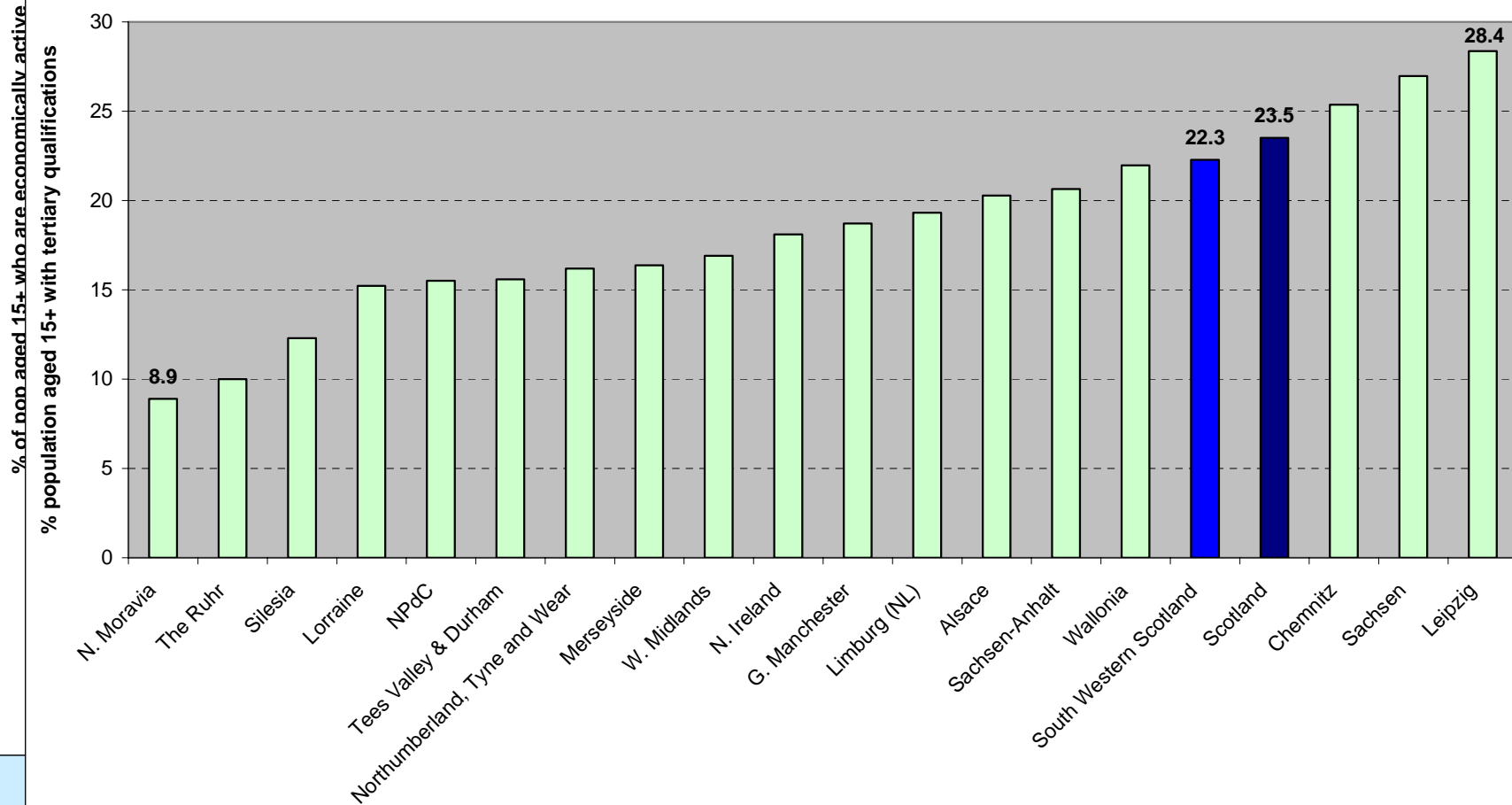
Long-term unemployment: % unemployed for 12 months or more

Not in employment: male (25+) non-employment rate, 2005

Economic activity rate, 2005

% of adult population (15+) with tertiary level qualifications: 2005

Source: Eurostat; Urban Audit data for Ruhr (2001)



Euros

unemployed as % of economically active aged 15+

% of economically active non aged 15+

Mortality analysis

- ‘Raw’ mortality data requested from national and regional statistical agencies
- Requested by age, sex, year (25 years if possible) for 17 causes including:
 - Various cancers (all; breast; lung; oesophageal; colorectal; stomach; prostate)
 - Circulatory system diseases (incl. IHD and stroke)
 - COPD and related causes
 - External causes (incl. suicide and MVTAs)
 - Chronic liver disease and cirrhosis
- Data received for all regions, although for more limited time periods in some areas

Results

Two sets of results:

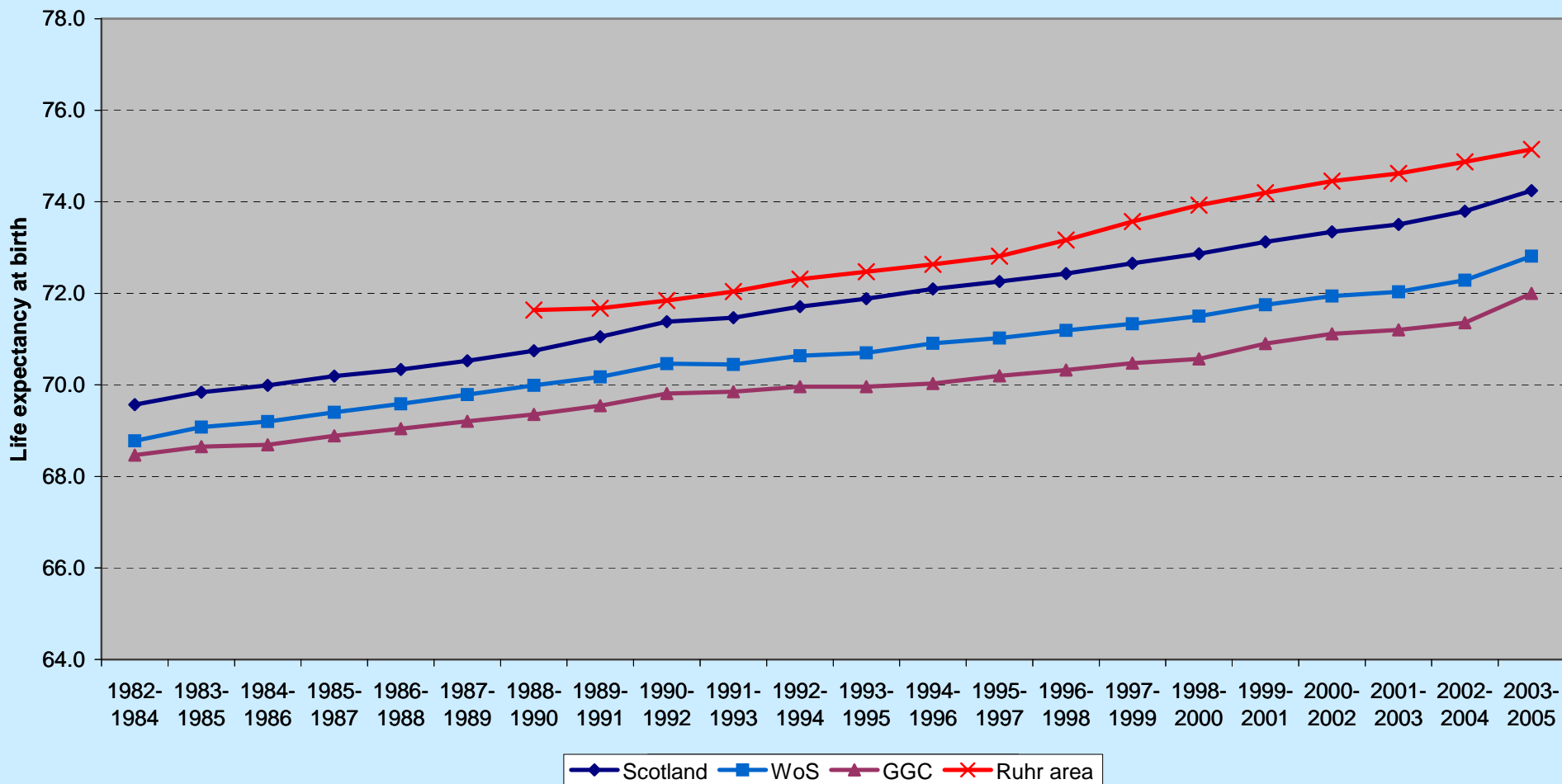
- A. Life expectancy (all twenty regions)
- B. Detailed age/sex/cause specific mortality analysis (ten regions)

A. Life expectancy

Life expectancy - Ruhr

Estimates of male life expectancy at birth: Ruhr area compared to Scotland, West of Scotland and GGC, 1982-2005 (3-year averages)

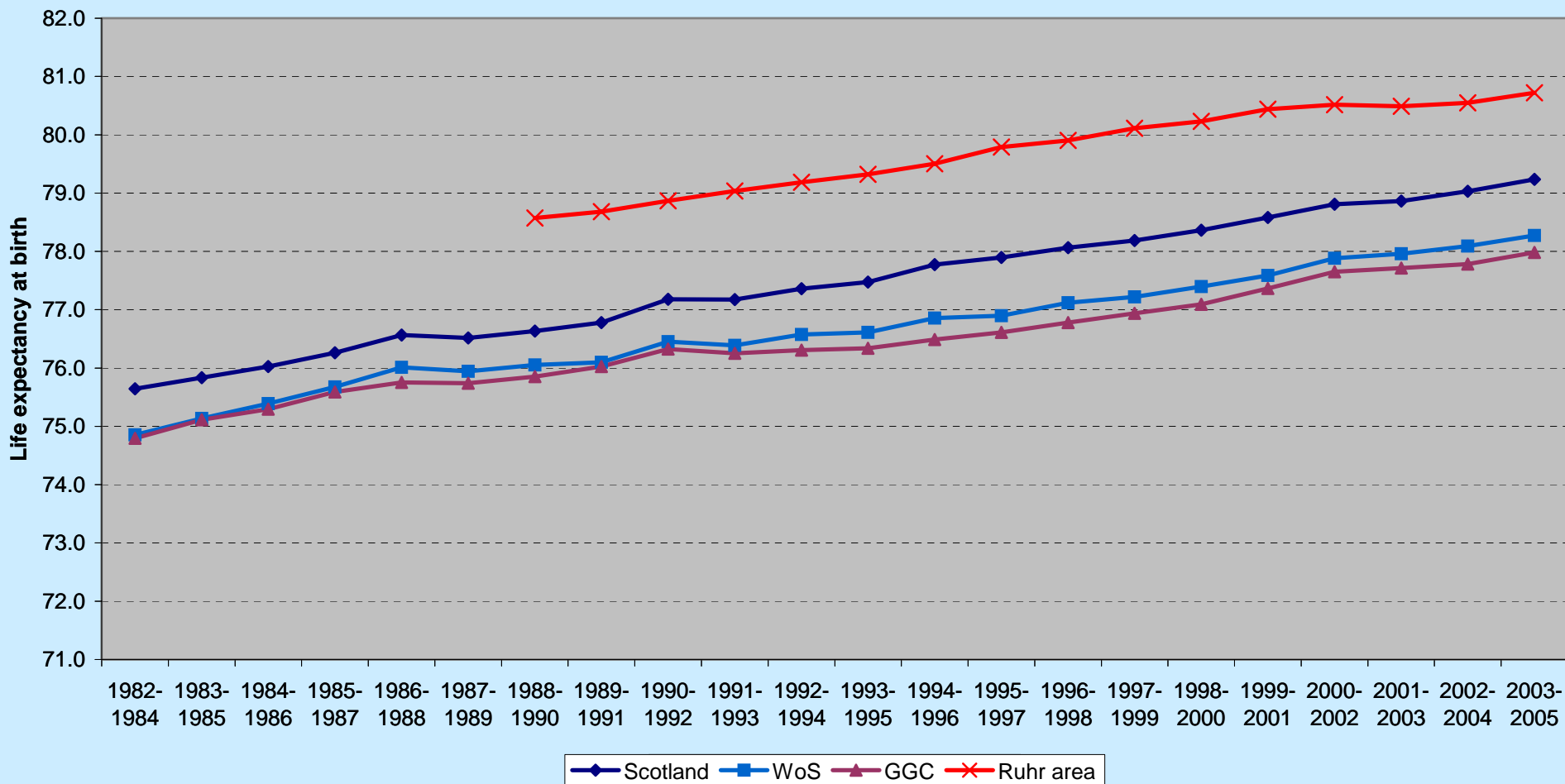
Source: GRO(S) mortality & population data (Scotland); NRW lögd mortality & population data (Ruhr)



Life expectancy - Ruhr

Estimates of female life expectancy at birth: Ruhr area compared to Scotland, West of Scotland and GGC, 1982-2005 (3-year averages)

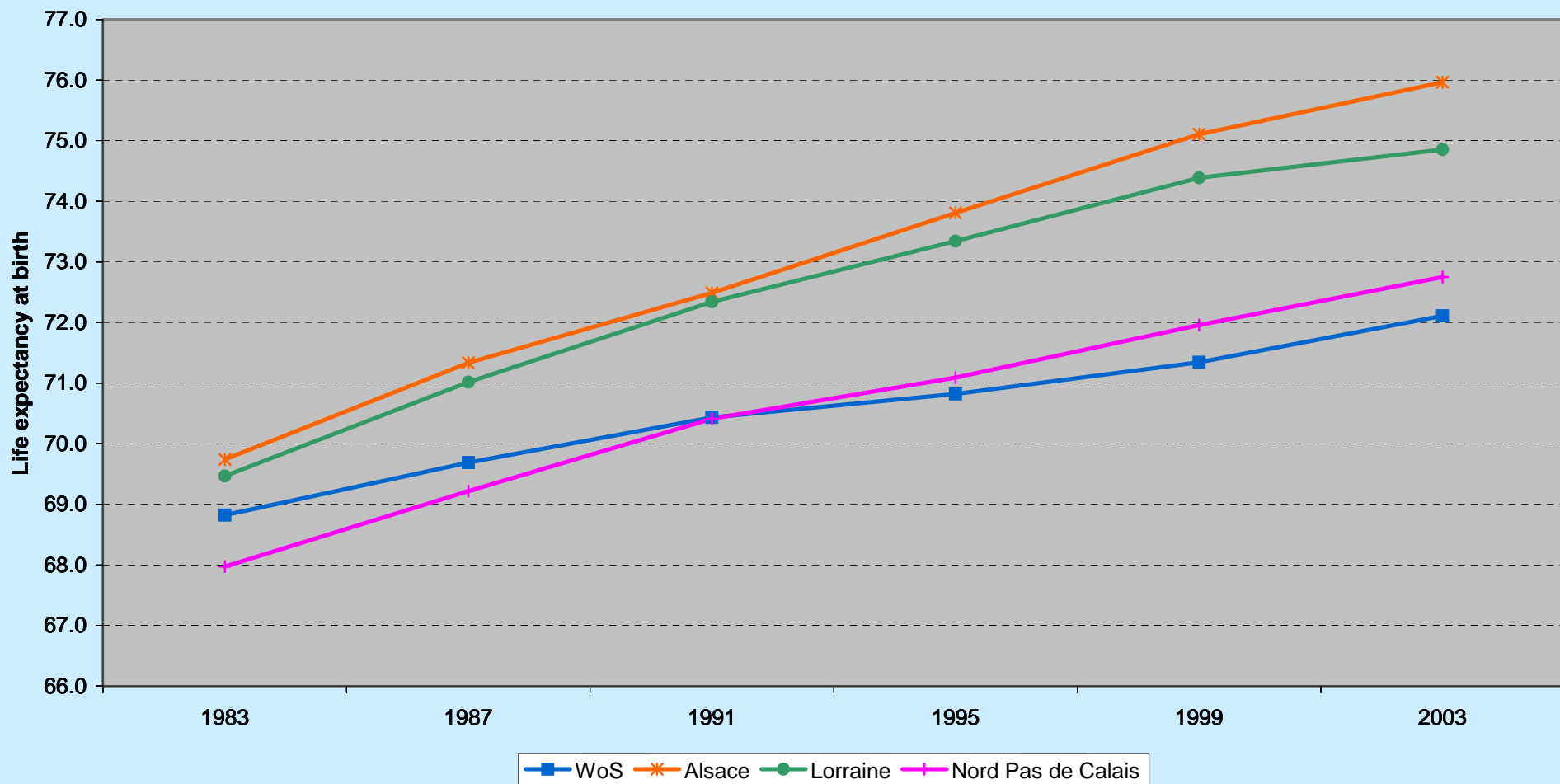
Source: GRO(S) mortality & population data (Scotland); NRW lögd mortality & population data (Ruhr)



Life expectancy - French regions

Estimates of male life expectancy at birth: Nord Pas de Calais, Lorraine and Alsace compared to Scotland, West of Scotland and GG&C, 1983-2003

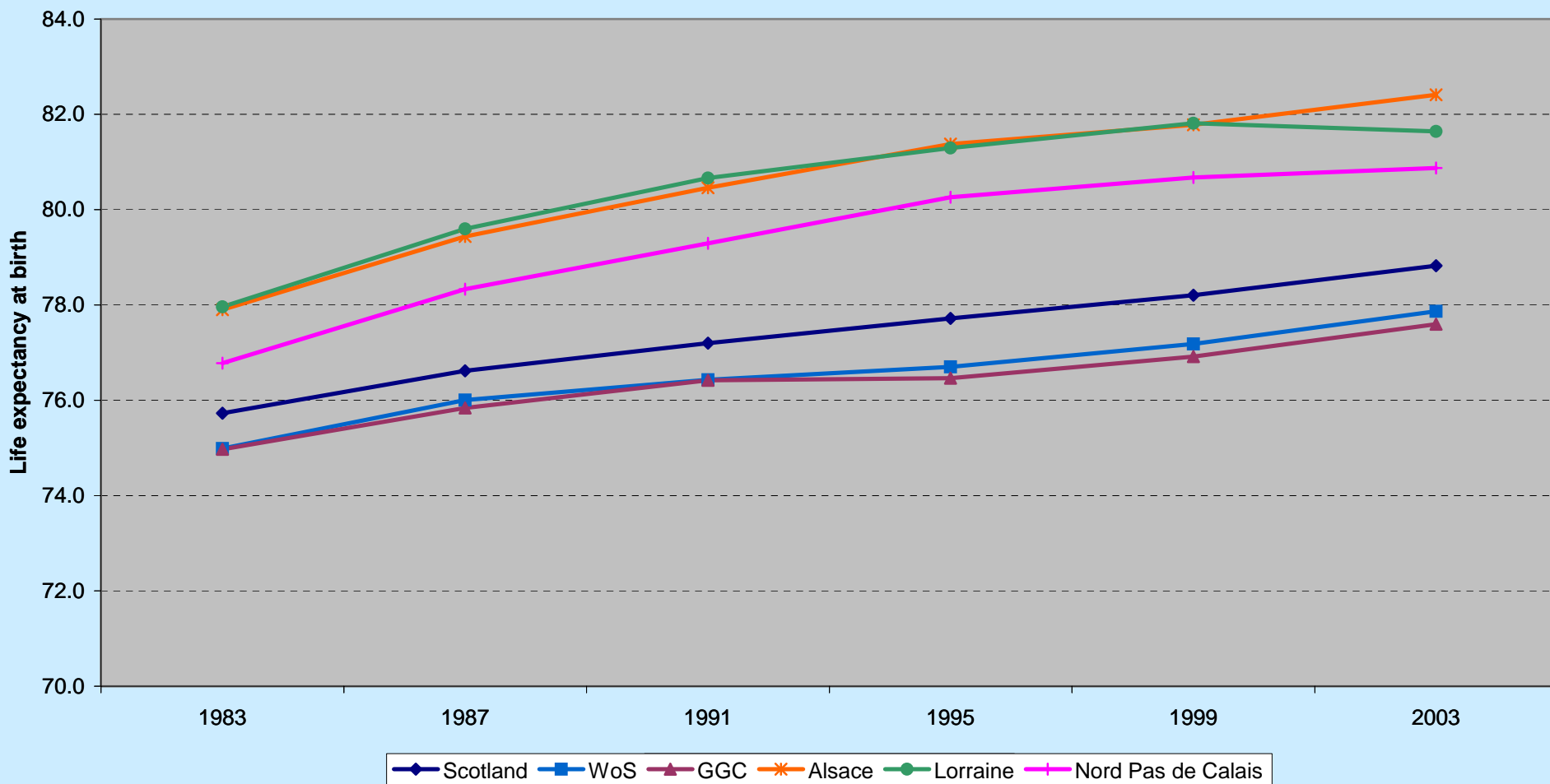
Source: GRO(S) death reg'ns/population estimates (Scotland); INSERM deaths/population data (France)



Life expectancy - French regions

Estimates of female life expectancy at birth: France, Nord Pas de Calais, Lorraine and Alsace compared to Scotland, West of Scotland and GG&C, 1983-2003

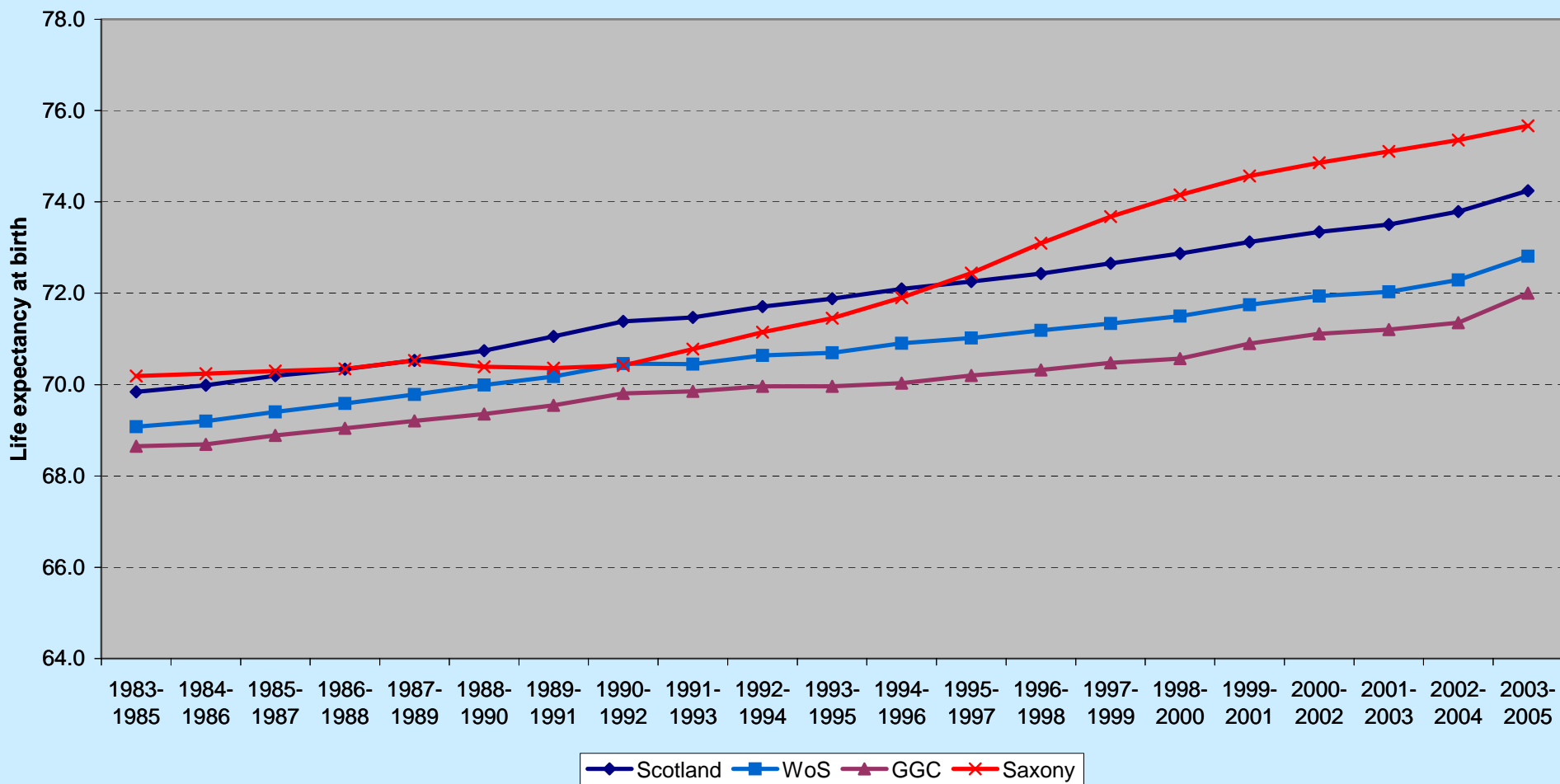
Source: GRO(S) death reg'ns/population estimates (Scotland); INSERM deaths/population data (France)



Saxony – life expectancy

Estimates of male life expectancy at birth: Saxony compared to Scotland, West of Scotland and GGC, 1983-2005 (3-year averages)

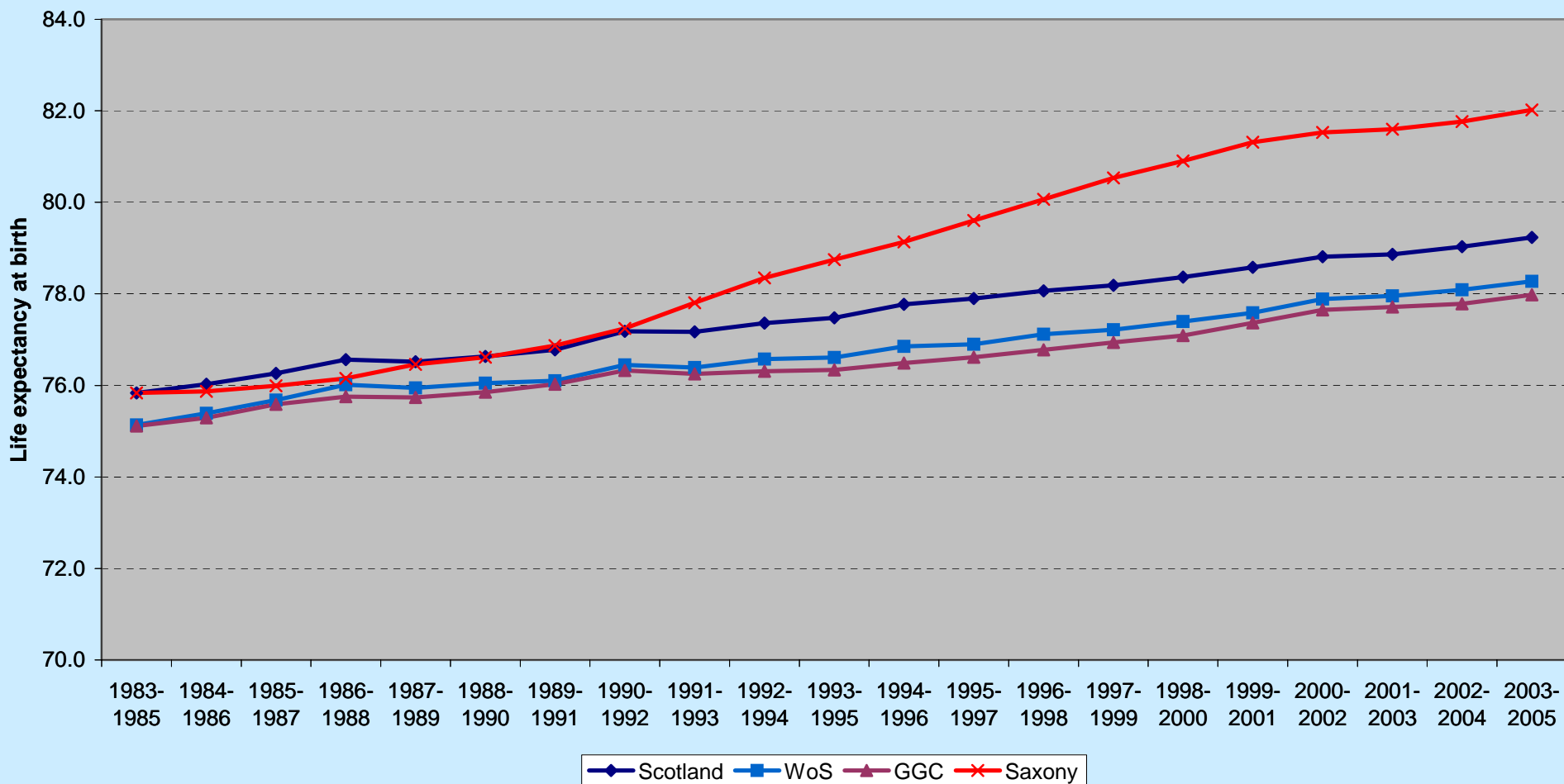
Source: Calculated from data from GRO(S) (Scotland) and the Statistical Office of Free State of Saxony



Saxony – life expectancy

Estimates of female life expectancy at birth: Saxony compared to Scotland, West of Scotland and GGC, 1982-2005 (3-year averages)

Source: Calculated from data from GRO(S) (Scotland) and the Statistical Office of Free State of Saxony

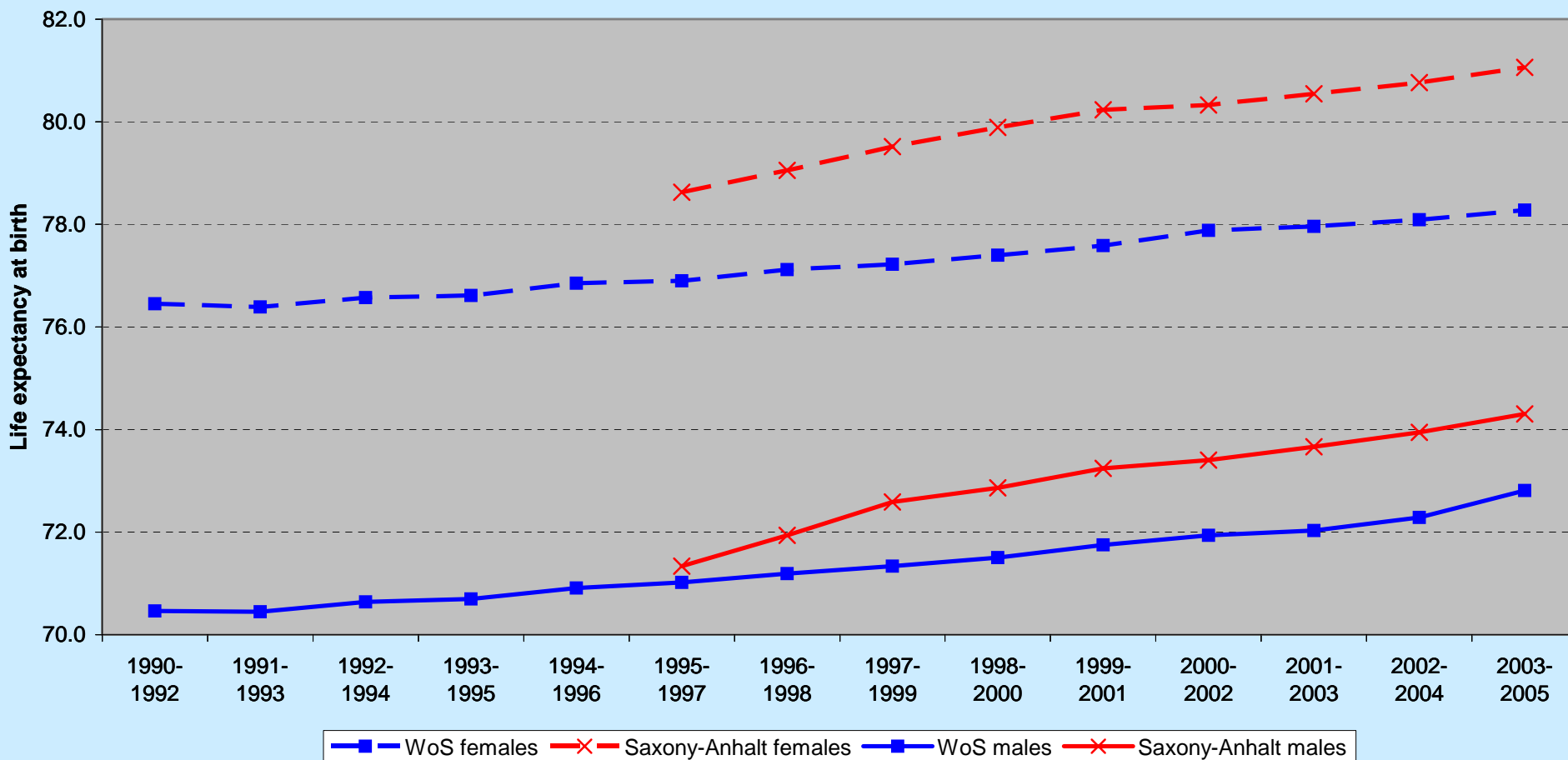


Saxony-Anhalt

Estimates of male and female life expectancy at birth:

Saxony-Anhalt compared to West of Scotland, 1995-2005 (3-year averages)

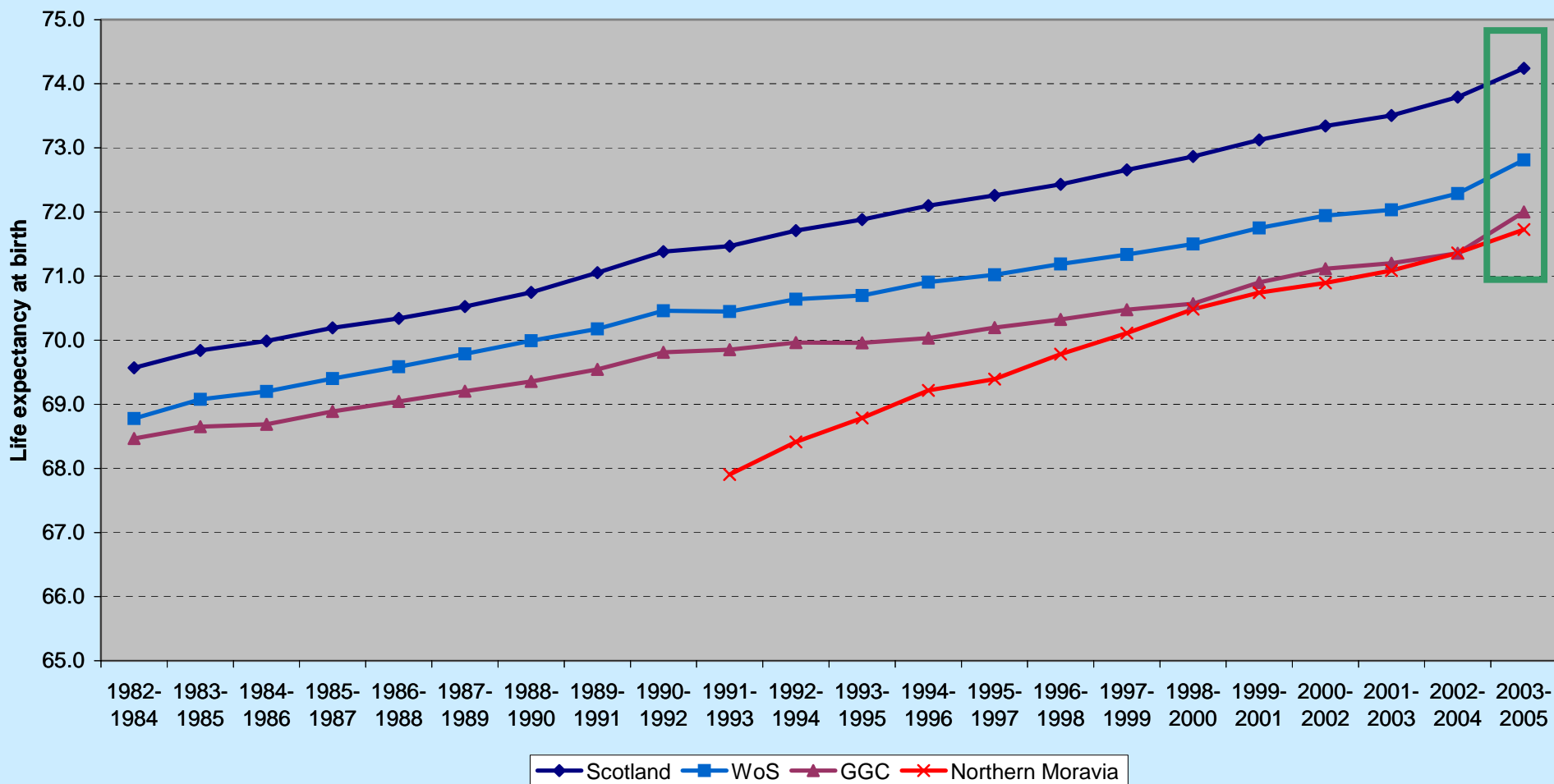
Source: Calculated from data from GRO(S) (Scotland) and Landesamt für Verbraucherschutz Sachsen-Anhalt



Life expectancy – N. Moravia

Estimates of male life expectancy at birth, Northern Moravia compared to Scotland, West of Scotland and Greater Glasgow & Clyde, 1982-2005 (3-year averages)

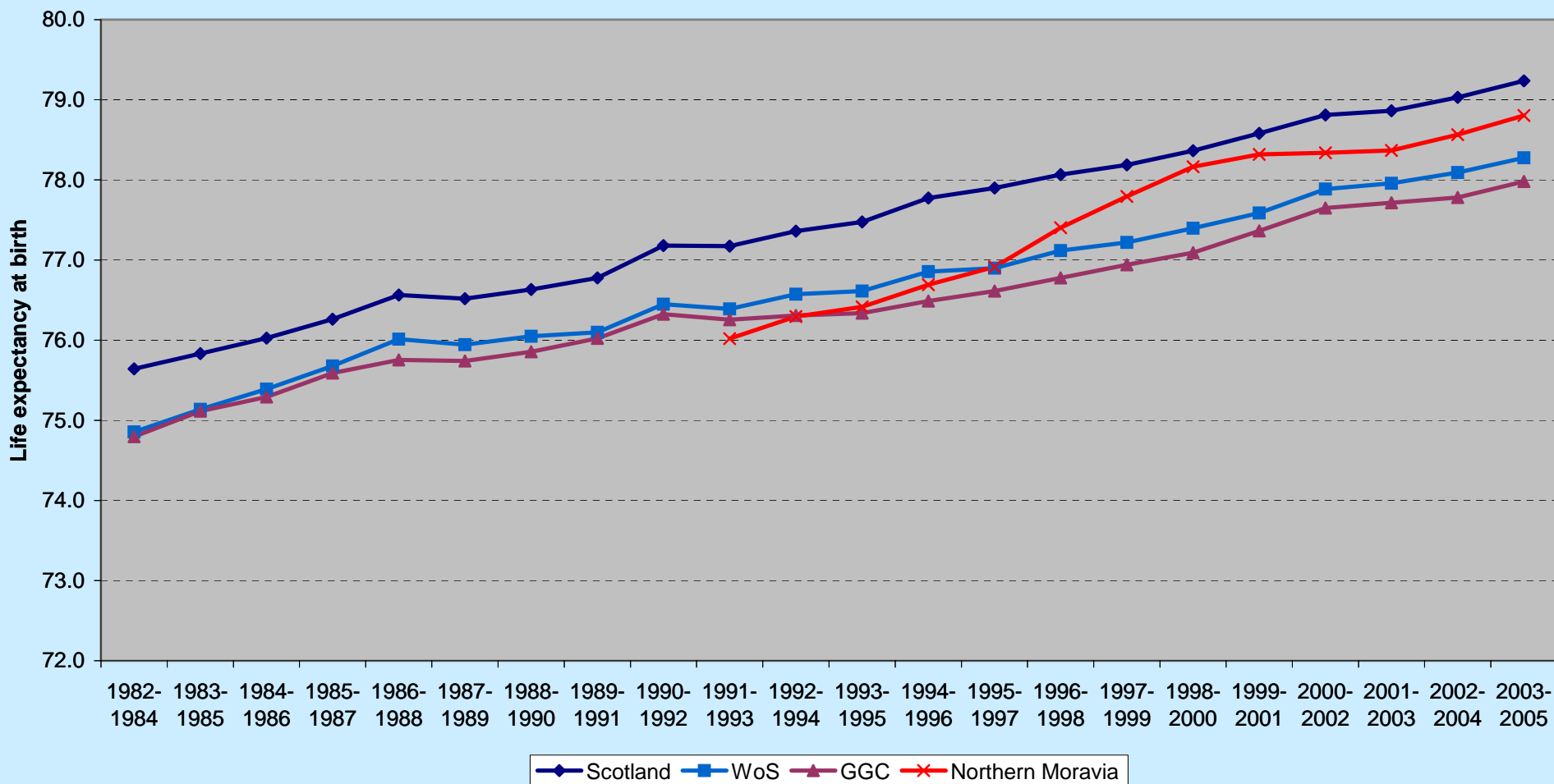
Source: Calculated from GRO(S) and Institute of Health Information & Statistics (CZ) data



Life expectancy – N. Moravia

Estimates of female life expectancy at birth, Northern Moravia compared to Scotland, West of Scotland and Greater Glasgow & Clyde, 1982-2005 (3-year averages)

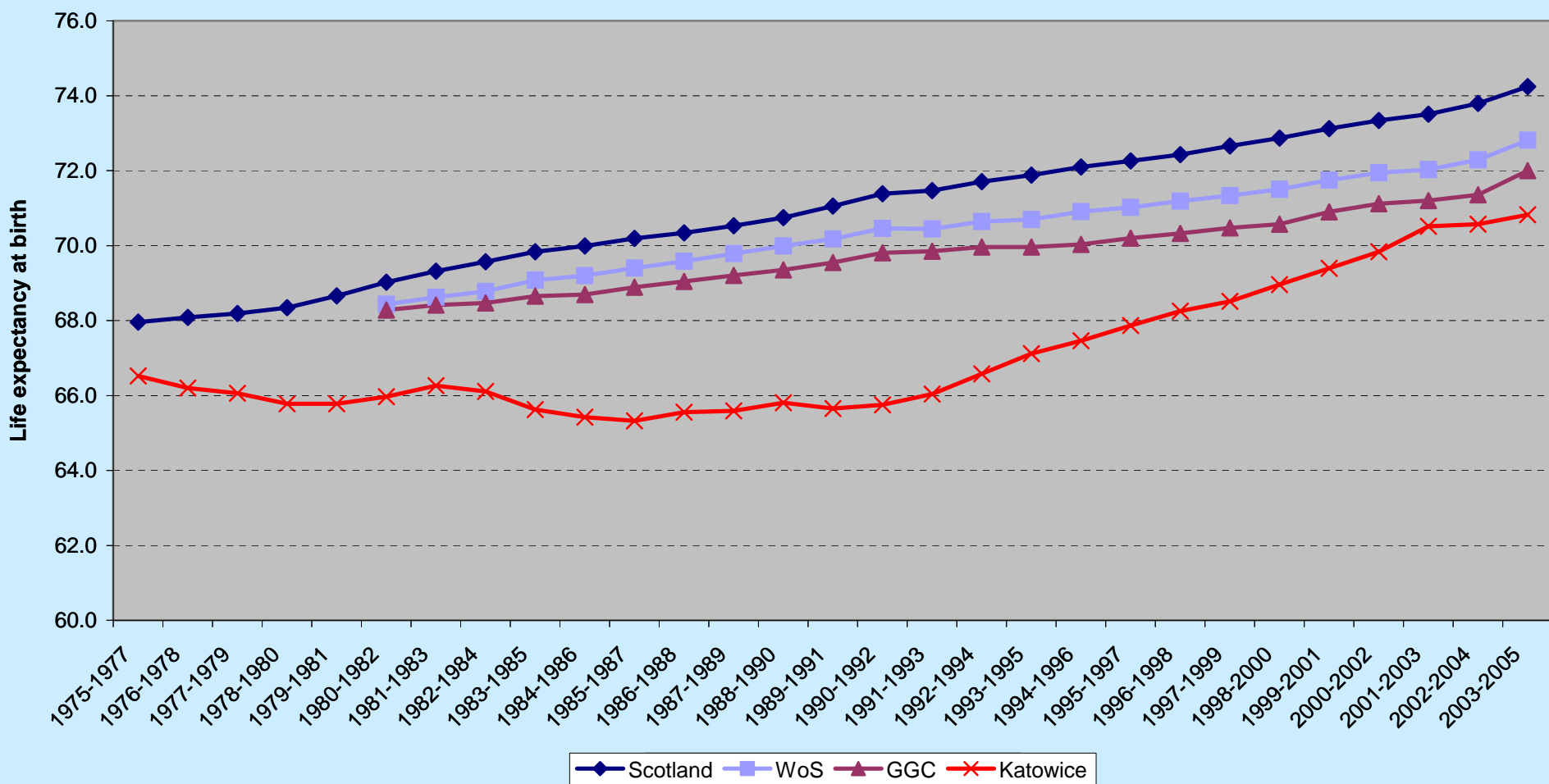
Source: Calculated from GRO(S) and Institute of Health Information & Statistics (CZ) data



Katowice (Silesia)

Estimates of male life expectancy at birth: Katowice compared to Scotland, West of Scotland and GGC, 1975-2005 (3-year averages)

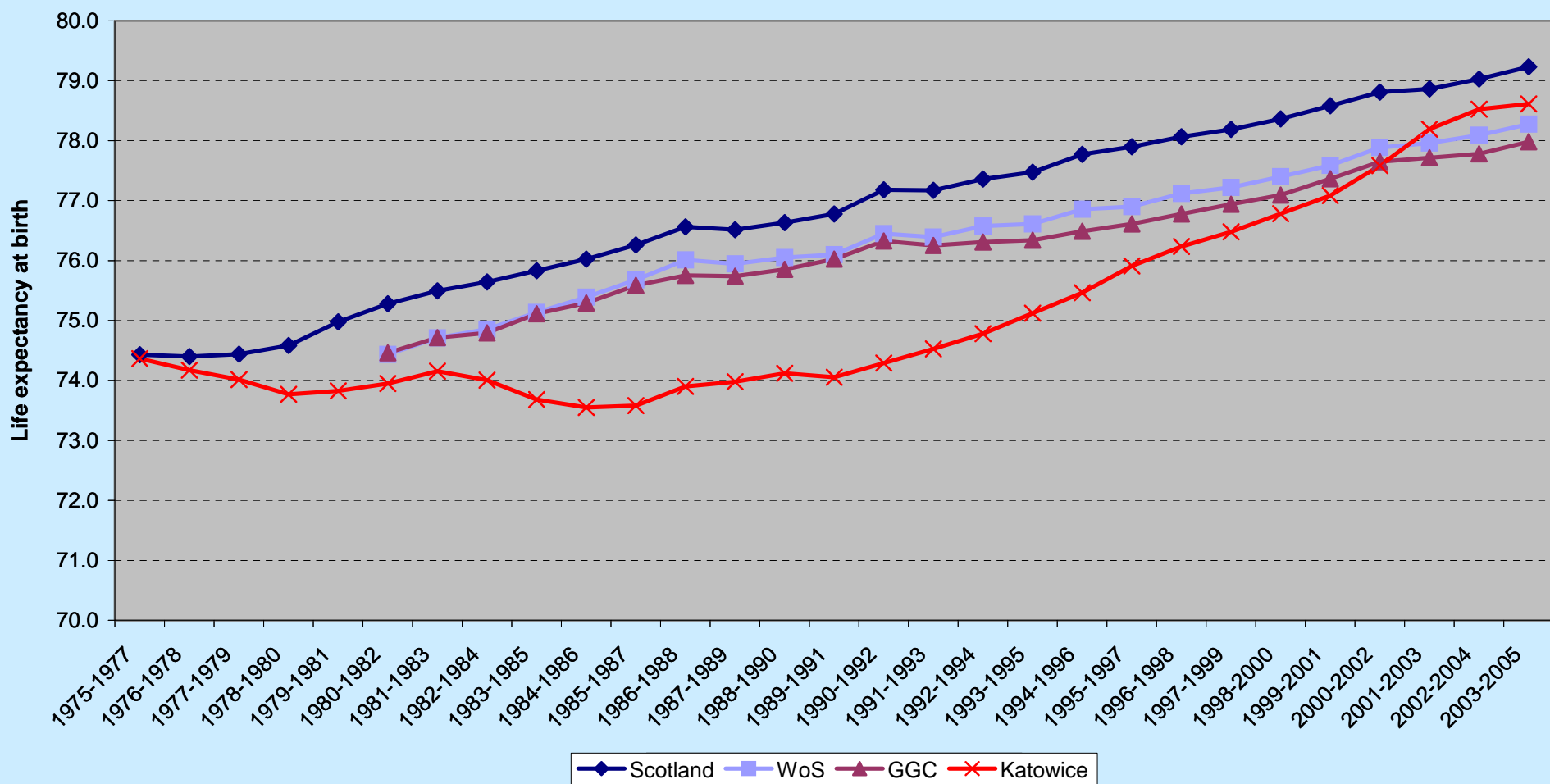
Source: Calculated from data from GRO(S) (Scotland) and Cancer Center & Institute of Oncology, Warsaw



Katowice (Silesia)

Estimates of female life expectancy at birth: Katowice compared to Scotland, West of Scotland and GGC, 1982-2005 (3-year averages)

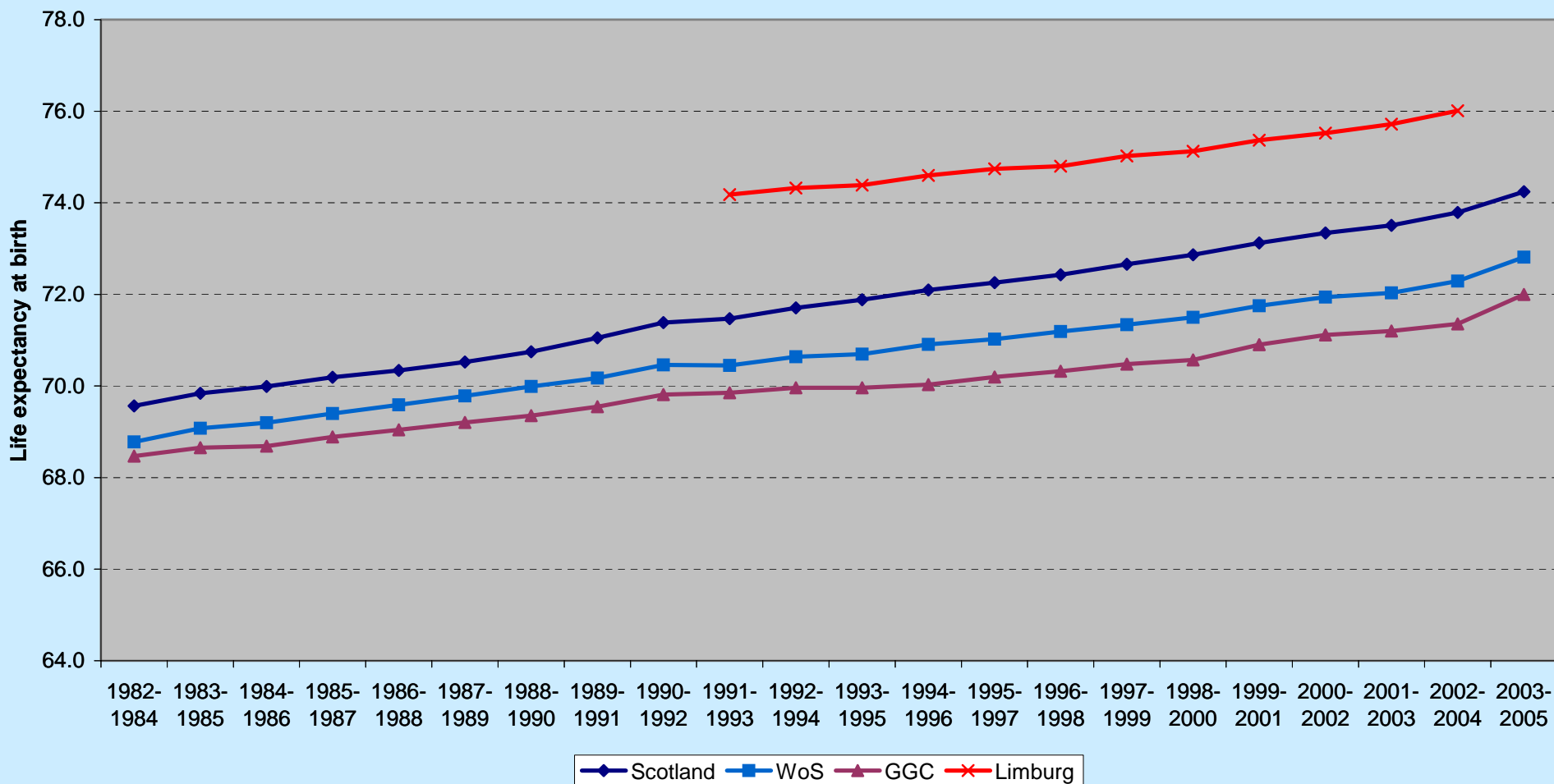
Source: Calculated from data from GRO(S) (Scotland) and Cancer Center & Institute of Oncology, Warsaw



Life expectancy - Limburg

Estimates of male life expectancy at birth, Limburg compared to Scotland, West of Scotland and Greater Glasgow & Clyde, 1982-2005 (3-year averages)

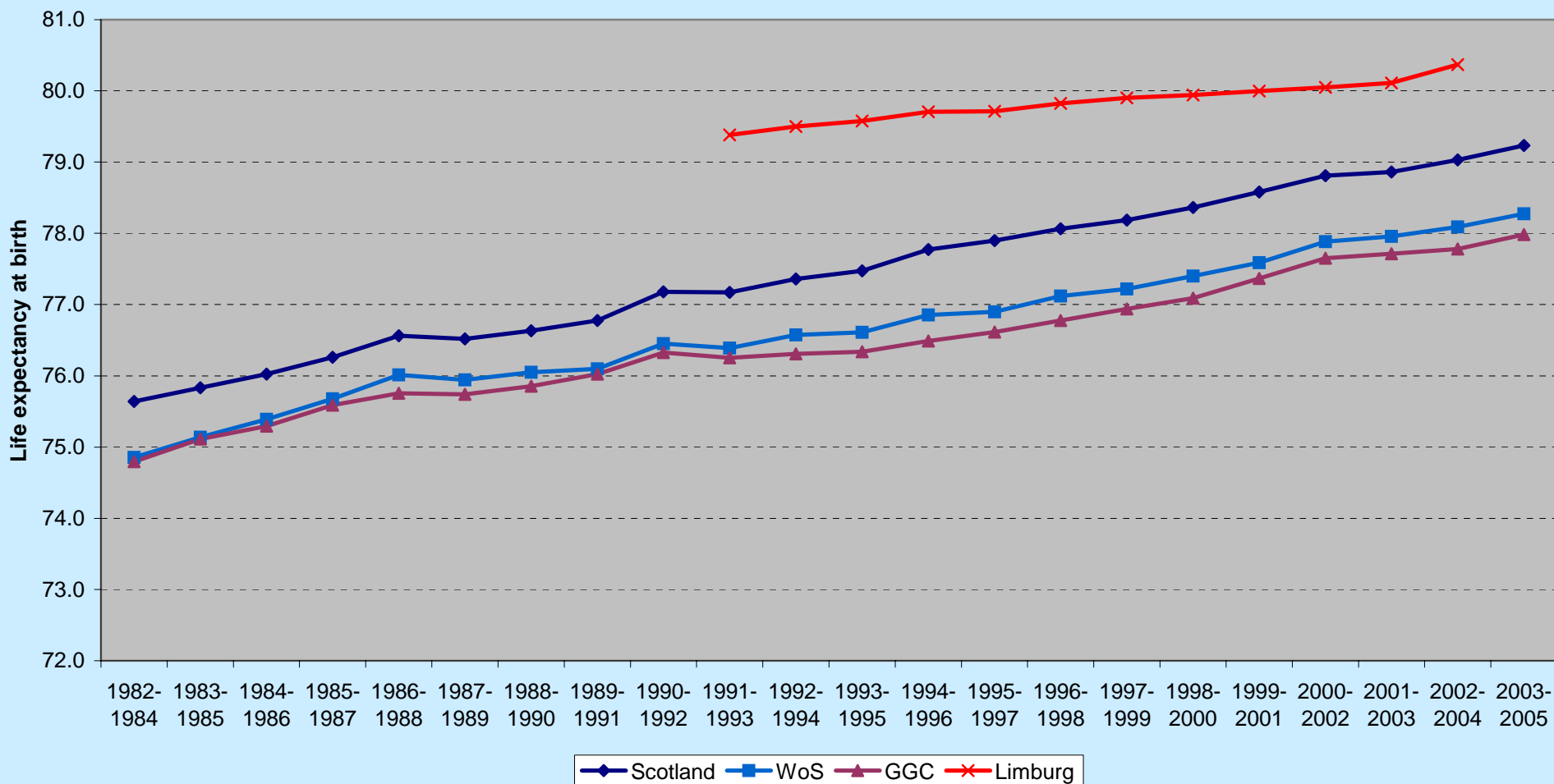
Source: calculated from mortality & population data from GRO(S) (Scotland) and CBS Statsline (NL)



Life expectancy - Limburg

Estimates of female life expectancy at birth, Limberg compared to Scotland, West of Scotland and Greater Glasgow & Clyde, 1982-2005 (3-year averages)

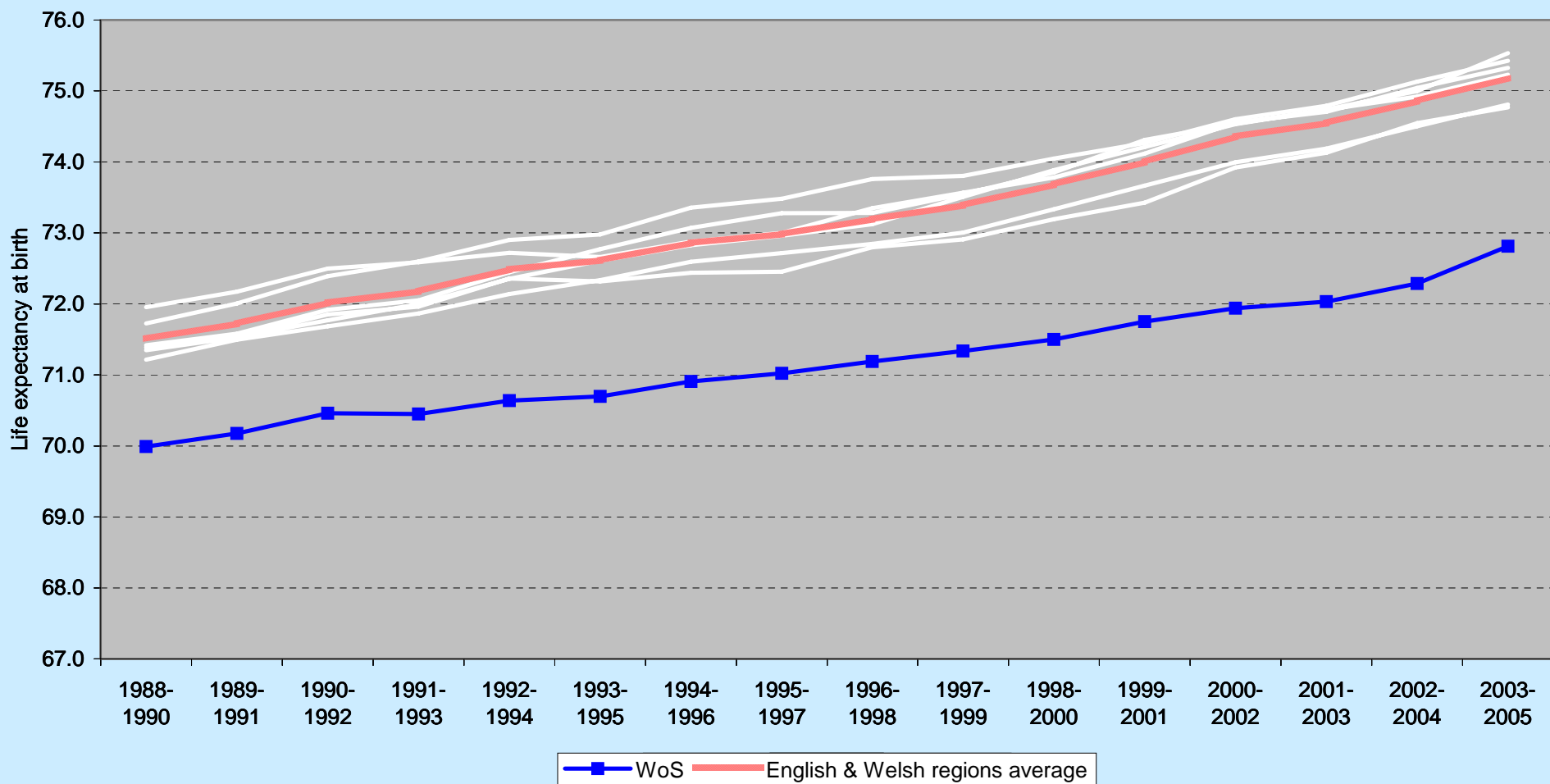
Source: calculated from mortality & population data from GRO(S) (Scotland) and CBS Statsline (NL)



English & Welsh regions (male)

Estimates of male life expectancy at birth: selected English and Welsh regions compared to West of Scotland, 1988-2005 (3-year averages)

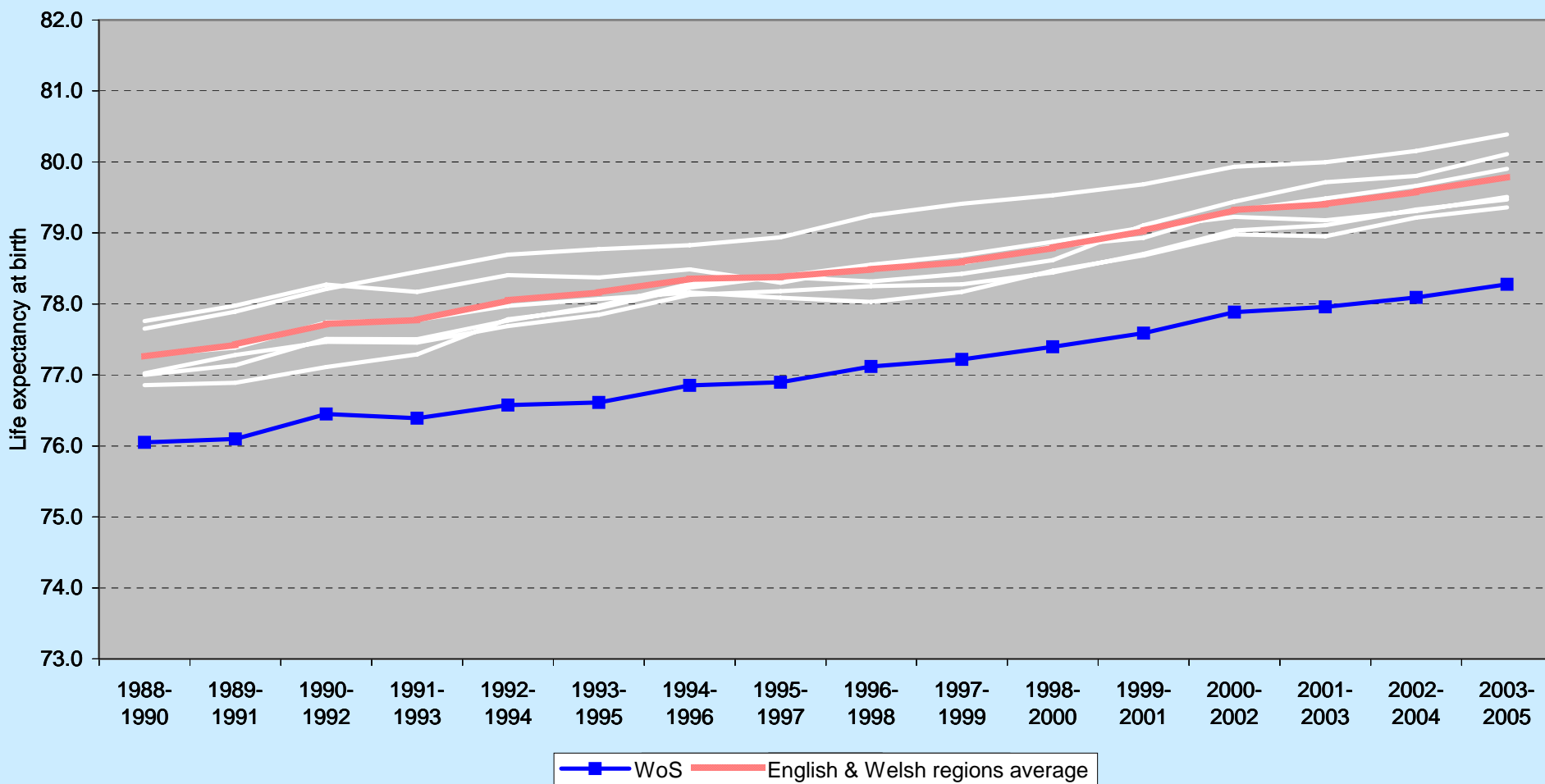
Source: Calculated from data from GRO(S) (Scotland) and ONS (England & Wales)



English & Welsh regions (female)

Estimates of female life expectancy at birth: selected English and Welsh regions compared to West of Scotland, 1988-2005 (3-year averages)

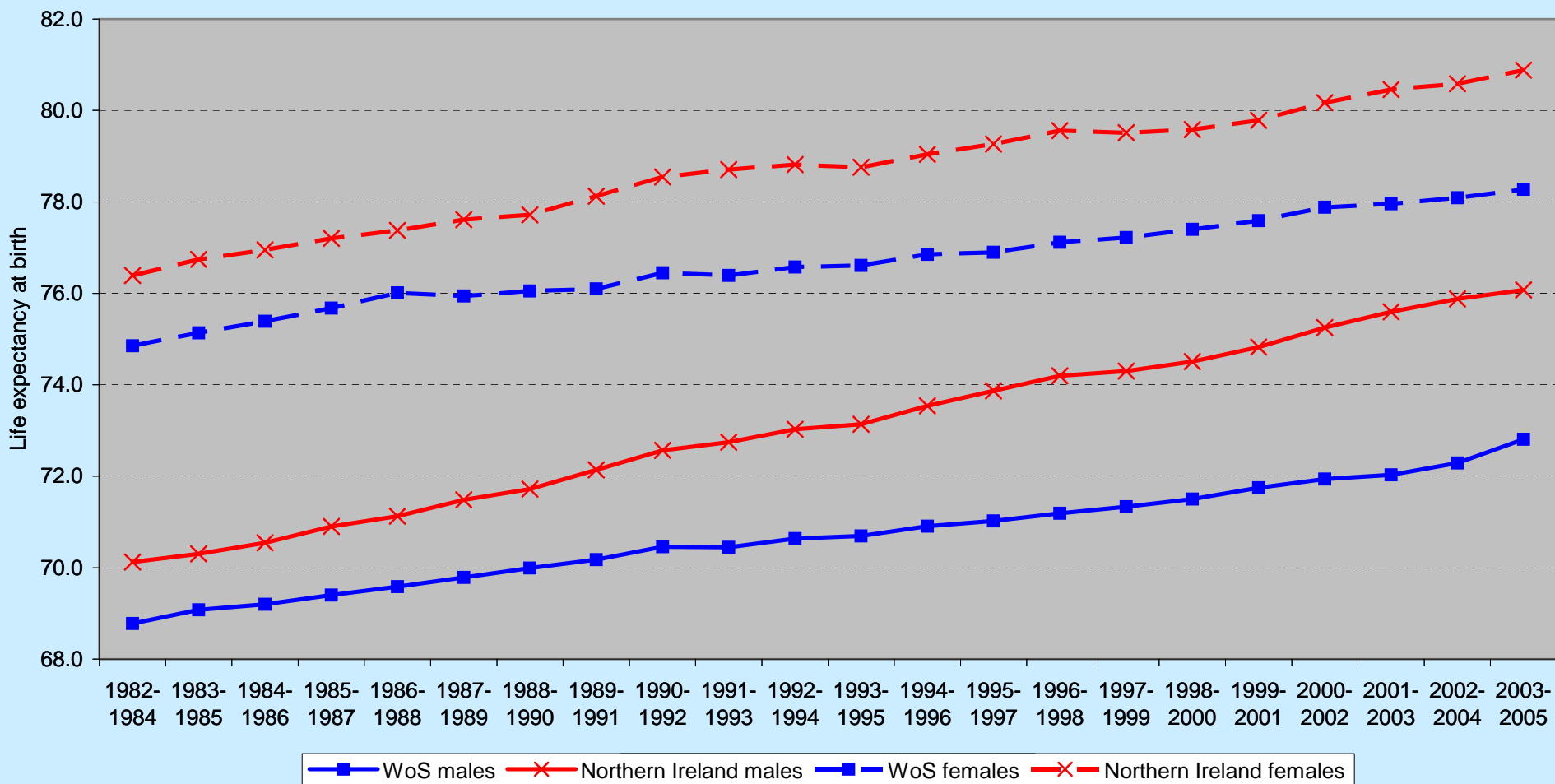
Source: Calculated from data from GRO(S) (Scotland) and ONS (England & Wales)



Northern Ireland

Estimates of male and female life expectancy at birth,
Northern Ireland compared with West of Scotland, 1982-2005 (3-year averages)

Source: calculated from mortality & population data from GRO(S) and NISRA



3. In-depth mortality analysis of ten post-industrial regions

B. Age/sex/cause-specific mortality analysis

- Comparator areas reduced from 20 to 10
- One region per country basis (except Germany)
- Each region has worst/among worst mortality rates in their respective countries

10 post-industrial regions

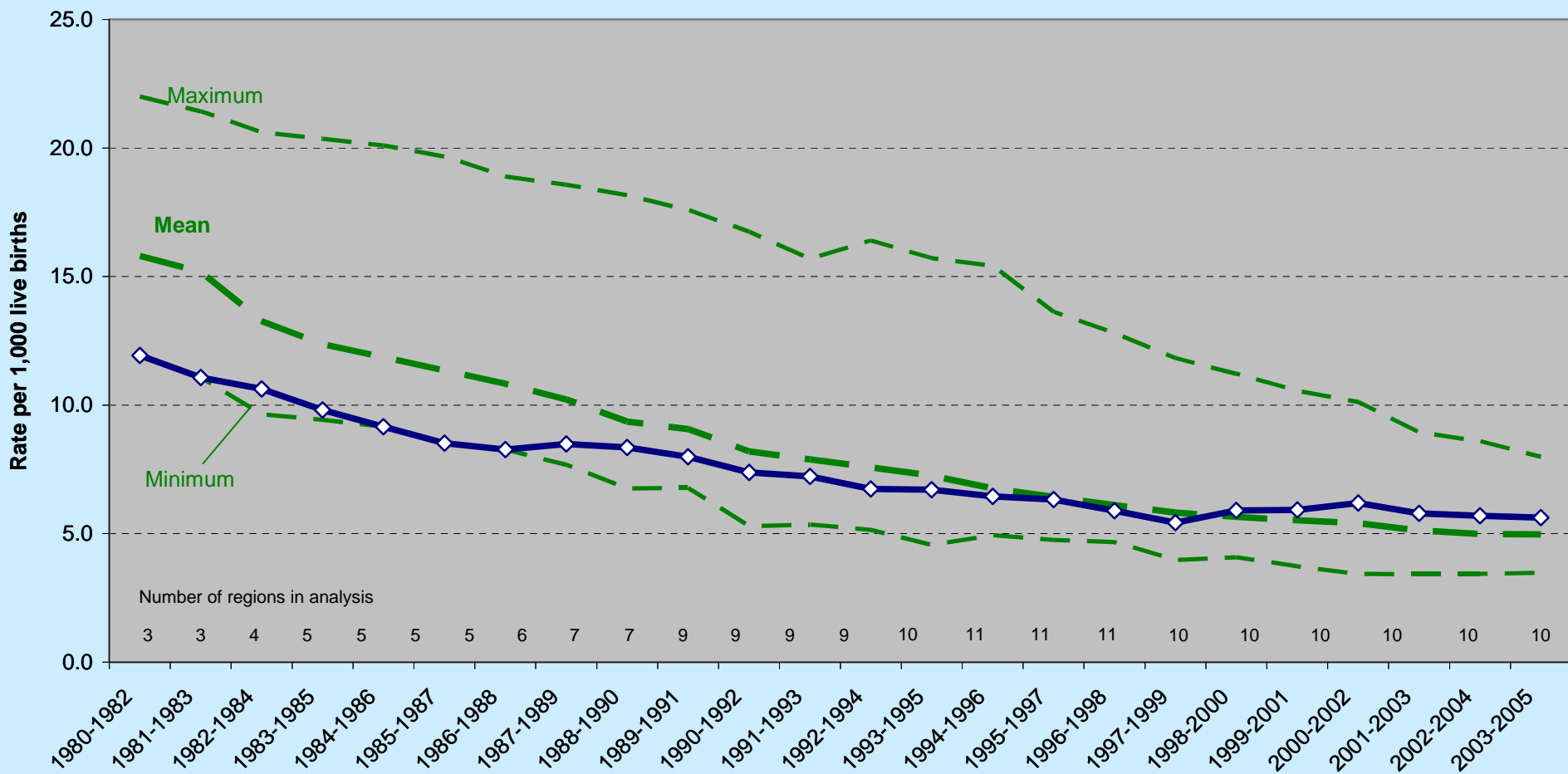
- Ruhr (West Germany)
- Saxony (East Germany)
- Katowice
- Northern Moravia
- Nord Pas de Calais
- Wallonia
- Limburg
- Northern Ireland
- Swansea & the South Wales Coalfields
- Merseyside

Analysis

- Age standardised rates, 3-year rolling averages
 - here compared to West of Scotland only
- Five age groups:
 - Infants (<1)
 - Children (1-14)
 - Younger working age (15-44)
 - Older working age (45-64)
 - Elderly (65+)
- Presented here in summarised format...

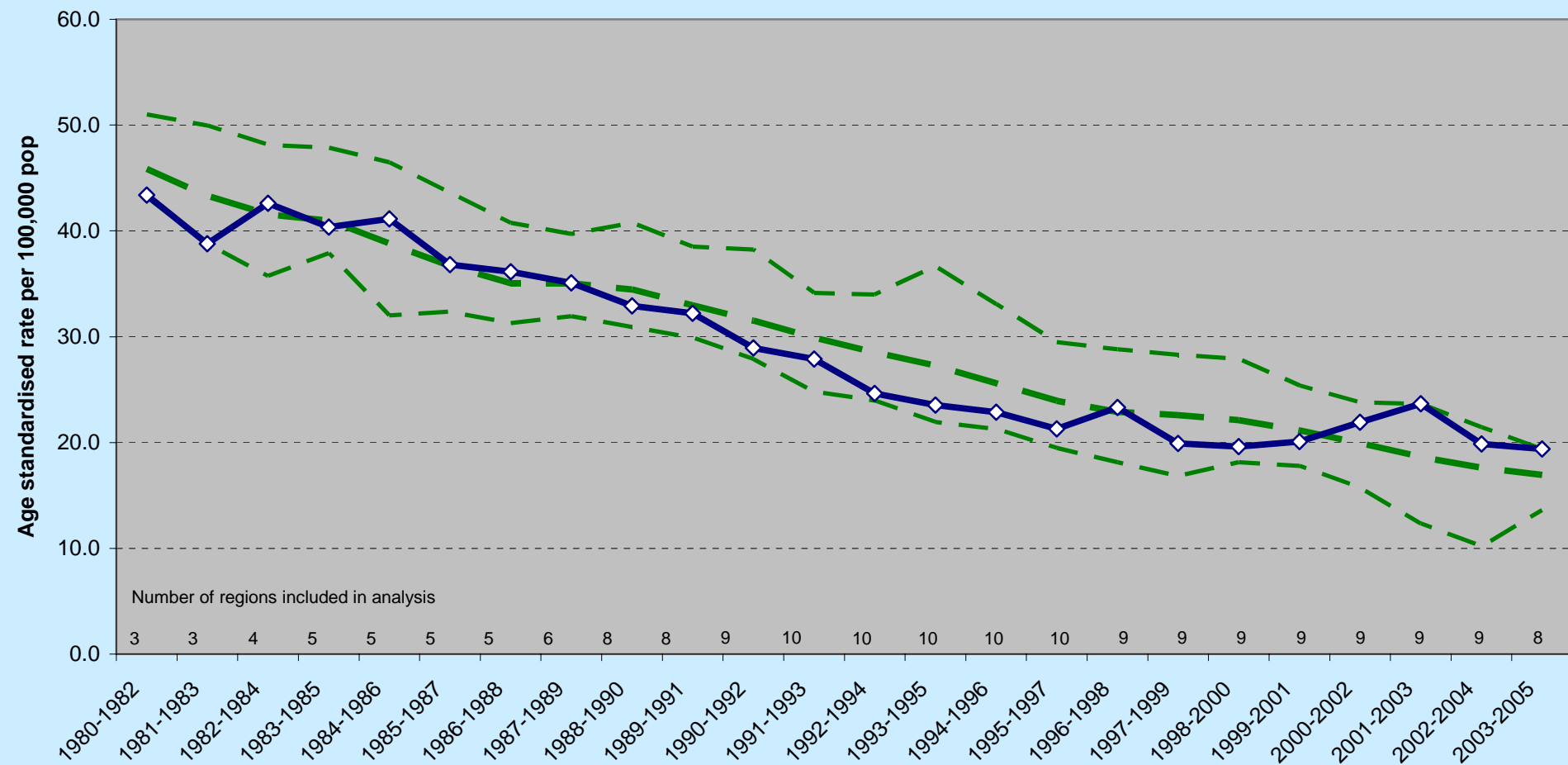
Infant mortality

Infant mortality: infant deaths per 1,000 live births (three year rolling averages)
West of Scotland in context of maximum, minimum & mean rates for selected European
regions



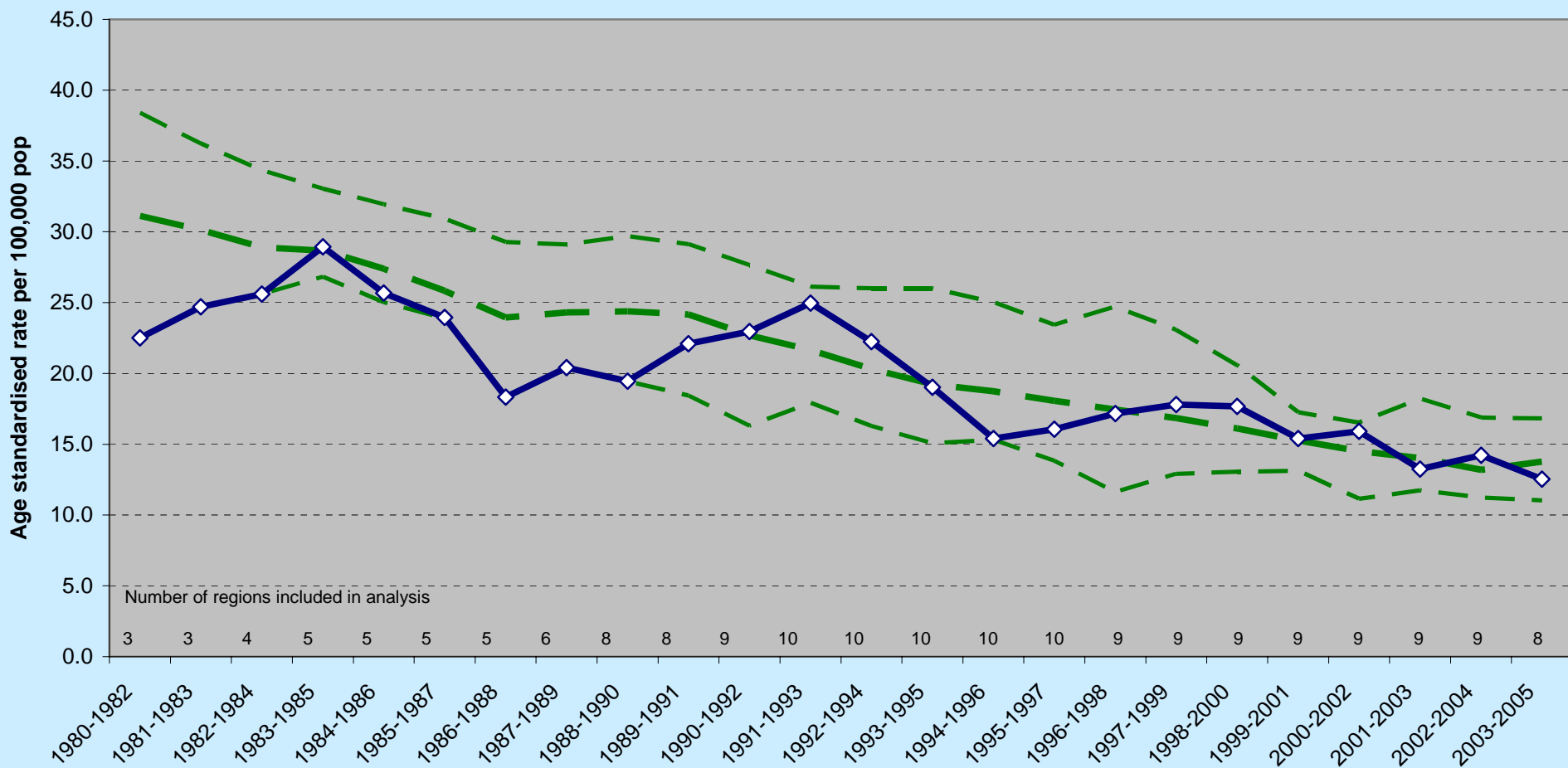
Children (1-14)

Children (1-14): all-cause EASRs (3 year rolling averages), 1980-2005, males
West of Scotland in context of maximum, minimum & mean rates for selected
European regions



Children (1-14)

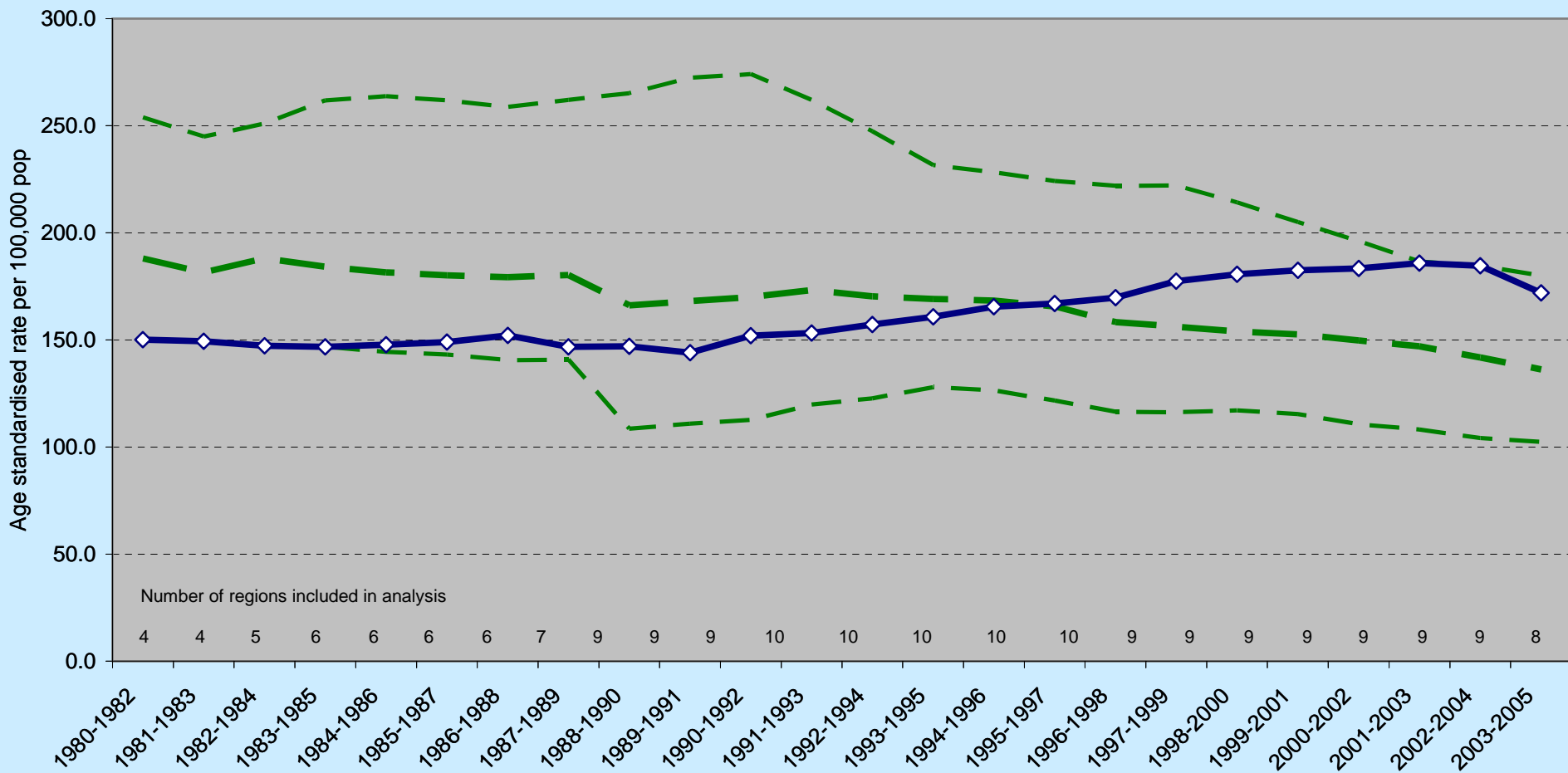
Children (1-14): all-cause EASRs (3 year rolling averages), 1980-2005, females
West of Scotland in context of maximum, minimum & mean rates for selected
European regions



Working age 15-44

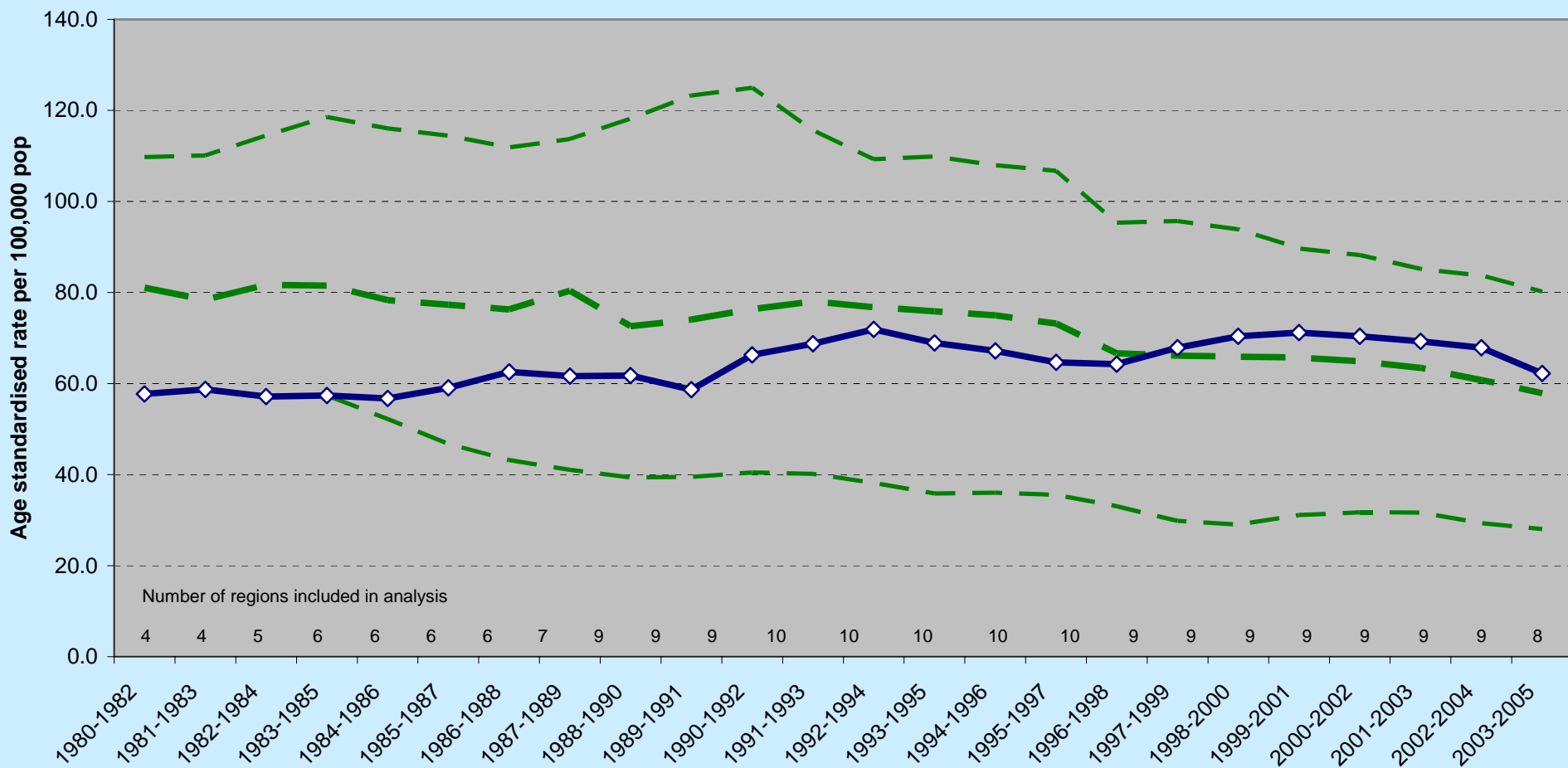
All cause, male

Working age 15-44: all-cause EASRs (3 year rolling averages), 1980-2005, males
West of Scotland in context of maximum, minimum & mean rates for selected European
regions



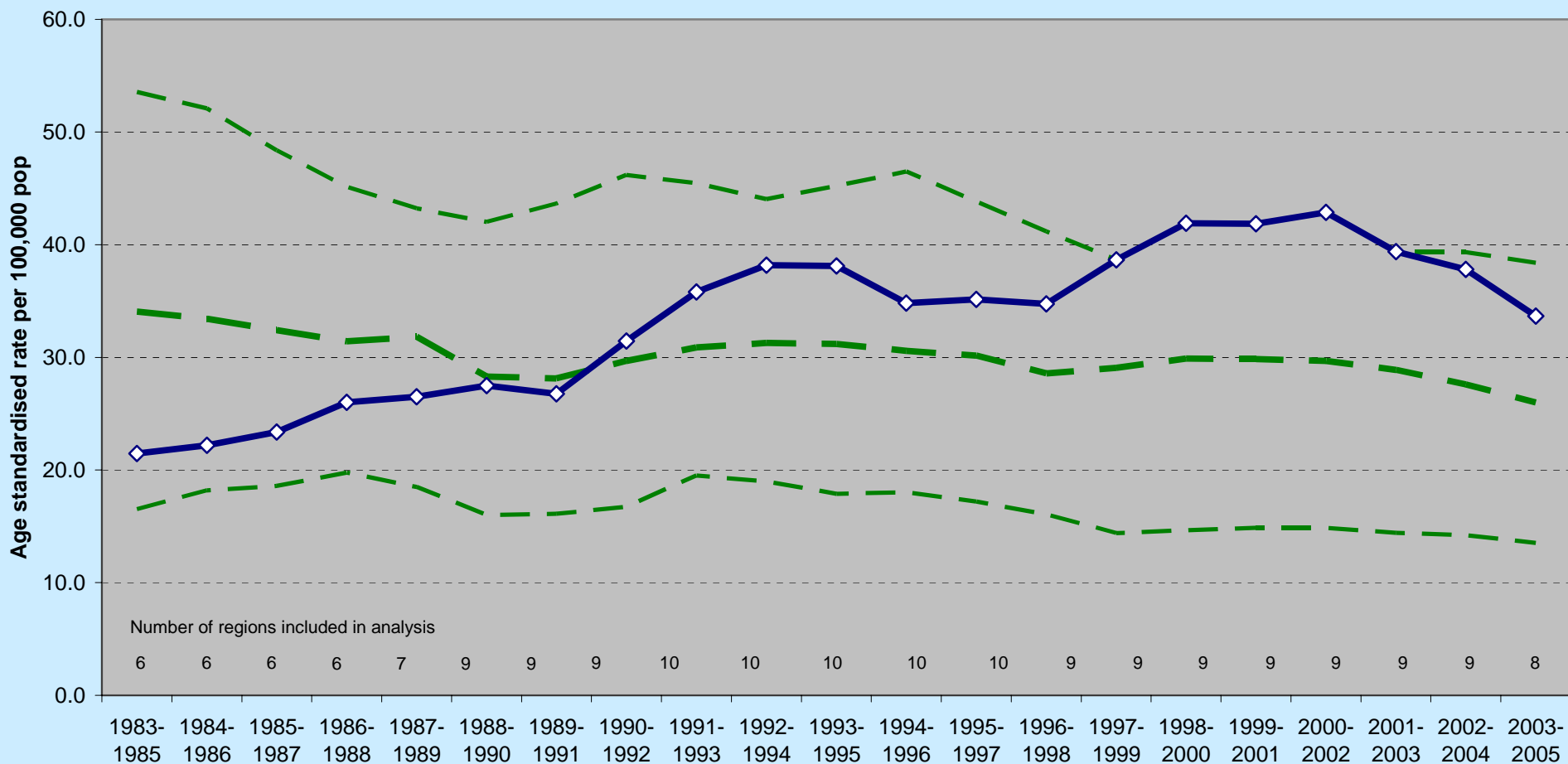
External causes, male

External causes mortality: male working age 15-44 EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



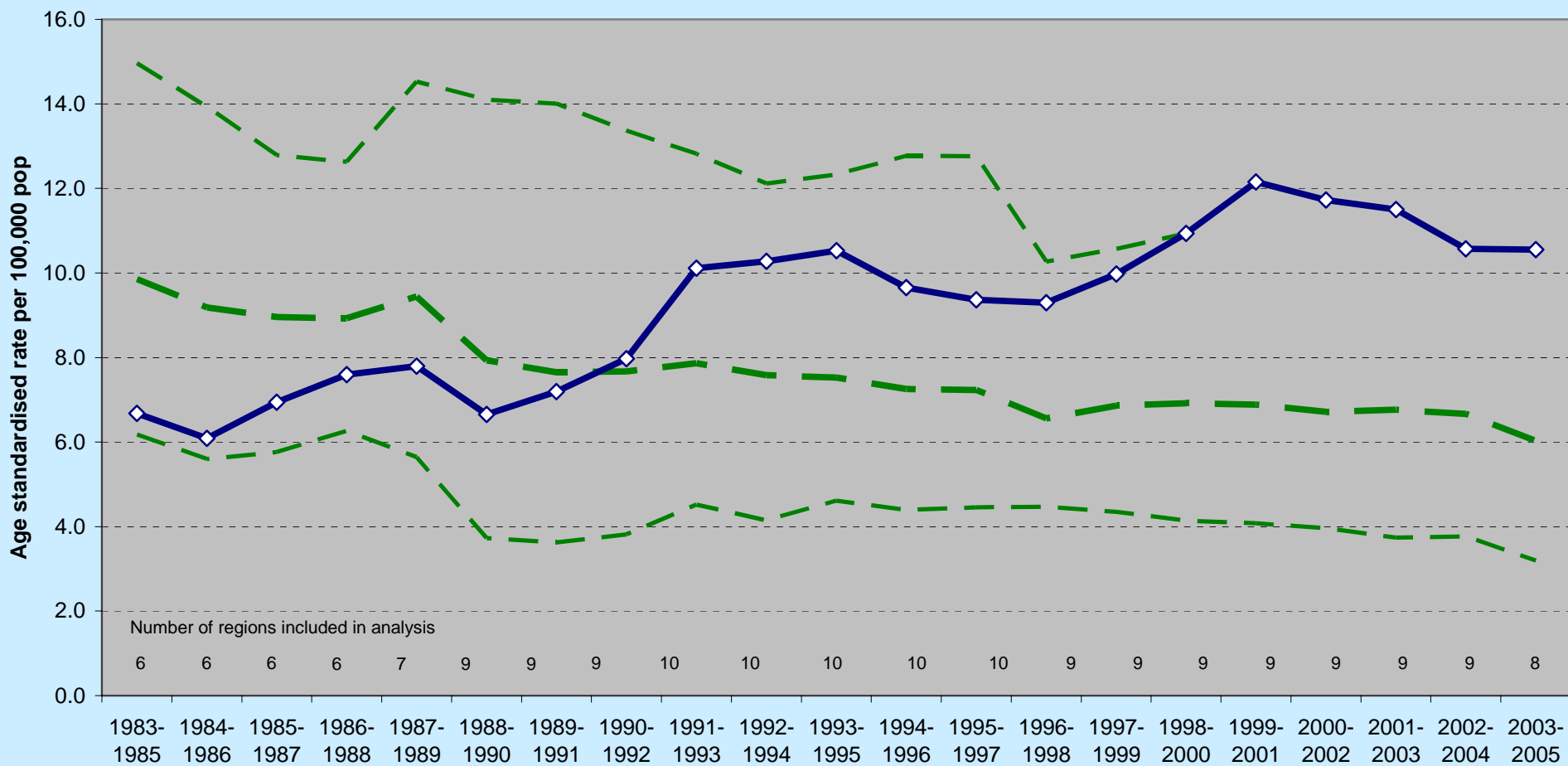
Suicide & undetermined intent, male

Suicide (incl. deaths from undetermined intent): male working age 15-44 EASRs (3 year rolling averages), 1983-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



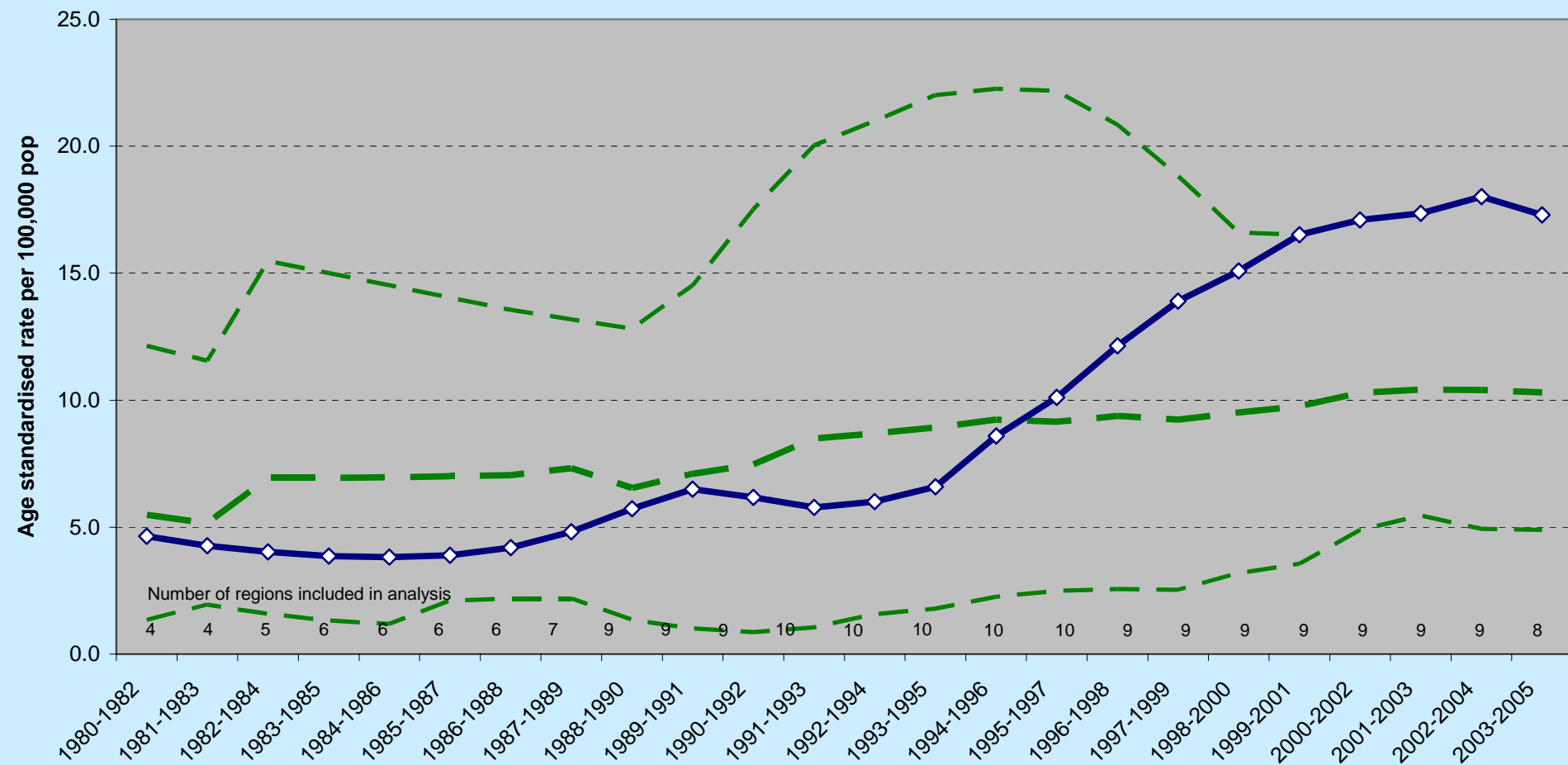
Suicide & undetermined intent, female

Suicide (incl. deaths from undetermined intent): female working age 15-44 EASRs (3 year rolling averages), 1983-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



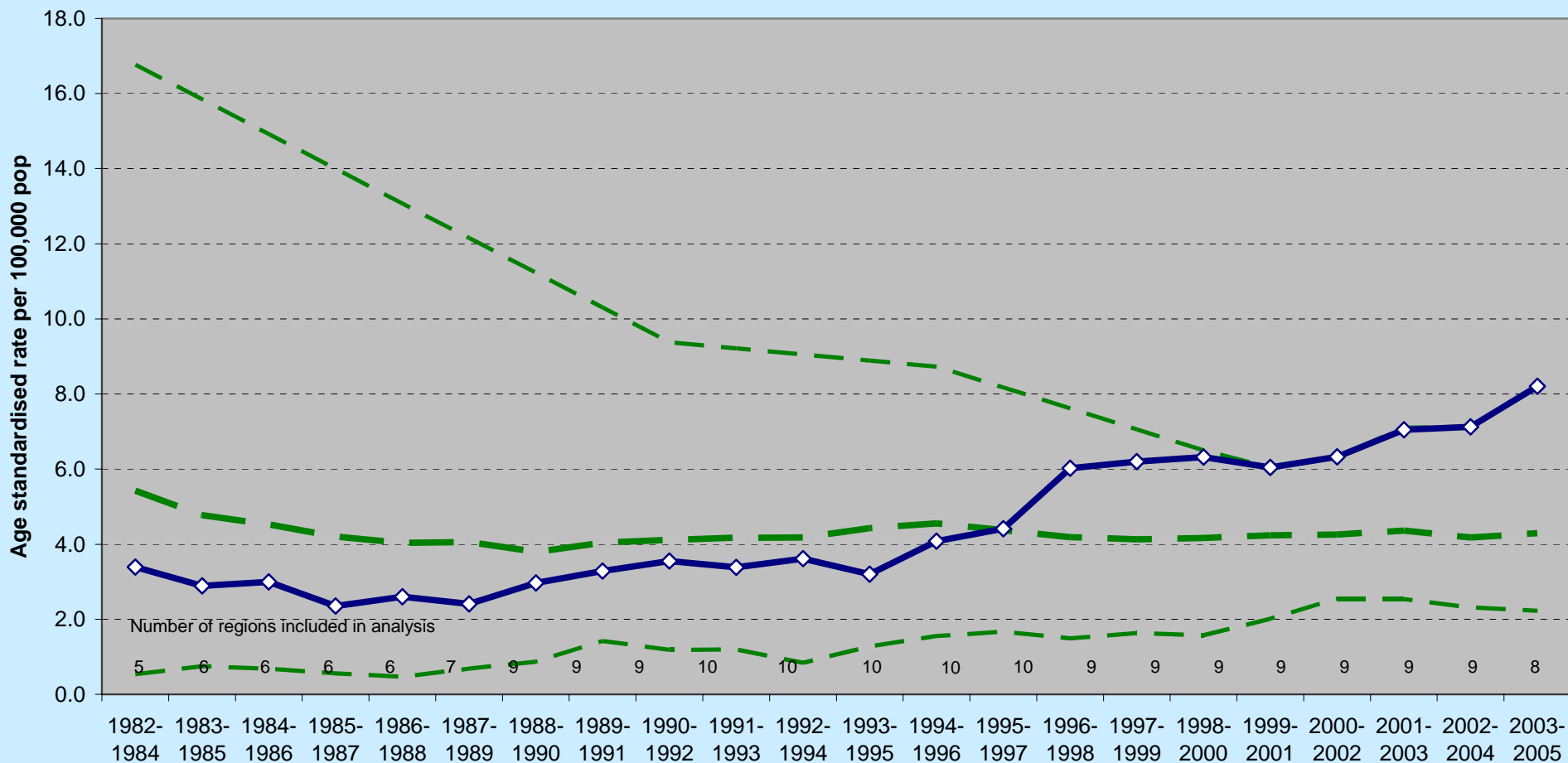
Chronic liver disease & cirrhosis, male

Chronic liver disease & cirrhosis mortality: male working age 15-44 EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



Chronic liver disease & cirrhosis, female

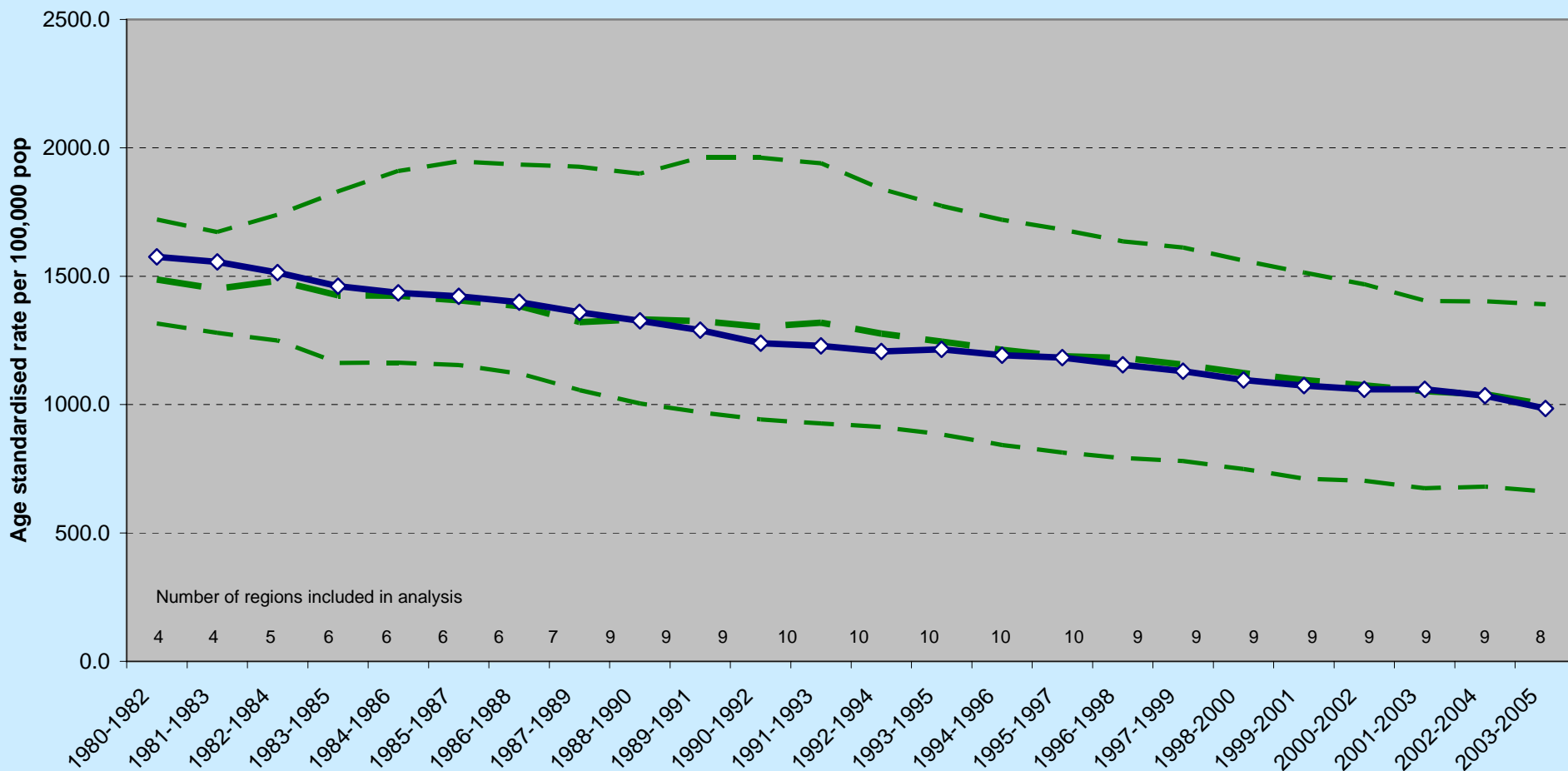
Chronic liver disease & cirrhosis mortality: female working age 15-44 EASRs (3 year rolling averages), 1982-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



Working age 45-64

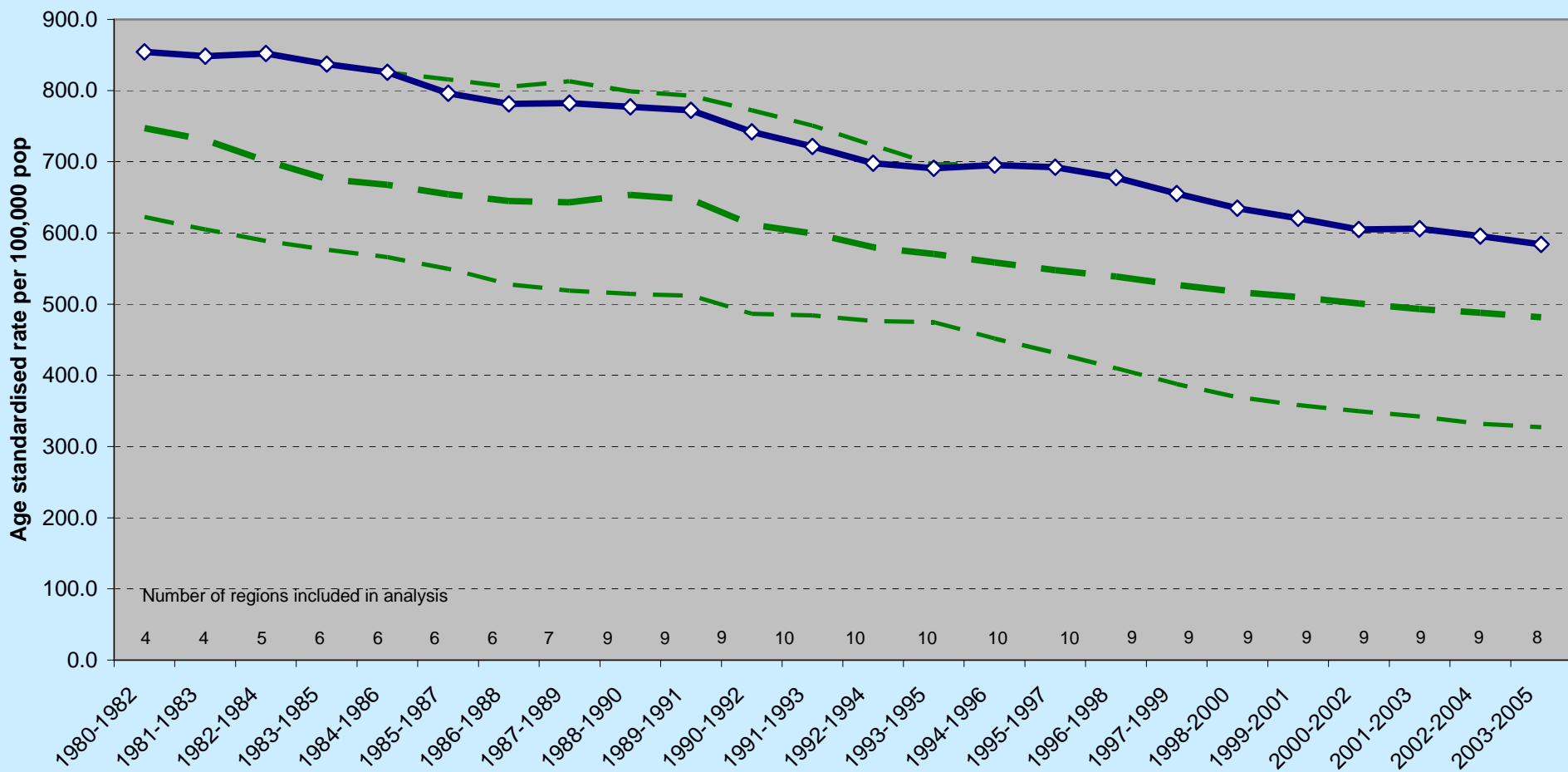
All cause - male

Working age 45-64: all-cause EASRs (3 year rolling averages), 1980-2005, males
West of Scotland in context of maximum, minimum & mean rates for selected
European regions



All cause - female

Working age 45-64: all-cause EASRs (3 year rolling averages), 1980-2005, females
West of Scotland in context of maximum, minimum & mean rates for selected
European regions

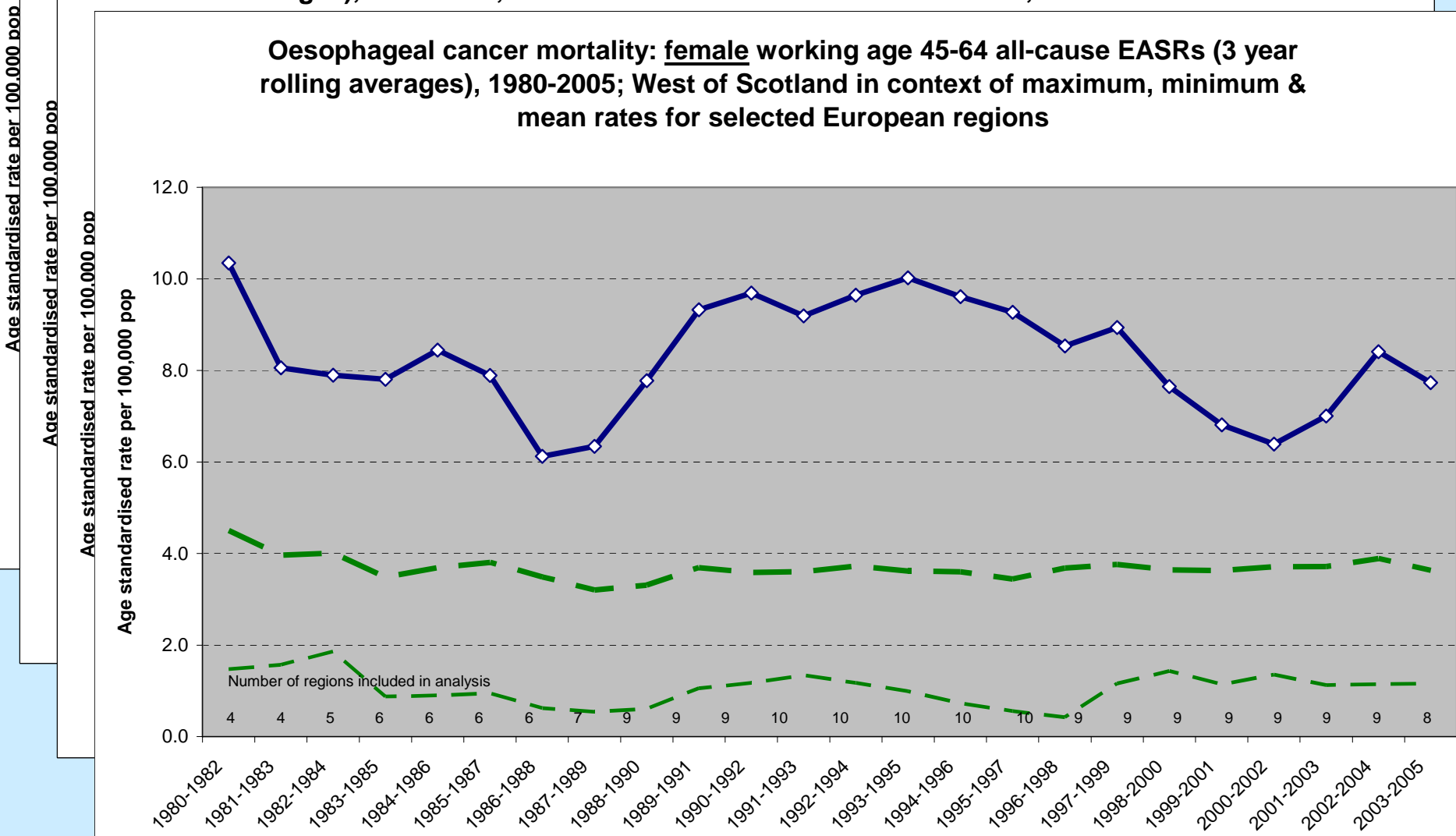


All malignant neoplasms mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum &

Lung cancer mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean

Breast cancer mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2004; West of Scotland in context of maximum, minimum & mean

Oesophageal cancer mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



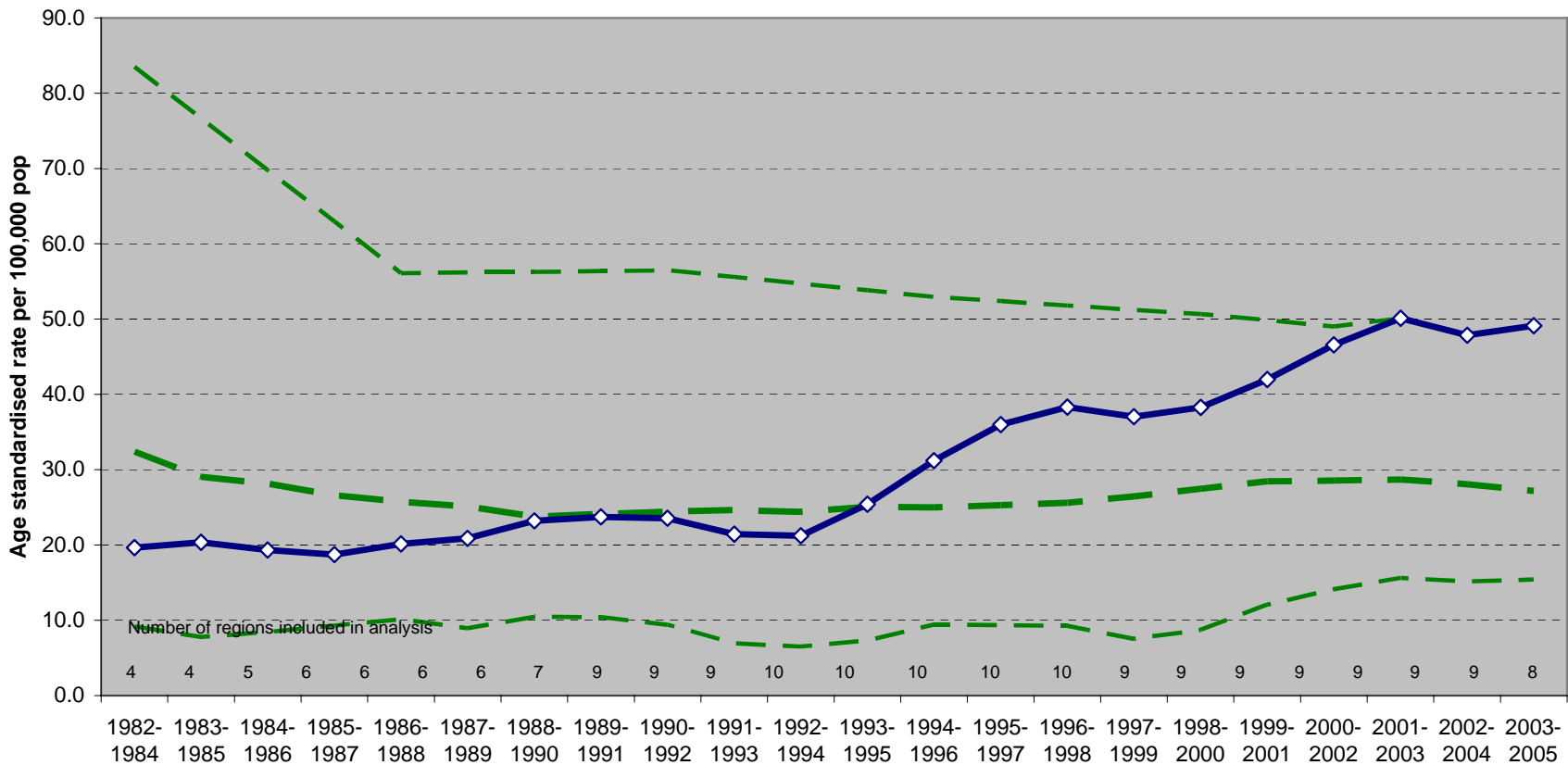
IHD mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for



Cerebrovascular disease mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum &

COPD mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for

Chronic liver disease & cirrhosis mortality: female working age 45-64 all-cause EASRs (3 year rolling averages), 1982-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions



IHD mortality: male working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for selected

COPD mortality: male working age 45-64 all-cause EASRs (3 year rolling averages), 1980-2005; West of Scotland in context of maximum, minimum & mean rates for

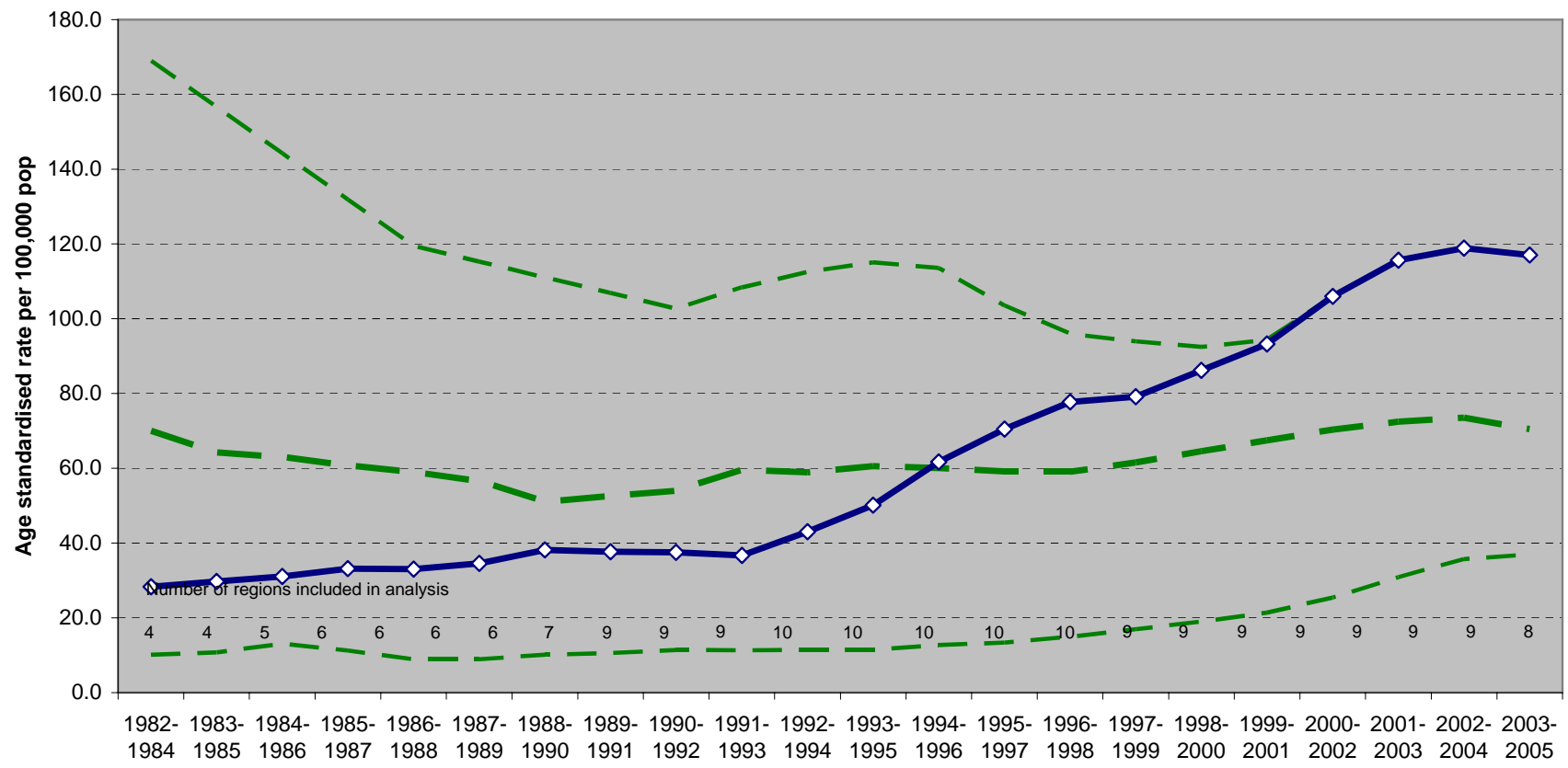
Suicide mortality: male working age 45-64 all-cause EASRs (3 year rolling averages), 1983-2005; West of Scotland in context of maximum, minimum & mean rates for

Chronic liver disease & cirrhosis mortality: male working age 45-64 all-cause EASRs (3 year rolling averages), 1982-2005; West of Scotland in context of maximum, minimum & mean rates for selected European regions

Age standardised rate per 100,000 pop

Age standardised rate per 100,000 pop

Age standardised rate per 100,000 pop



Mortality analysis

- Worth remembering:
 - Each region has the highest, or among the highest, level of mortality in their parent country
 - Thus, being “average” isn’t good
 - Had we included the other 10 regions, WoS’s relative position would be even worse

4. Some initial hypotheses/explanations

- NB This is first and foremost a report on mortality trends
- Detailed exploration of health determinant factors will be undertaken as part of the project's next stage
- Thus, Part Four of the report merely a *tentative* exploration of some relevant issues

4. Some initial hypotheses/explanations

Seven hypotheses briefly examined:

1. Trends affected by data quality issues
2. Trends influenced by an ‘age cohort’ effect
3. Trends influenced by migration
4. WoS has greater income inequalities than other regions
5. Health behaviours are worse in WoS
6. WoS is more deprived
7. WoS has suffered more severe form of deindustrialisation

4. Some initial hypotheses/explanations

Seven hypotheses briefly examined:

1. Trends affected by data quality issues
2. Trends influenced by an ‘age cohort’ effect
3. Trends influenced by **migration**
4. WoS has greater **income inequalities** than other regions
5. **Health behaviours** are worse in WoS
6. WoS is more **deprived**
7. WoS has suffered more severe form of **deindustrialisation**

Migration

- Trends generally flat in all regions, but some exceptions
- WoS: 11% decrease over 20 years
- Saxony: 17% decrease in females - quite perplexing given:
 - evidence that female migrants better educated
 - ‘healthy migrant’ evidence
 - but still very fast improvement in overall health in Saxony
- **But** more detailed research required to quantify any possible effect

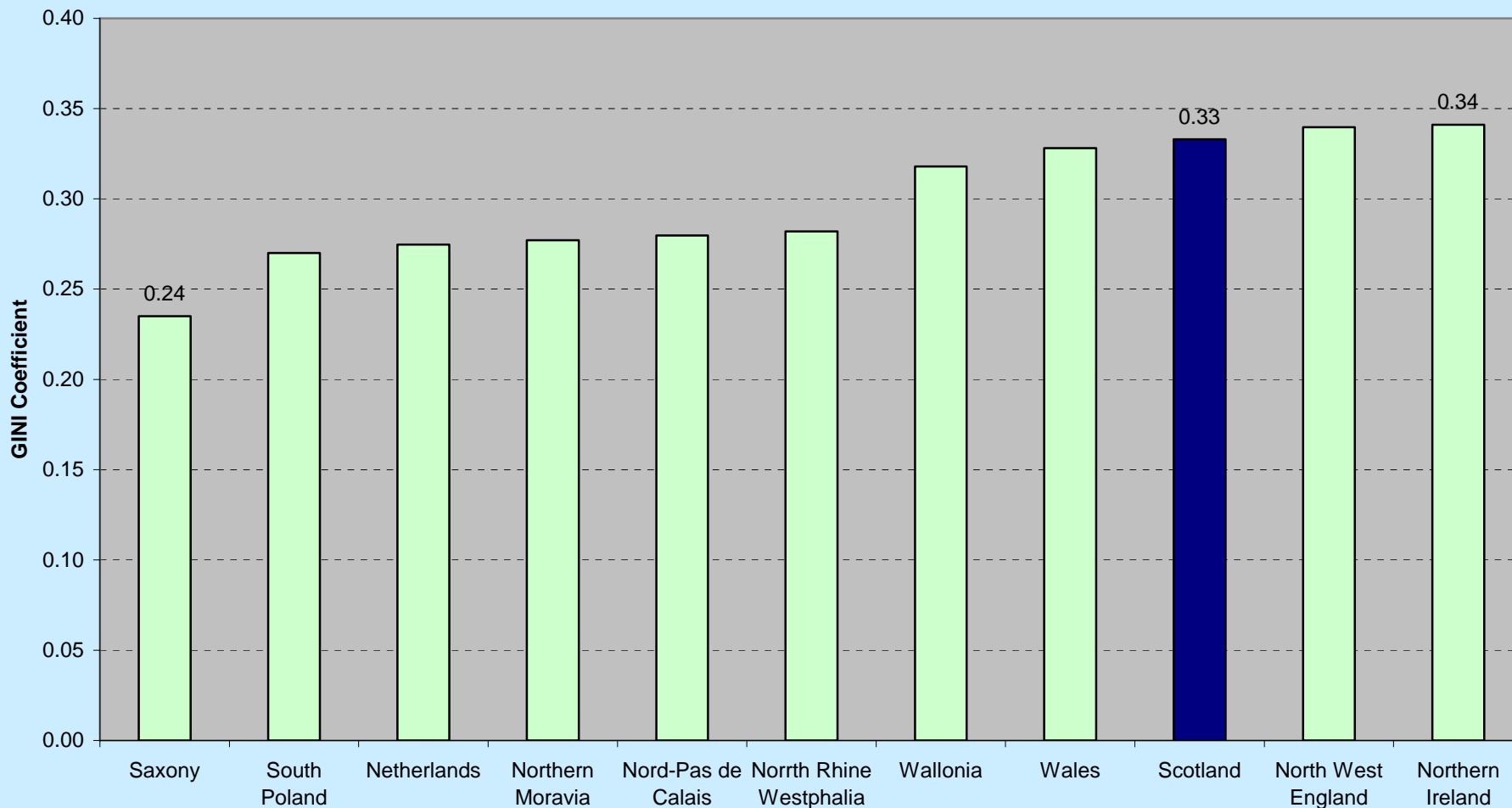
Income inequalities

- Two measures presented in the report, but neither is ideal
- Gini coefficient data not available for all regions of interest (incl. WoS), so country or larger region data used

Income inequalities

Estimated Income Inequality (using the Gini Coefficient), Selected European Regions: Mid-1990s

Sources: Ezcurra, Pascual and Rapun (2007); Forster, Jesuit and Smeeding (2002)

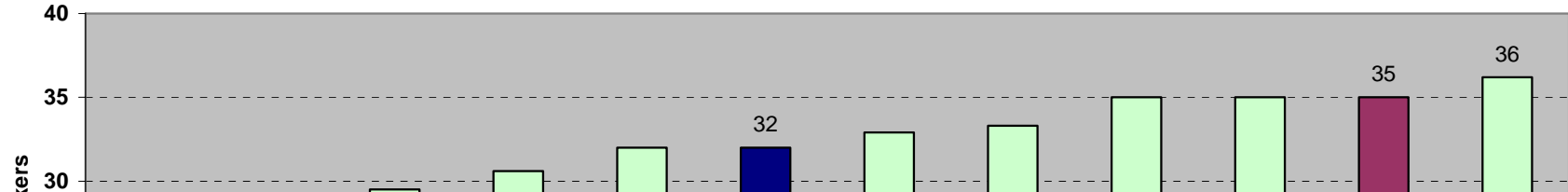


Health behaviours

- As with other possible explanations, our understanding of role of health inequalities hampered by lack of high quality comparable data.
- However:
 - Other relevant work has highlighted that Greater Glasgow has higher levels of obesity compared to some other relevant regions (e.g. parts of Wallonia and Saxony)
 - In the report we show some limited data for smoking and alcohol consumption....

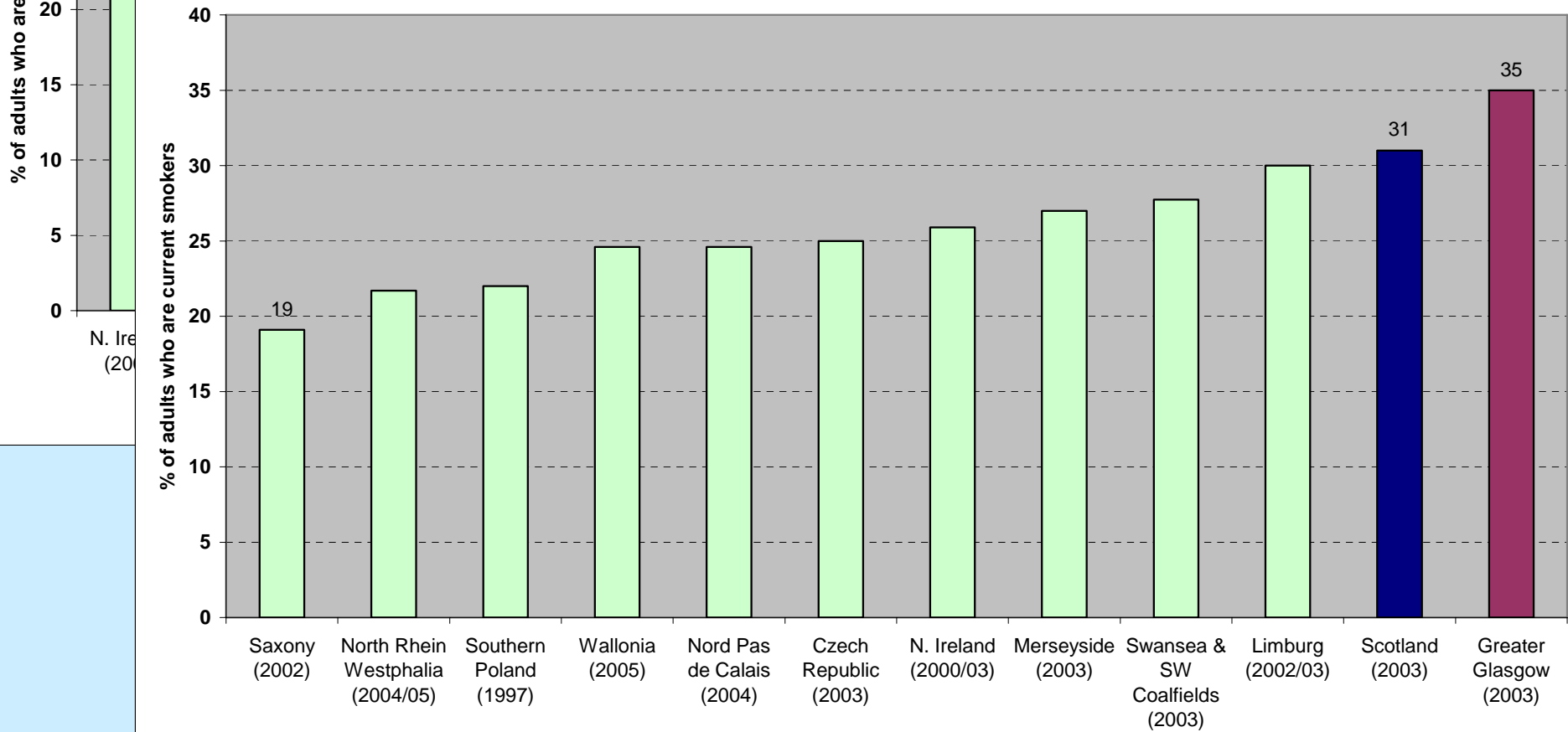
Estimates of male adult smoking prevalence, selected geographies

Various sources: See Appendix 2



Estimates of female adult smoking prevalence, selected geographies

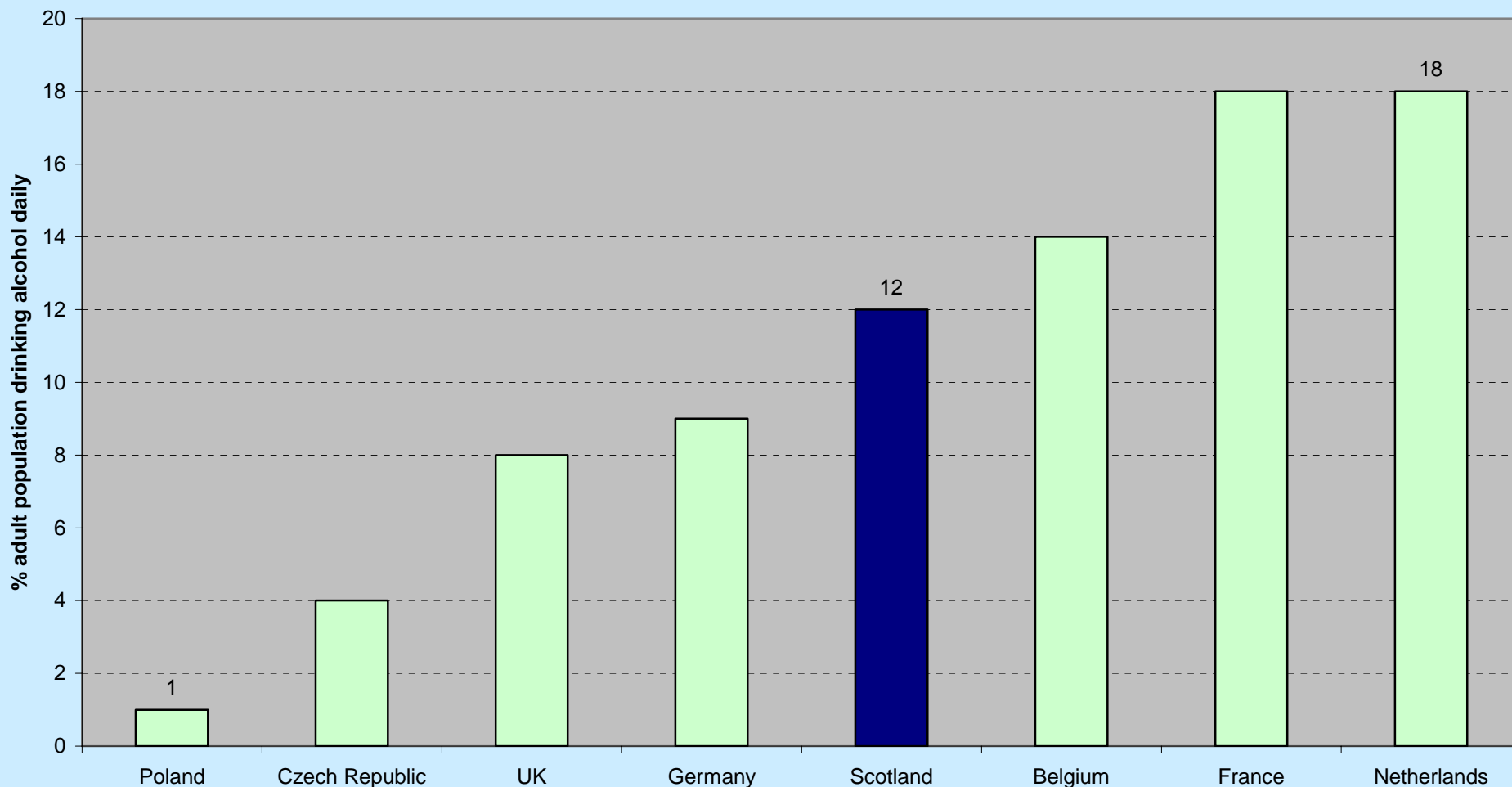
Various sources: See Appendix 2



Health behaviours – alcohol consumption

% adult population drinking alcohol daily, selected European countries: 2003/07

Sources: Eurobarometer 2007; Scottish Health Survey 2003



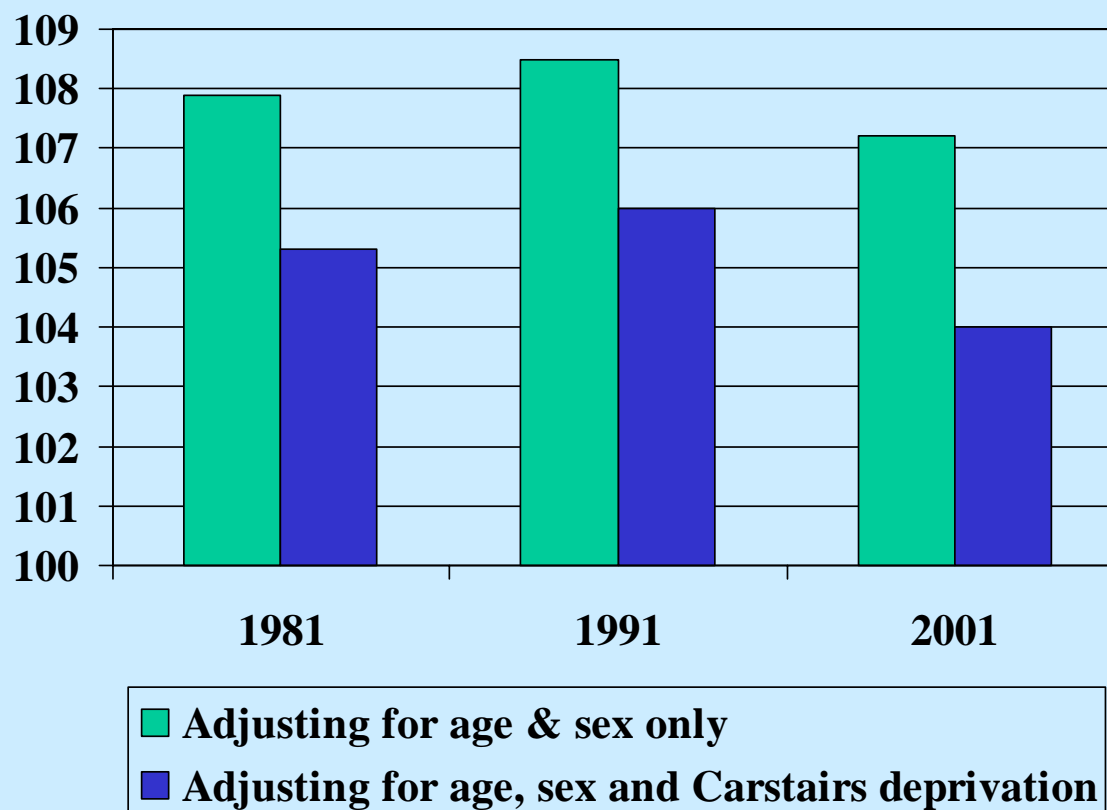
Deprivation

- Clearly an important issue
- Again, hampered by lack of comparable data across all regions
- But, on balance, seems unlikely that deprivation *per se* explains the higher levels of mortality in Scotland/WoS relative to the other post-industrial areas...

Deprivation

- Regional measures of unemployment and male worklessness show Scotland's/WoS's position is advantageous relative to many regions
- Specific mortality and deprivation (Carstairs) analysis undertaken for WoS and Merseyside...

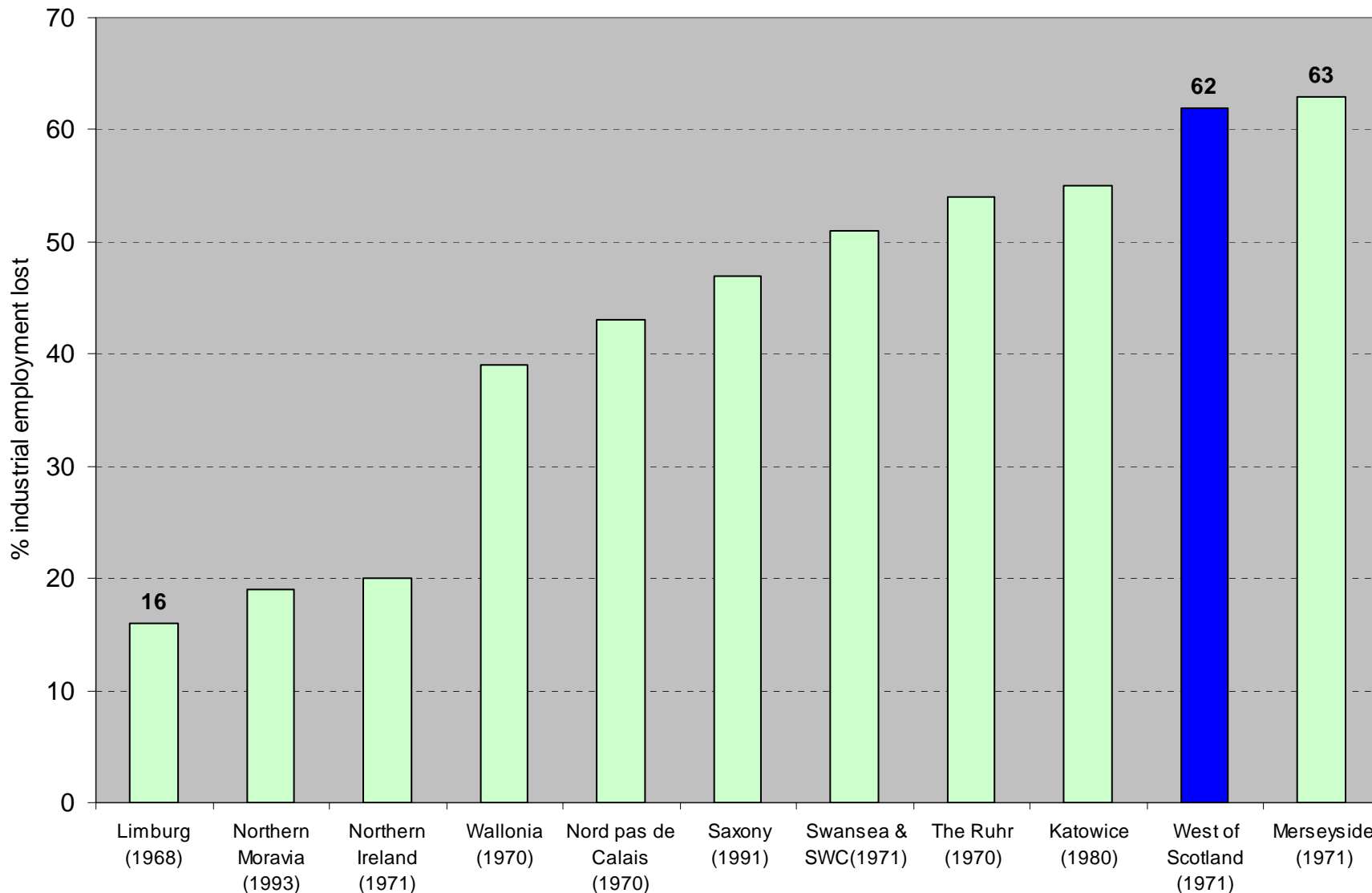
All age SMRs for Clydeside conurbation relative to Merseyside



Severity of deindustrialisation

- Important hypothesis
- Time series data on industrial employment
- ‘Base year’/2005 comparisons
 - circa. 1970 for West Europe, 1980 for Katowice; circa.1992 for E Germany
- Number of measures of severity shown in report...

% of industrial employment lost, base year to 2005



Severity of deindustrialisation

- Deindustrialisation ‘dose’ more serious in West of Scotland compared to the majority of the regions
- More research required (esp. timing/speed)

5. Conclusions

- Health of virtually all comparable European post-industrial regions improving faster than Scotland/West of Scotland
- Trends driven especially by younger age groups (15-44) (especially male) and middle-aged (45-64) females
- This despite (apparently) worse socio-economic profiles
- Detailed information on health determinants now needed to understand what is driving the trends
- This is one of the next steps...

Next steps

- Dependent (to varying degrees) on funding/resources etc etc...
- Collaborative research focussing on the four regions discussed today
- Aimed at:
 - Accessing/analysing/understanding broad health determinant data for these regions compared to WoS
 - Helping to understand the trends presented in the report

Further details

David Walsh:

- Email: david.walsh@drs.glasgow.gov.uk
- Tel: 0141 221 9439

Martin Taulbut:

- Email: martin.aulbut@health.scot.nhs.uk
- Tel: 0141 354 2946
- Report available from: www.gcph.co.uk



Germany: the experience of the Ruhr

Conference

Exploring health in Scotland and other parts of postindustrial Europe

Wednesday June 18th 2008

Dr. Wolfgang Hellmeier

Liga, NRW Institute of Health and Work

wolfgang.hellmeier@liga.nrw.de

<http://www.liga.nrw.de/gesundheit.html>

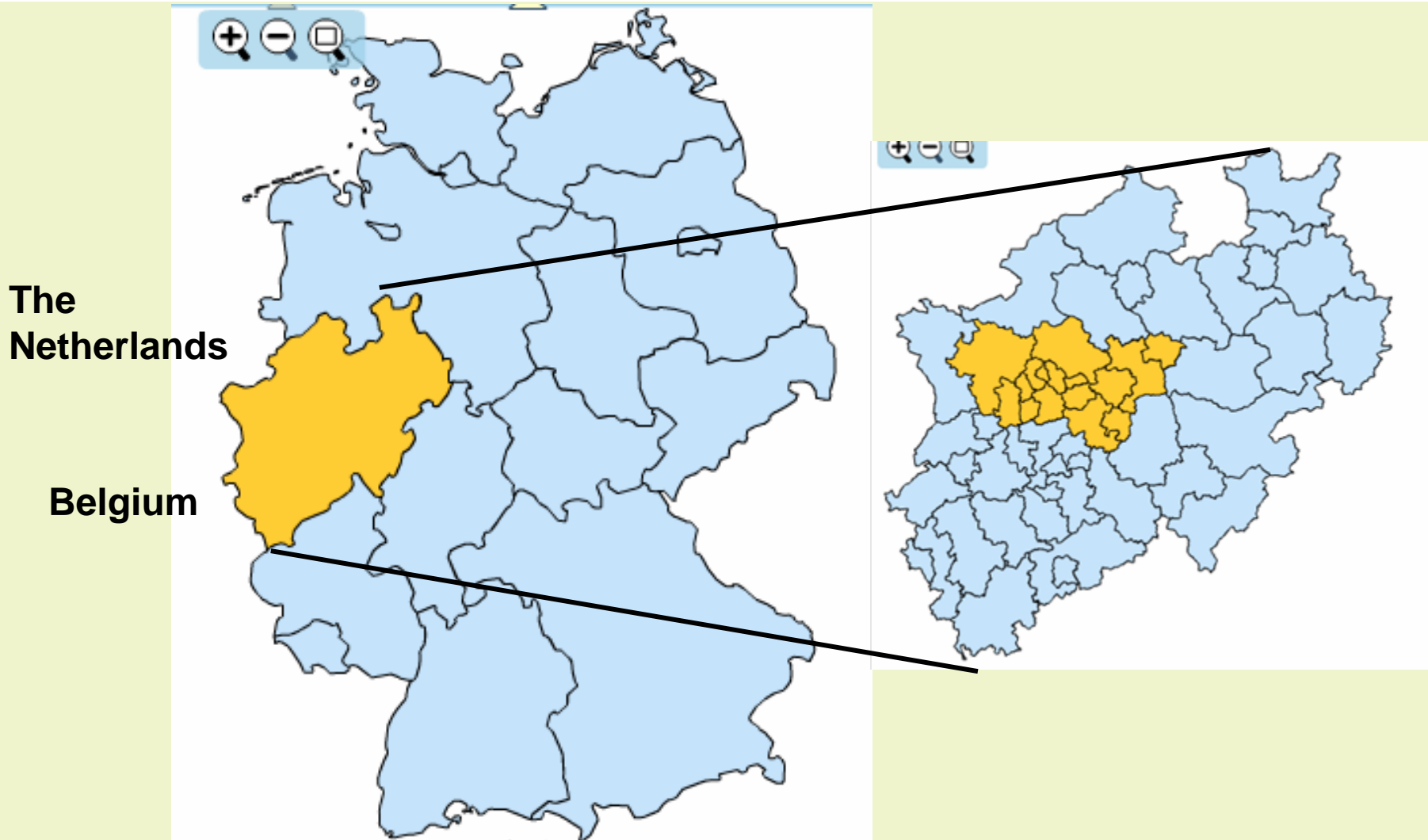


Contents

- **The Ruhr area; the institute LIGA**
- **Employment in the Ruhr area**
- **Population structure**
- **Health and health determinants**
- **Policies in the Ruhr area**
- **Differences between Glasgow and Ruhr?**



The Ruhr area within Germany





The Ruhr area within North Rhine-Westphalia

Bevölkerungsdichte

Nordrhein-Westfalen nach Verwaltungsbezirken

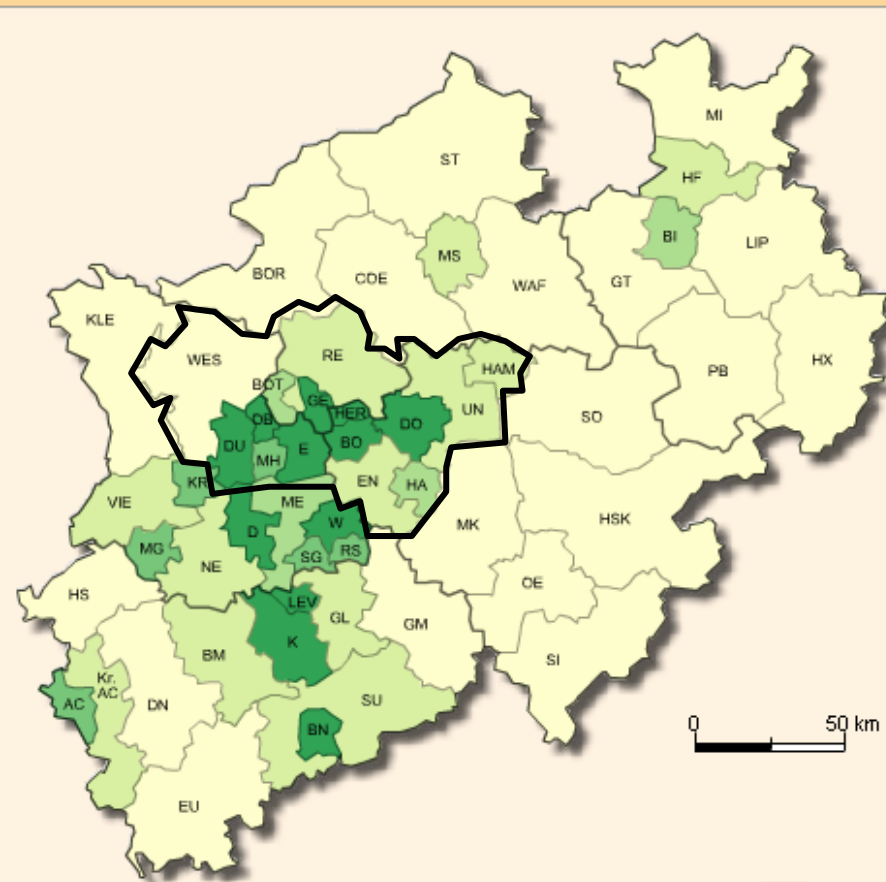
Indikator Nr. 2.5 1

2006 2005 2004

Beschriftung der Kreise / Städte anzeigen

Einwohner je Quadratkilometer

	125.0 - 499.0
	500.0 - 999.0
	1000.0 - 1499.0
	1500.0 - 1999.0
	2000.0 - 3500.0



0 50 km

Kreis / Stadt Wert
Bitte mit Maus auswählen!

NRW
528.9



NRW

- 54 districts
- 23 cities
- 31 counties

18 mill.

inhabitants

Ruhr

- 15 districts
- 11 cities
- 4 counties

5,3 mill.

inhabitants



The Ruhr area, internal structure



Ruhr kernel

■ 7 cities

2,7 mill.

Ruhr outer

regions

■ 4 cities

■ 4 counties

2,6 mill.

inhabitants

**No common political authority, but
an association of cities (RVR) since 1920**



LIGA, the institute

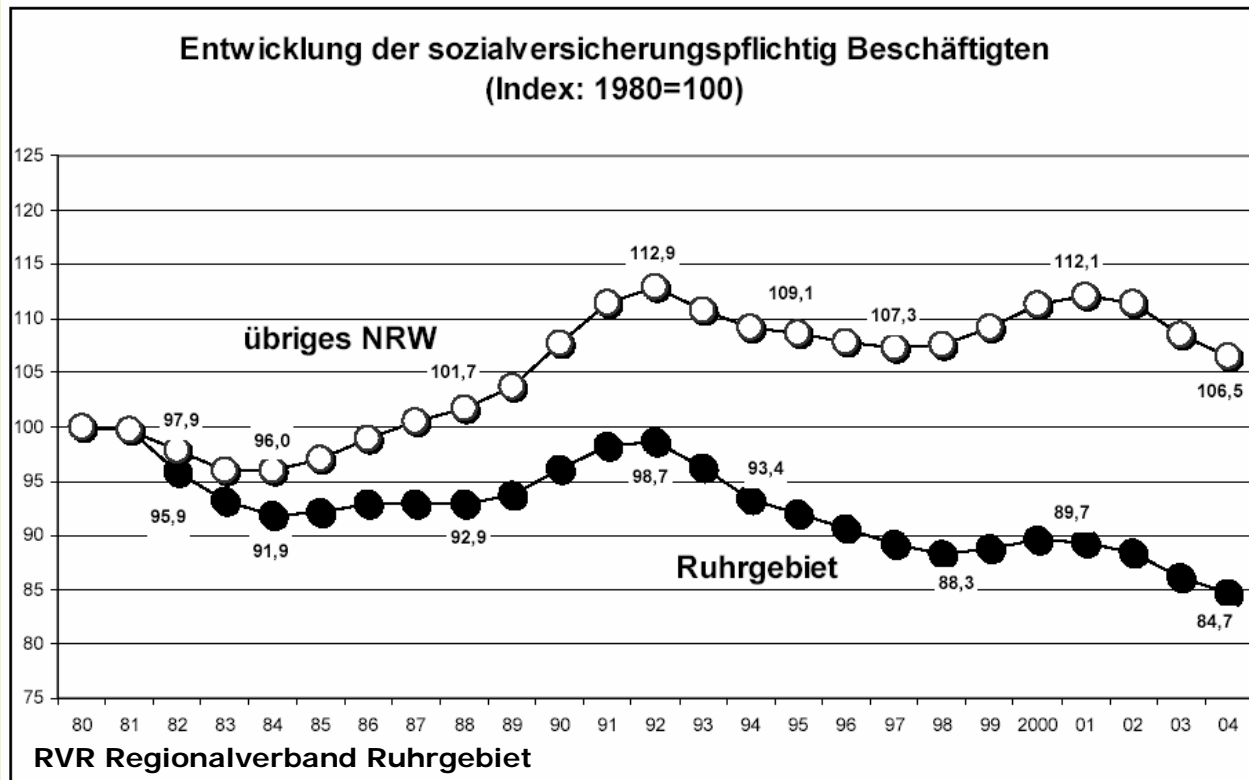
- **State institute of NRW**
- **Health monitoring; health reporting; health information**
 - If possible data on district level
- **prevention**
- **Consultant of Ministry of Health NRW**



Employment in the Ruhr area

Employed, subject to social security insurance

Without self
employed
and civil servants



Absolute number of employees in the Ruhr area in

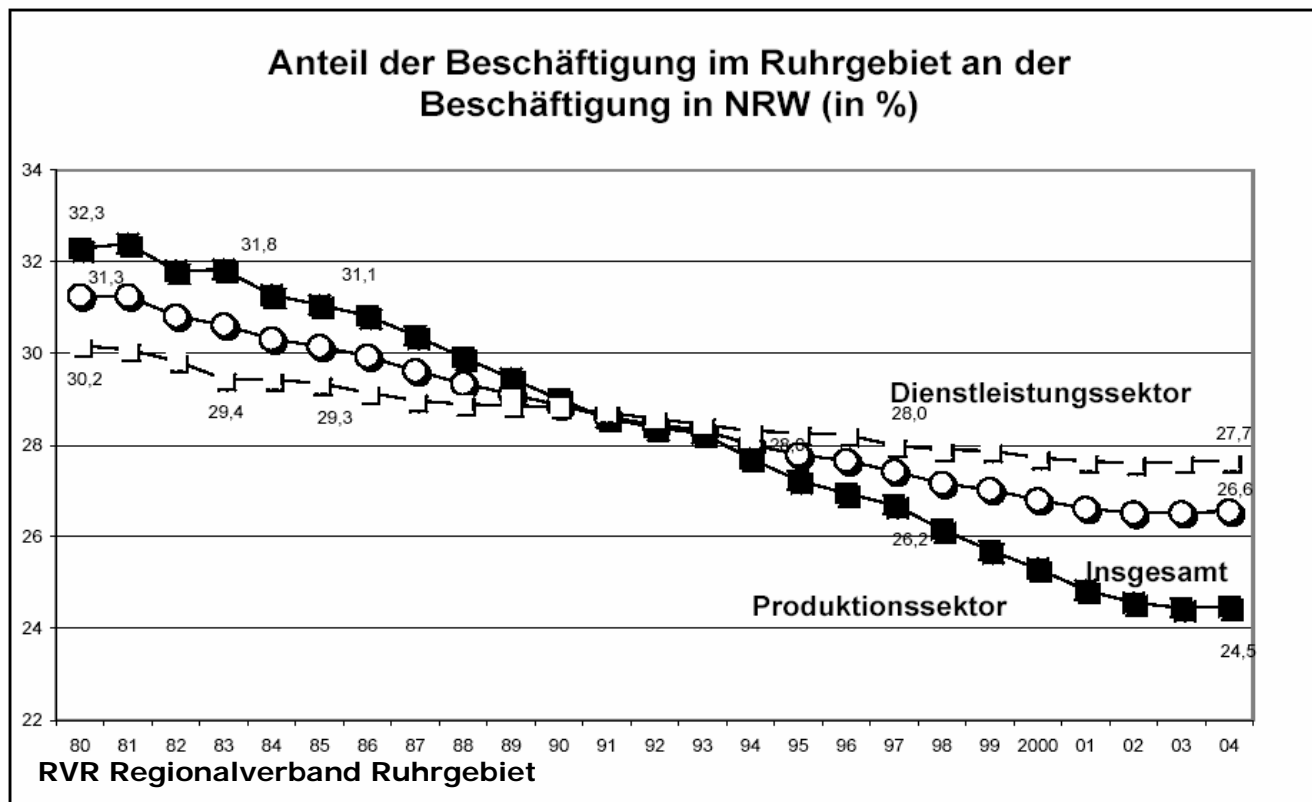
2004: 1.5 mill.

1980: 1,8 mill.



Employment in the Ruhr area

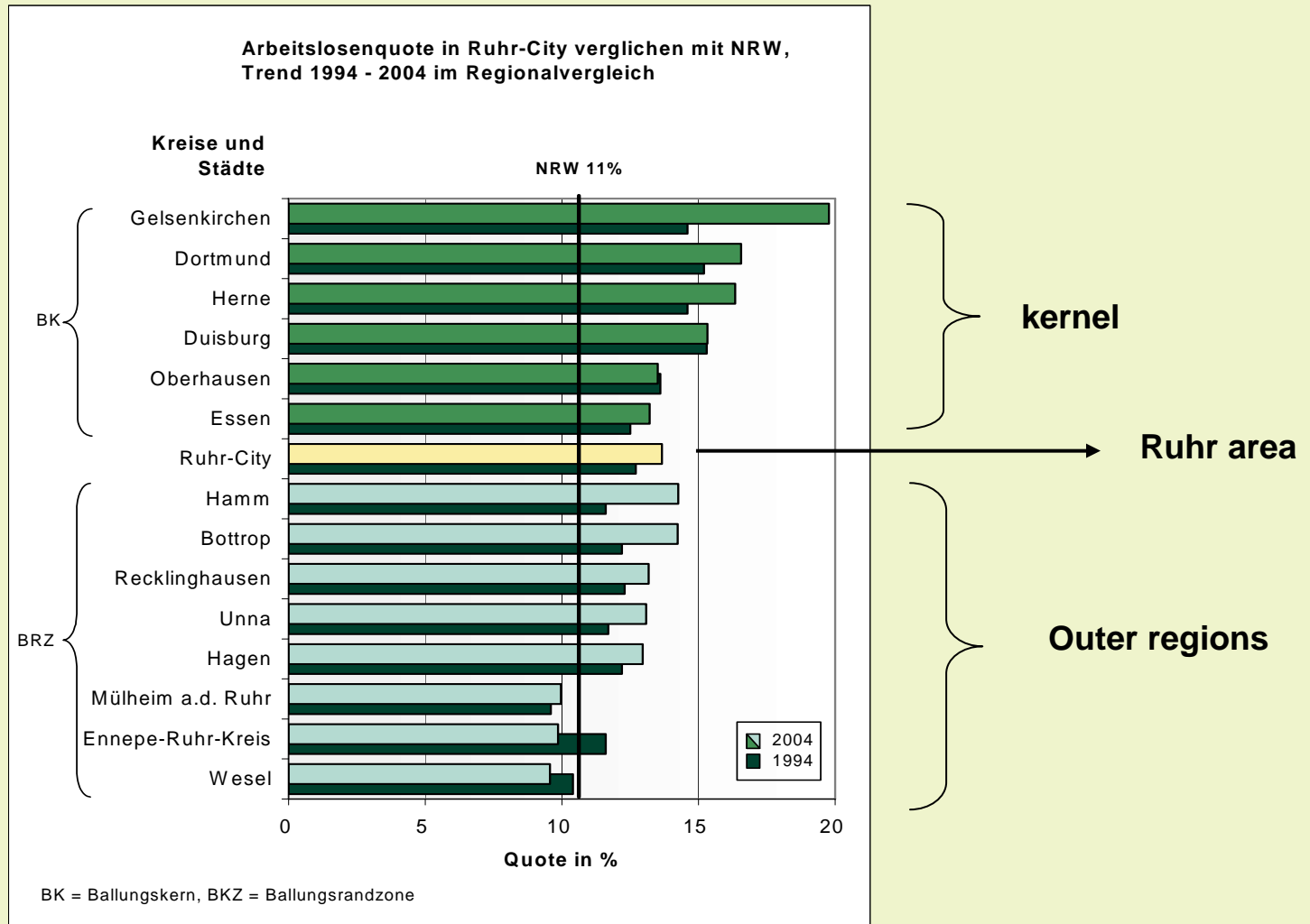
Employees in the Ruhr area as percentage of NRW





Employment in the Ruhr area

Unemployed persons in the Ruhr region 1994 and 2004

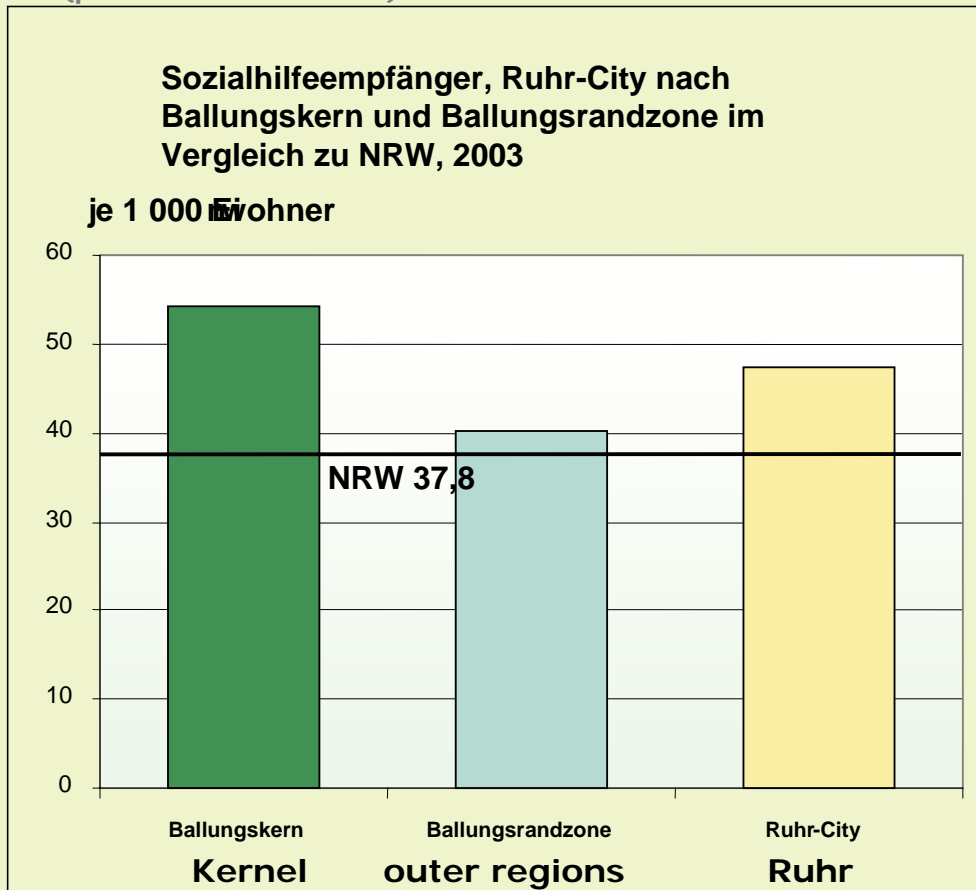




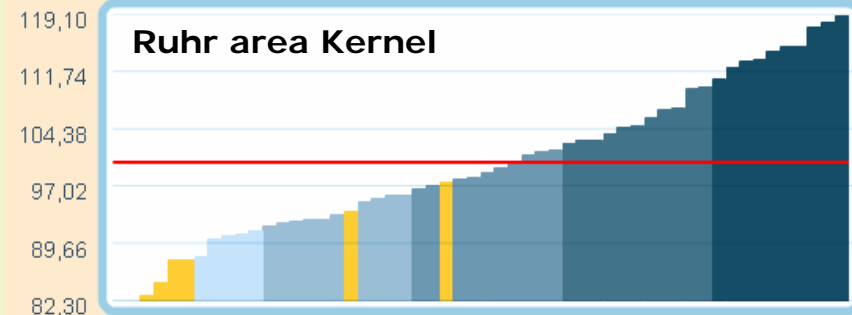
Population structure

Welfare recipients in the Ruhr area

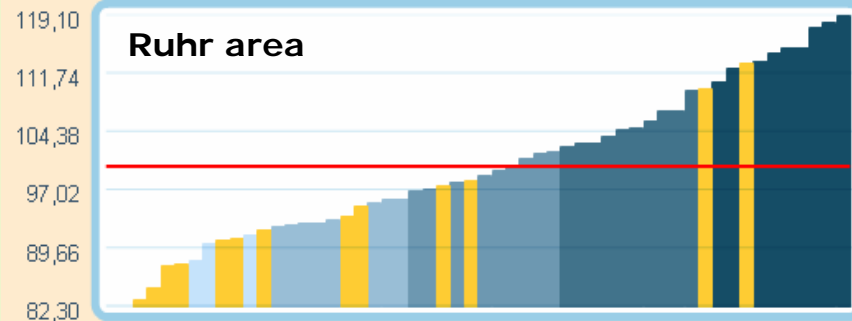
(per 1000 inhabitants)



Available income in districts



instantatlas™



instantatlas™



Population structure

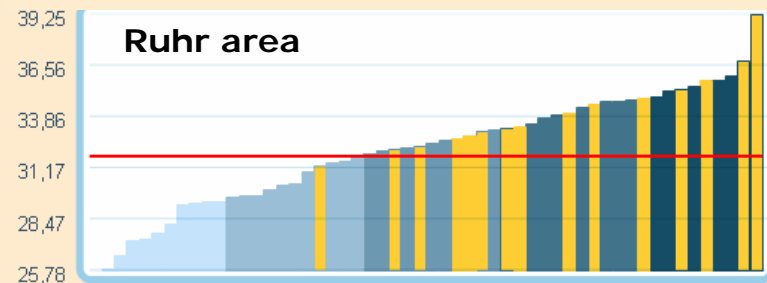
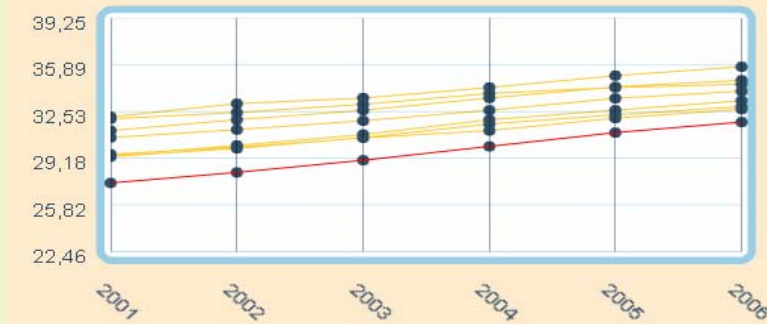
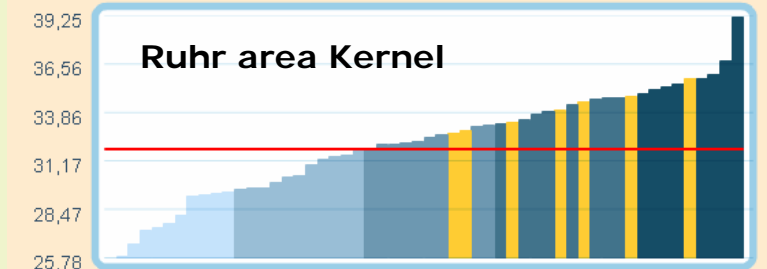
Persons with foreign nationality in the Ruhr area

Ausländische Bevölkerung nach Geschlecht, Ruhr-City nach Ballungskern und Ballungsrandzone, 2004

Lfd. Nr.	Ballungskern, Ballungsrandzone	Ausländische Bevölk. am 31.12.d. J.					
		weiblich	je 1000 Frauen	männlich	je 1000 Männer	insgesamt	je 1000 Einwohner
1	Ballungskern	179 869	127,92	200 060	151,05	379 929	139,14
2	Ballungsrandzone	117 945	89,15	124 728	99,89	242 673	94,37
3	Ruhr-City	297 814	109,13	324 788	126,23	622 602	117,42
4	NRW ohne Ruhr-City	641 111	97,98	680 843	109,28	1321 954	103,49
5	Nordrhein-Westfalen	938 925	101,26	1005 631	114,23	1944 556	107,58

Datenquelle:
Landesinstitut für den öffentlichen Gesundheitsdienst NRW (Iögd):
Indikator (L) 2.6, 2004

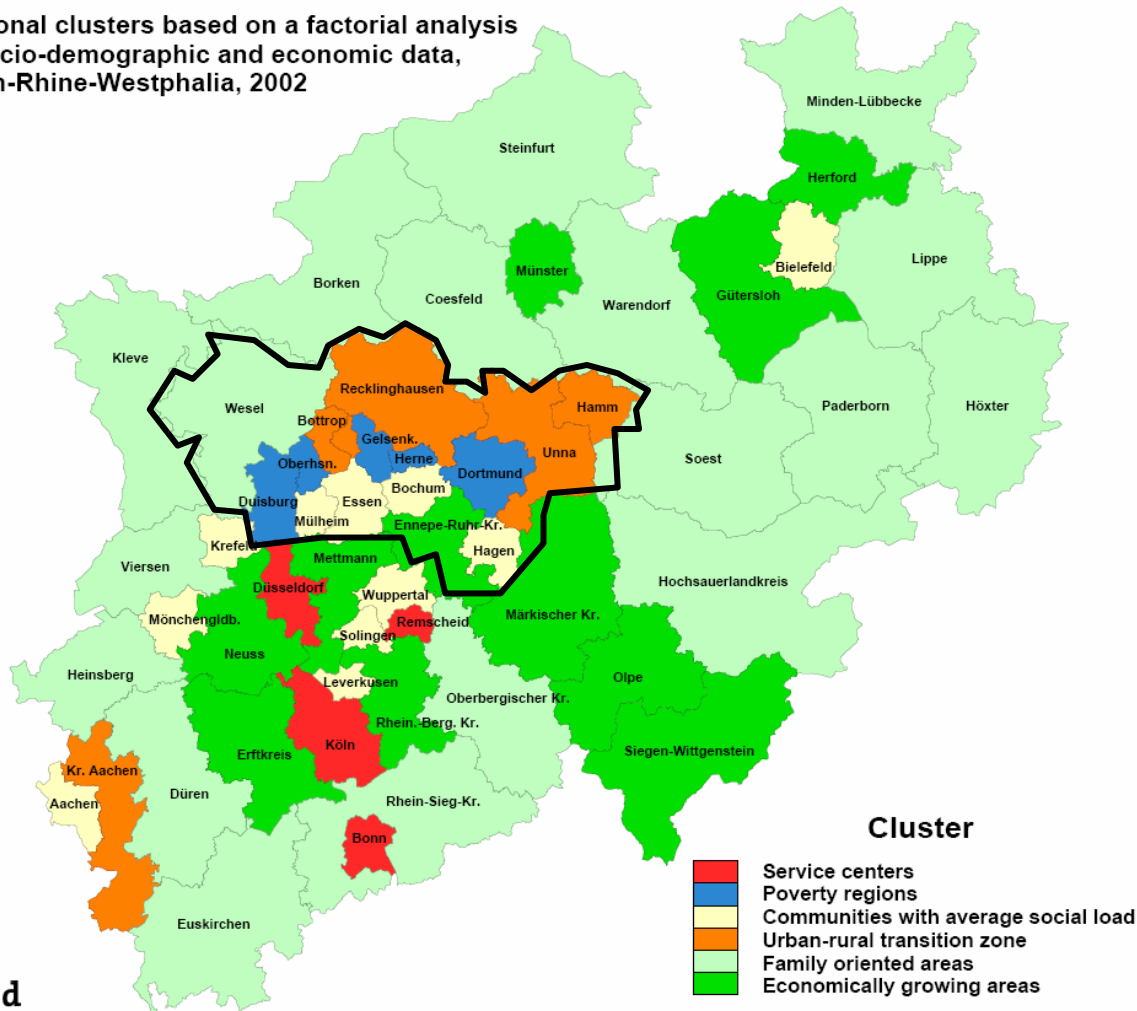
Old age dependency ratio





Population structure

Regional clusters based on a factorial analysis
of socio-demographic and economic data,
North-Rhine-Westphalia, 2002

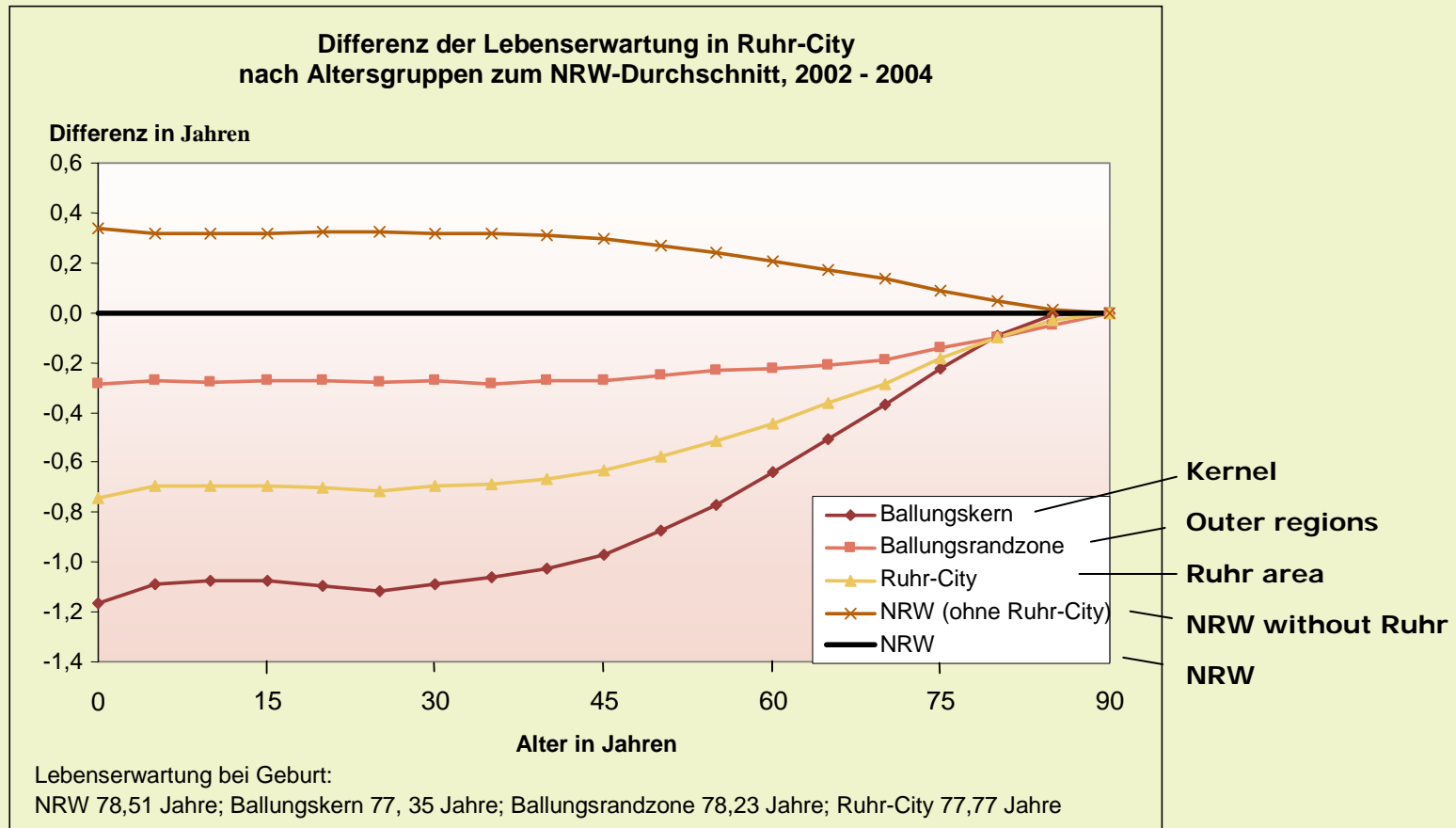


Poverty regions of
NRW belong to the
Ruhr area



Health

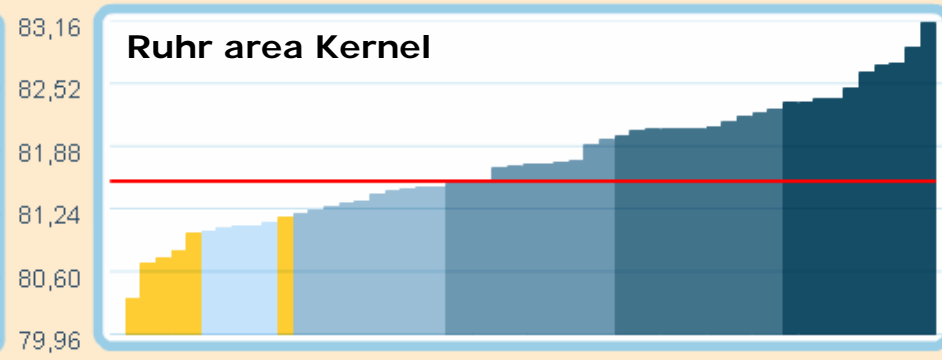
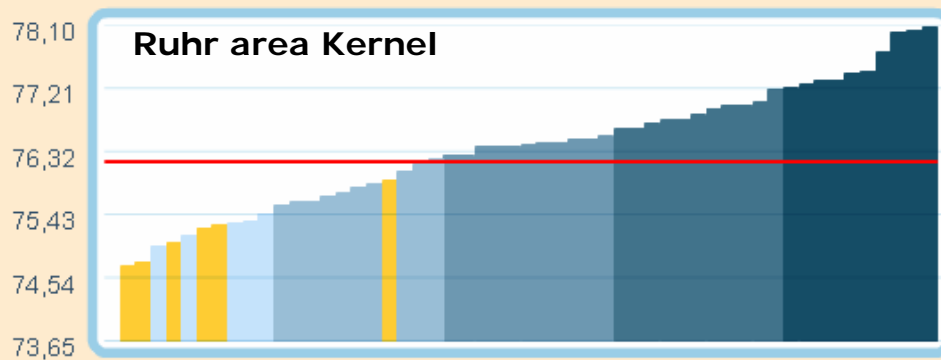
Life expectancy in different age groups





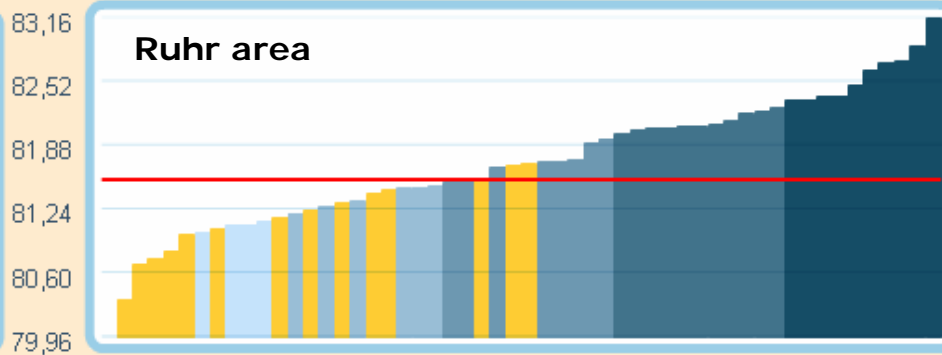
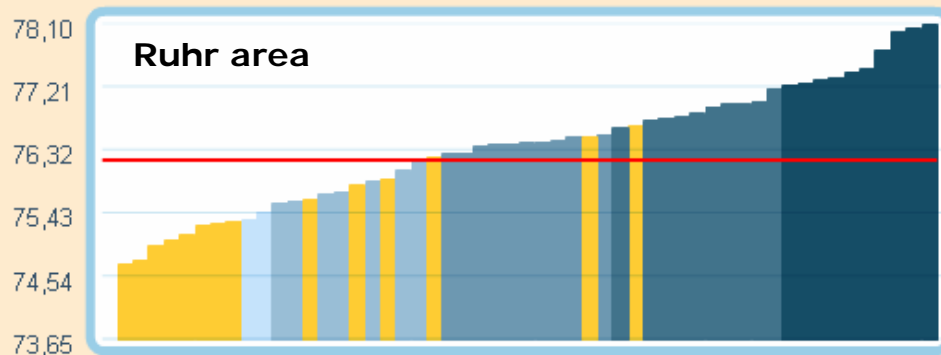
Health

Life expectancy in districts of NRW (Ruhr highlighted)



Life expectancy at birth (male)
instantatlas™

Life expectancy at birth (female)
instantatlas™



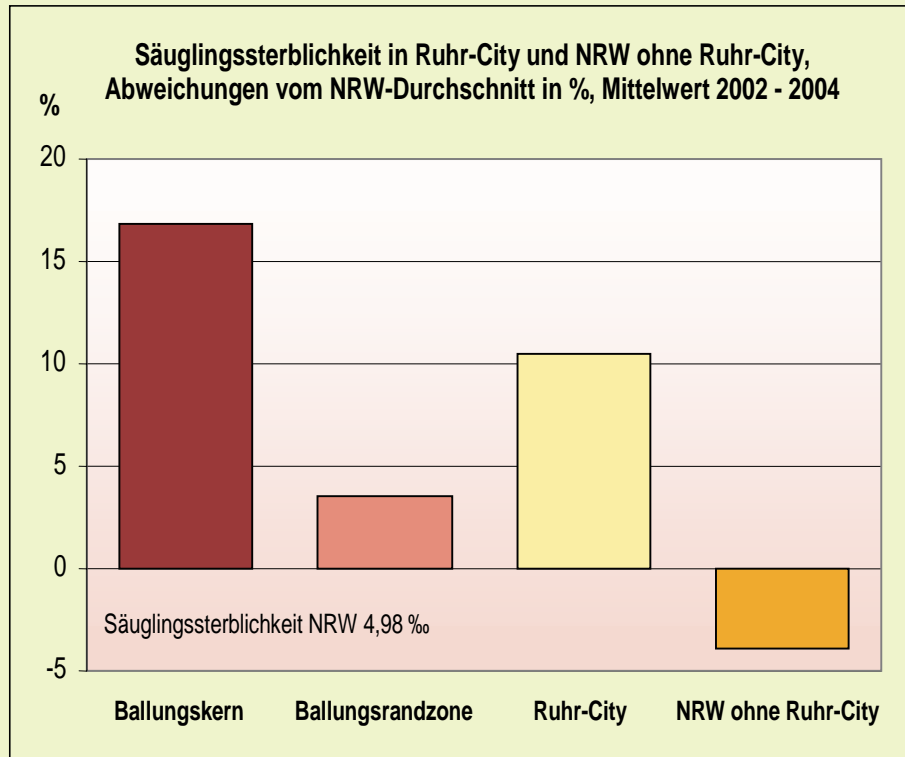
instantatlas™

instantatlas™

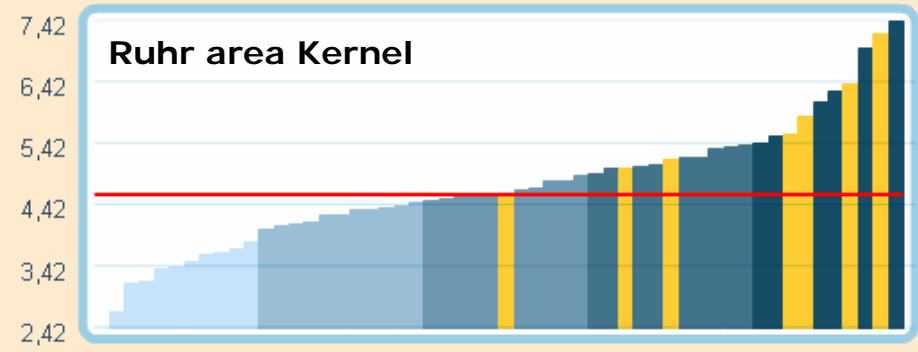


Health

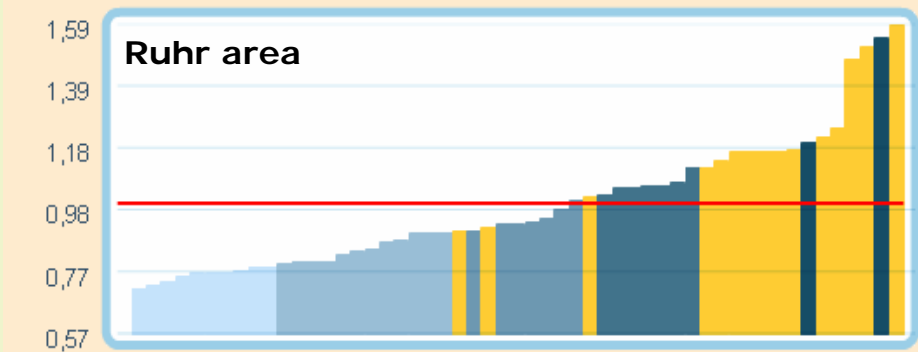
Infant mortality in the Ruhr region



Kernel outer regions Ruhr



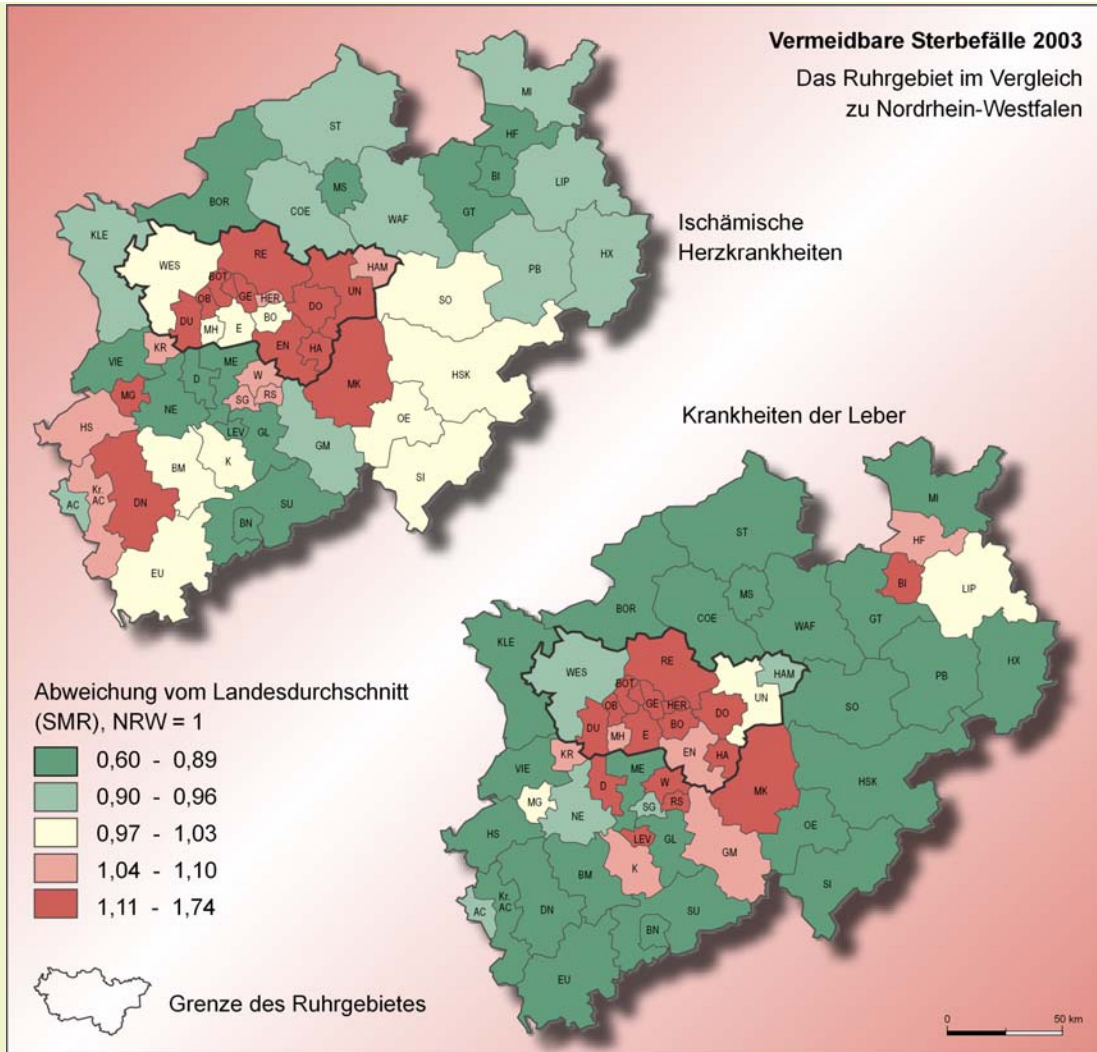
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instantatlas™



Health



Avoidable deaths
(Partly attributable to life style)

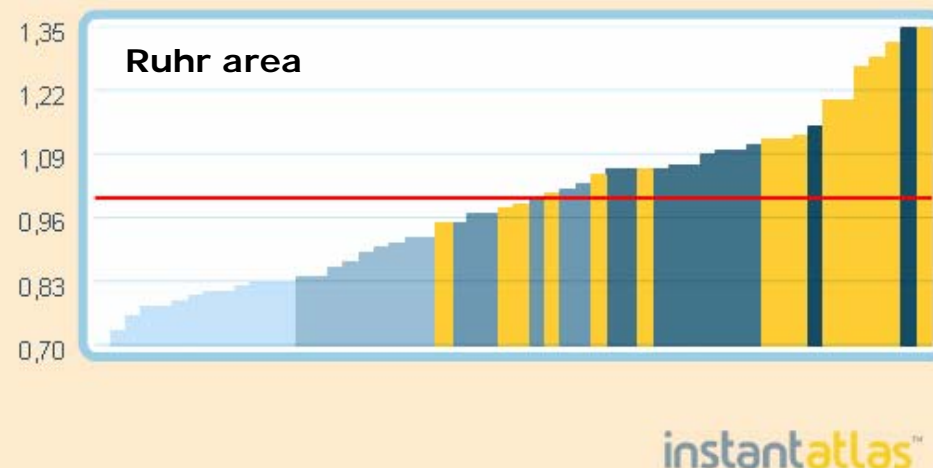
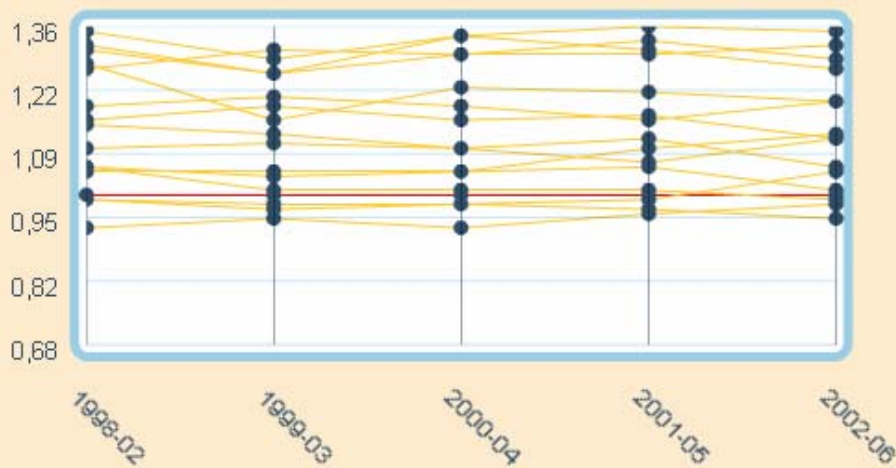
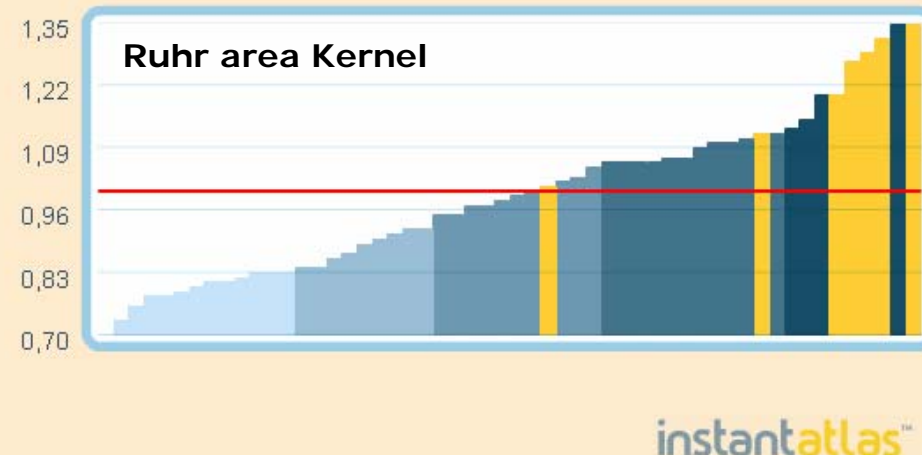
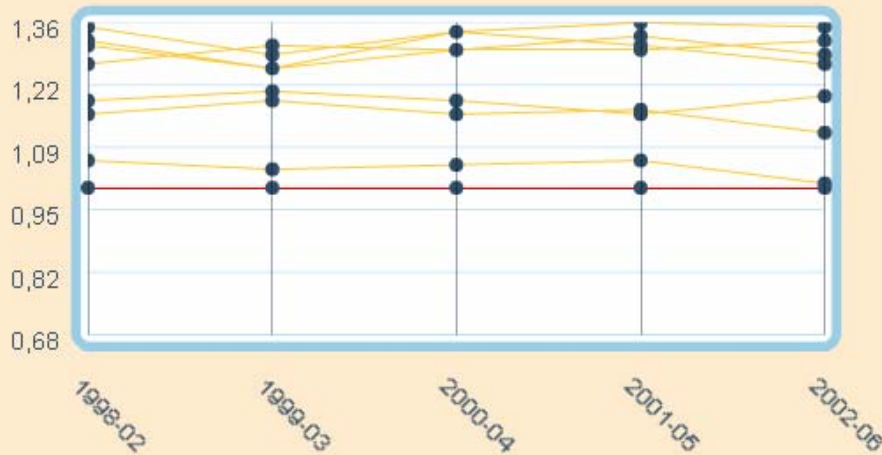
Ischemic heart diseases

Liver diseases



Health

Avoidable deaths (in districts of NRW): lung cancer (age group 15 – 64)

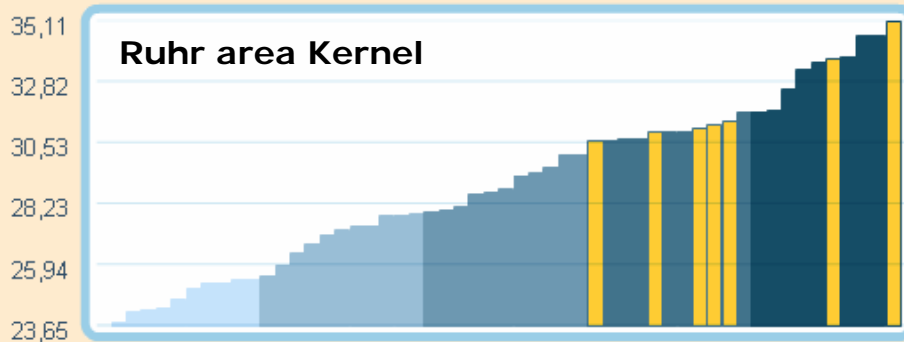




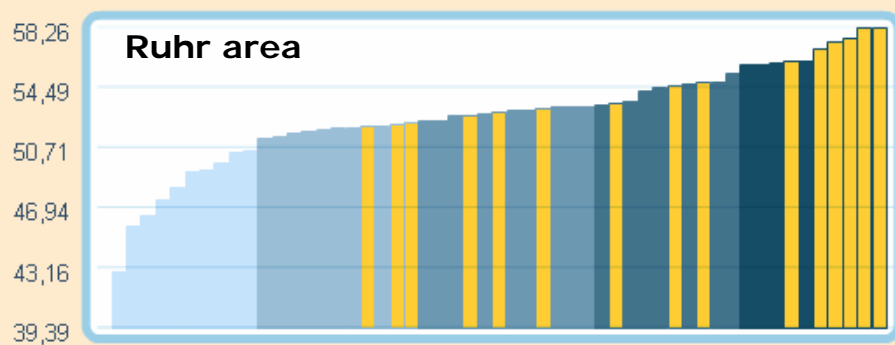
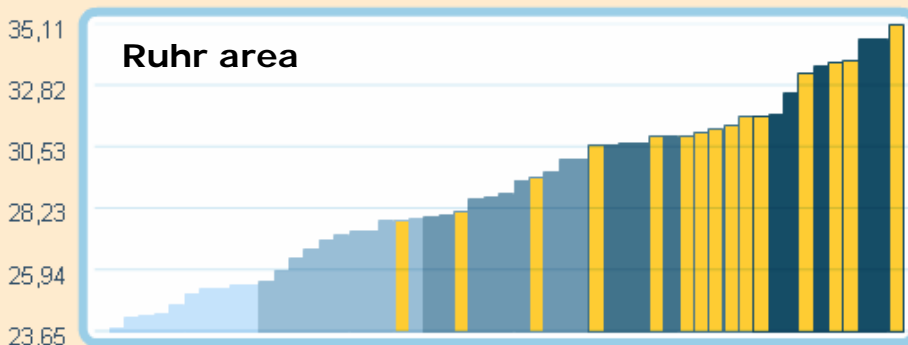
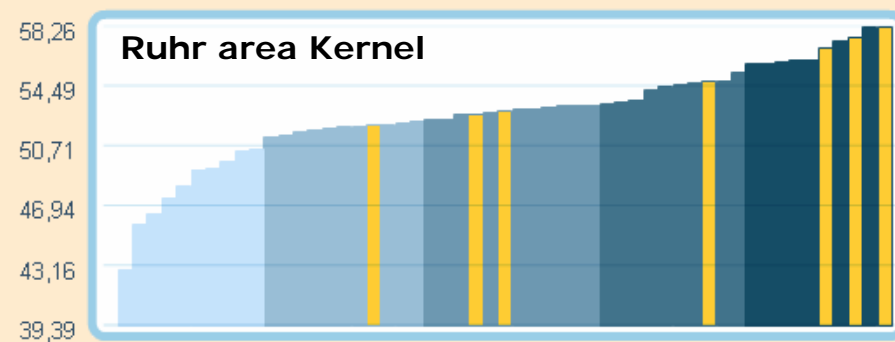
Health behaviour

Health behaviour in districts of NRW

Regular smokers (age > 15, %)



Overweight (age > 15, %)





Policies for the Ruhr area

There were **political actions to support the Ruhr area** (some taken in whole NRW, but with emphasis on the Ruhr area):

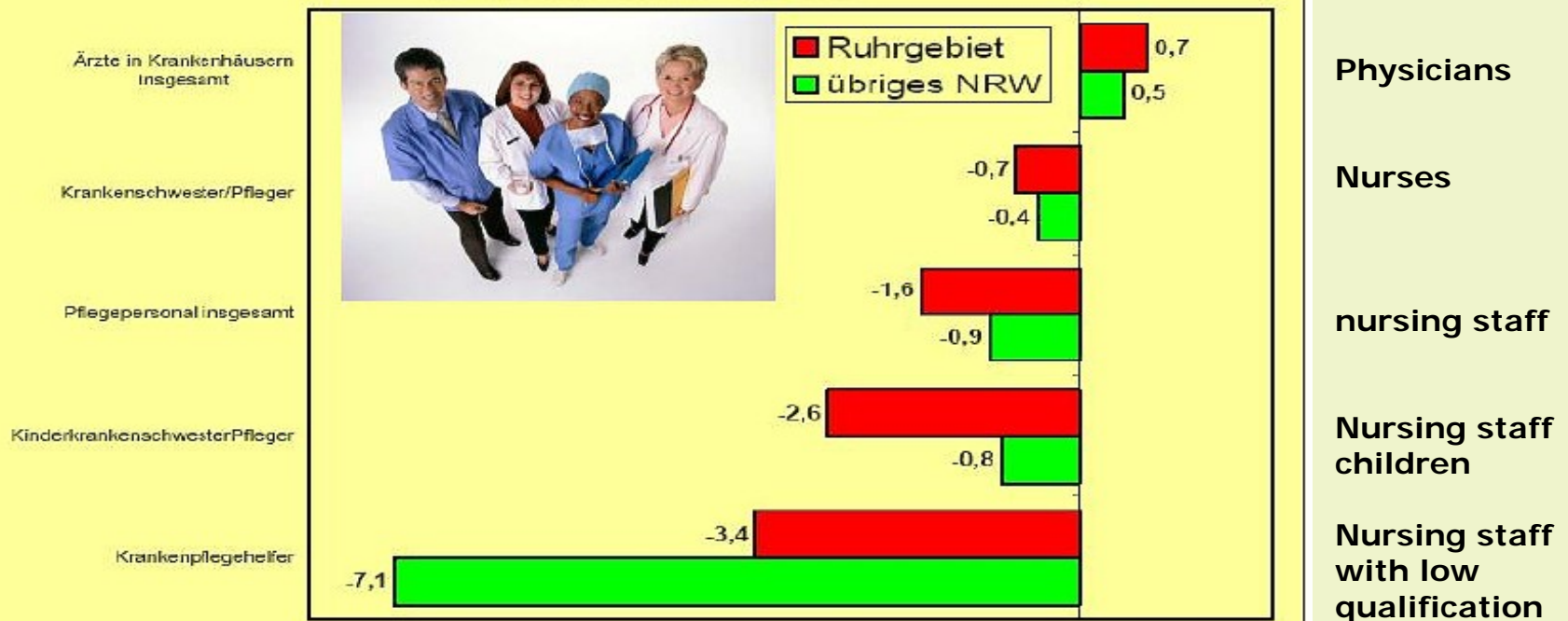
- **Some universities were founded (1970s)**
- **Environmental improvements (against air pollution and for leisure activities)**
- **Special economic branches were funded**
- **Cultural events were started in the Ruhr area**
- **Now “Health in the Ruhr” is a main goal (in economic terms)**



Policies for the Ruhr area

Trends in medical staff, the Ruhr area and other parts of NRW:
The Ruhr area is better off than the rest of NRW

Entwicklung des medizinischen Personal in Krankenhäusern von 2004 bis 2005 in %



RVR Regionalverband Ruhrgebiet

RVR -Datenbank, Team 8-3



Differences / similarities between the Ruhr and Glasgow

(Hypotheses and questions, which may explain something):

- **General situation is quite similar to Glasgow**

Potential reasons for better performance:

- **NRW better off than Scotland?**
- **Ruhr area is larger → more potential for new starts?**
- **More political actions taken in the Ruhr area?**
- **Ruhr area is sited in the middle of Europe → an advantage for getting new firms?**



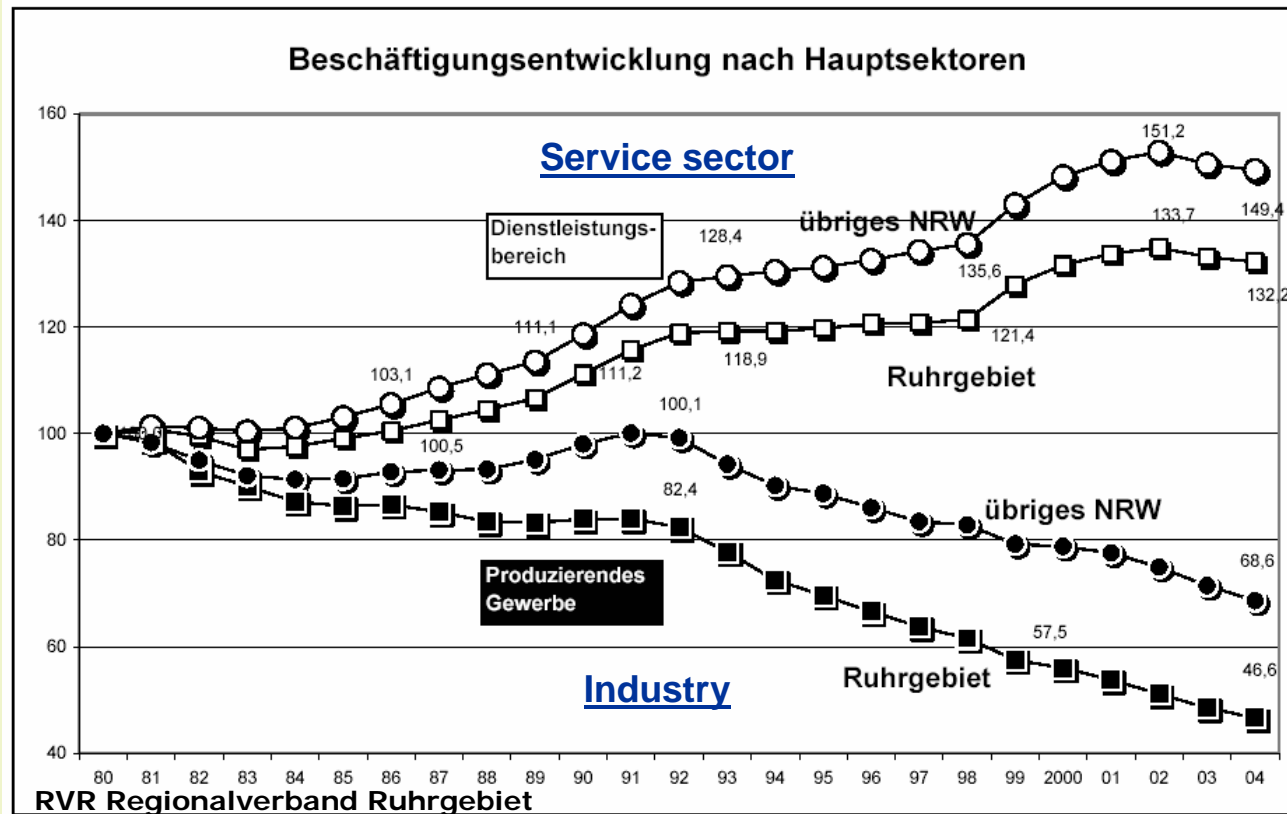
Thank you

Open for discussion



Employment in the Ruhr area

Employment trends in industry and service sector

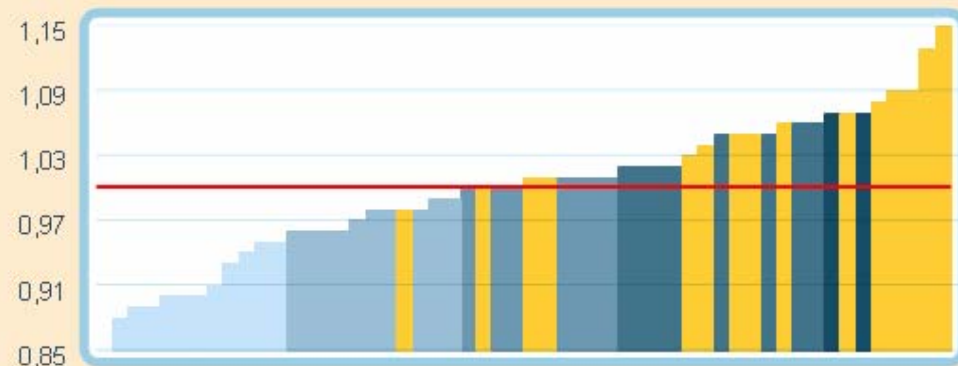
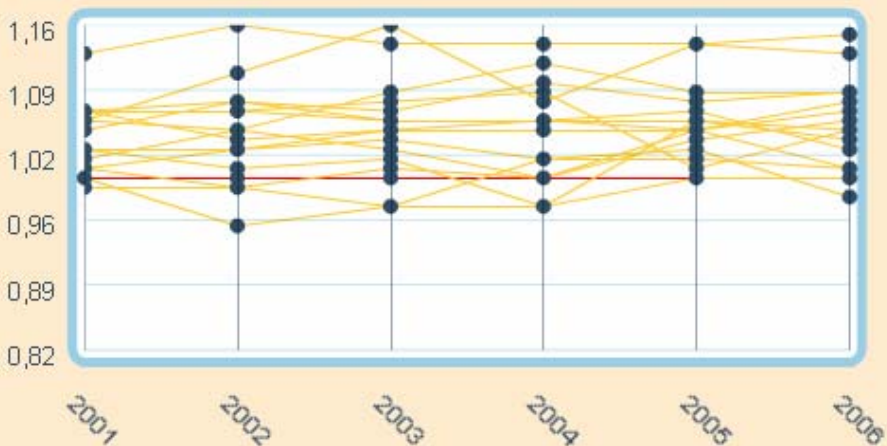
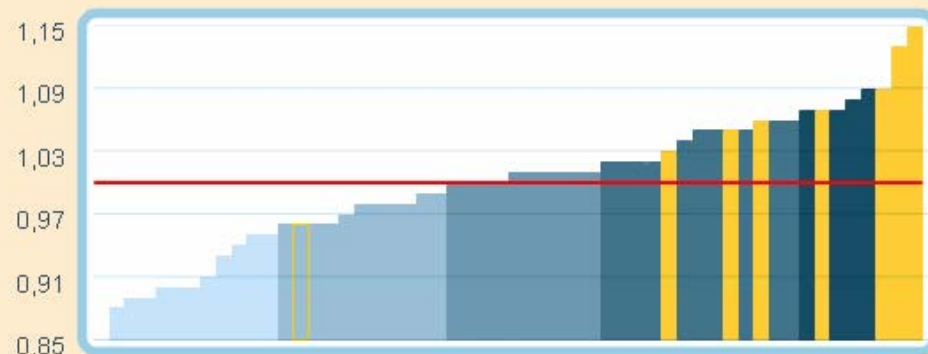
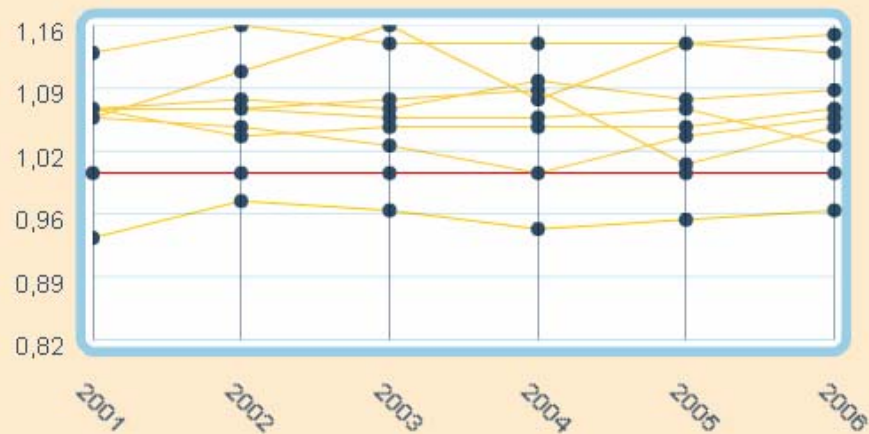


Comparison of districts of NRW (Ruhr highlighted)

Total mortality



Ruhr region Kernel



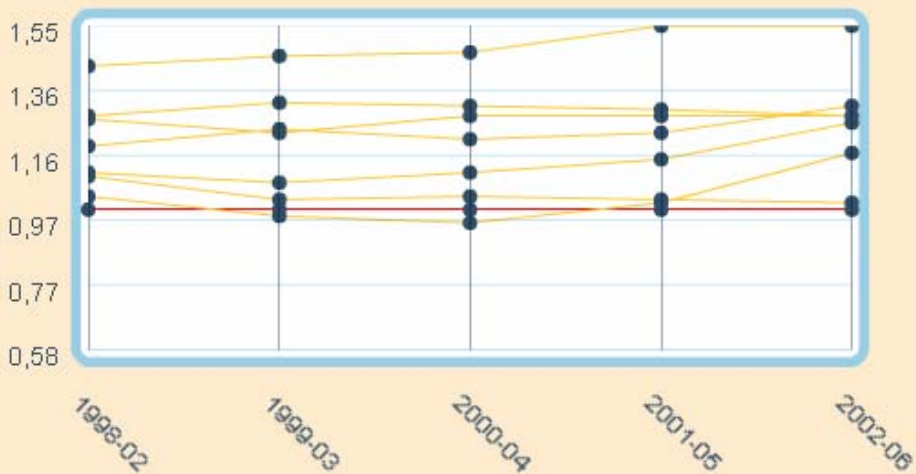
Ruhr region

instantatlas™

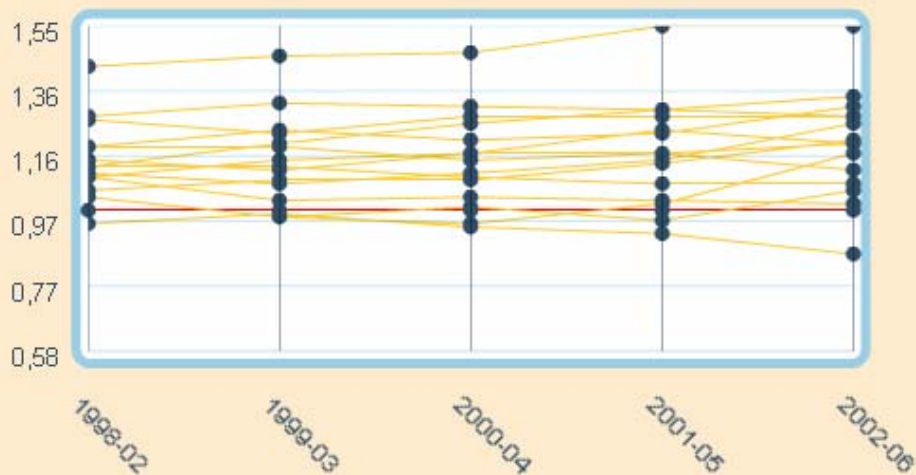
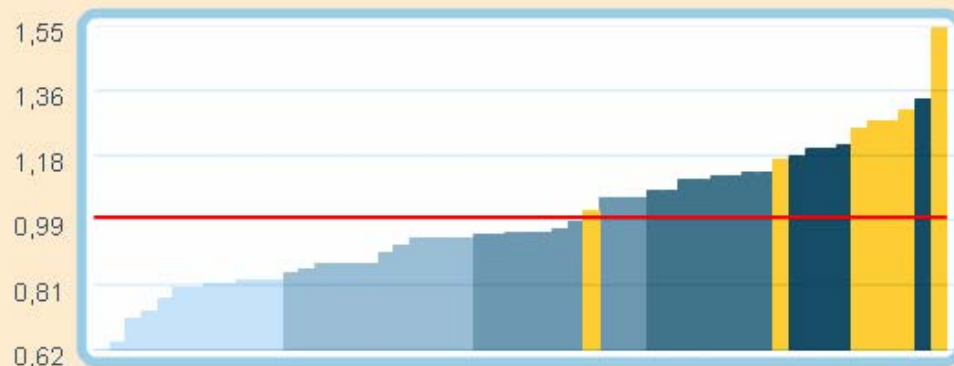
instantatlas™

Comparison of districts of NRW (Ruhr highlighted)

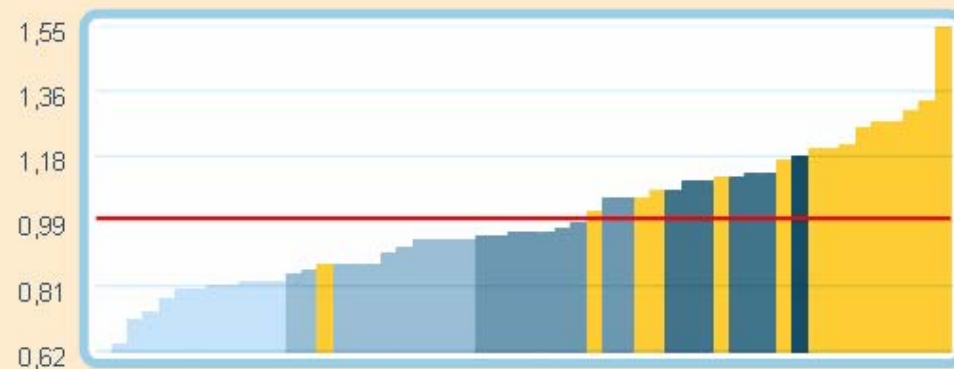
Avoidable deaths: ischemic heart diseases (age group 35 – 64)



Ruhr region Kernel



instantatlas™



Ruhr region

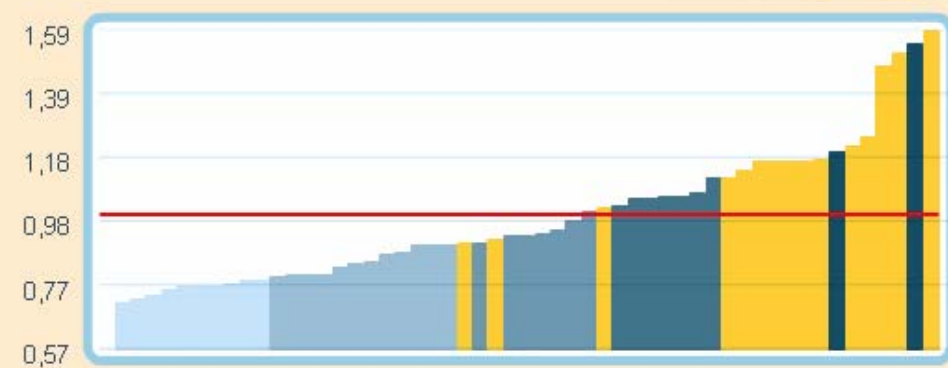
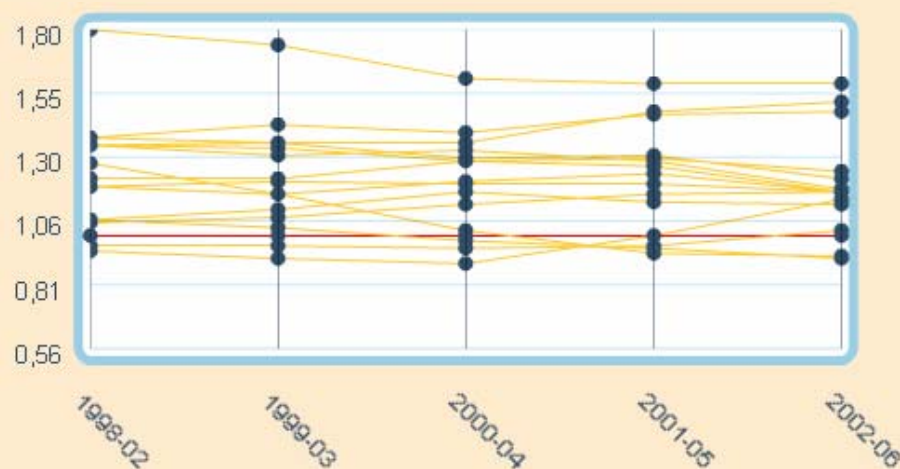
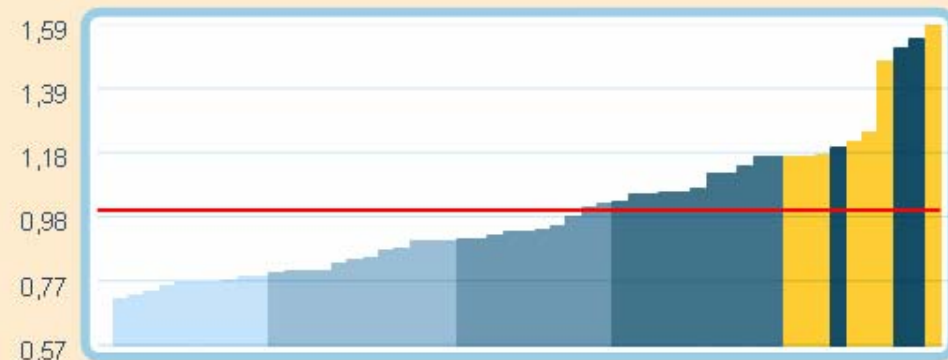
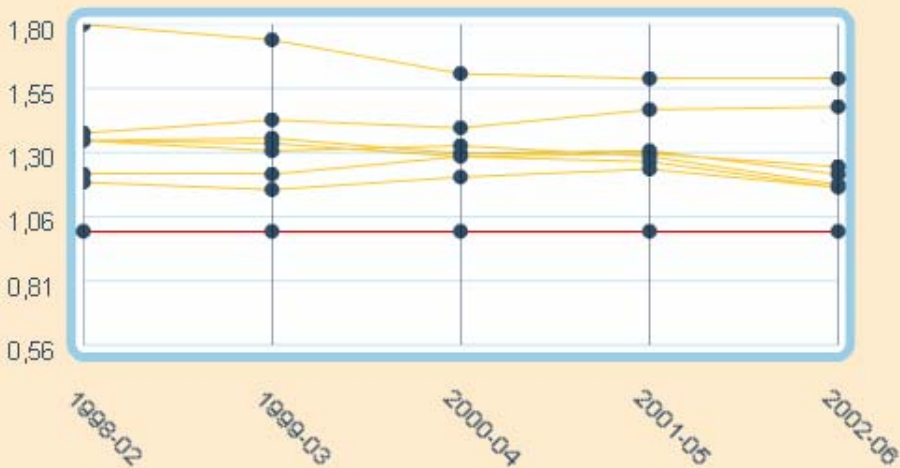
instantatlas™

Comparison of districts of NRW (Ruhr highlighted)

Avoidable deaths: liver diseases diseases (age group 15 – 74)



Ruhr region Kernel



Ruhr region

instantatlas™

Nord – Pas-de-Calais Demography, Industry and Mortality and some comparisons with South East England

Olivier Lacoste, Gilles Poirier, ORS Nord – Pas-de-Calais

Ann Palmer, CHSS University of Kent



En partenariat avec:

In partnership with:



Avec le soutien de:



With the support of:



Brighton and Hove City
Teaching Primary Care Trust



Kent & Medway



Surrey and Sussex
Strategic Health Authority



Medway
Teaching Primary Care Trust



PROJET COFINANCE PAR L'UNION EUROPEENNE

(FEDER)

FINANCED IN PART BY THE EUROPEAN UNION



Nord – Pas-de-Calais - demography

Administrative Area	Number of People
Région (Nord Pas de Calais)	3,995,871
Département (2)	2,555,020 Nord and 1,441,568 Pas-de-Calais
Arrondissements (13)	99,249 (Montreuil) to 1,181,724 (Lille)
Pseudo-Cantons	4919 (Le Quesnoy) to 93.531 Tourcoing 96,959 Roubaix and 184,647 Lille

Demographics

(1) Overall population (2) Number of city (3) % of régional population (4) Density

SITUATION DÉMOGRAPHIQUE EN 1999	Population totale (1)	Nombre de communes (2)	Part de la population régionale (%) (3)	Nombre d'habitants au Km2 (4)
C. U. de Dunkerque Grand Littoral	208 634	18	5,22	819
Pays des Moulins de Flandre	62 221	55	1,56	103
C. A. de Saint Omer	65 246	19	1,63	355
Pays de Saint-Omer	115 735	82	2,9	158
C. A. du Calaisis	98 498	5	2,46	1013
Pays du Calaisis	156 213	63	3,91	232
C. A. du Boulonnais	122 760	22	3,07	599
Pays du Boulonnais	163 031	74	4,08	257
Pays maritime et rural du Montreuillois	70 555	70	1,77	110
Bassin de vie du Littoral	797 161	420	19,95	202
Nord - Pas-de-Calais	3 995 871	1 547	100	322

Source Insee : Rgp 1999 , Traitement ORS Nord - Pas-de-Calais
CU=Communauté urbaine, CA communauté d'agglomération

- 20 % of the population of the region live in the coastal area
- The suburbs (CA) of Calais and the urban (CU) parts of Dunkerque have greater density than the rest of the region

Nord – Pas-de-Calais - demography

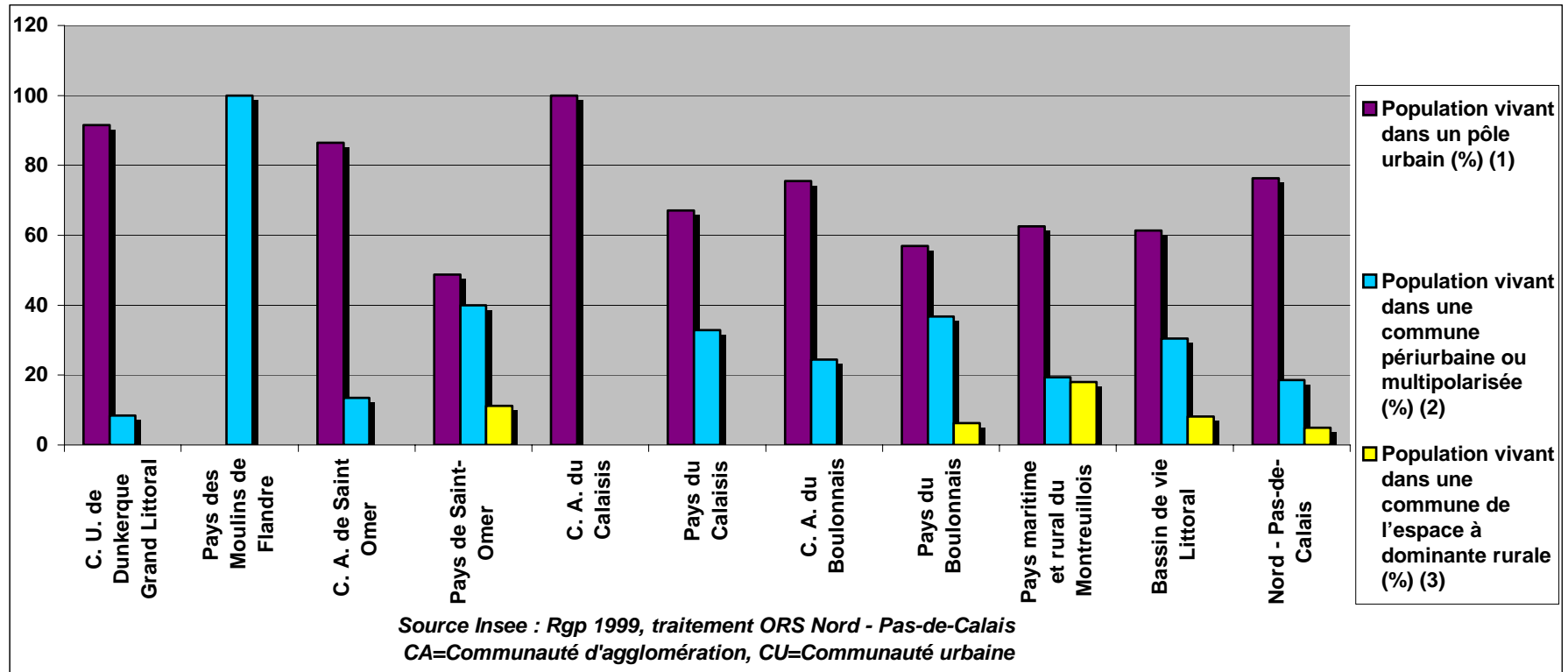
- Nord Pas de Calais is one of the most urbanized regions in France.
- Lille Metropole with its 1.1 millions citizens (one fourth of the population of the region) ranks fourth biggest city in France.
- Other main towns and agglomerations over 100,000 habitants are: Dunkerque, Boulogne sur Mer, Calais, Bethune, Valenciennes, Douai-Lens.
- Nord Pas de Calais is the densest region in France
- The unemployment rate at regional level is higher than for France (12.2% compared to 9.3%).
- Nord Pas de Calais is the third region in France as for the density of employment in industry. The four main sources of revenue are agriculture, industry, construction and services.
- The GIP per habitant is 82 versus 104 for France that places the Nord Pas de Calais among the poorest French regions.

The People of Northern France

- The region is characterized by the youngest population in the whole of France (28 % under 20 years old in 1999).
- Nord Pas de Calais is inhabited mostly by French (including 2.99% immigrants having the French nationality). Foreigners constitute 4.4% of total population in Nord and 1.6% in Pas de Calais. They come in majority from Spain, Portugal and Italy, as well as from Algeria, Morocco and Turkey.
- The reproduction rate in Nord Pas de Calais is high and the migration rate relatively low (87% of the population was born locally)
- The region is characterized by the worst health indicators all over the France.
 - Life expectancy at birth is among the lowest both for men and women, the general mortality rate the highest in France, for both genders.
 - According to the Regional Health Observatory (ORS) SMR for men in the region is 126%.
- It is thought this results from high incidence of diseases related to alcohol, bad nutritional habits of population and high proportion of workers who used to be exposed to risk factors in industrial areas and in mines.

The population is living mainly in an urban environment

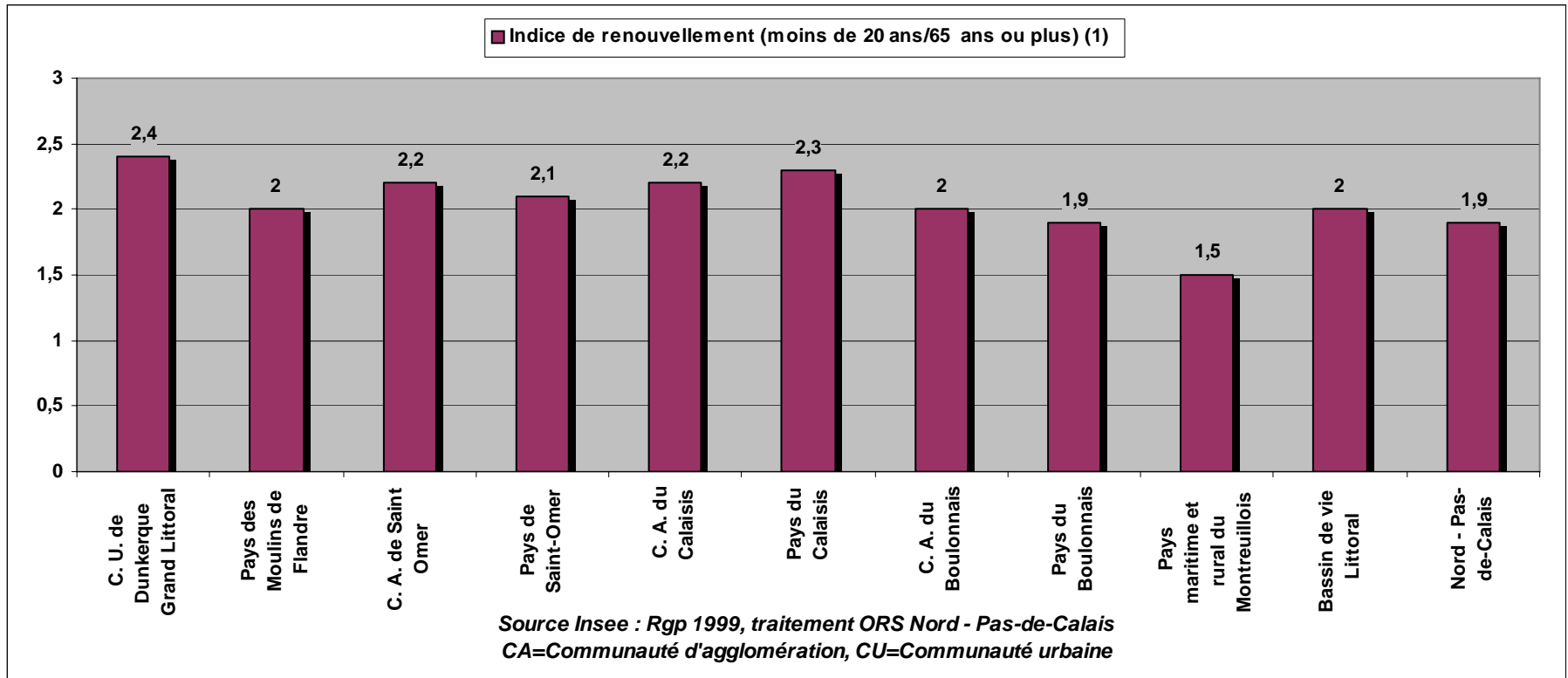
(1) Urban population (2) Peri-urban population (3) rural population



The majority of the population live in an urban environment notably in the suburbs (CA) of Calais (100%)

A young population

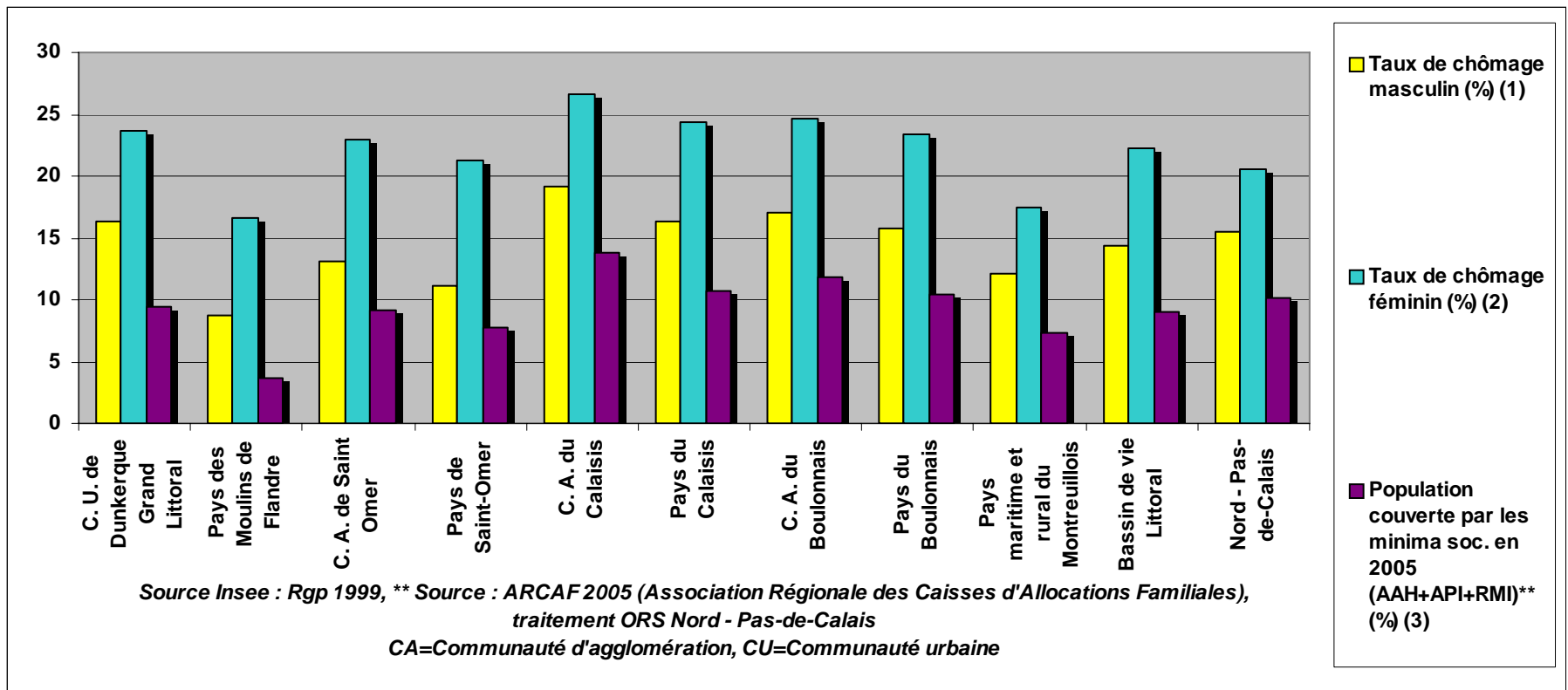
Under 20 years / 65 years or more



- ☐ Most areas show indication of re-juvenation greater than the region as a whole
- ☐ This is more so in the suburbs (CA) and the countryside around Calais and in the urban parts of Dunkerque

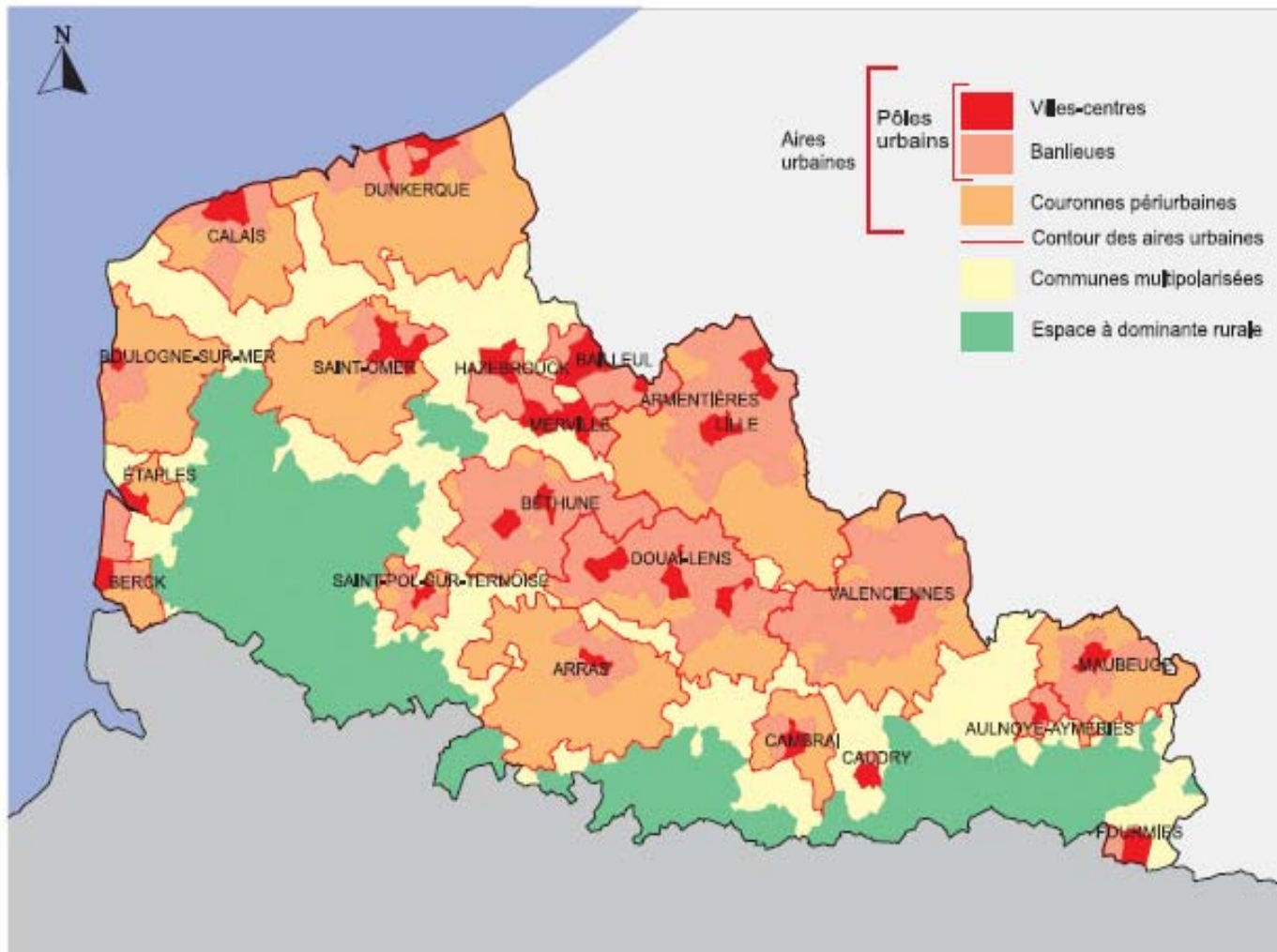
Unemployment in 1999

(1) men unemployment rate, (2) women unemployment rate (3) Social help rate



- ❑ Apart from St-Omer, the suburbs (CA) have an unemployment rate above that of the region and Coastal area. Unemployment is worse for women.
- ❑ The suburbs (CA) of Calais attain, for both sexes, an unemployment rate higher than the % required for strongest social minimum

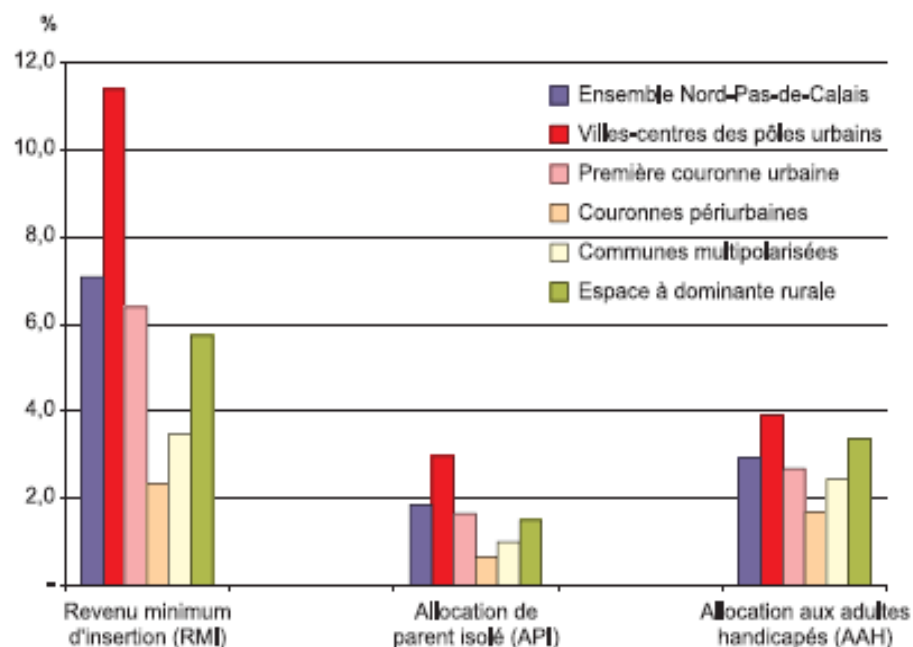
Categories of Space in 1999



Typologie des communes en 8 groupes : Guide de lecture



Graphique 2 : PART DE LA POPULATION COUVERTE⁽¹⁾ PAR UN MINIMUM SOCIAL, PARMI LA POPULATION DE MOINS DE 65 ANS



⁽¹⁾ Population couverte : allocataires et famille éventuelle (conjoint, enfants et autres personnes à charge).
Source : Fichiers Caf 2004, MSA, Insee - RP 1999

Calculating the Townsend Score

Step 1: The following variables are extracted from the 1991 Census;

V1 = % economically active residents aged 16-59/64 who are unemployed

V2 = % private households which do not possess a car

V3 = % private households which are not owner-occupied

V4 = % private households with more than one person per room

Step 2: The distributions of the extracted variables are 'normalised' using the following transformations;

$$N1 = \text{LN}(V1+1)$$

$$N2 = \text{LN}(V2+1)$$

$$N3 = \text{SQRT}(V3)$$

$$N4 = \text{LN}(V4+1)$$

Step 3: The variables are standardised by subtracting the mean and dividing by the standard deviation;

$$S1 = (N1 - \text{mean of } N1) / \text{S.D. of } N1$$

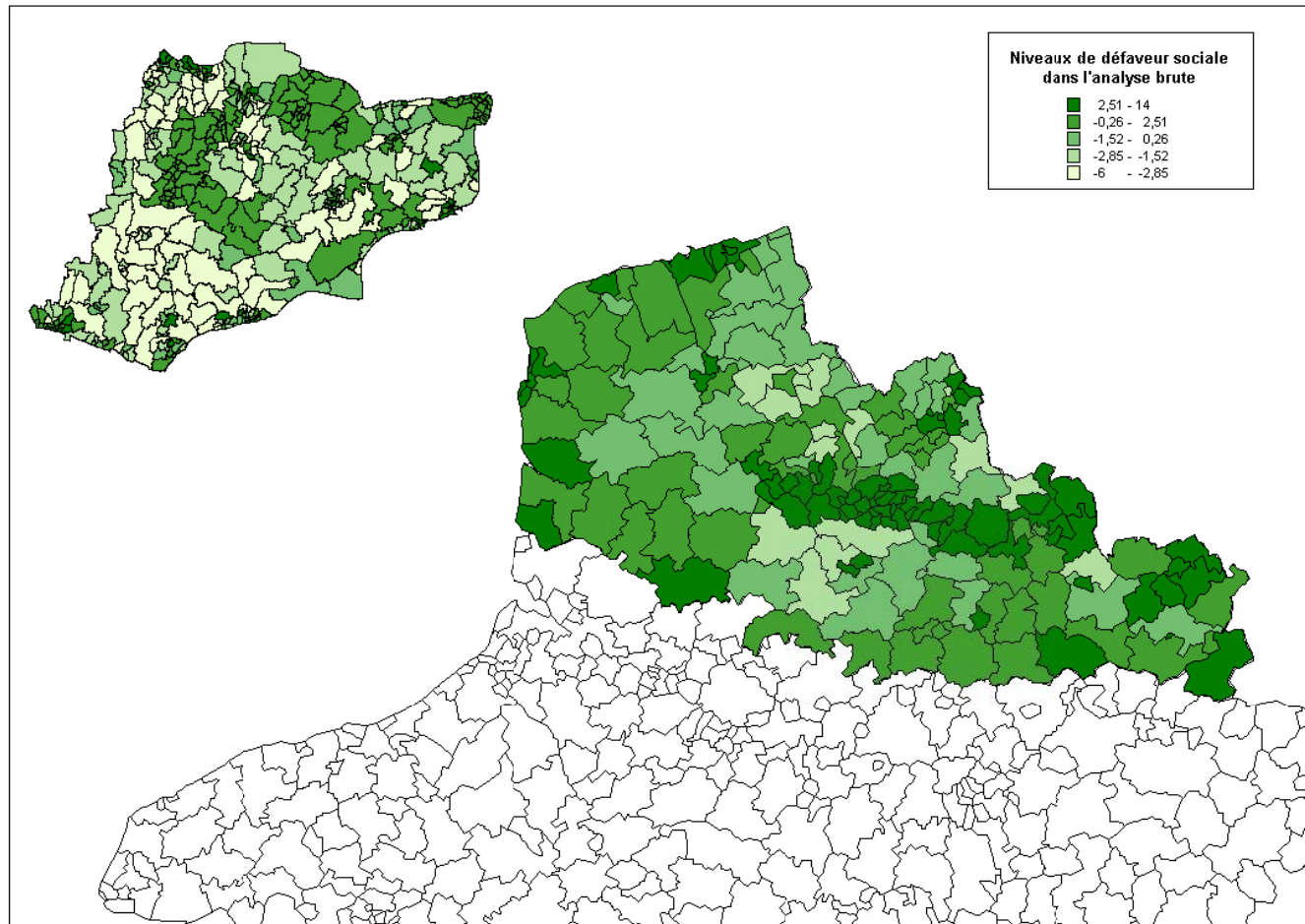
$$S2 = (N2 - \text{mean of } N2) / \text{S.D. of } N2$$

$$S3 = (N3 - \text{mean of } N3) / \text{S.D. of } N3$$

$$S4 = (N4 - \text{mean of } N4) / \text{S.D. of } N4$$

Step 4: The Townsend Score is calculated by summing the standardised variables; i.e. Townsend Score
= S1 + S2 + S3 + S4.

Using Townsend Scores to compare deprivation across SE England and N France



- More concentrated deprivation in northern France
- Coastal deprivation
- Central belt of deprivation through the mining regions of France

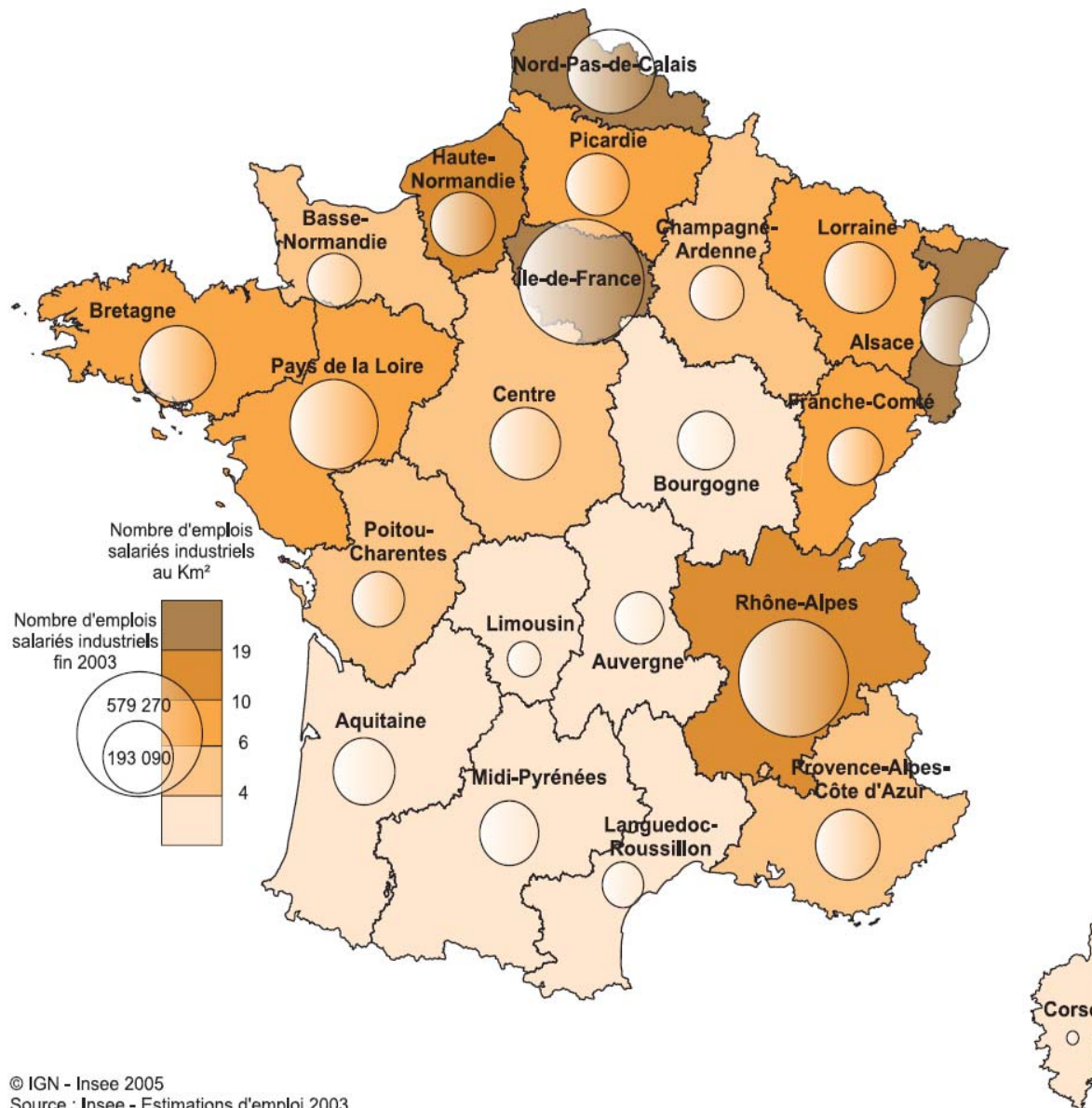
ante/Public Health

Nord – Pas-de-Calais - Industry

- Present
 - Chemical industry around Dunkerque
 - Port at Calais, Dunkerque
 - Fishing at Boulogne
- Past
 - Bassin des mineurs

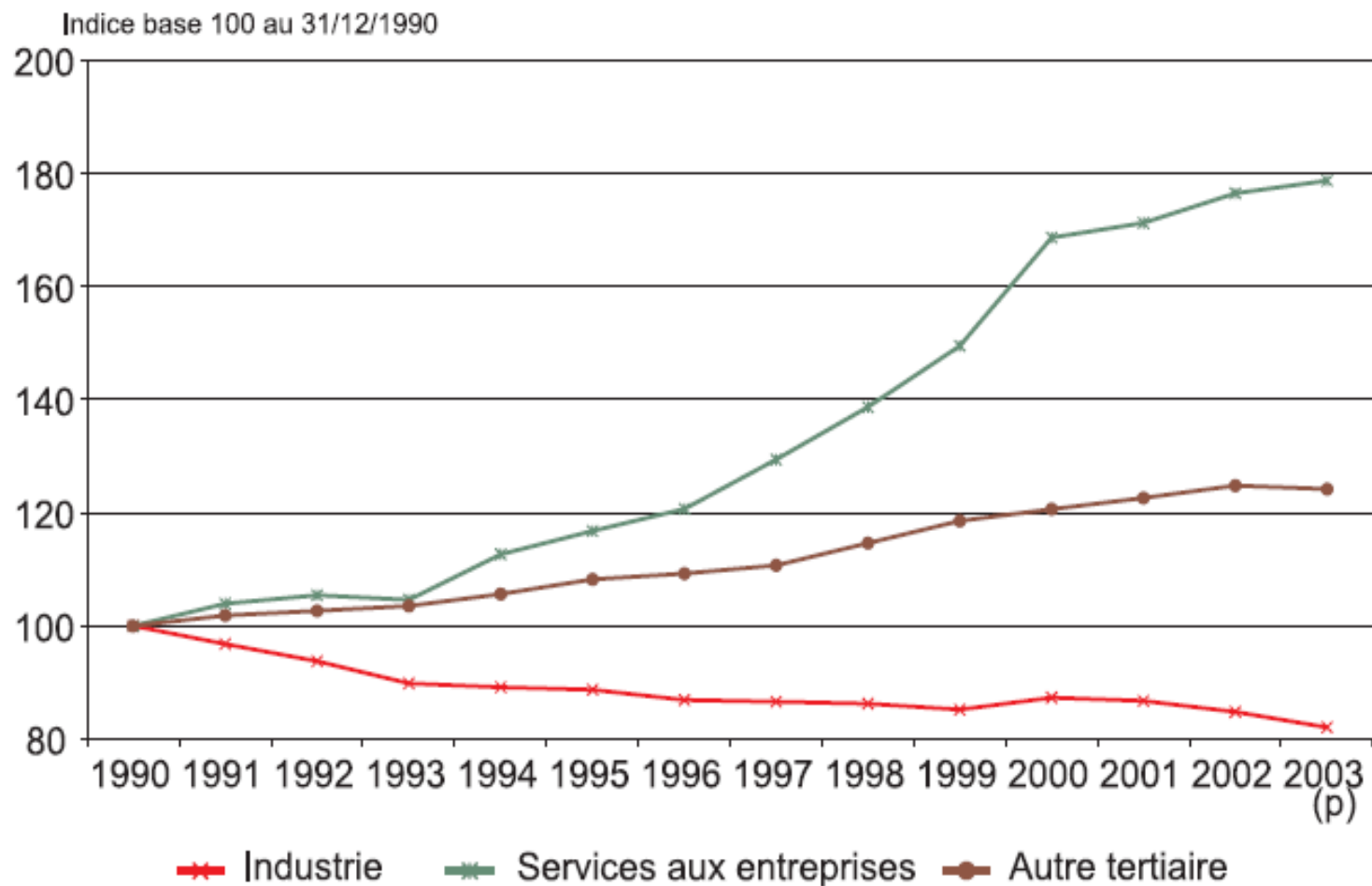
Density of employees in industry

Carte 1 : Densité des emplois industriels



© IGN - Insee 2005
 Source : Insee - Estimations d'emploi 2003

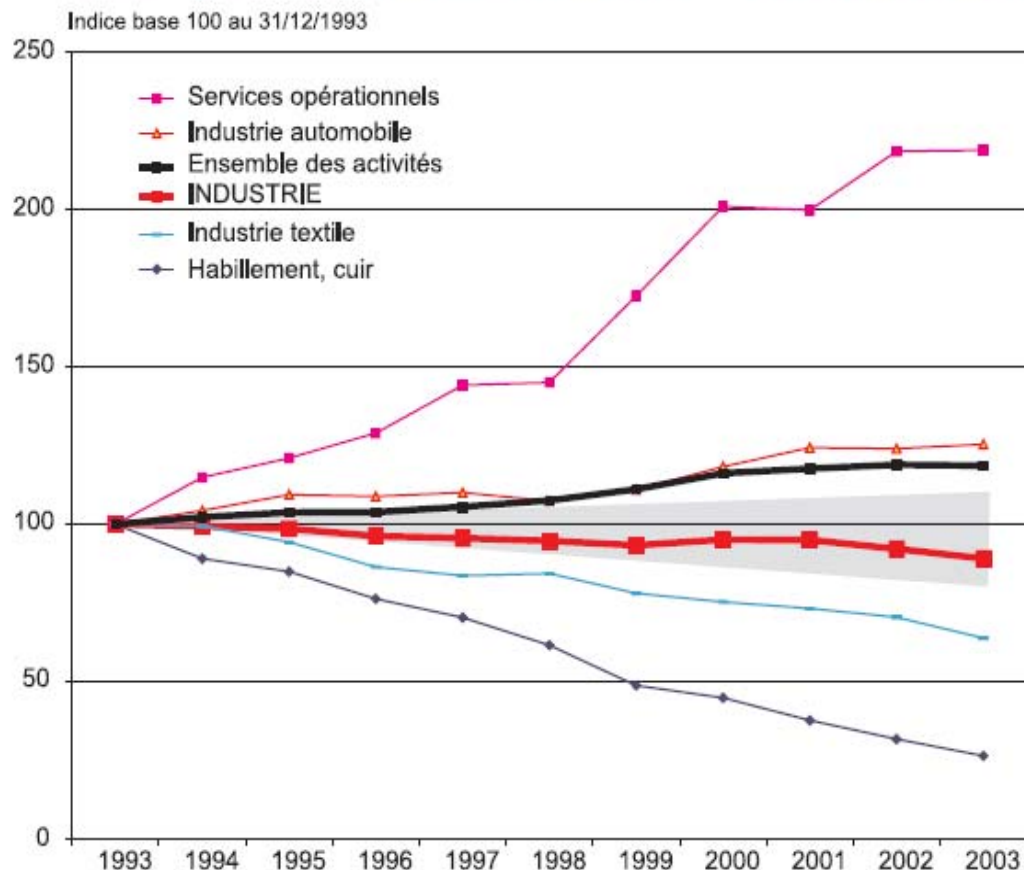
Graphique 1 : Évolution du nombre de salariés dans l'emploi total du Nord-Pas-de-Calais entre fin 1990 et fin 2003



(p) Données provisoires

Source : Insee - Estimations d'emploi au 31 décembre de chaque année

Graphique 2 : Évolution des salariés dans quelques secteurs d'activité du secteur privé marchand



Un ensemble d'activités (à l'intérieur du cône grisé) connaît des fluctuations proches de celles de l'ensemble de l'industrie, avec un indice en 2003 s'échelonnant de 78 à 109. Sur l'ensemble de la période, ont ainsi évolué, par ordre décroissant de l'indice en 2003 :

- Construction navale, aéronautique et ferroviaire : 109
- Industries agricoles et alimentaires : 108
- Chimie, caoutchouc, plastiques : 105
- Industrie des composants électriques et électroniques : 95
- Industries des équipements mécaniques : 92
- Métallurgie et transformation des métaux : 91
- Industrie des produits minéraux : 91
- Pharmacie, parfumerie et entretien : 90
- Édition, imprimerie, reproduction : 88
- Industries des équipements du foyer : 86
- Industrie du bois et papier : 80
- Industrie des équipements électriques et électroniques : 78

Source : Unedic au 31 décembre de chaque année

Gains / losses of employees in industry during the period 1993-2003

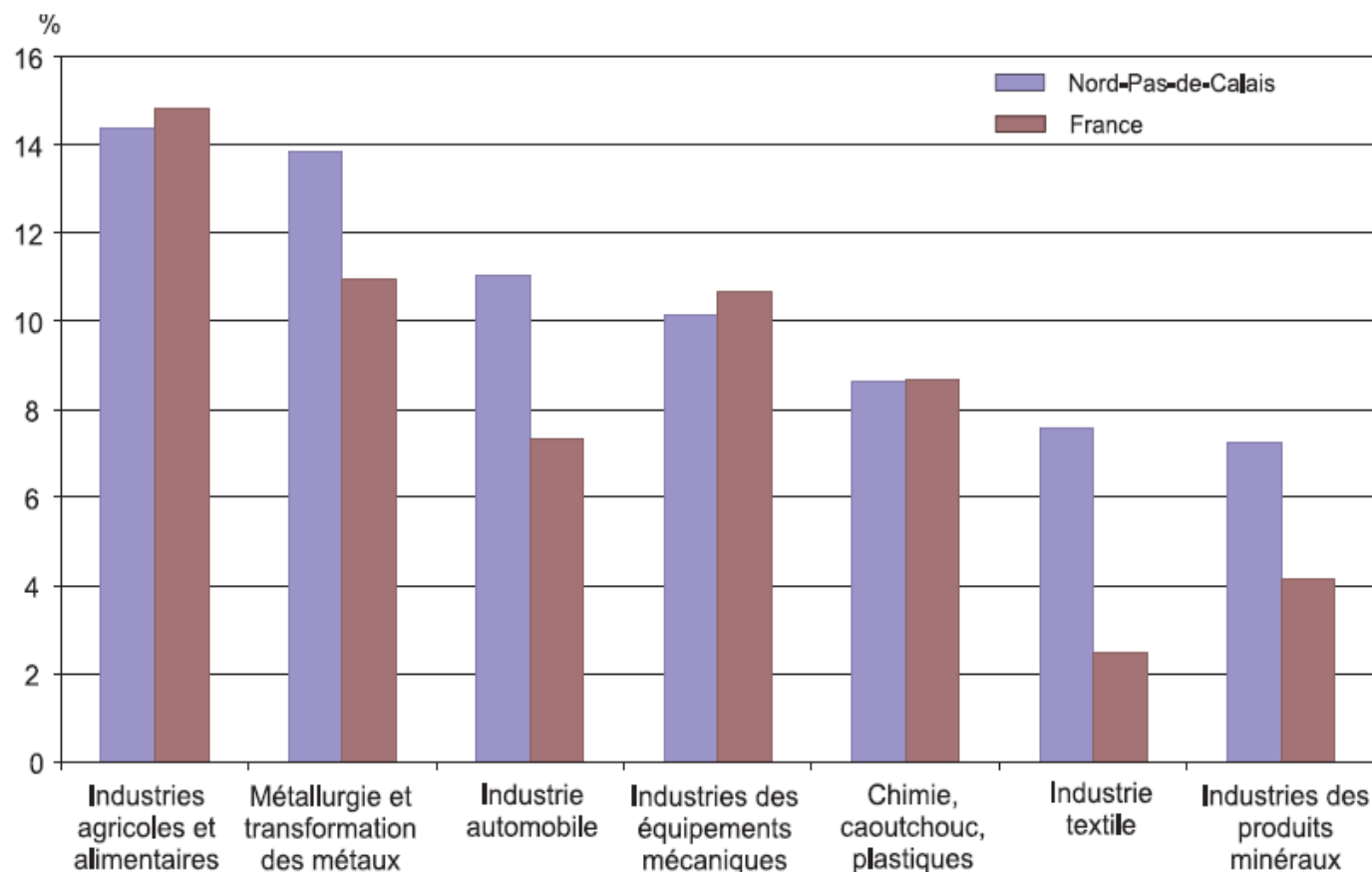
Tableau 2 : Gains et pertes d'effectifs entre fin 1993 et fin 2003 dans l'industrie

Sur les 24 800 emplois perdus :

Habillement, cuir	-12 800	Industrie automobile	+ 6 800
Industrie textile	-9 500	Chimie, caoutchouc, plastiques	+ 1 900
Industries du bois et du papier	-2 700	Industries agricoles et alimentaires	+ 1 700
Métallurgie et transformation des métaux	-2 500	Industrie des composants électriques et électroniques	+ 1 500

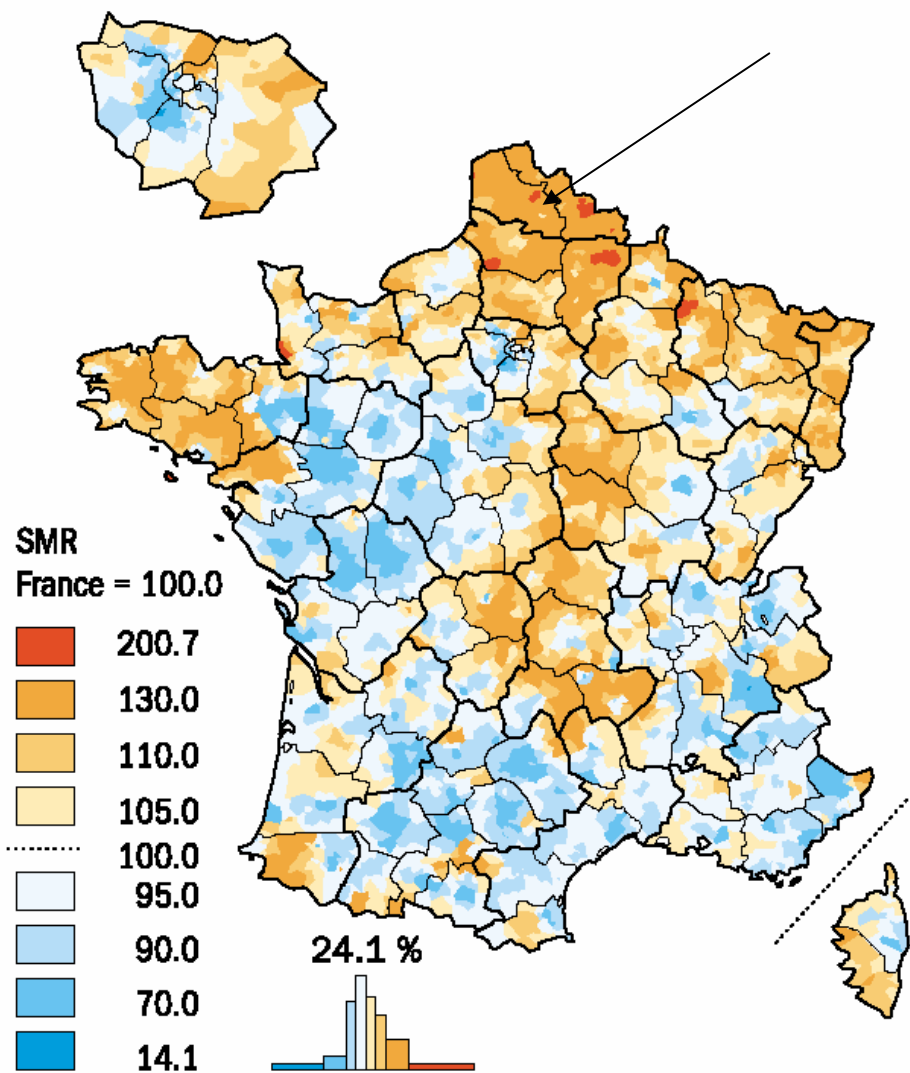
Source : Unedic

Graphique 3 : Part des emplois salariés dans l'industrie des principaux secteurs d'activité au 31 décembre 2003



Source : Insee - Estimations d'emploi 2003

Standardised mortality ratios for the period 1988-1992 (scale: canton; integrated figures)



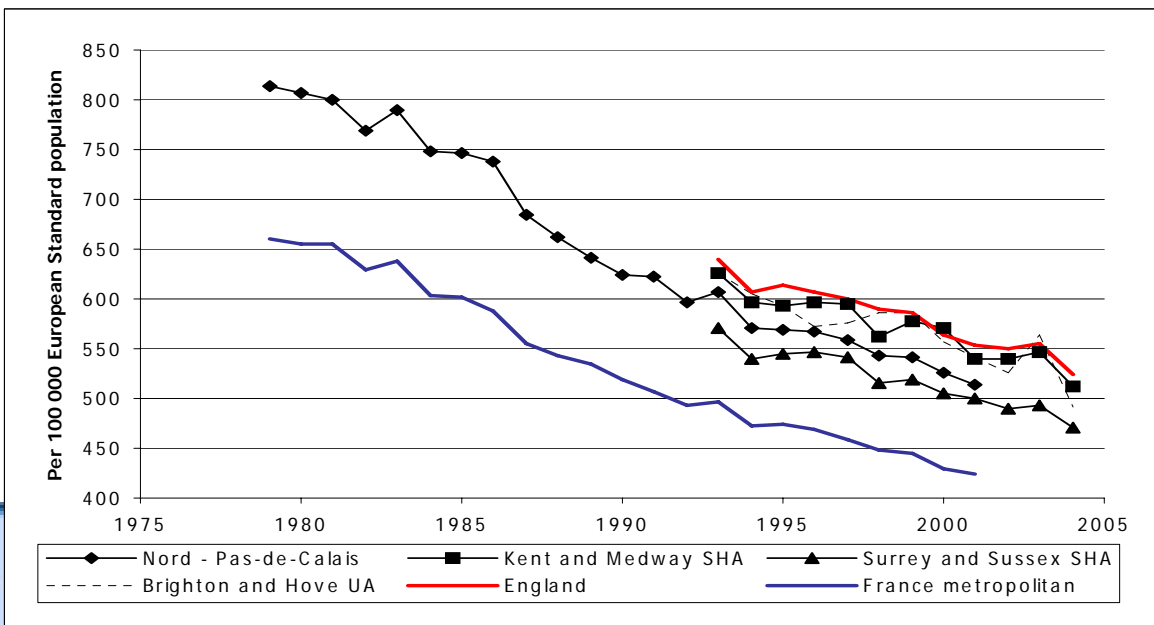
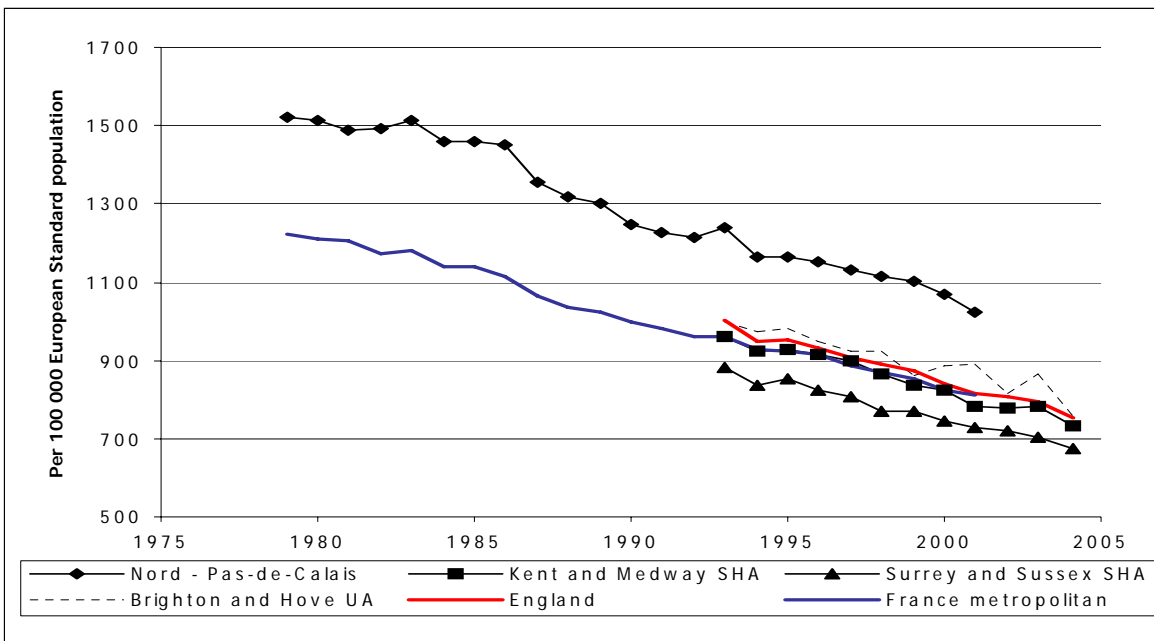
© Salem, Rican, Jouglia, Atlas de la Santé en France

Mortality indicators for comparison of Nord – Pas-de-Calais and South East England

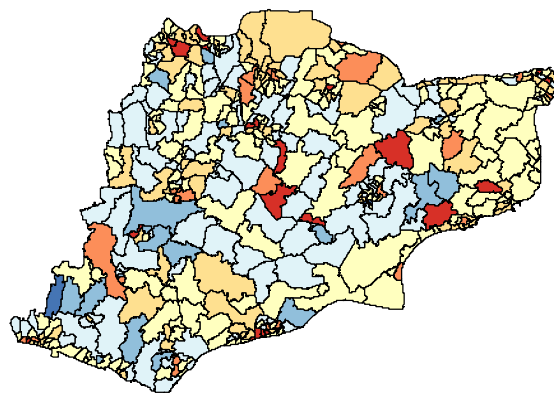
- More recent mortality data is available in England, older data only available from 1986
- French mortality data is available at Canton level from 1979 - 2001.
- Agreed that French mortality at Canton level would cover the years 1997-2001 whilst English mortality data would cover 1999-2003.
- Time trend data would be a three year rolling average from 1979 (France) and 1986 (England) at regional and departmental level.
- In France ICD 9 was used for coding deaths between 1979 and 1999 and ICD 10 from 2000; in England ICD 9 was used to the end of year 2000 and ICD 10 from the beginning of 2001

Trends in mortality – men (top) and women (bottom) all ages

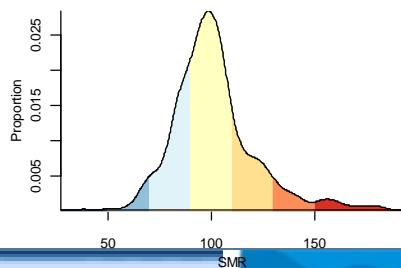
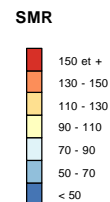
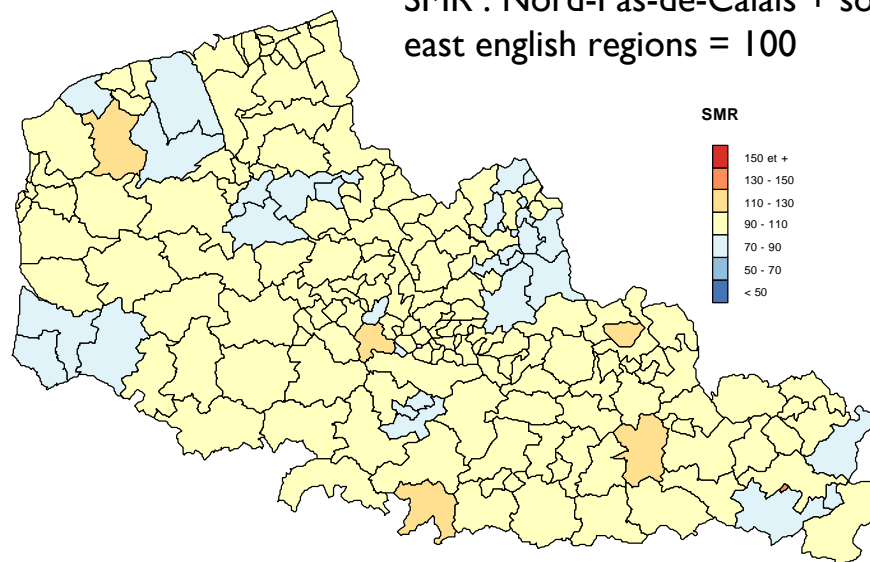
- In both countries the trend is downwards
- Men in NPC have 26% higher mortality than France, England and SE England
- French women have 29-30% lower mortality than women in England but women in NPC are less healthy and similar to England
- The expected variations in SE England are demonstrated i.e. Sussex is more healthy than Kent



Women, mortality 1996-2002 - SMR all cause and all ages



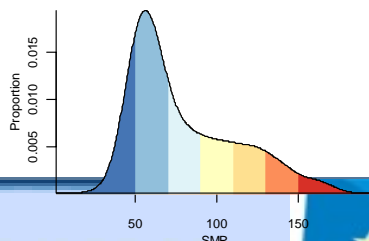
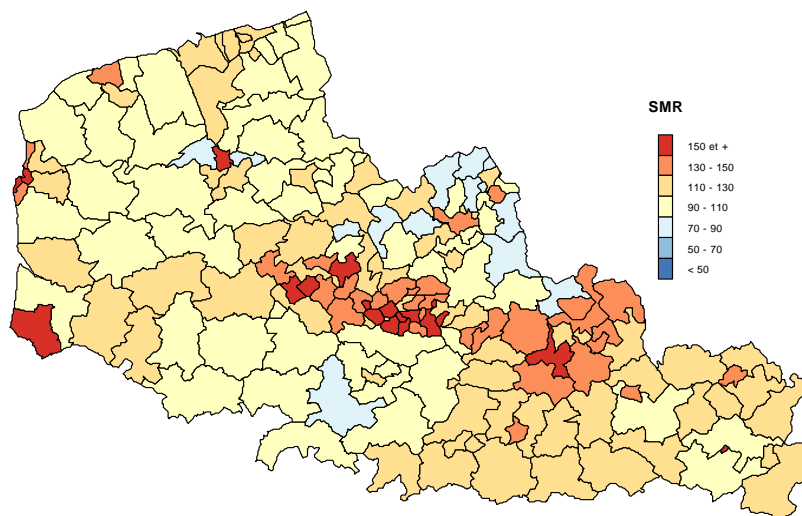
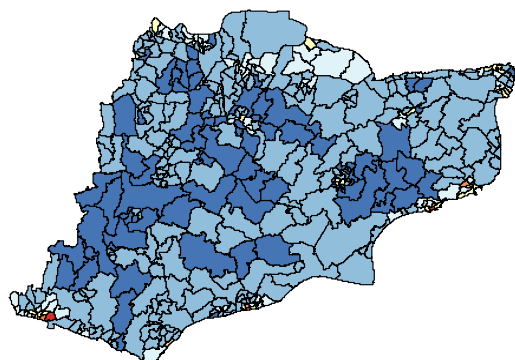
Lissés par la méthode locale de Marshall
Local Linear Empirical Bayes Smoother
SMR : Nord-Pas-de-Calais + south-east english regions = 100



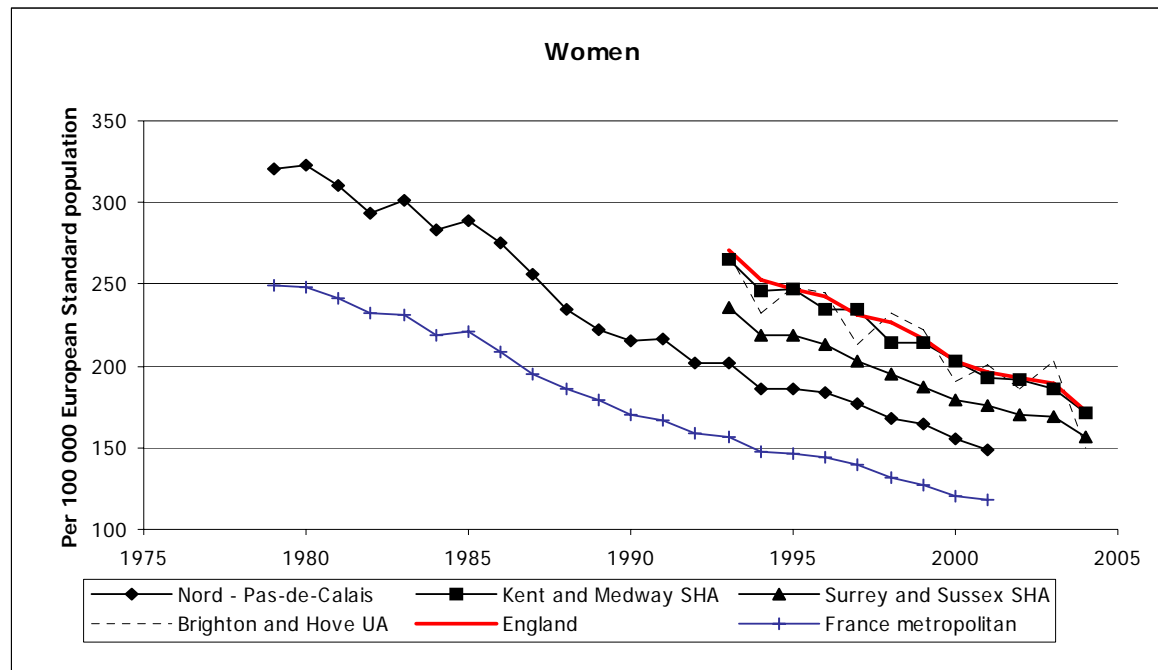
Men : premature mortality (0-64 years) 1996-2002 –All causes

Lissés par la méthode locale de Marshall
using Local Linear Empirical Bayes Smoother
SMR : Nord-Pas-de-Calais + south-east english regions = 100

The mortality in Nord – Pas-de-Calais
is higher than in Southeast of
England.
In France, some areas show very high
rates of premature mortality (areas
with old mining industry, areas around
Dunkerque,...)



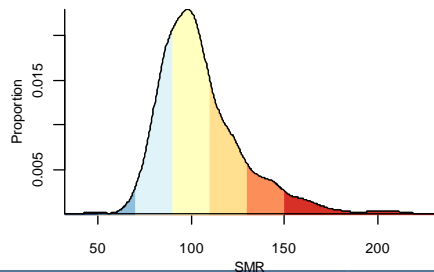
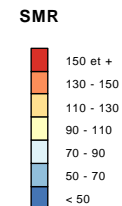
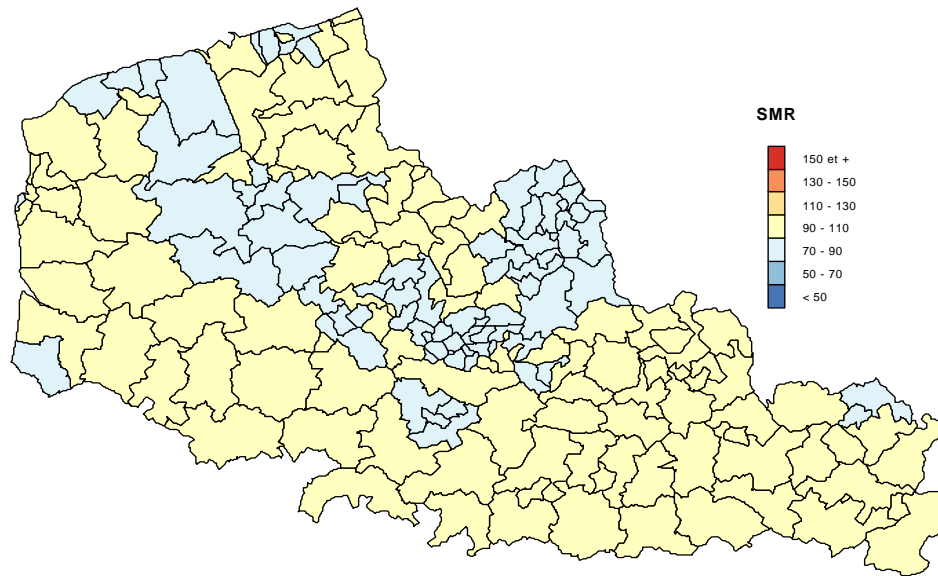
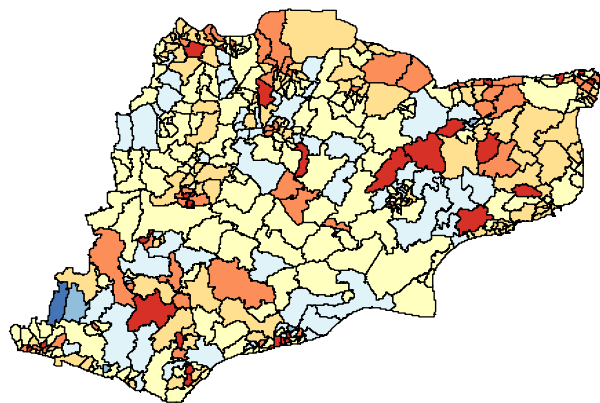
Mortality from all circulatory diseases – women all ages 1996-2002 (ICD9 390-459 adjusted, ICD10 I00-I99)



- Trends for mortality from circulatory disease are similar for men and for women, although male mortality is higher
- Mortality is lower in France than in England, the trend is downwards on both sides of the channel
- Circulatory deaths in NPC are 28% above French national average but below English, in Surrey and Sussex deaths are 13% below English average; for both countries the trend is downward.

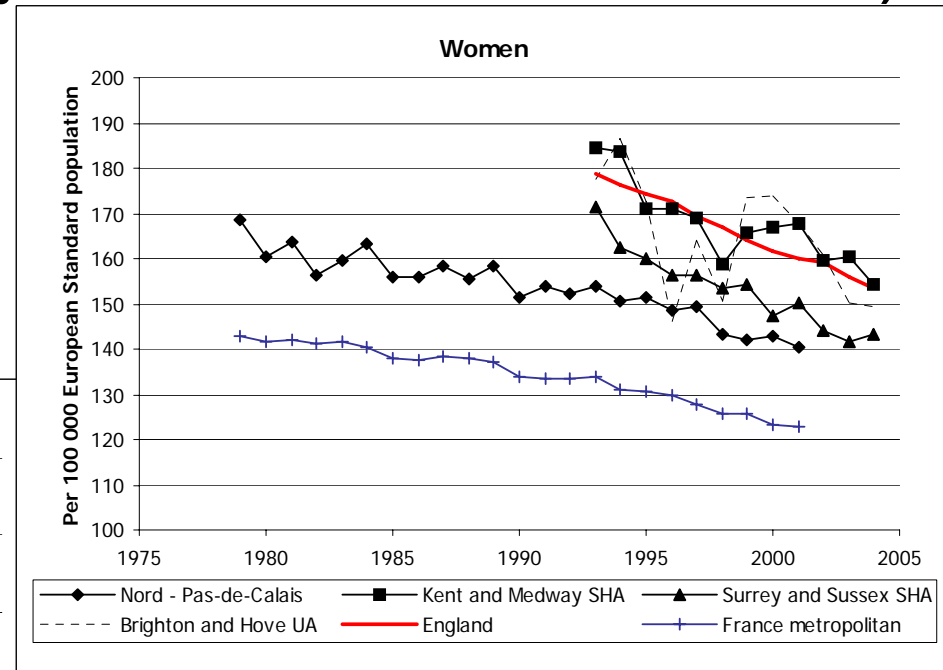
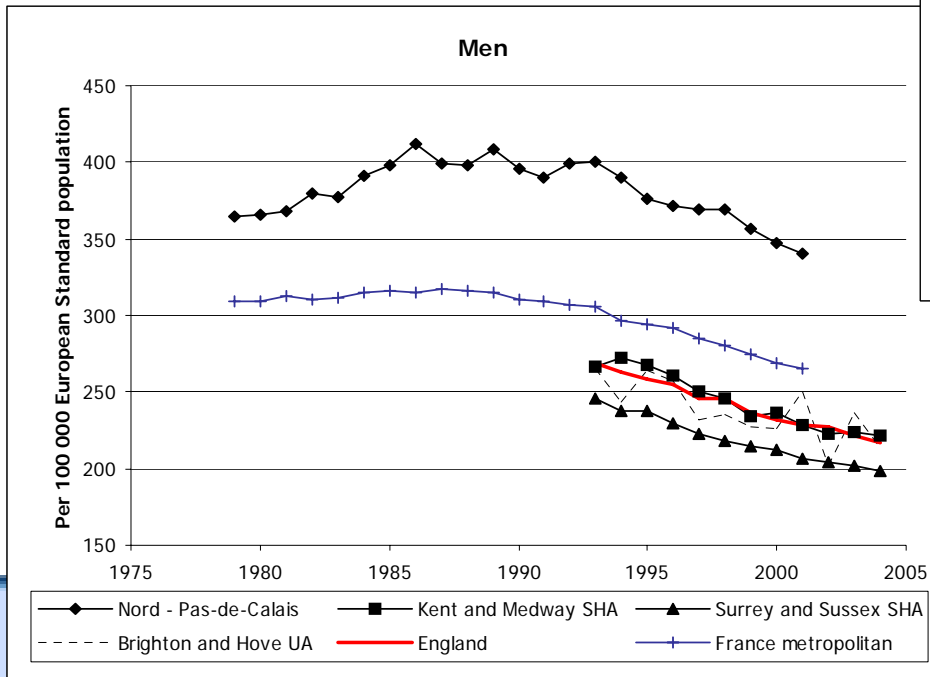
Mortality from circulatory diseases - Women All ages, 1996-2002

SMRs for Kent, Medway, East-Sussex, Brighton & Hove, Nord – Pas-de-Calais = 100
Local Linear Empirical Bayes Smoother



Mortality from all cancers at all ages (ICD9 140-208 adjusted, ICD10 C00-C97)

- Female cancer mortality is much lower than male – both countries
- Male cancer mortality is higher in France, female is higher in England



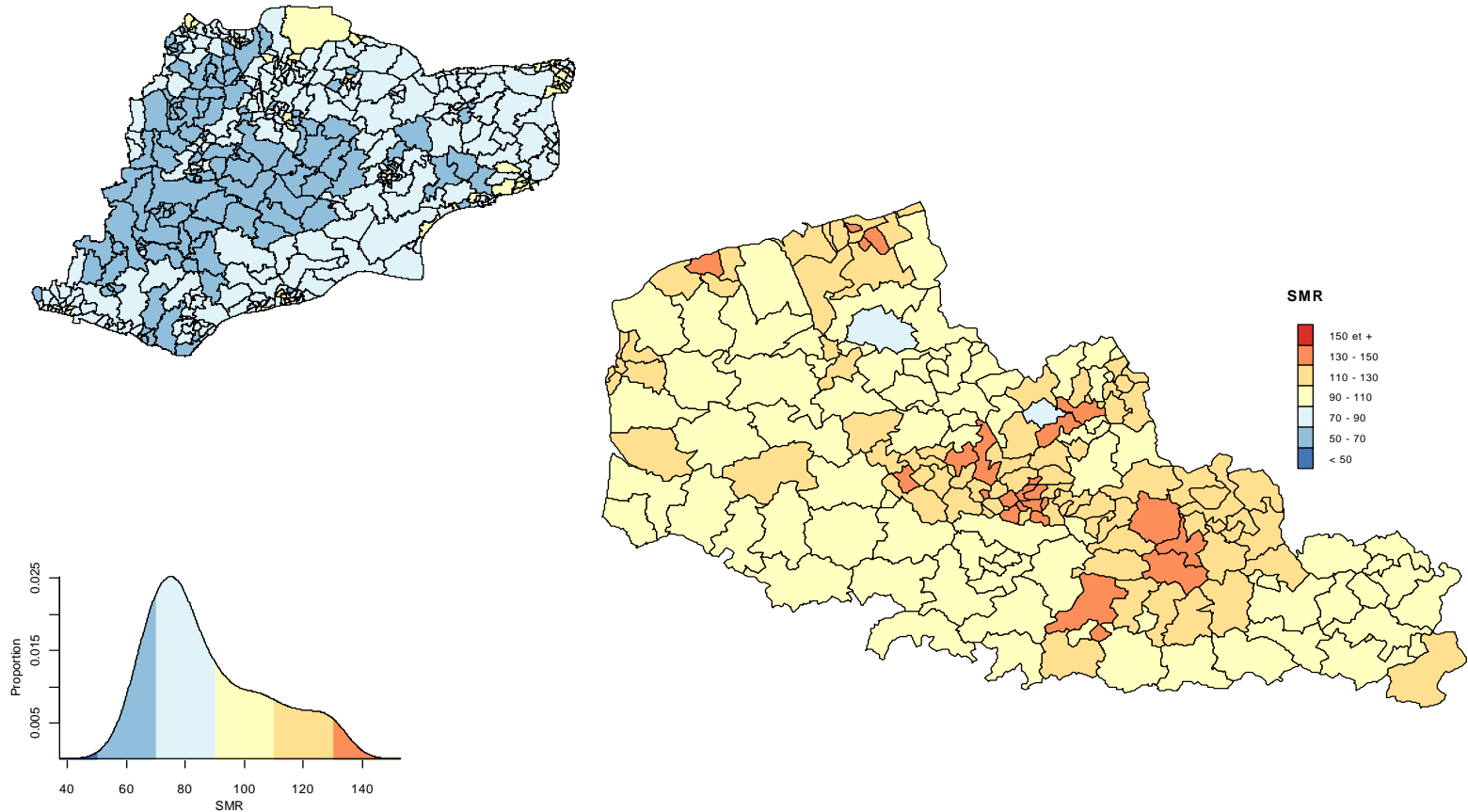
- In Nord Pas de Calais cancer mortality is much higher than the national average
- In SE England it is average (KM) or below (Surrey and Sussex)

Comparison of Sante/Public Health

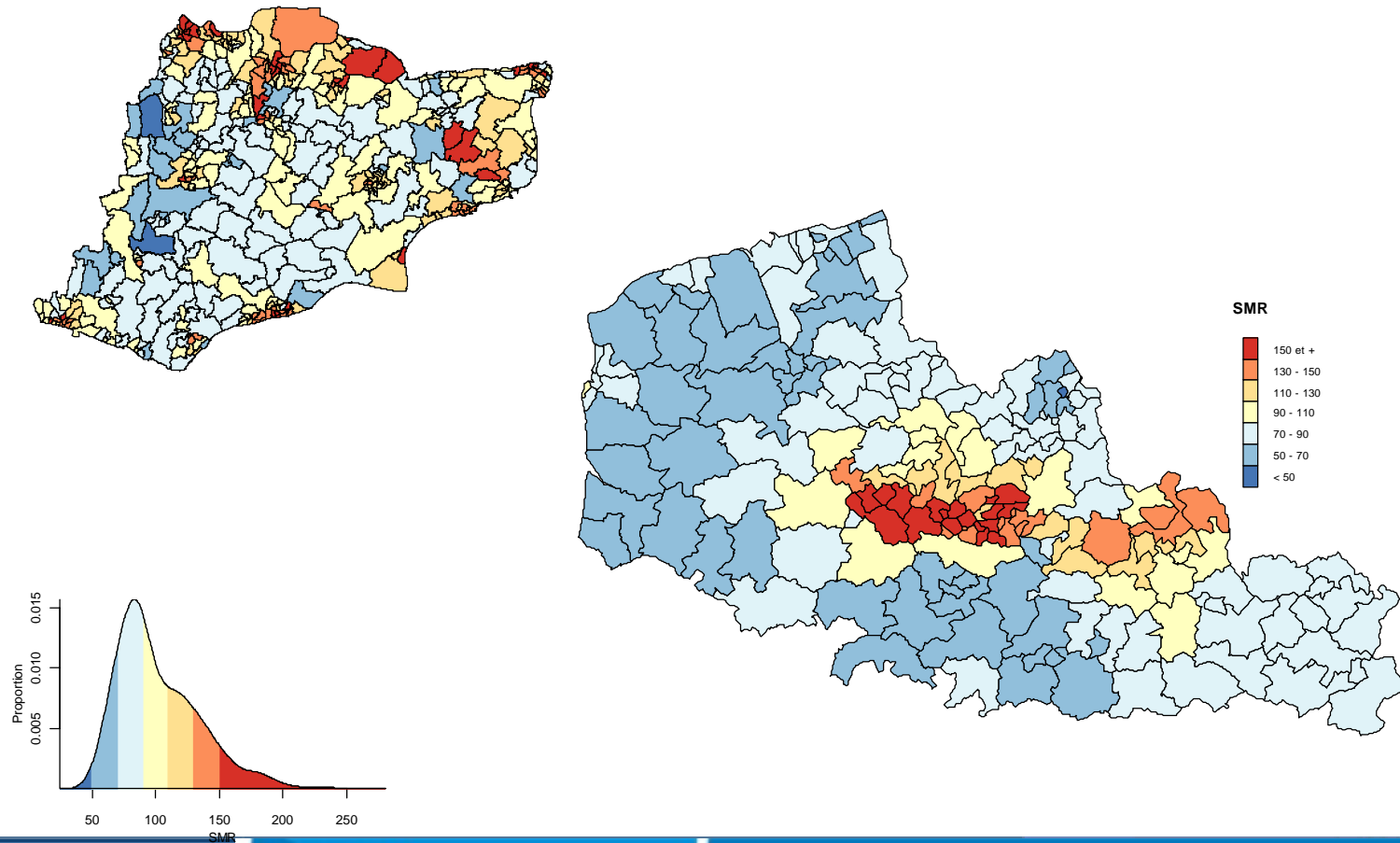
Health and Health Behaviour in
Northern France and Southeast England

Mortality from cancer - Men : All ages, 1996-2002

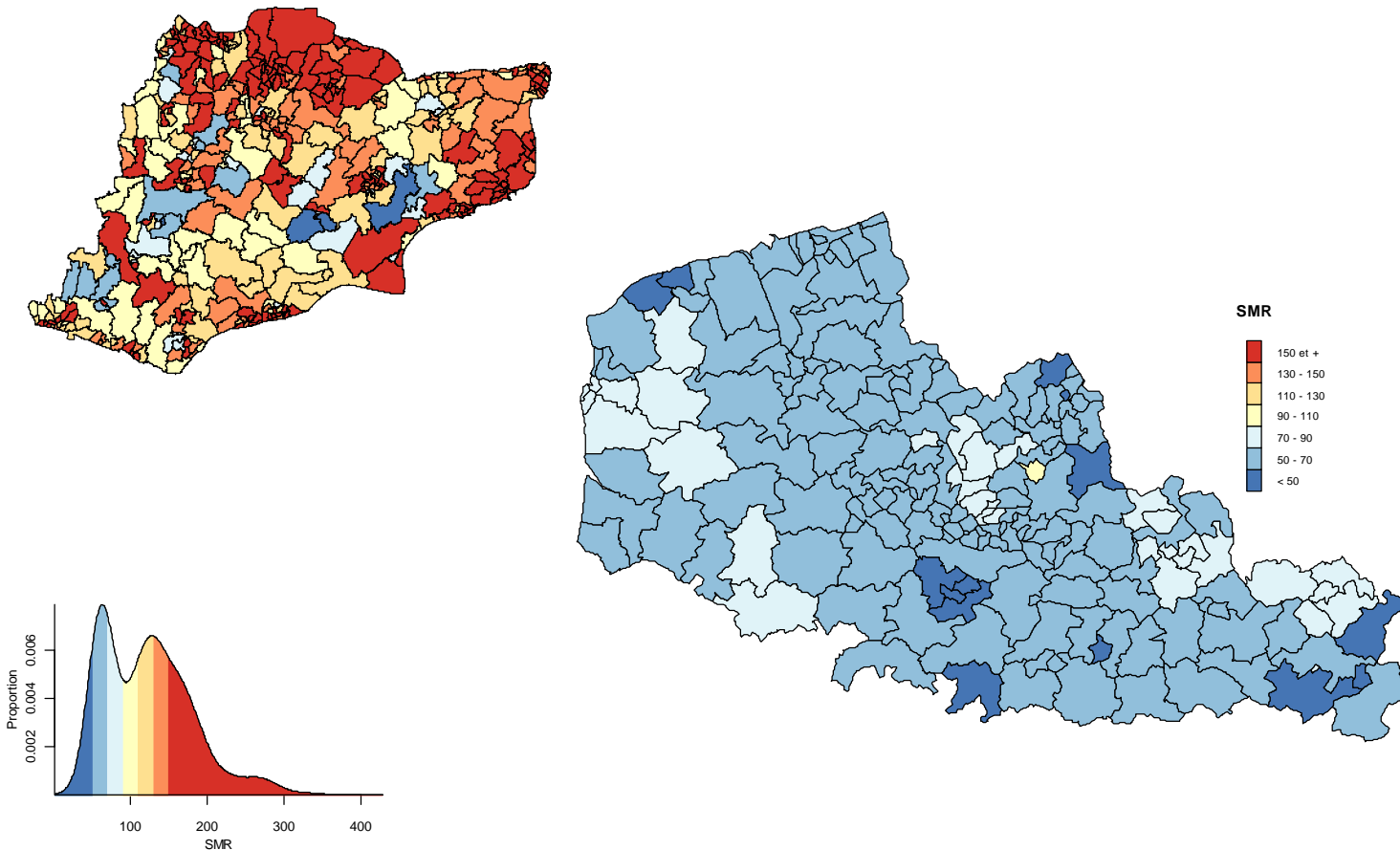
SMR of Kent, Medway, East-Sussex, Brighton & Hove, Nord – Pas-de-Calais = 100
Local Linear Empirical Bayes Smoother



Mortality from respiratory diseases: Men, all ages 1996-2002



Mortality from respiratory diseases: Women all ages



Correlation of Townsend Scores and Mortality

- Using unweighted data:
 - Strong positive correlation exists between Townsend deprivation score and overall mortality (+) or premature mortality (++), for both regions and for both genders
 - In the Nord Pas-de-Calais, this correlation is weaker for women
 - Statistical relationship between deprivation and overall mortality is stronger for South-East England than for Northern France. This result does not hold for premature mortality
- Using weighted data (ie taking into account differences in sizes of areas):
 - Correlation between deprivation and mortality remains
 - But, the difference between South-East England and Northern France disappears

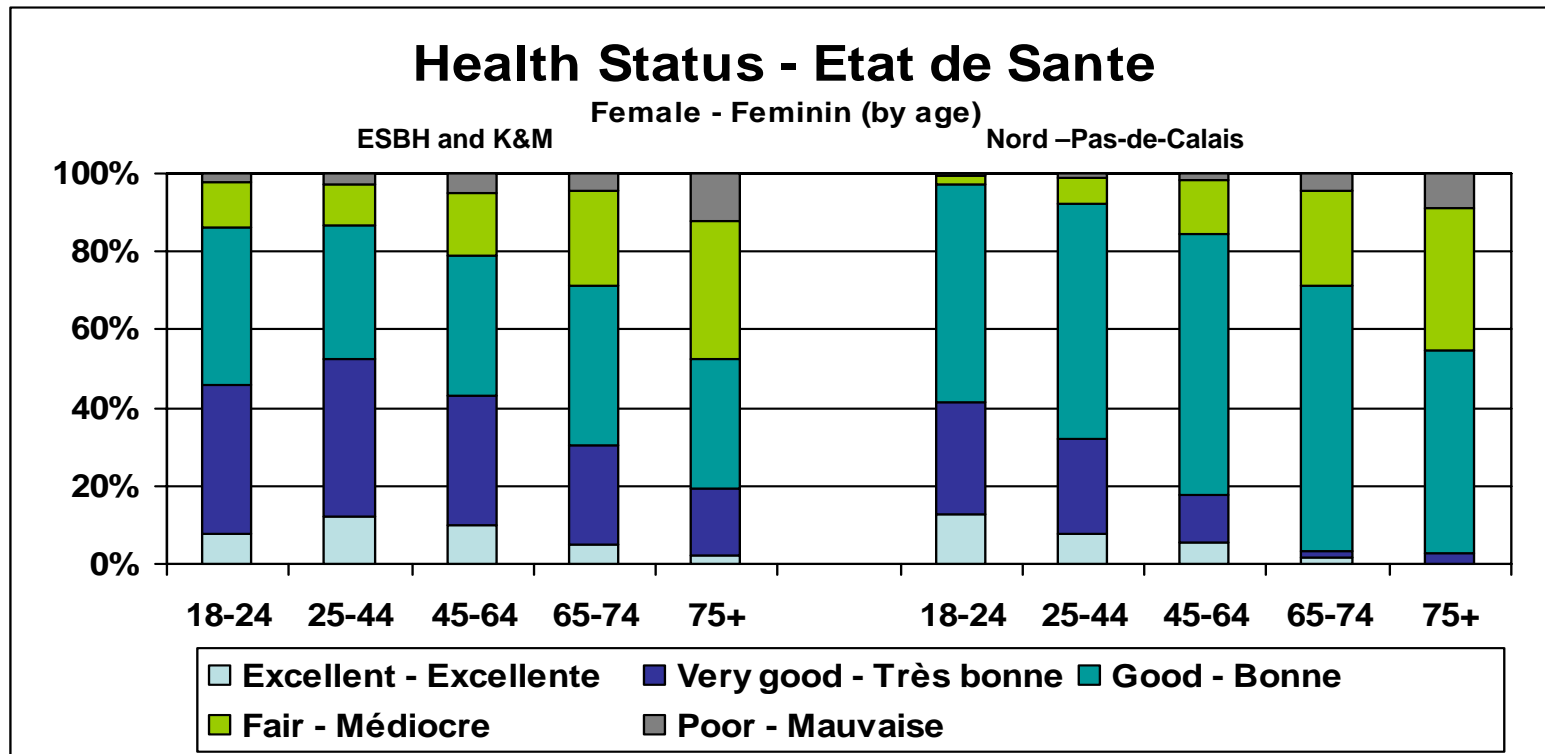
Health Survey data

- Three health surveys

- Enquête Santé 2002-2003 – Extension régionale Nord/Pas-de-Calais
- Health Counts - Survey of people in East Sussex, Brighton & Hove 2003
- Kent and Medway Health and Lifestyles survey 2001

	Nord – Pas-de-Calais	Kent and Medway	East Sussex, Brighton & Hove
Population	4.0 million	1.6 million	740,000
Sample	4,033	8,071	5,936
Timing – Date	October 2002 - September 2003 5 waves	June 2001	May 2003
Age	0+	16+ registered with GP	18+ registered with GP
Weighting	Official INSEE	Age and gender	Age and gender

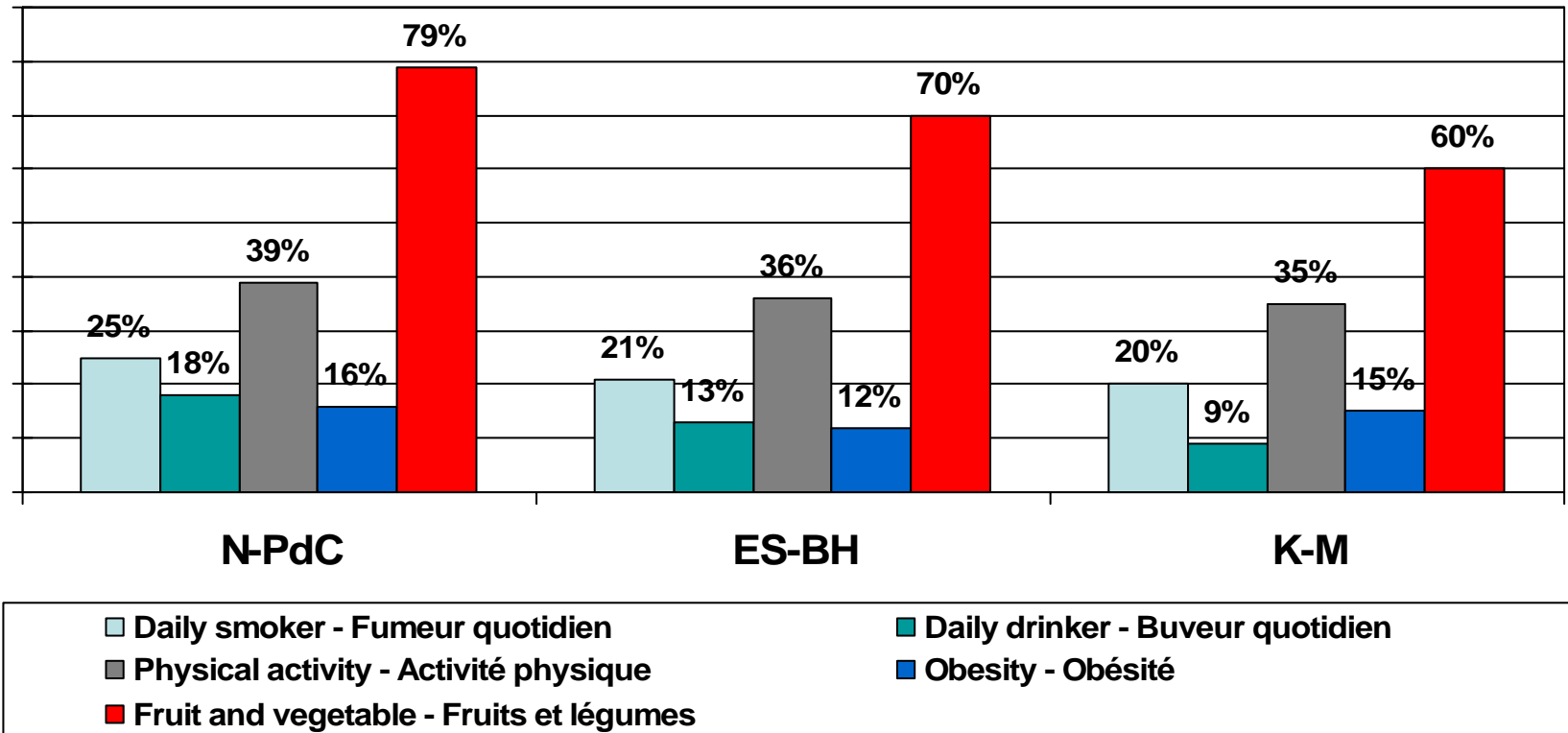
In general, would you say your health is.. (women)



Source: Enquete Sante 2002-3; Kent and Medway Survey 2001; Health Counts 2003

Results: Prevalence of Health Behaviours

Age standardised prevalence rates
Taux de prévalence standardisé sur l'âge



Summary 1

- All cause mortality – English women are 33% higher than French women
- Both countries are experiencing a reduction in female mortality
- Nord – Pas-de-Calais has a worse mortality than France as a whole whereas south east England is lower than English national rate
- Women in Nord – Pas-de-Calais experience similar all cause mortality rates and trends to South East England
- There is more variation across south east England (? due to methodology – electoral wards are smaller)
- Premature mortality in Northern France is higher

Summary 2

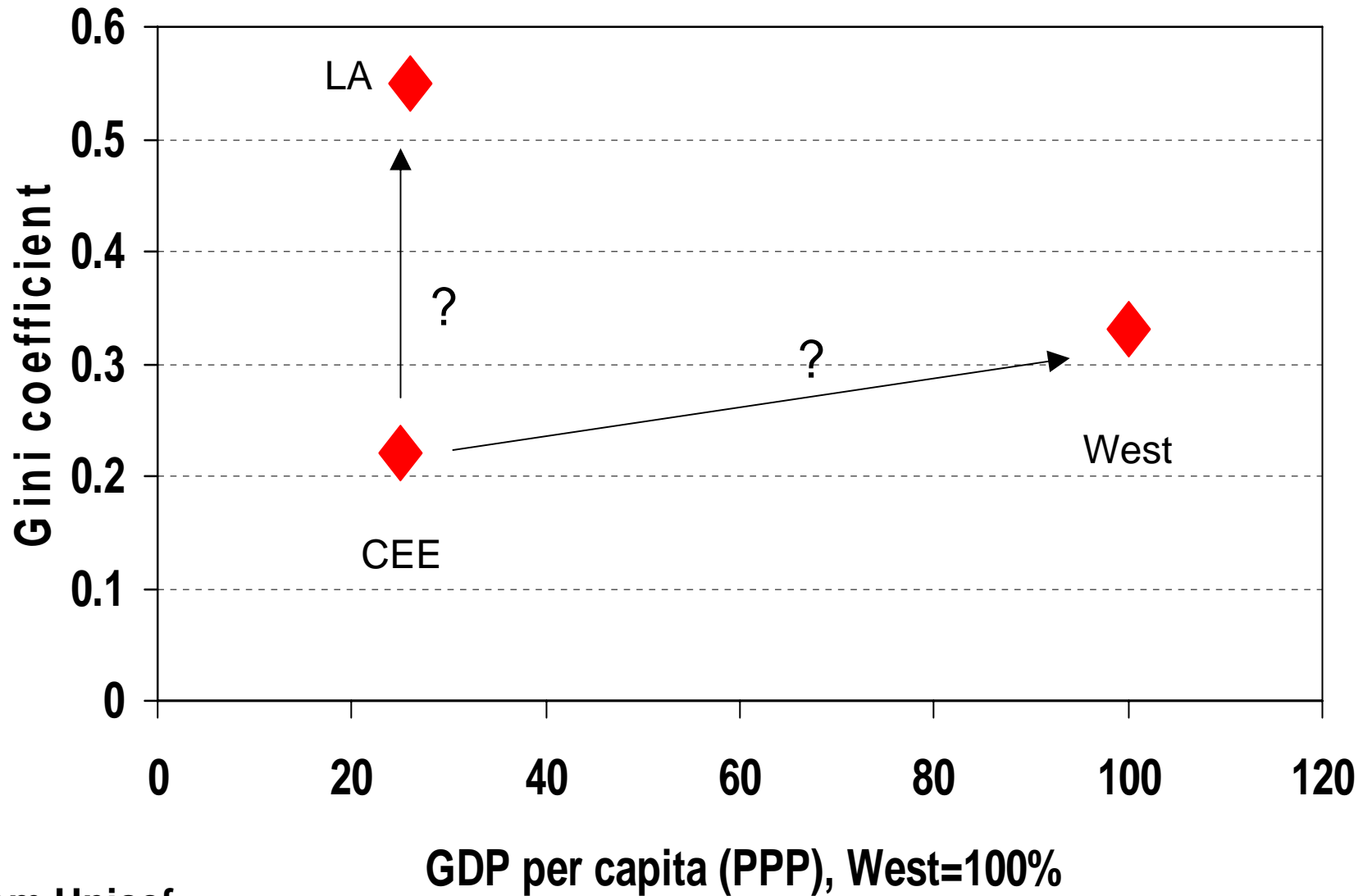
- Cancer mortality is low for both countries and very little variation, some coastal wards in England have SMRs above 100
- For circulatory disease, northern France is 26% higher than France as a whole, but lower than South East England which is at or below England national rate
- There is greater variation in south east England with pockets of high mortality
- There are some regions in south east England with very high respiratory mortality – these are mostly in the deprived coastal wards however any theory this might be due to port and mining health is disproved by low rates amongst women living in the industrial and mining regions in France unless there are lifestyle differences for example it is reported that french miners bath and change at the pit head

Transition and health in Central and Eastern Europe

Martin Bobak

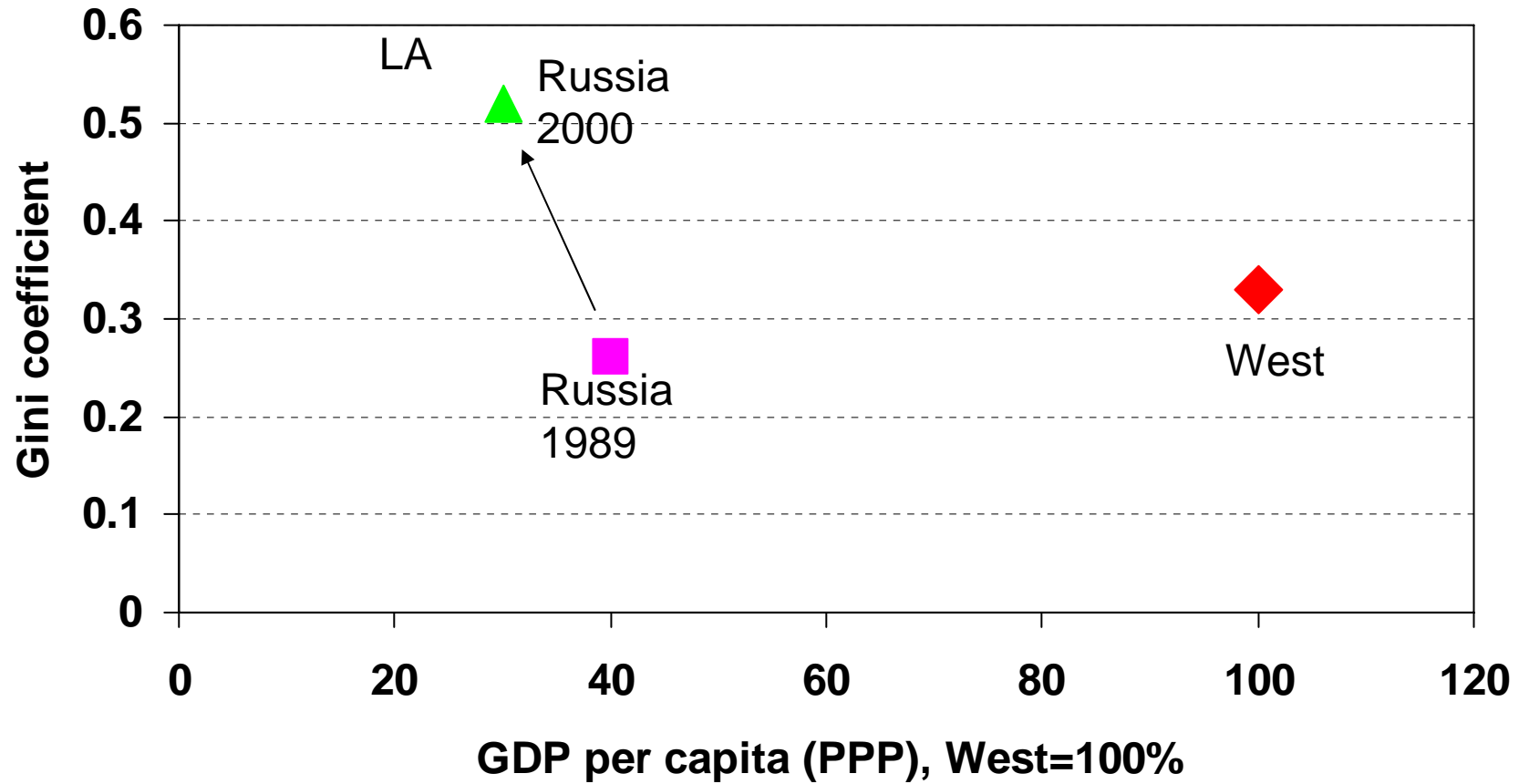
University College London

Central and Eastern Europe in 1990



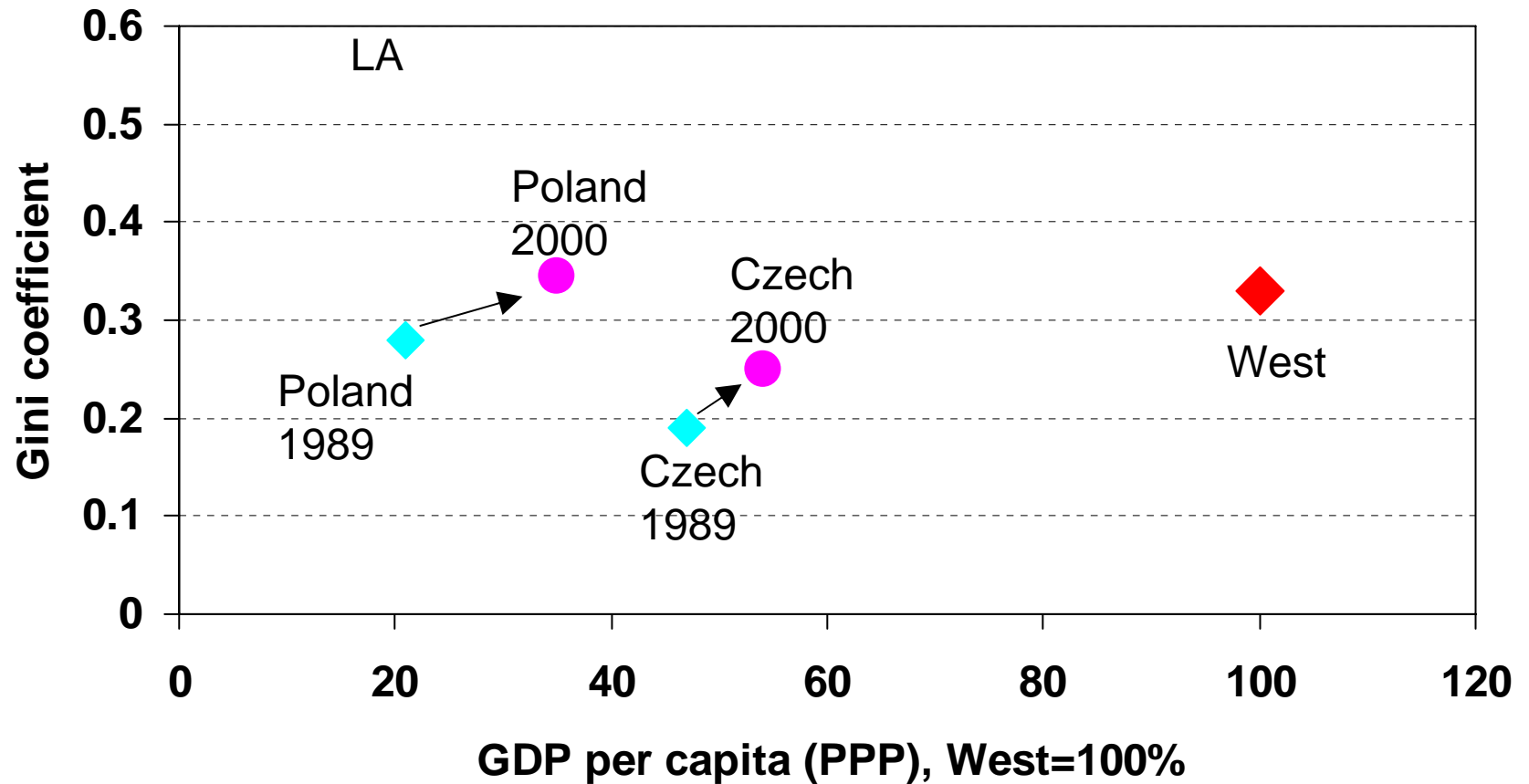
From Unicef

Russia 1989-2000 (Data from UNICEF)

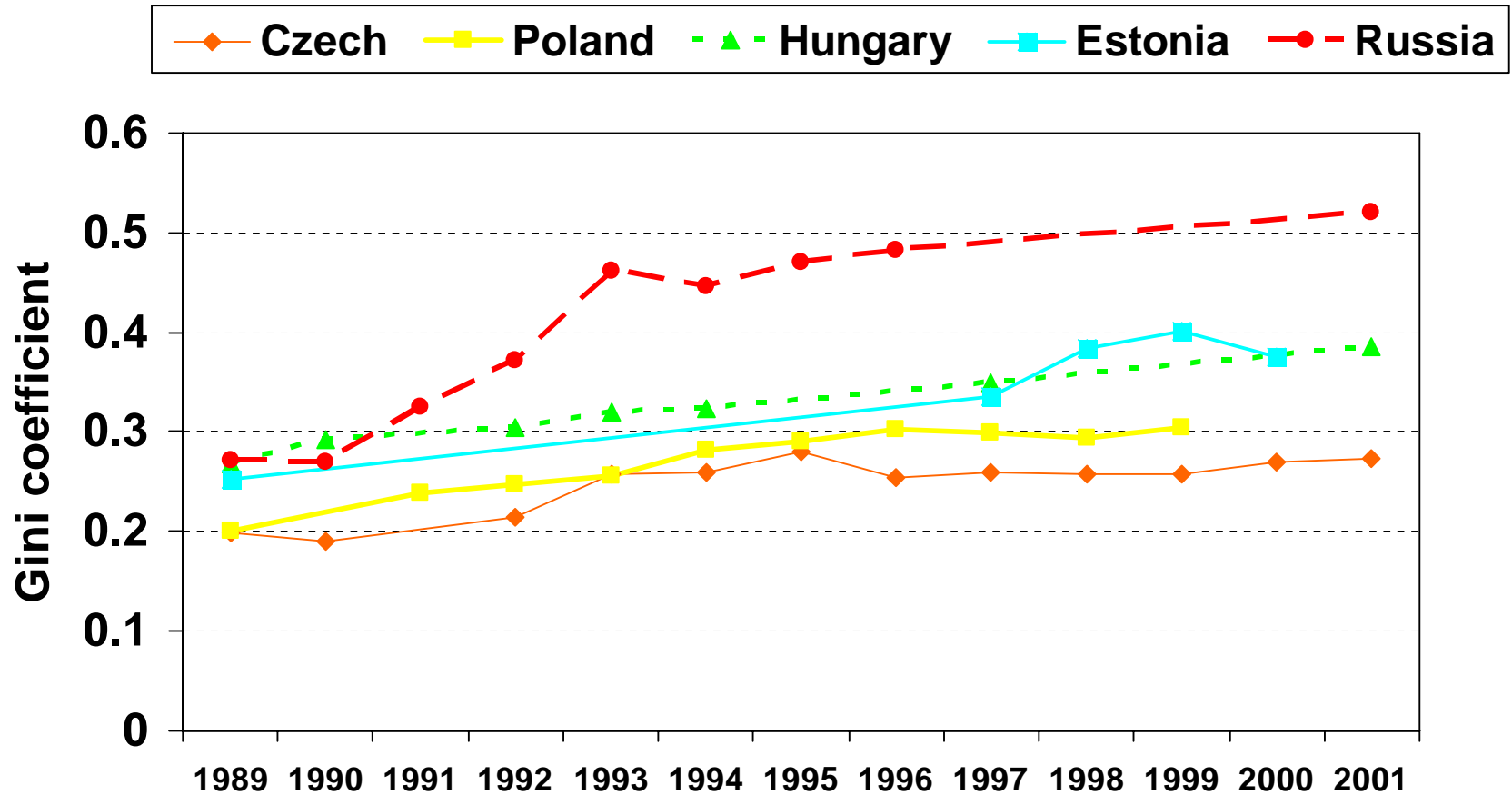


Poland and Czech Rep. 1989-2000

(Data from UNICEF)

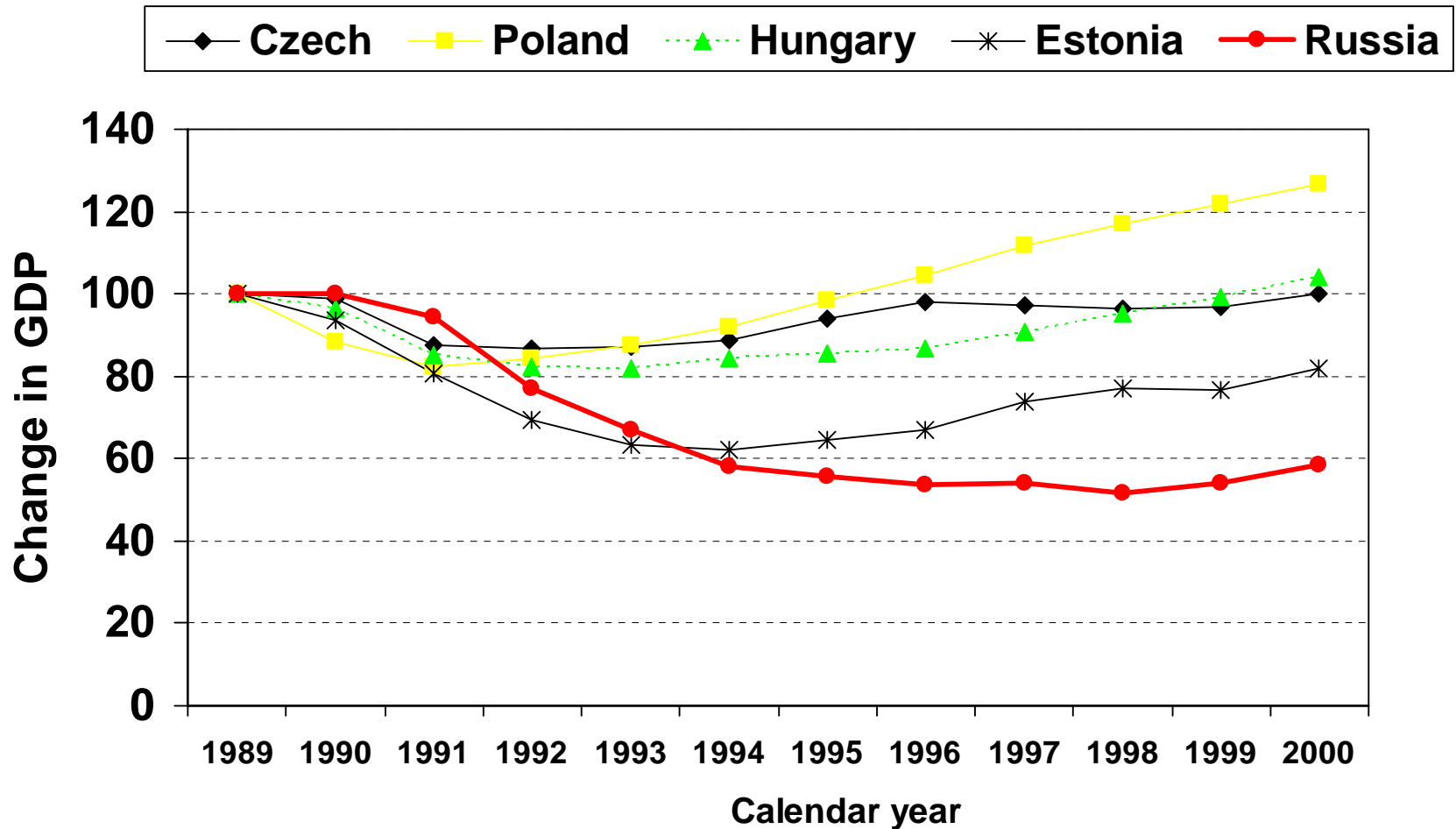


Trends in Gini after 1989



From Unicef, Social Monitor 2003

Change in GDP after 1989 by country



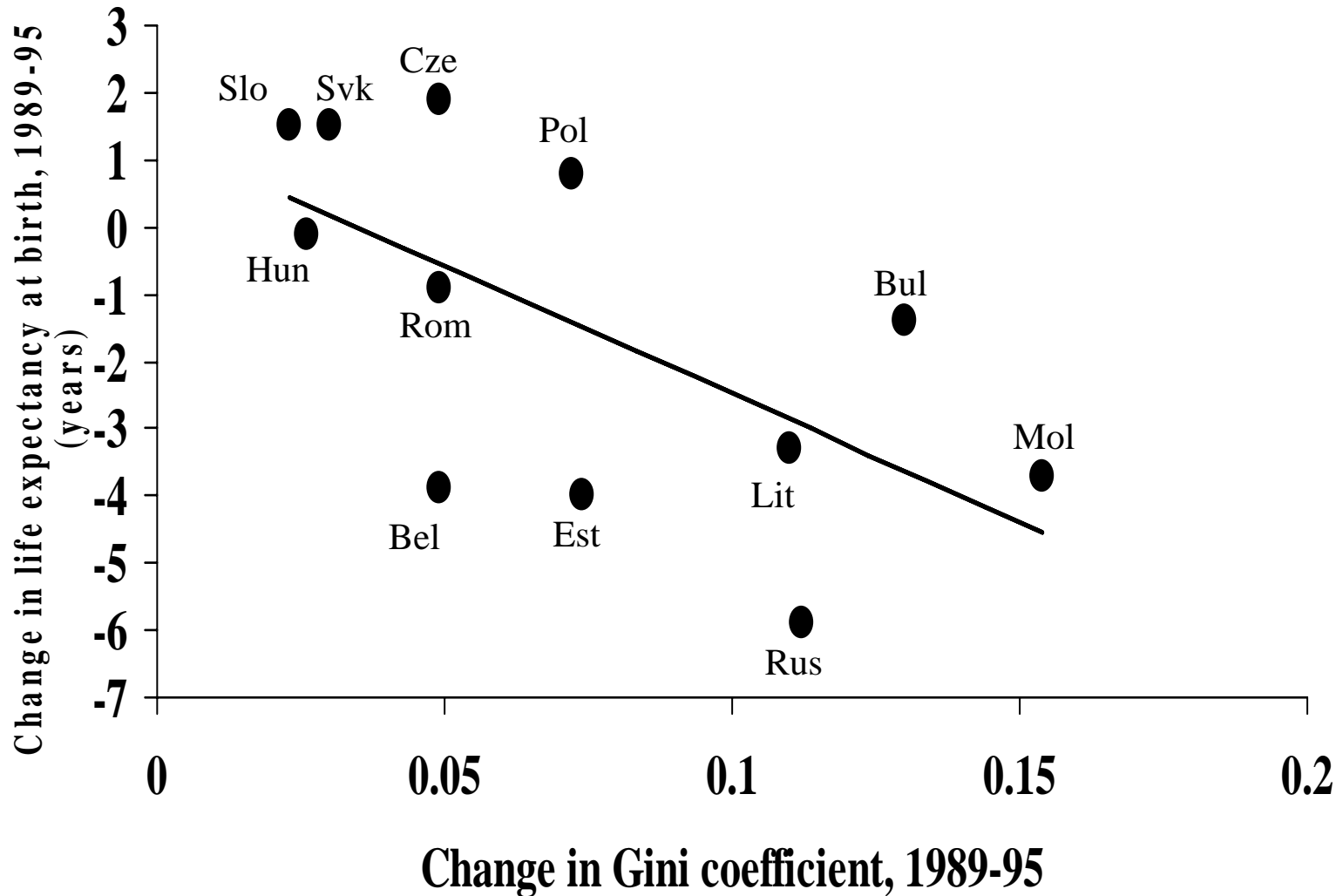
Index , 1989 = 100

From Unicef, Social Monitor 2003

Impact of transition differs by:

- Geography
- Socioeconomic status
- ...?

CHANGE IN LIFE EXPECTANCY BY INCREASE IN INCOME INEQUALITY, 1989-95



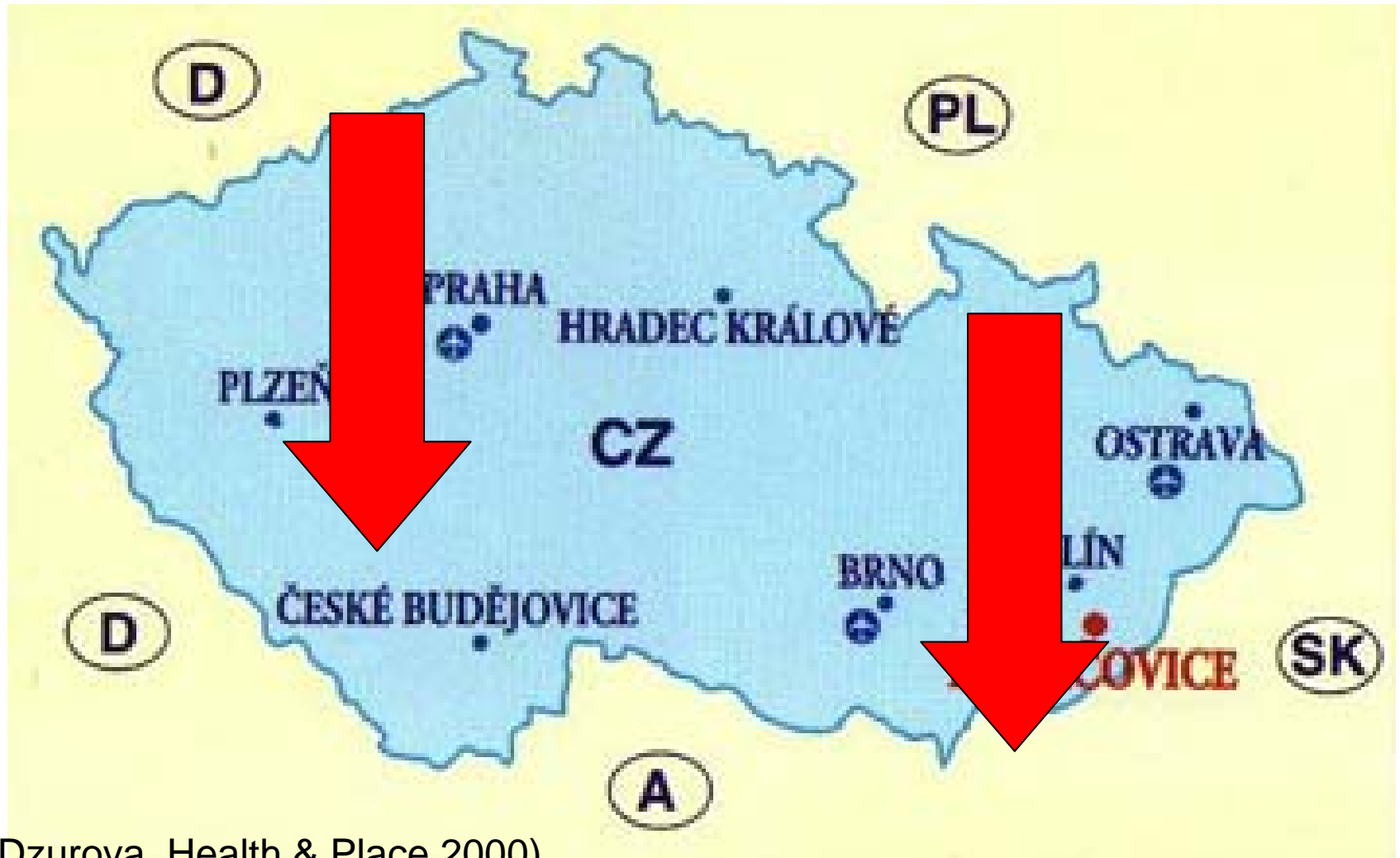
CHANGE IN LE BY SOCIAL STRESS IN 12 RUSSIAN REGIONS, 1989-94



*UNEMPLOYMENT, LABOUR TURNOVER,
CHANGE IN MARRIAGE AND DIVORCE RATE

(Cornia 1997)

Mortality gradient in the Czech Republic in 1990: North to South



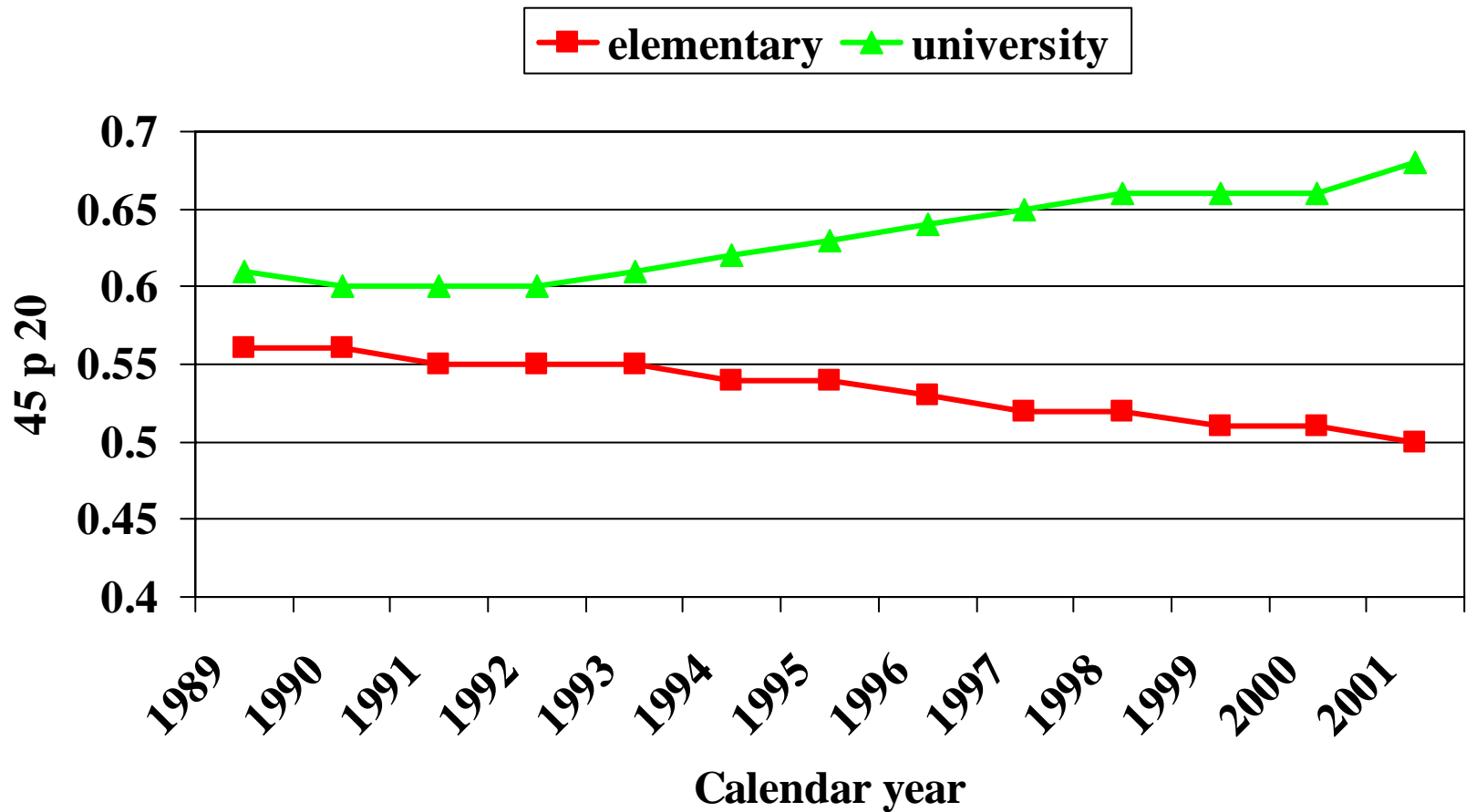
(From Dzurova, Health & Place 2000)

Mortality gradient in the Czech Republic in 1996: East to West



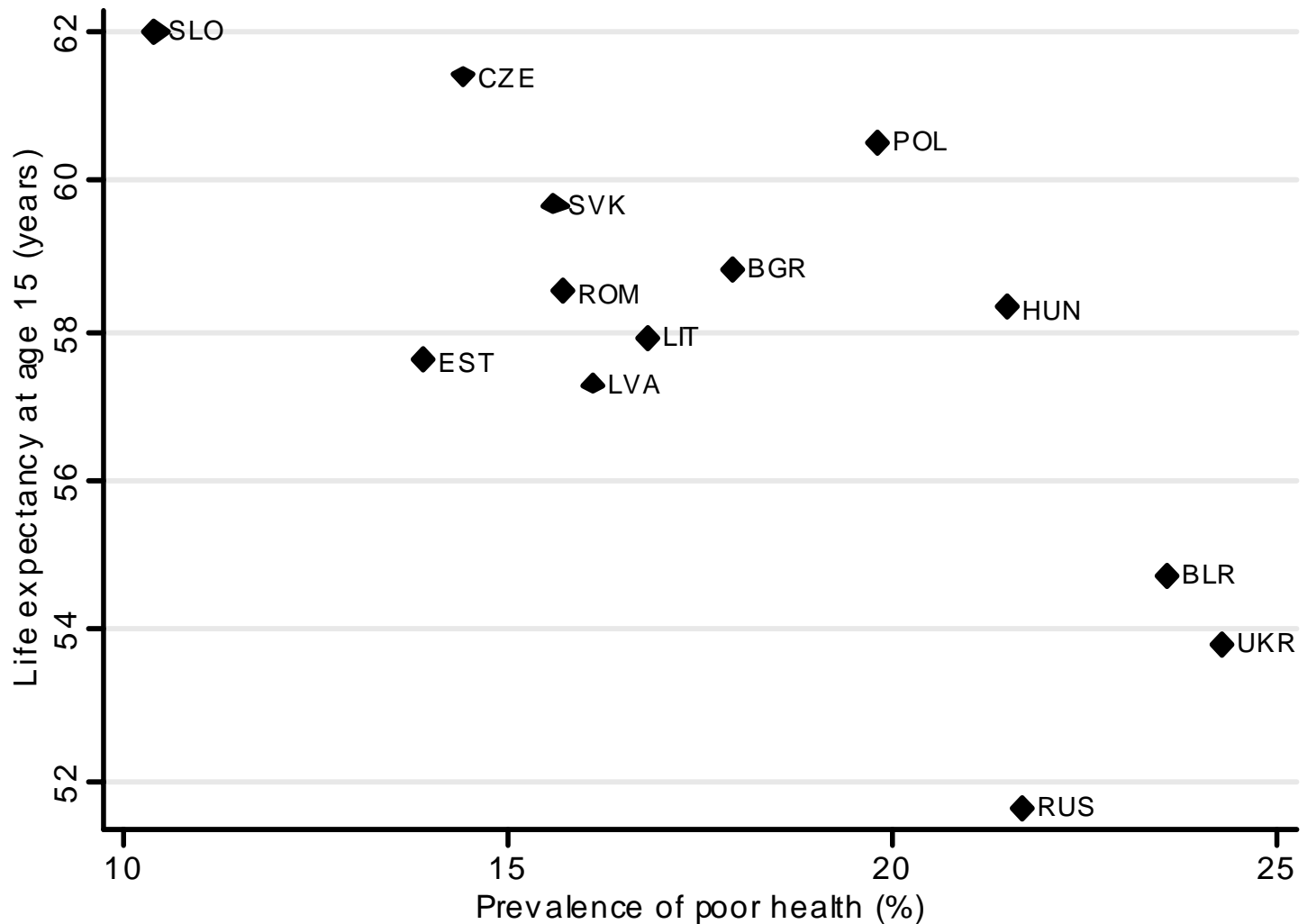
(From Dzurova, Health & Place 2000)

Trends in probability of survival in men by education (relatives' study)



45 p20 = probability of living to 65 yrs when aged 20 yrs

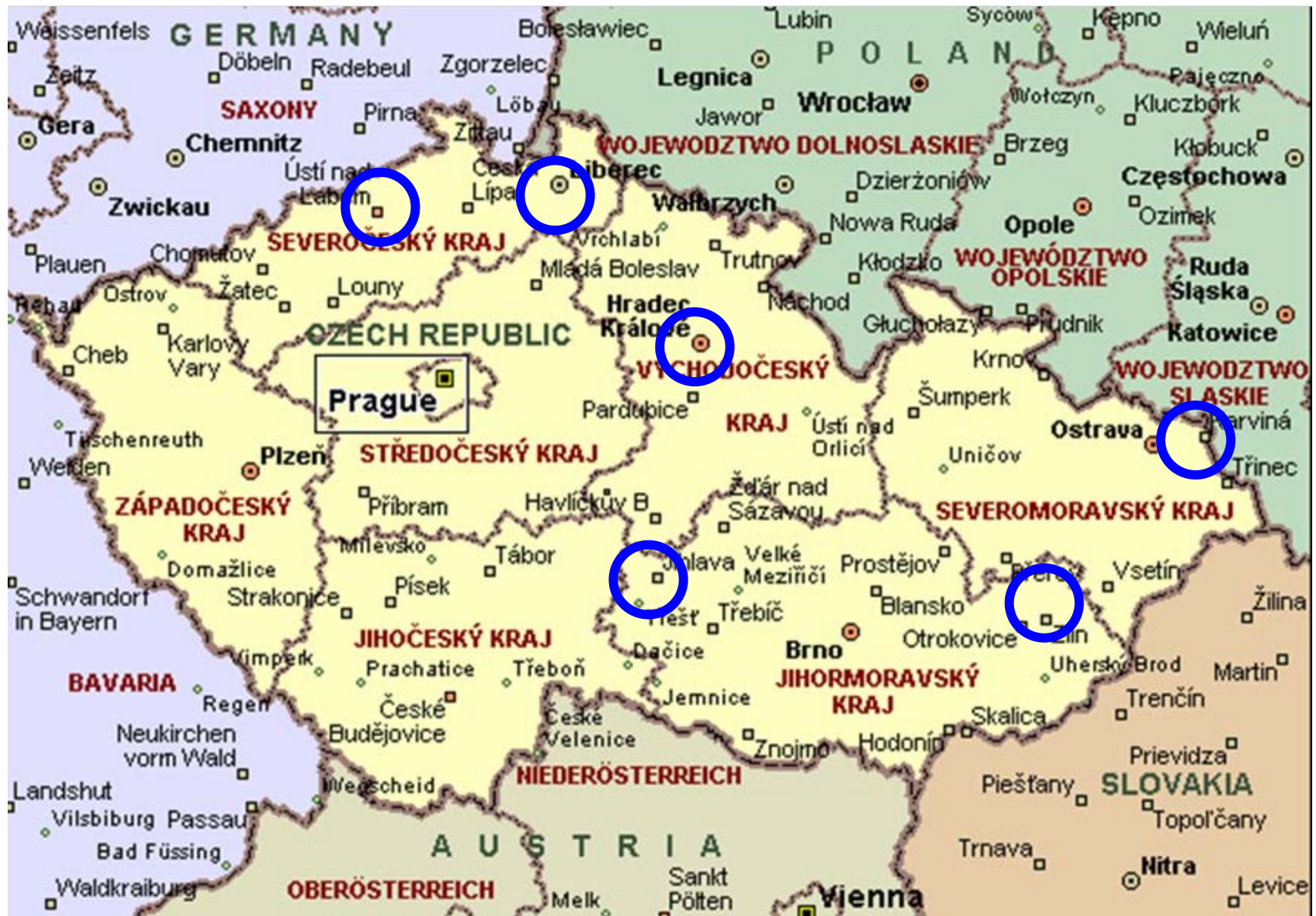
Age-sex adjusted prevalence of poor self-rated health and life expectancy at age 15 ($r -0.73$, $p=0.005$, $n=13$)



Odds ratios (95% confidence intervals) of poor health by societal characteristics in different multi-level models

<i>Societal characteristic, unit of effect</i>	<i>Odds ratio adj. for age and sex</i>	<i>Odds ratio adj. for age, sex and individual SES</i>
GDP PPP, per \$5000 increase	0.75 (0.65-0.86)	0.79 (0.68-0.93)
Annual growth, per 1%	0.90 (0.83-0.98)	0.93 (0.85-1.02)
Max. economic contraction, per 10%	1.10 (1.01-1.20)	1.08 (0.99-1.19)
Gini coefficient, per 0.1 unit increase	1.15 (0.95-1.39)	1.12 (0.93-1.34)
Corruption index, per 1 unit (0 to 10)	1.20 (1.08-1.33)	1.15 (1.03-1.29)
Homicide rates (per 10/100,000 increase)	1.09 (1.00-1.19)	1.08 (0.98-1.18)
Ratio of 80 th /20 th income percentile, per 1 unit increase	1.13 (0.92-1.39)	1.05 (0.84-1.32)
Ratio of 90 th /10 th income percentile, per 1 unit increase	1.02 (0.95-1.11)	1.00 (0.93-1.09)

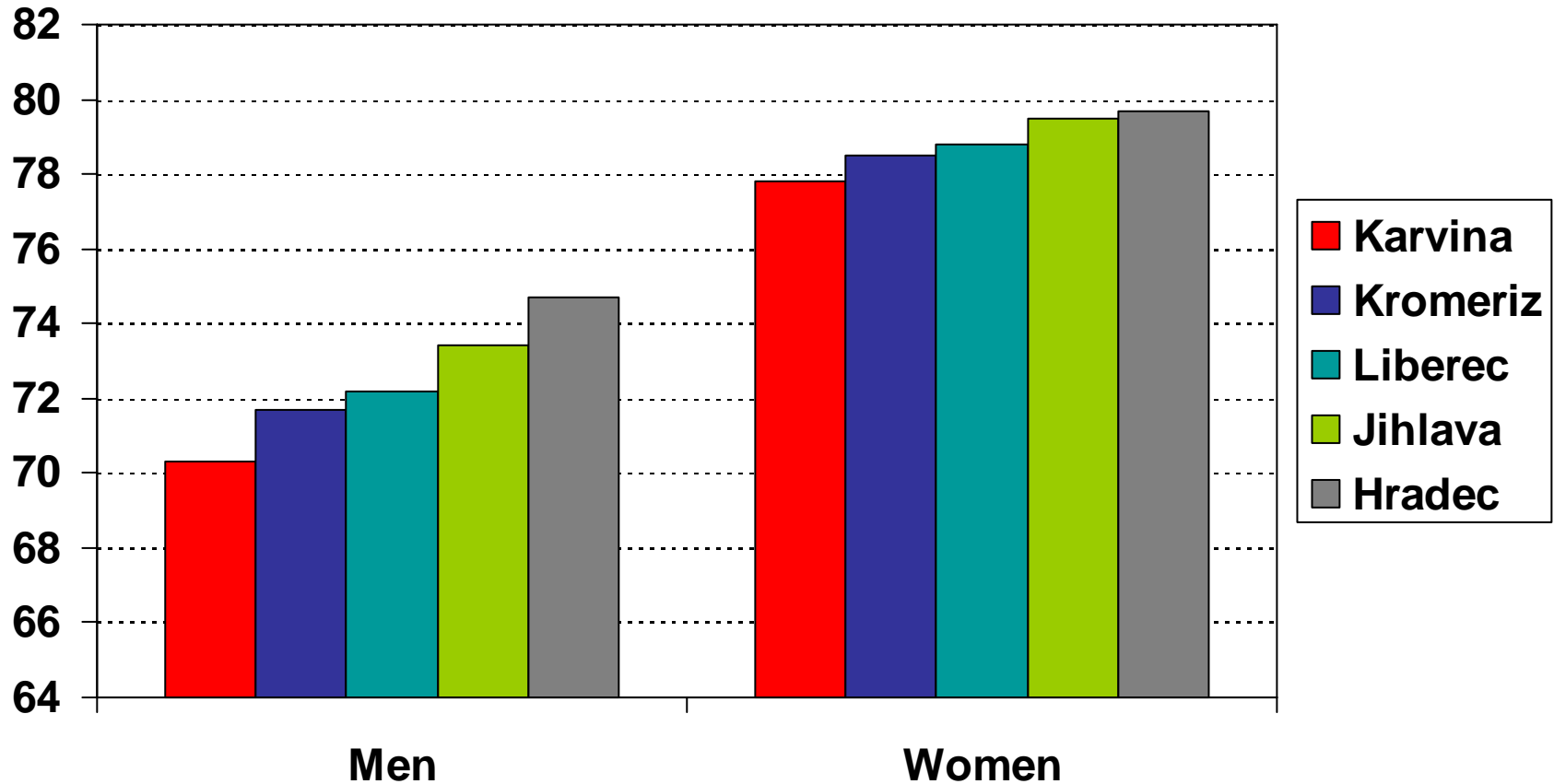
The Czech HAPIEE study



Czech HAPIEE Study

- 4,123 men and 4,729 women
- Response rate 59%
- Random population samples
- Aged 45-69 at baseline (2002-2005)
- 7 cities in total
- 2 cities in North Moravia (Havírov & Karvina)

Life expectancy at birth in Czech town in 2001-2005



Karvina / Havirov (North Moravia)

- Centre of mining & heavy industry before 1990
- Massive closures of enterprises
- Huge losses in employment after 1990
- In top 10 cities by
 - Unemployment (13%, highest in the country)
 - Crime
 - Out-migration
 - Quality of living
 - ...

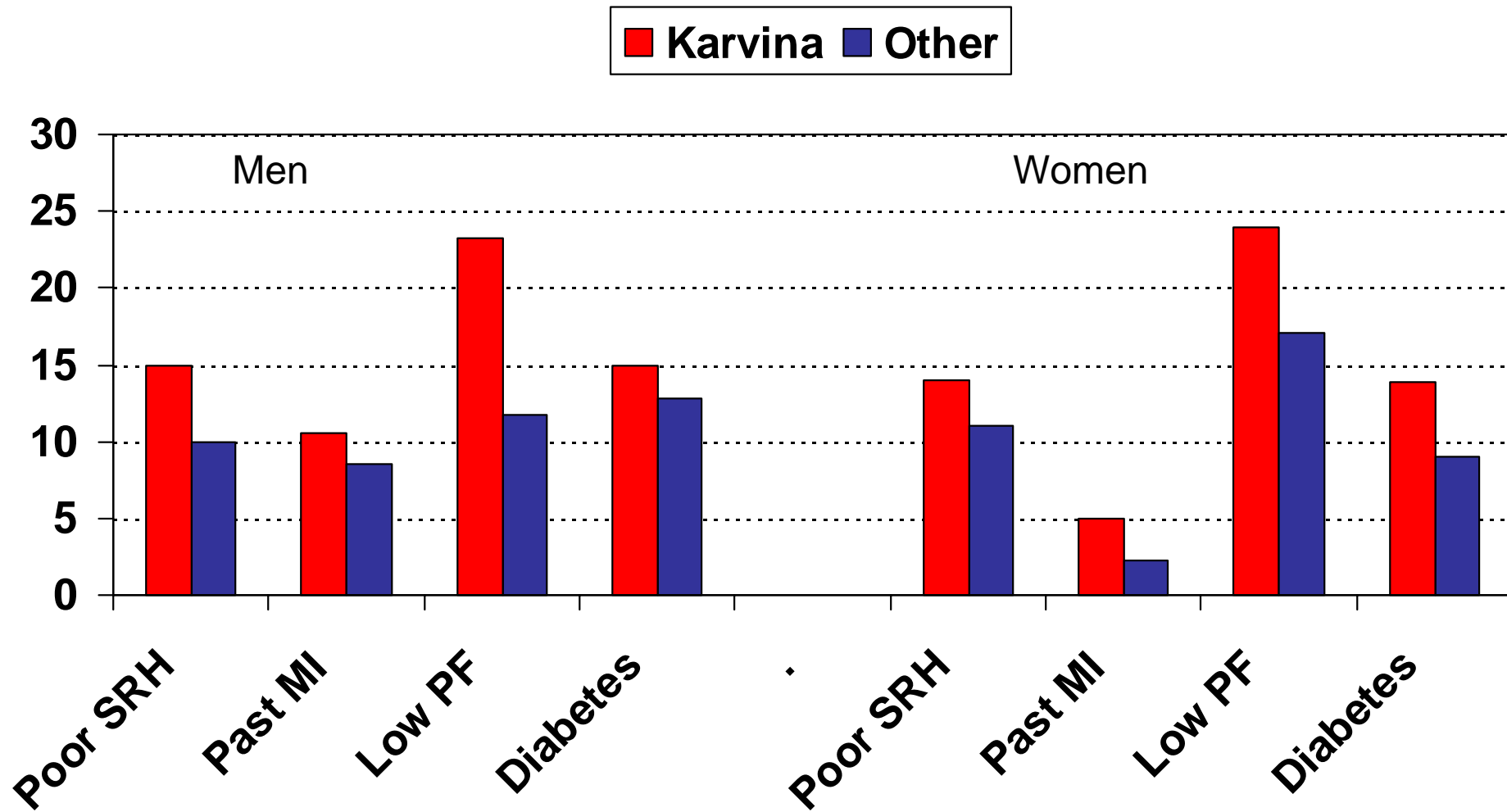
Do these differentials exist in micro-data?

- Health
- Health behaviours / risk factors
- Socioeconomic status
- Psychosocial factors

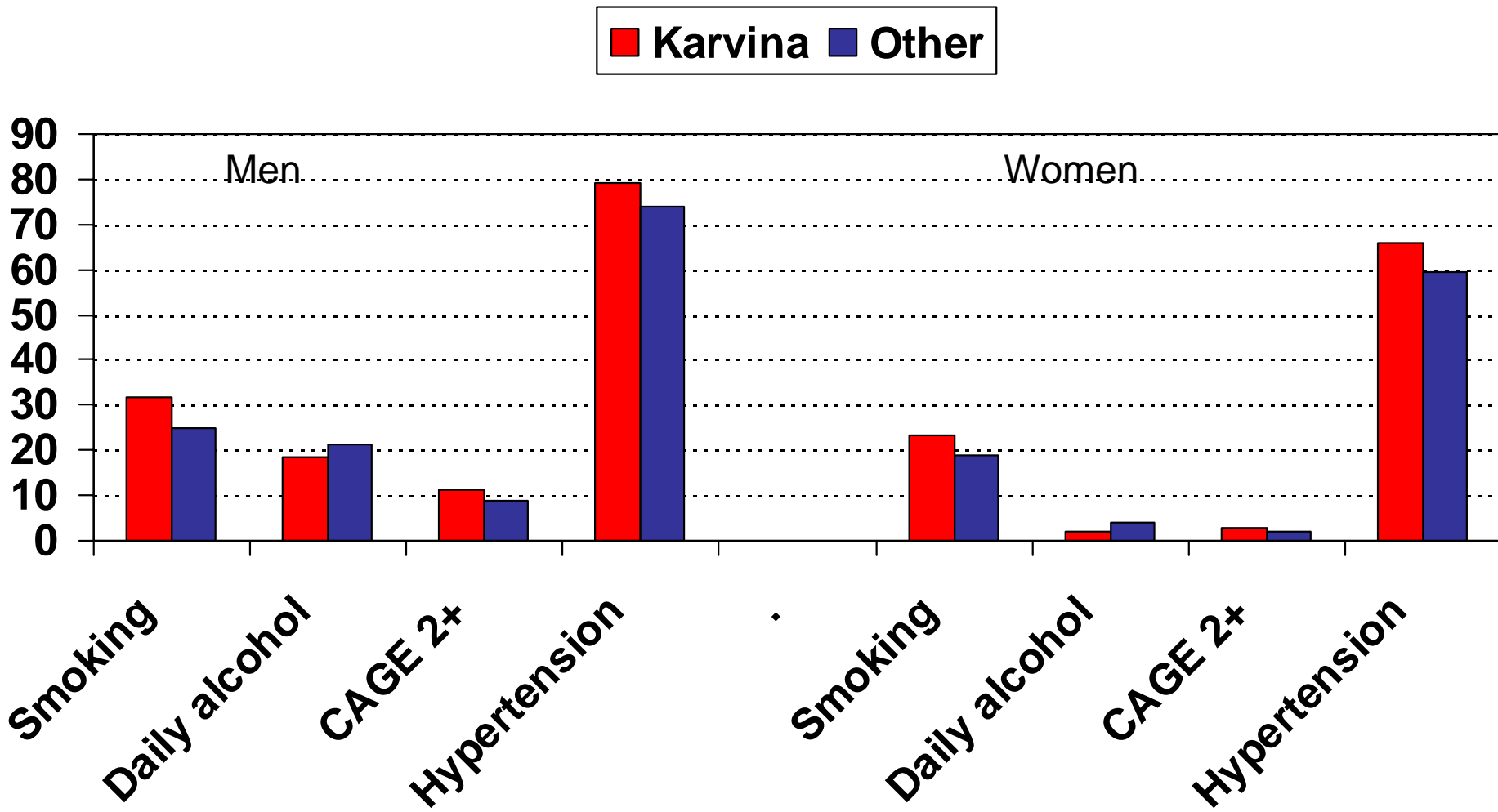
And...

... do these factors explain the health disadvantage?

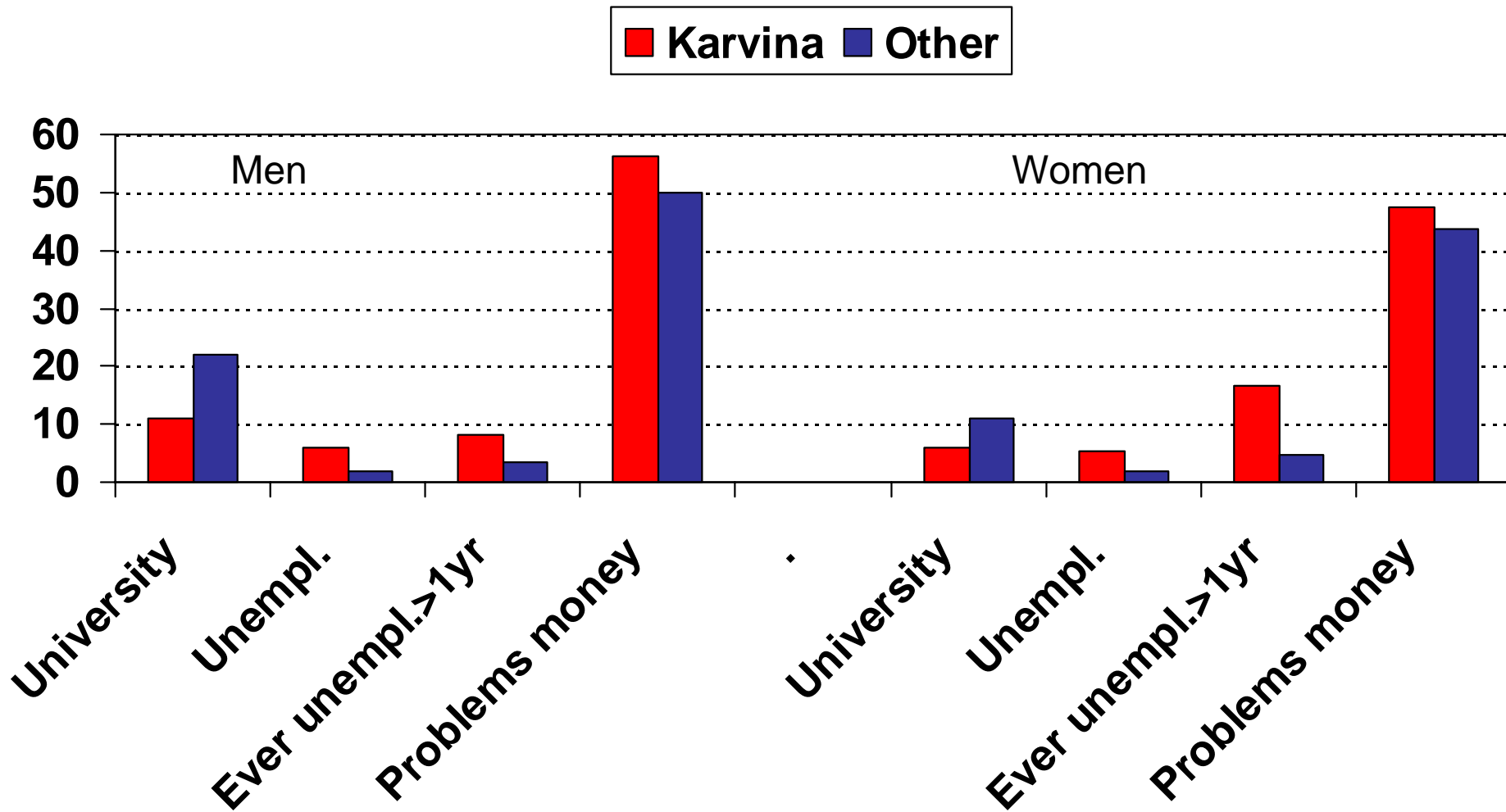
Prevalence (%) of health outcomes by town



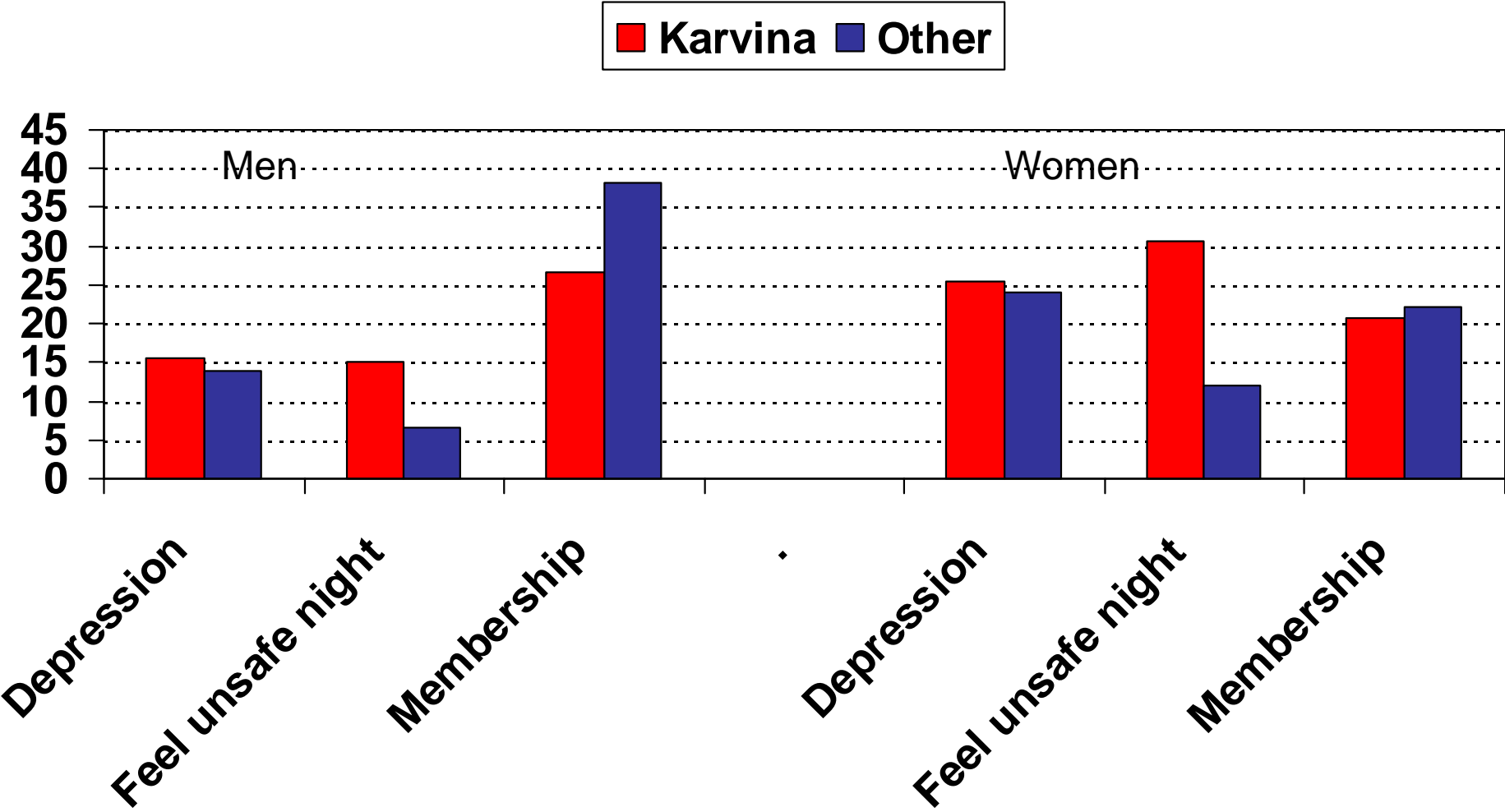
Health behaviours and risk factors by town (%)



Socioeconomic status by town (%)



Psychosocial factors by town (%)

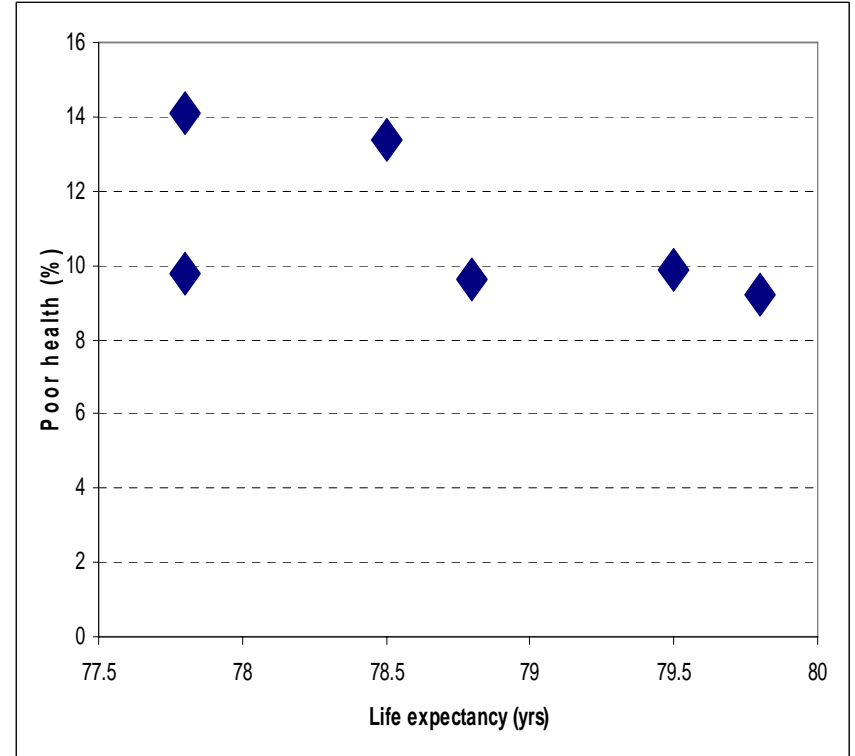
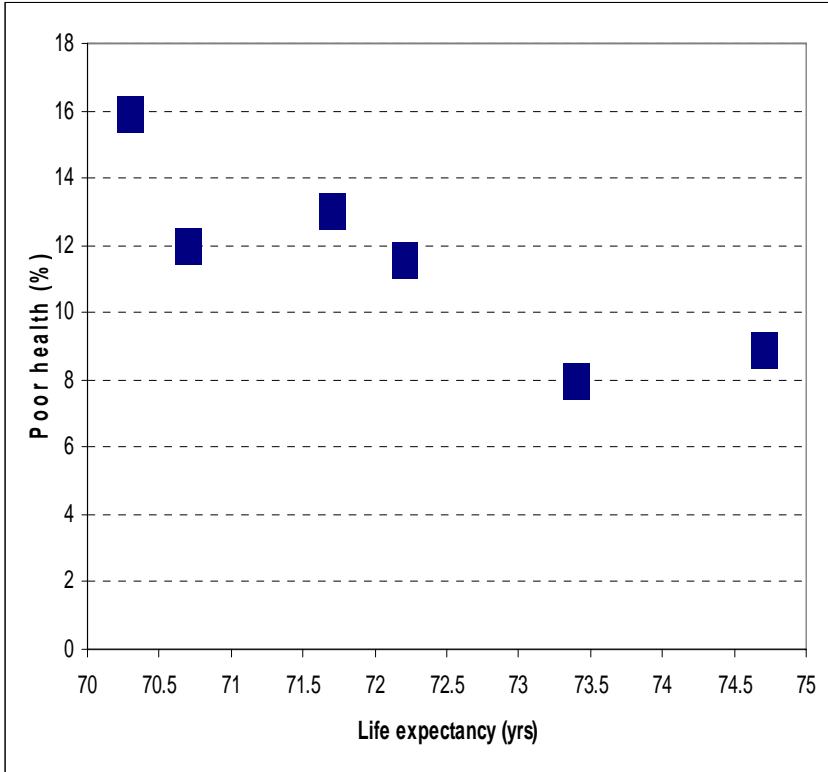


Do these factors explain
differences in
poor self-rated health?

Life expectancy vs. self-rated health

Men ($r=-0.87$)

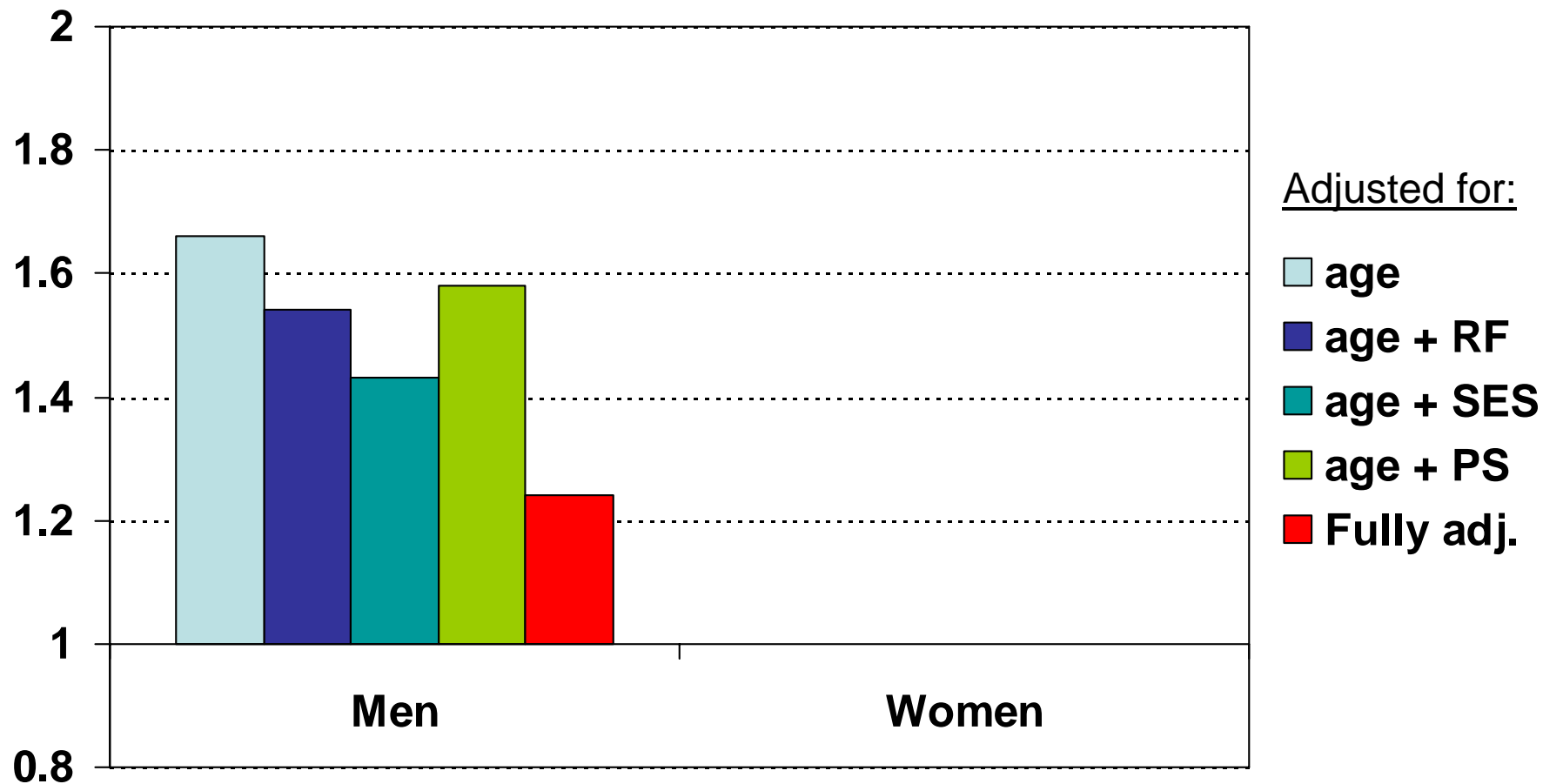
Women ($r=-0.57$)



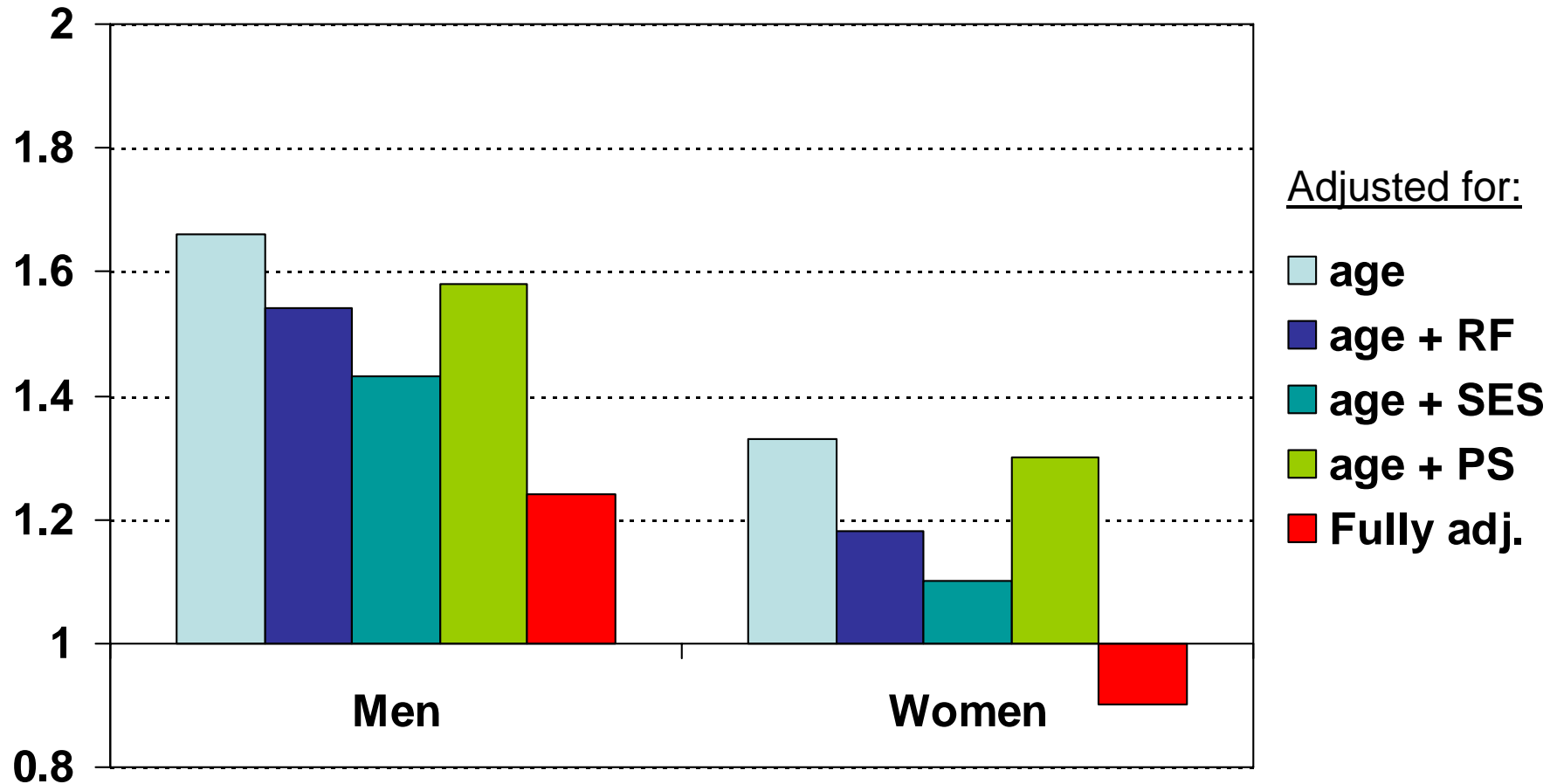
Odds ratios of poor health for Karvina vs. other towns

Adjusted for	Men	Women
Age	1.66 (1.30-2.11)	1.33 (1.05-1.70)
Age + RF	1.54 (1.15-2.06)	1.18 (0.88-1.58)
Age + SES	1.43 (1.10-1.86)	1.10 (0.84-1.43)
Age + PS	1.58 (1.20-2.08)	1.30 (0.99-1.70)
Fully adjusted	1.24 (0.89-1.72)	0.90 (0.64-1.26)

Odds ratios of poor SRH for Karvina vs. other towns



Odds ratios of poor SRH for Karvina vs. other towns



Conclusions

- Societal transition had differential effects
 - by socioeconomic group
 - by geography
- Increasing inequalities
- Can affect health of whole populations
- A number of potential mediators
- Explanation requires individual level data



Exploring health in Scotland and other parts
of post-industrial Europe

The experience of Poland

Witold Zatoński
Marta Mańczuk

Royal College of Physicians and Surgeons of Glasgow
232-242 St Vincent Street, Glasgow G2 5RJ
Wednesday June 18th 2008



„Where observation is concerned, chance favours only the prepared mind”

„Dans les champs de l'observation le hasard ne favorise que les esprits préparés”

Louis Pasteur

French biologist & bacteriologist (1822 - 1895)



Closing the health gap in European Union



- *Closing the Gap - Reducing Premature Mortality. Baseline for Monitoring Health Evolution Following Enlargement (HEM) – action no 2003121*
- The final report will be available by the end of June 2008 at the project website:
www.hem.waw.pl



History of the project

- The project was submitted to the European Commission and has been accepted among other European Union programs in the field of public health for years 2003-2008 (grant agreement no 2003121)
- End of the project – April 2008

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- Joanna Didkowska
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Aims of the project

- To improve understanding of underlying causes of health differences between the new and old EU member states.
- To identify and quantify major health determinants responsible for the gap existing between the new and old EU member states.
- To define priorities for intervention: general (all accession countries) as well as country-specific;
- To produce a Blueprint including major indications for public health intervention /action plan for intervention/;
- To present the Blueprint to the European Commission and Governments of accession countries, in order to finalize priorities for intervention on a public health scale.
- To widely disseminate the evidence- and science-based data on health status and the possibilities for reducing premature mortality, especially in all accession countries in local languages.



- **Geographic scope:**

- The project includes 25 European Union countries with a special reference to EU10: Poland, Czech Republic, Slovakia, Slovenia, Latvia, Lithuania, Estonia, Hungary – EU members since May 2004 (Malta and Cyprus excluded from the analysis) + Romania, Bulgaria – EU members since January 2007; and to EU15 countries (EU members before 2004). The Russian Federation is included in some comparisons.

- **Age groups of interest:**

- Basic age groups : 20-44, 45-64, for some conditions 20-64 and for comparison 65+, 0+

- **Time scope:**

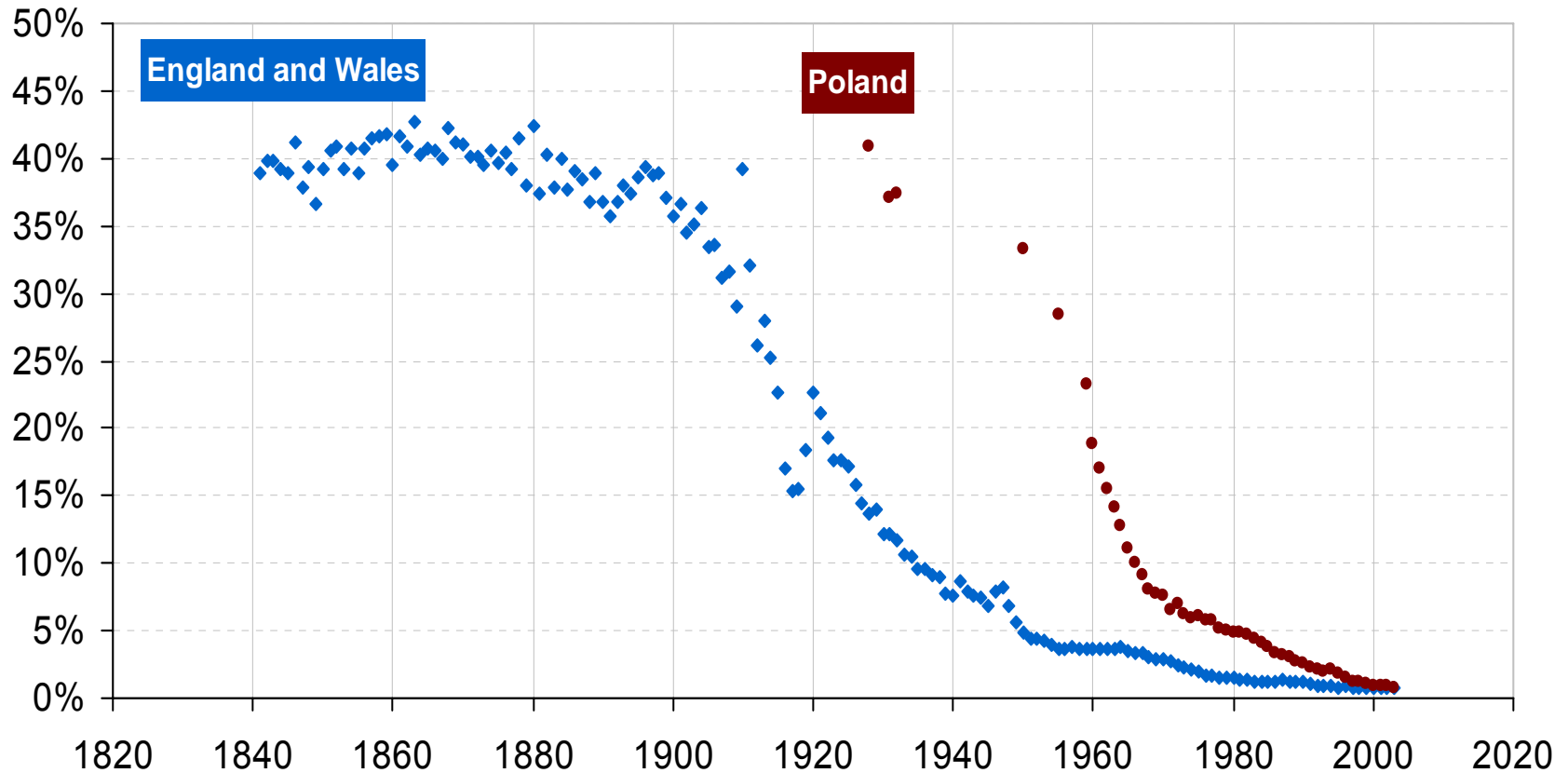
- Longitudinal epidemiological descriptive analyses: the period of interest consists mainly of time trends we have been using data for EU10 and EU15 countries since the year 1969 until the year 2002;
- Cross sectional analyses: of attributable burdens the year of reference was 2002, for considered risk factors distributions and for mortality.



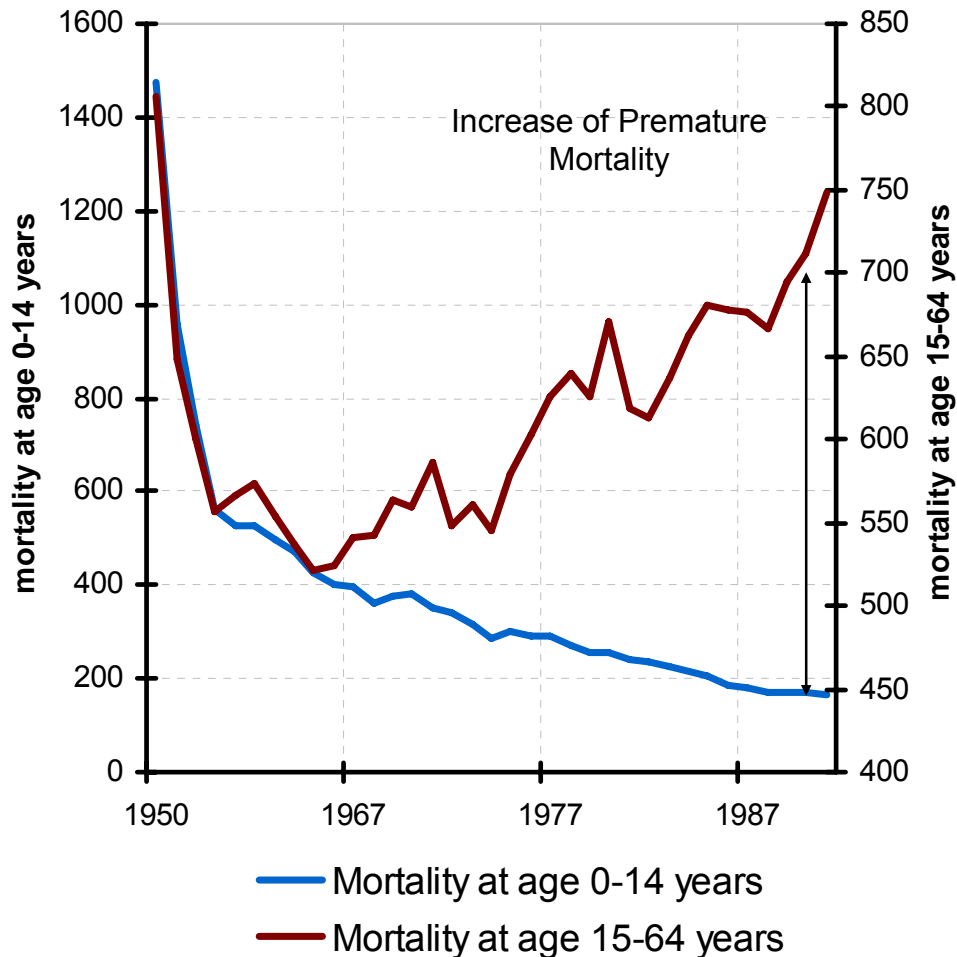
History of health in Poland



Percentage of deaths before the age of 5 years Poland vs. England and Wales, both sexes



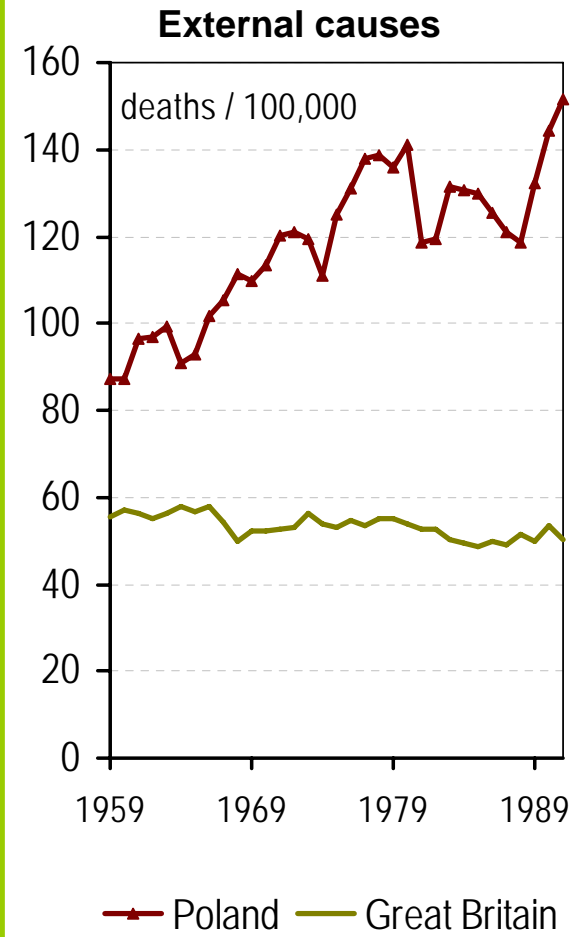
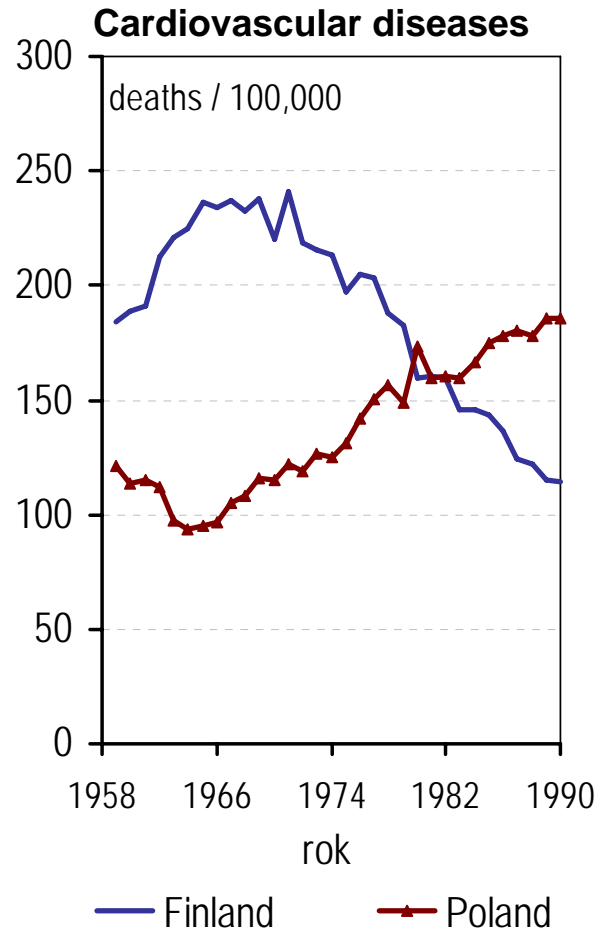
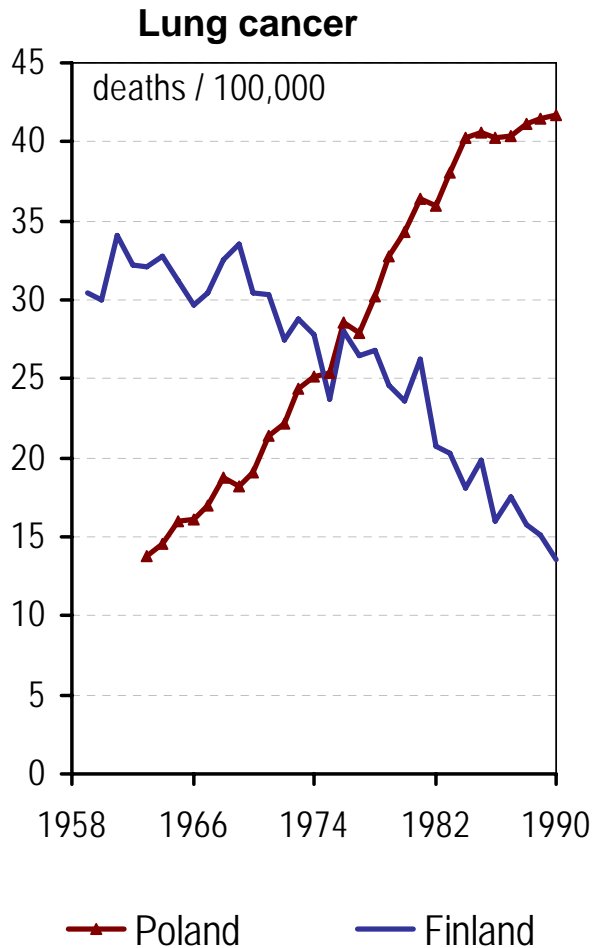
Total mortality trends in Poland at age 0-14 years at age 15-64 years, males



- Divergence of mortality trends in age groups in Poland
- Dramatic increase in young and middle-aged adults
- Systematic decline in age group 0-14 years



Male deaths at age 15-59, 1959-1990

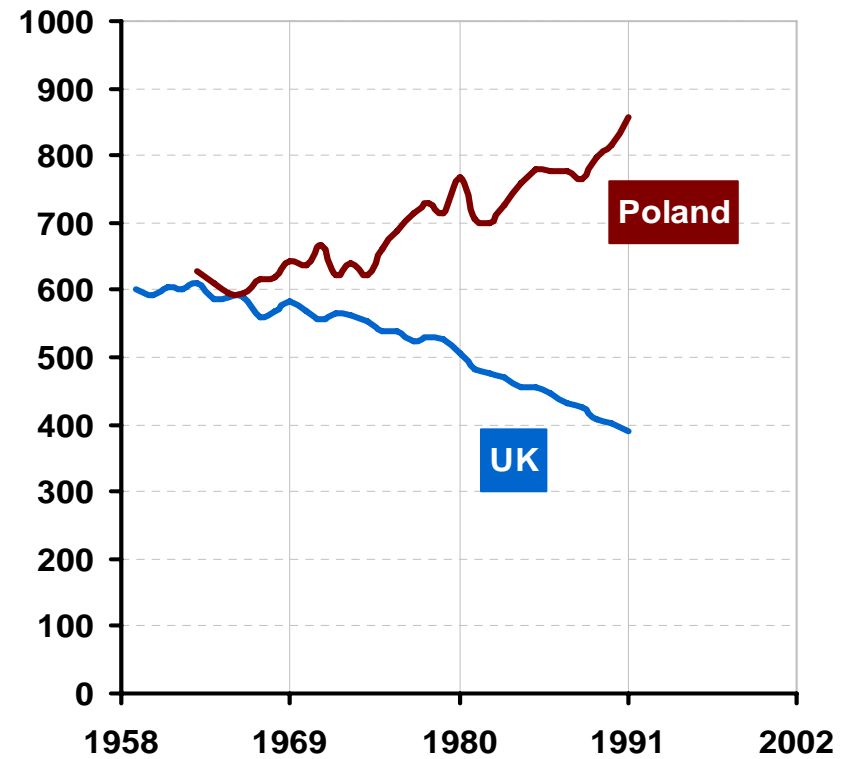
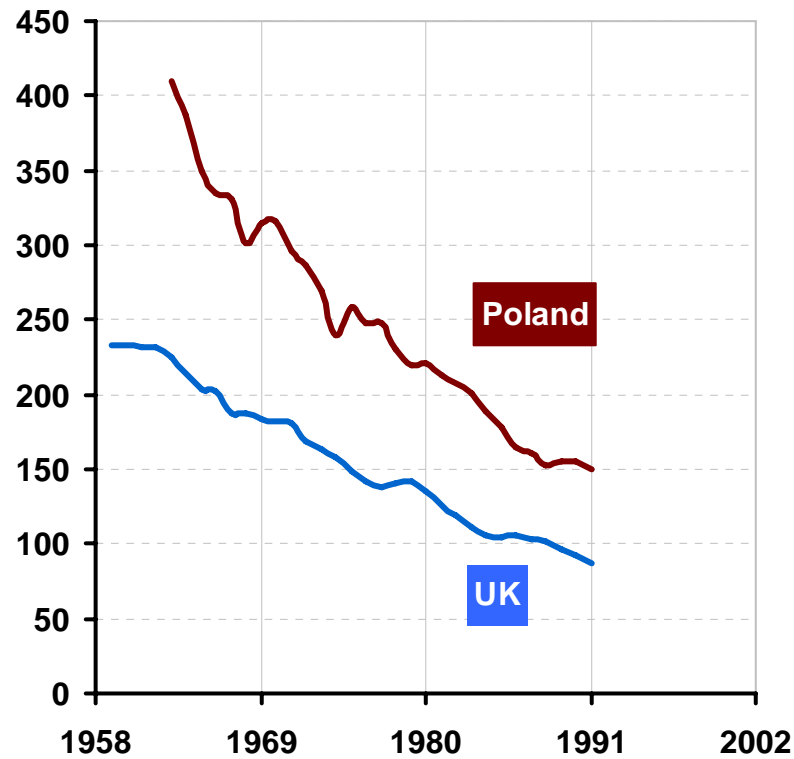




Total mortality in Poland and UK, 1963-1991

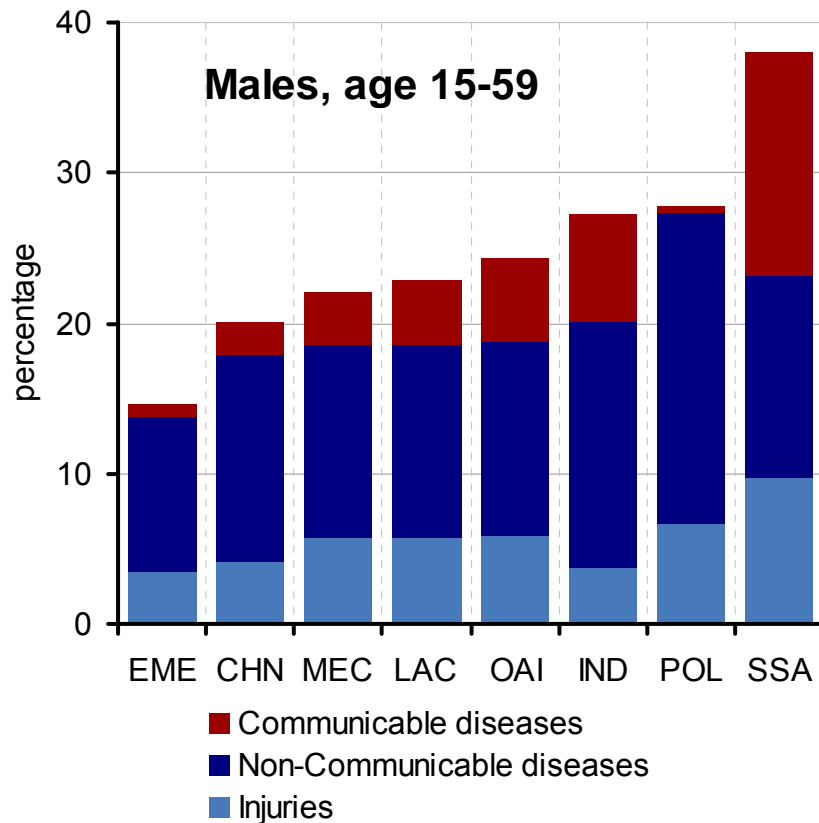
0-19

20-64

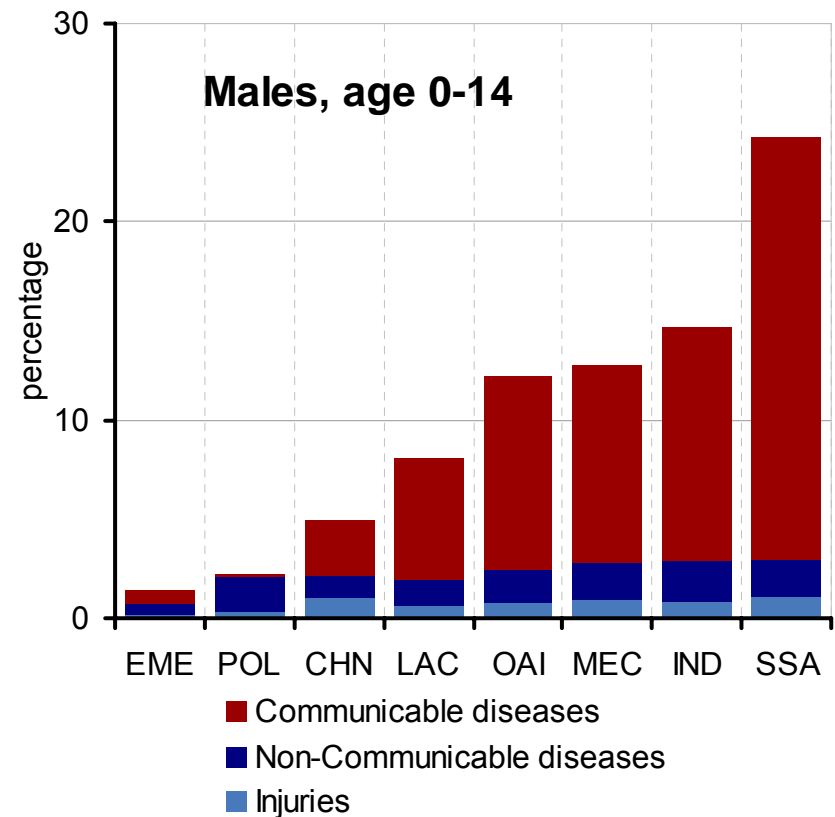




PROBABILITY OF DYING BY Region, 1990 (data adapted from Murray i Lopez, 1994)

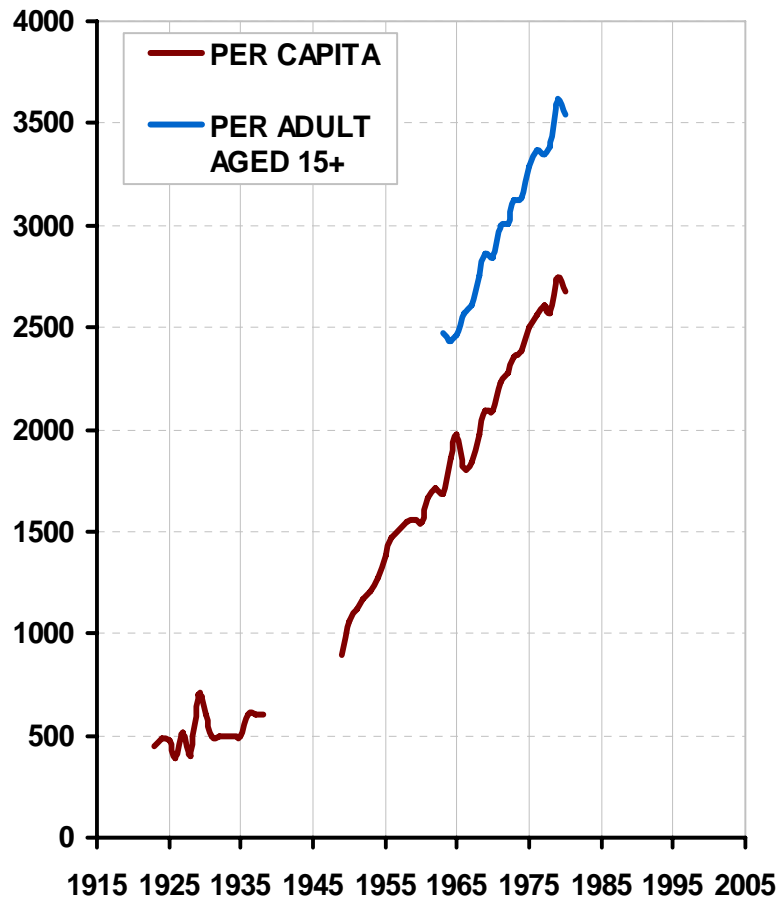


EME – Established Market Economies
POL - Poland
CHN - China
LAC – Latin America and the Caribbean



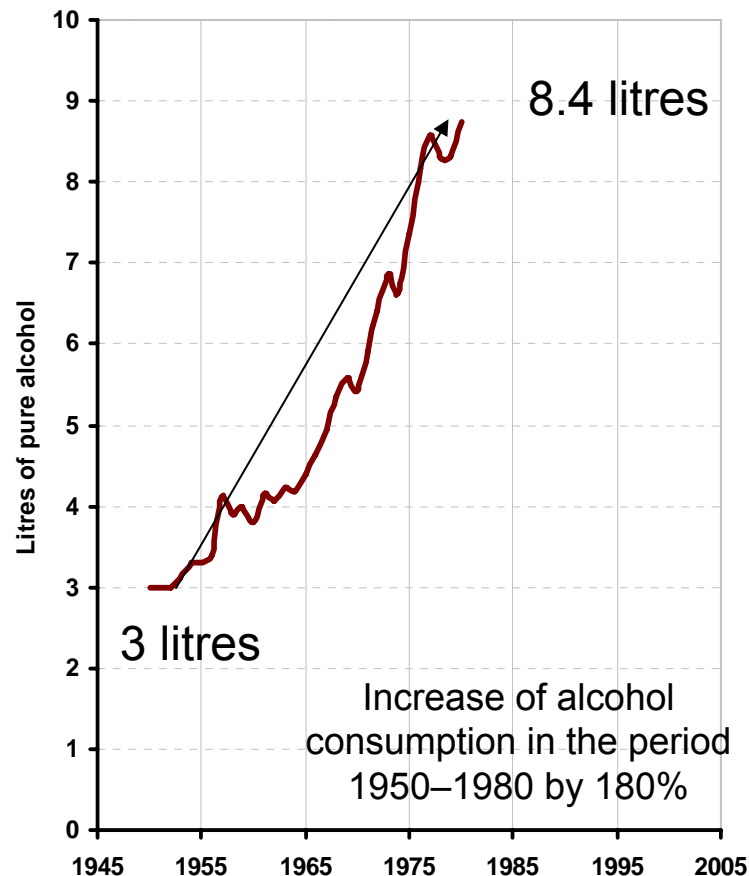
OAI – Other Asia and Islands
MEC – Middle Eastern Crescent
IND - India
SSA – Sub-Saharan Africa

Cigarette consumption per capita, Poland 1923-1980



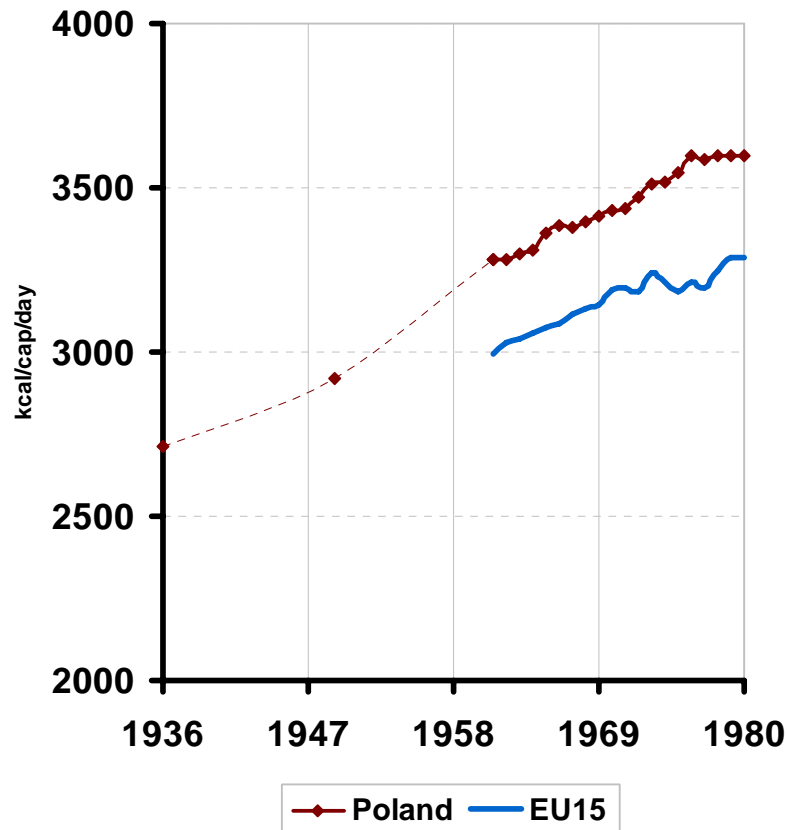
- Dramatic increase of cigarette consumption
- In the 1980s in Poland there was observed the highest tobacco consumption in the world

Recorded per capita consumption of alcohol, Poland 1950-1980



- In the post war period alcohol consumption had been increasing dramatically until 1980
- From 3 to almost 9 litres of pure alcohol per capita per year

Caloric intake in Poland in the period 1936-1980 (kcal/cap/day)



- Linear increase of caloric intake in Poland
- Level appreciably higher than in the EU15



1990

	FSE*	EME**
Number of physicians per 1,000 inhabitants	4,7	2,5
Number of hospital beds per 1,000 inhabitants	11	8

This dramatic increase of premature mortality took place during increased access to medical service

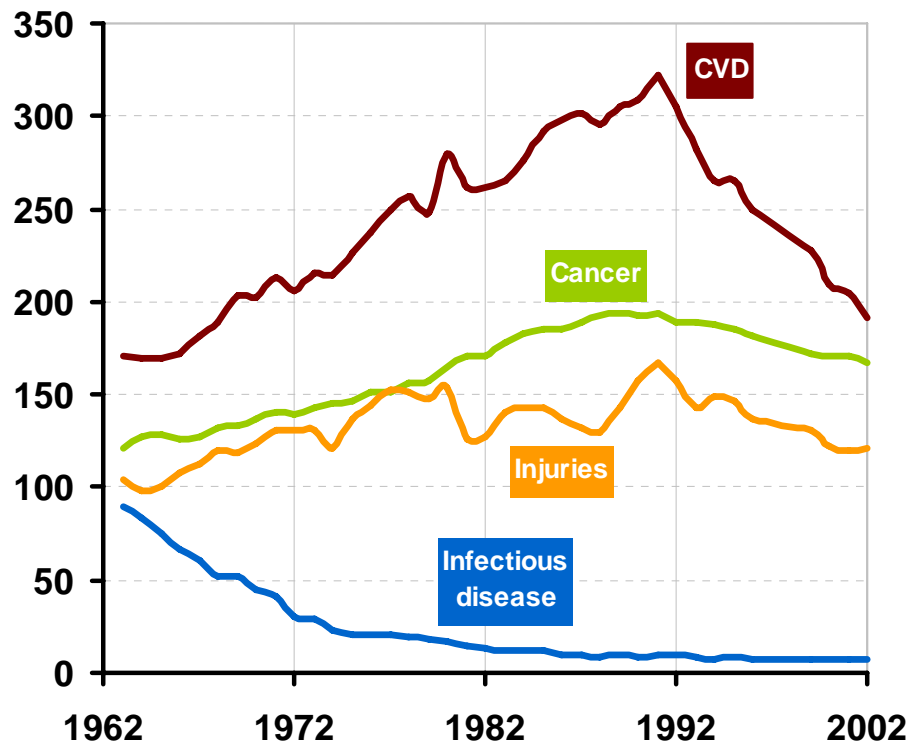
* **Former socialist economies**

** **Established market economies**



Democracy is healthier

Time trends of mortality from selected causes, Polish men aged 20-64 years



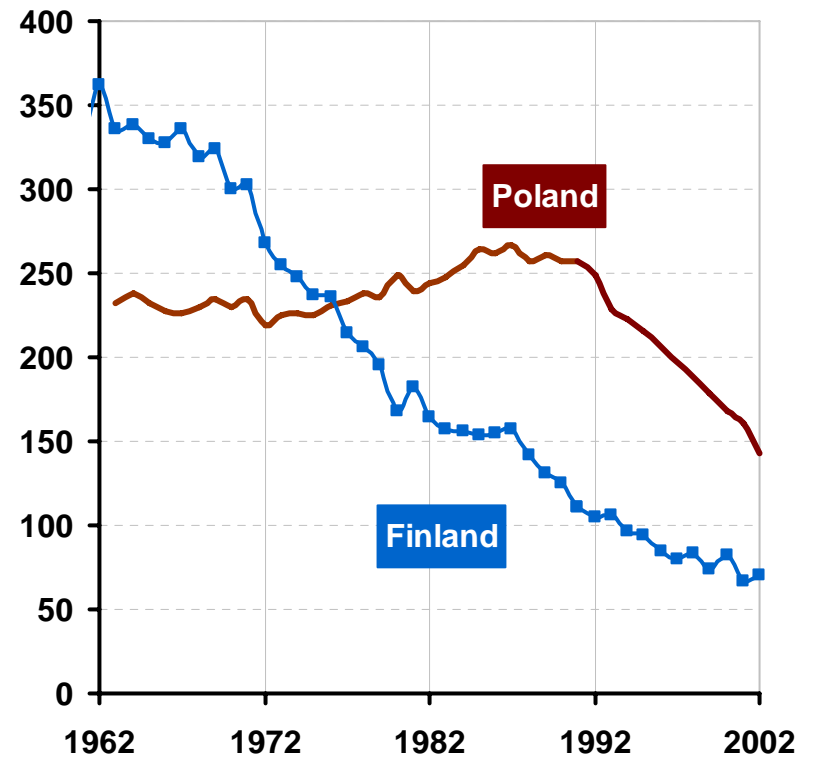
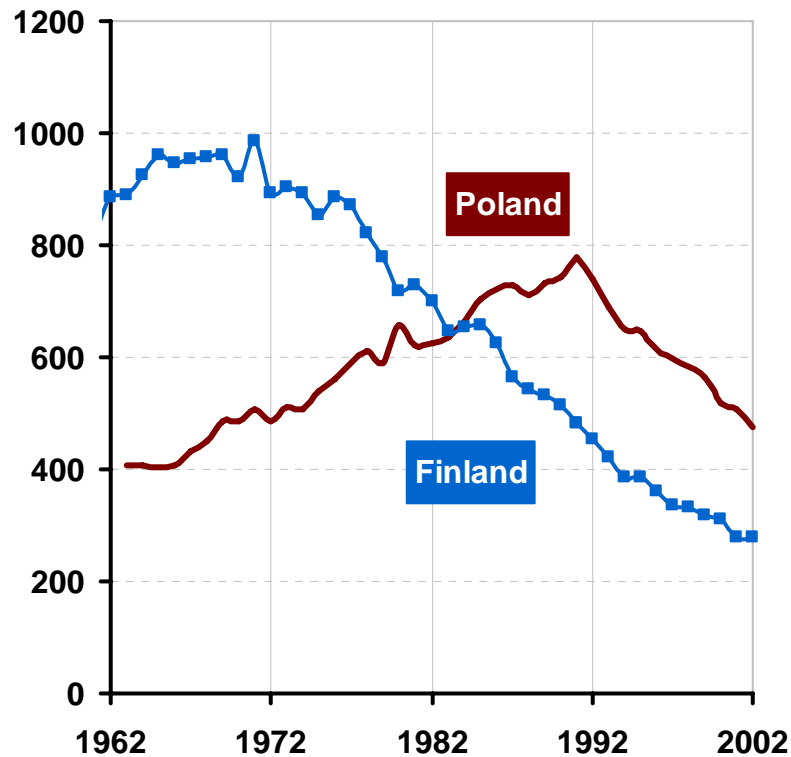
- For 30 years, in the period 1960-1991 dramatic increase of premature mortality from non-communicable diseases
- Infectious diseases are fully controlled
- Since 1991 cardiovascular disease, cancer and injuries mortality has been declining



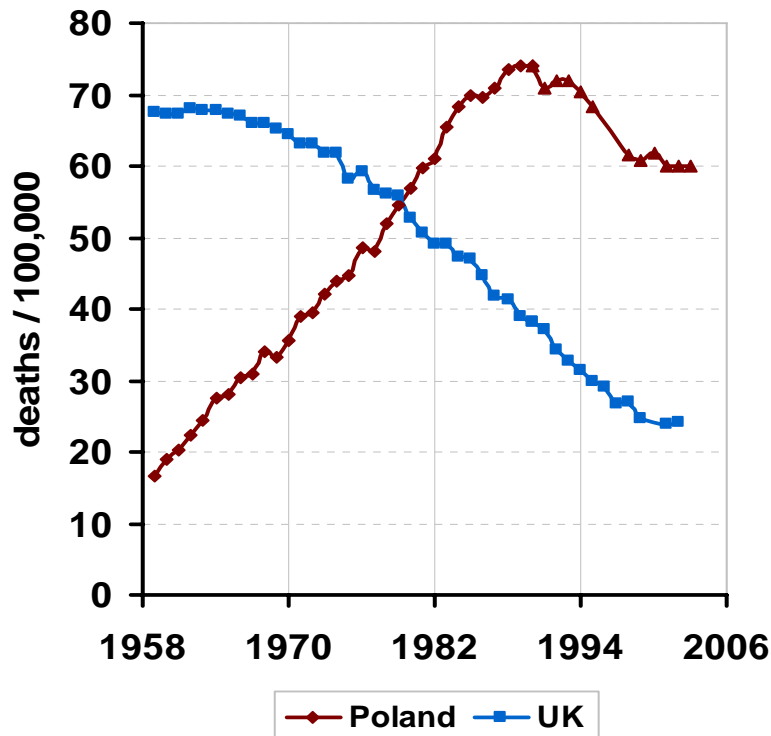
Cardiovascular disease mortality in Poland and Finland in the period 1963-2002

men

women



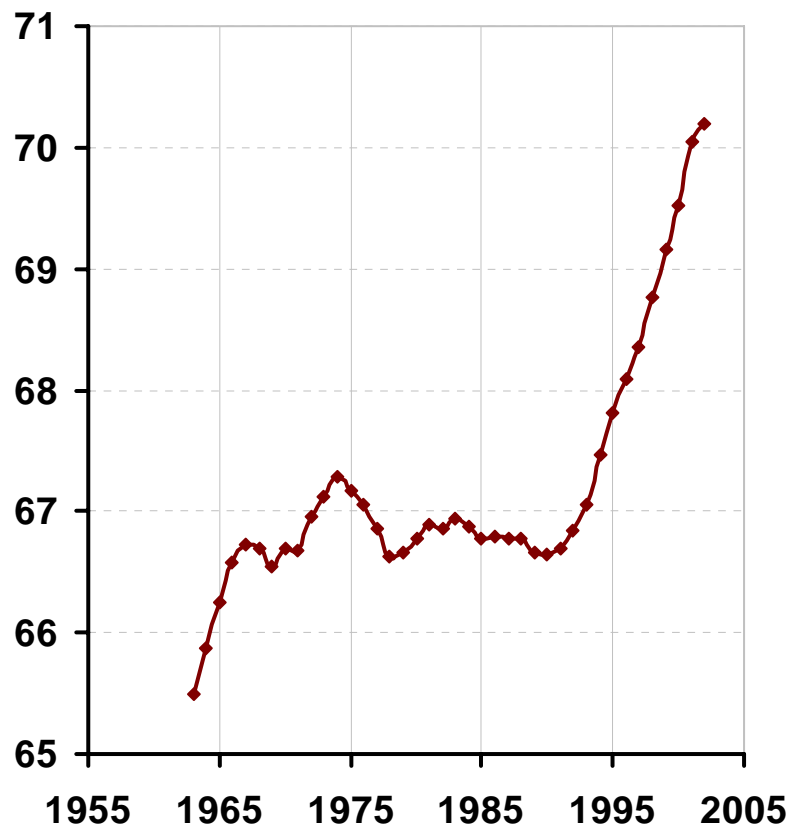
Lung cancer mortality in Poland and the UK, men aged 20-64 years, 1959-2003



- Extraordinary increase of lung cancer mortality in Poland until early 1990s (unlike as in the UK)
- After 1991 decline parallel to the one observed in the UK



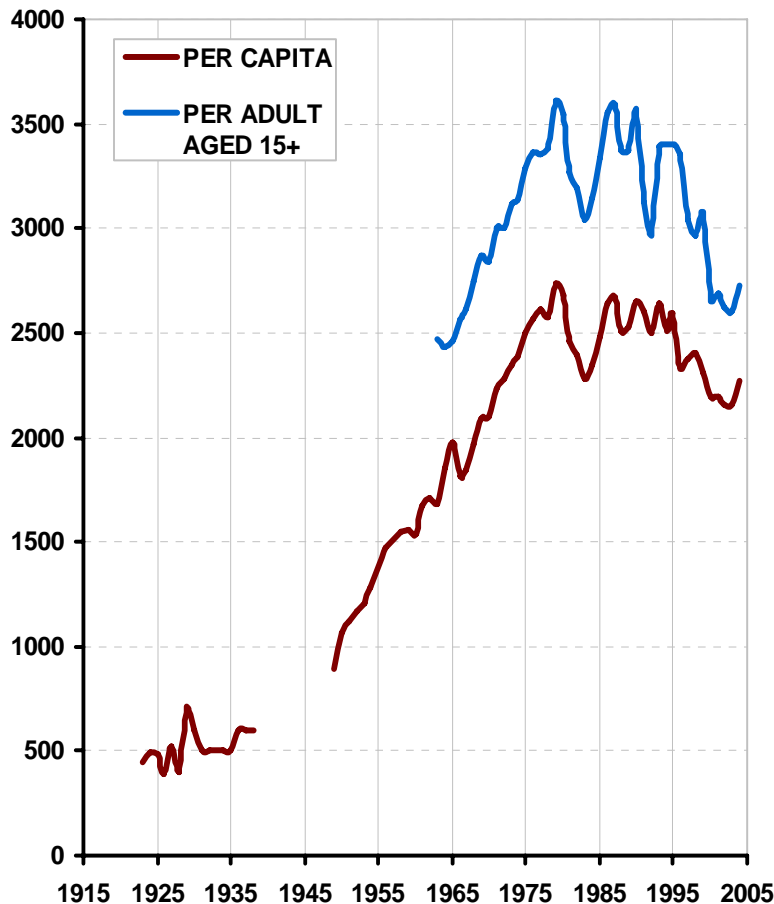
Life expectancy at birth, Poland, men, 1963-2002*



- Since the beginning of 1990s great systematic increase of life expectancy at birth in Poland

* 5-year moving average

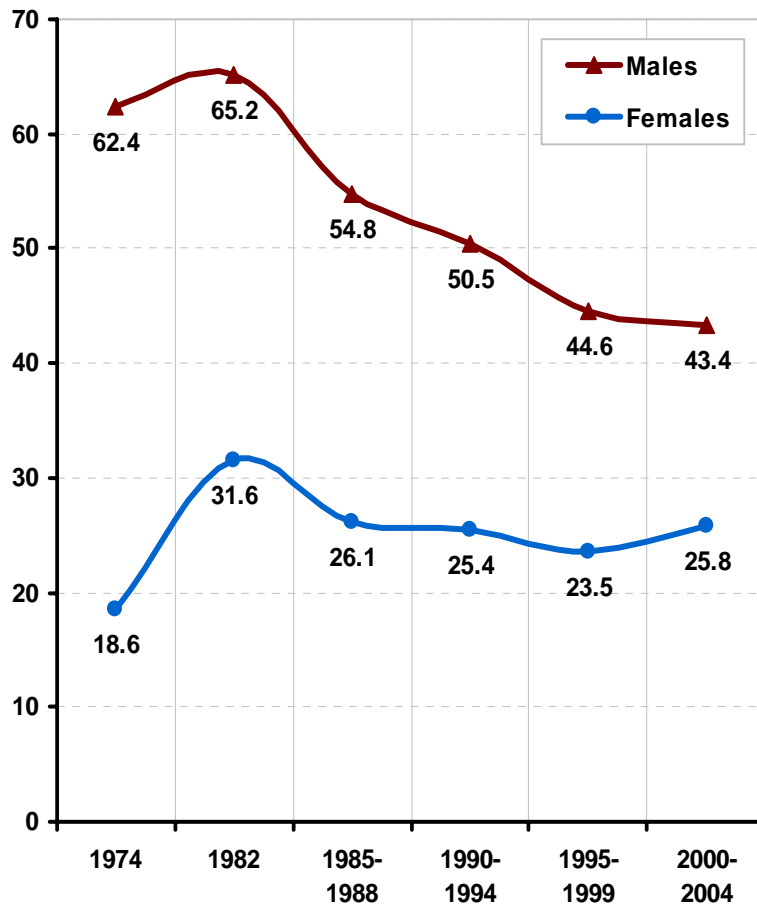
Cigarette consumption per capita, Poland 1923-2004



- In the 1980s in Poland there was observed the highest tobacco consumption in the world
- In mid 1990s the consumption of cigarettes began to fall down, first due to economic crisis and then due to health intervention

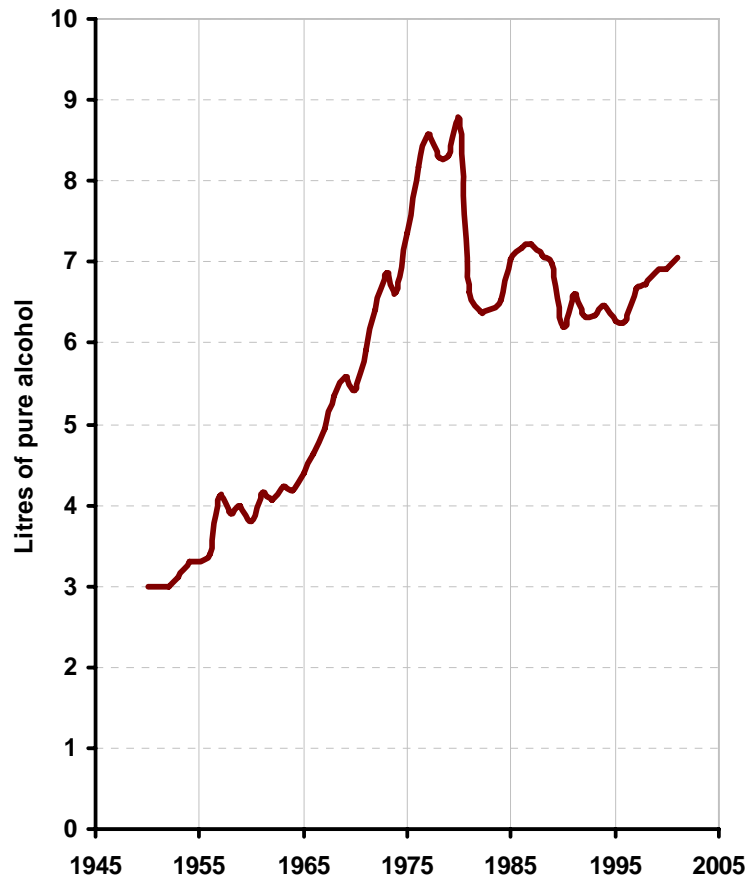


Daily smoking, males and females 20+ years Poland 1974-2004



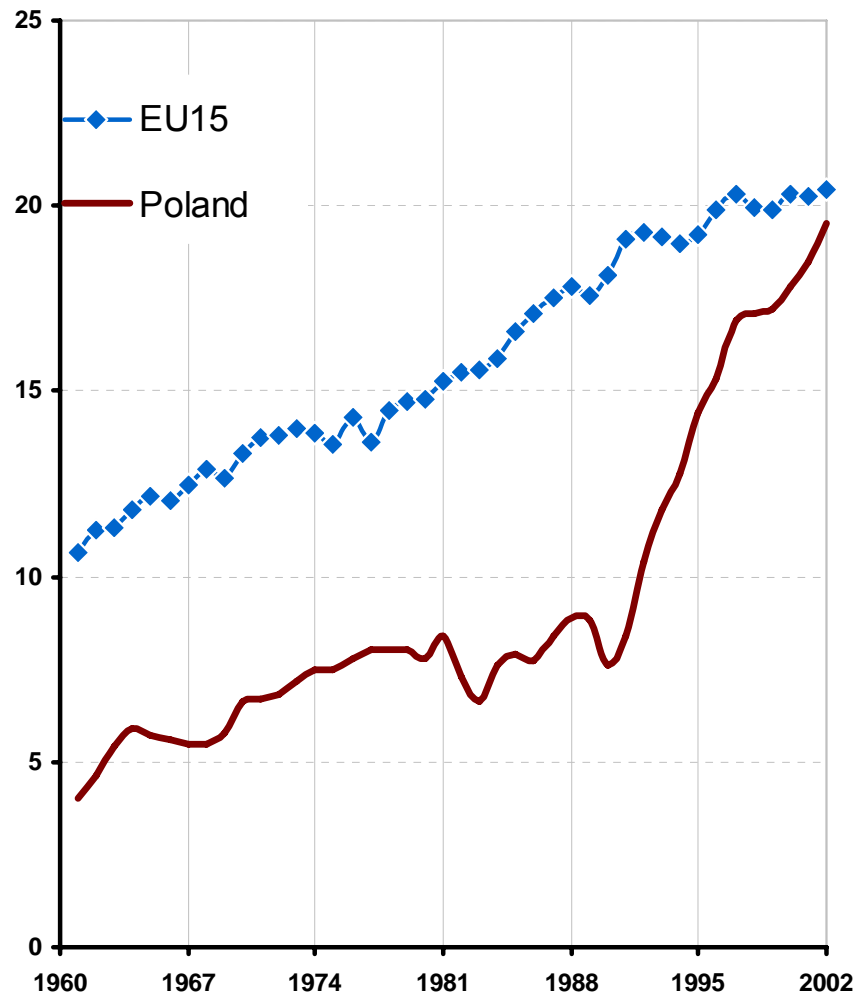
- In early 1980s there was a very big proportion of smokers in Polish population: almost 70% of adult men and 32% of adult women were daily smokers
- Since then, the percentage of daily smokers has been declining, firstly due to economical crisis and then as a result of health intervention

Recorded per capita consumption of alcohol Poland 1950-2001



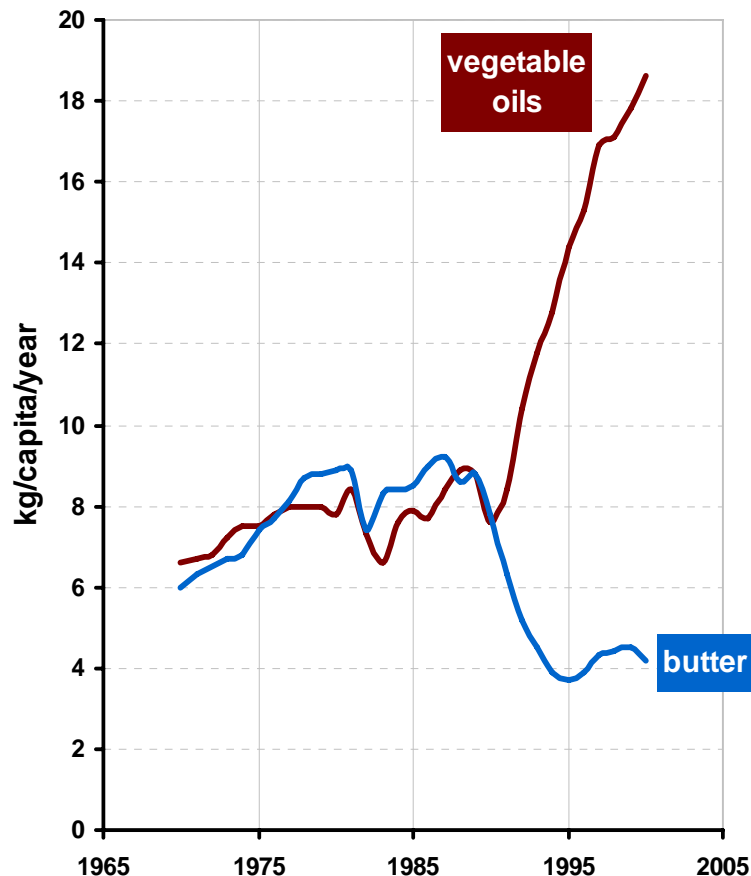
- In the post war period alcohol consumption had been increasing dramatically until 1980
- When the martial law was introduced and alcohol was rationed, the consumption dropped and since then there has been stagnation observed

Consumption of vegetable oils in Poland and EU15 (kg/cap/year)



- Dramatic increase of vegetable oils consumption since early 1990s
- In 2002 consumption of vegetable oils reached the average level in the EU15 countries

Consumption of vegetable oils and butter in Poland in 1970-2000 (kg/capita/year)

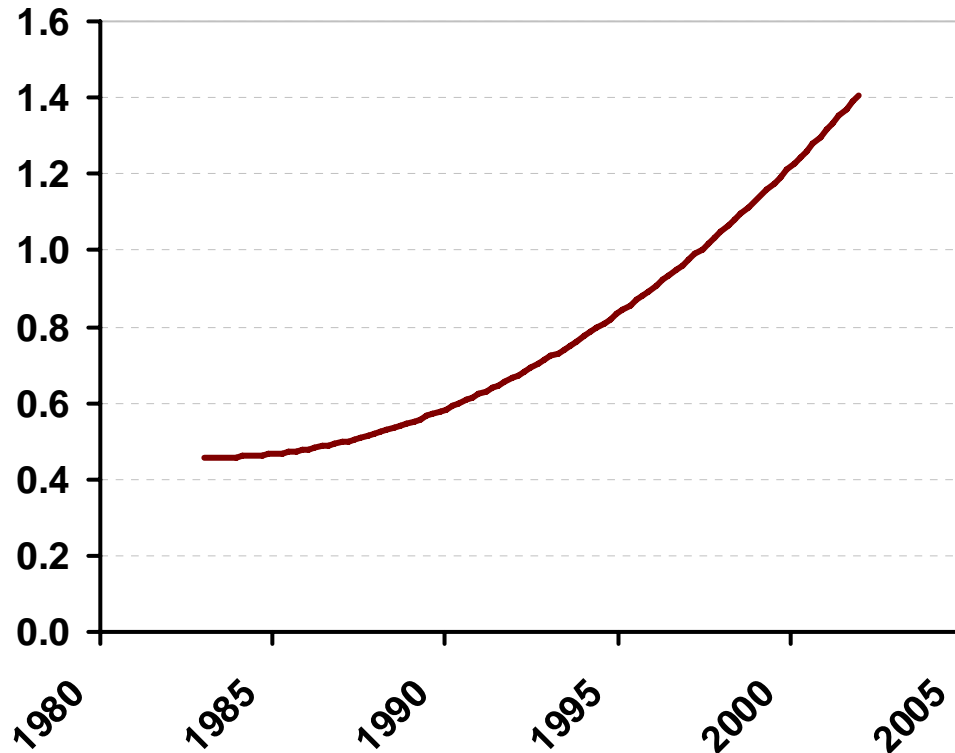


- One of the hypothesis, which tries to explain cardiovascular disease mortality decline, is change of fat consumption structure
- At the beginning of 1990s consumption of vegetable oil began to rise dramatically with simultaneous decline of butter consumption

Availability of fruits and vegetables (antioxidants) whole year through



Consumption of exotic fruits in Poland, 1983-2002



- Exponential increase of exotic fruits consumption

Poland, women



HEALTH INDICATOR		Best in EU10	Worst in EU10	Poland	Change	APC*	Rank of APC	Rank within EU10									
								BEST		Rank within EU10						WORST	
								1	2	3	4	5	6	7	8	9	10
Life expectancy at birth (years)	1990	77.8	73.2	75.6		3.2#	1				●						
	2002	80.5	74.7	78.8													
Risk of dying, age group 20-64 years (%)	1990	12.2	19.2	15.5		-3.5&	3				●						
	2002	10.1	16.7	12.0													
Standardised mortality rates per 100,000 person-years, age group 20-64 years	All cause mortality	1990	232	383	298						●						
		2002	189	327	227		-2.0	3									
	Cardiovascular disease mortality	1990	55	127	105							●					
		2002	33	122	58		-3.7	1									
	Injuries mortality	1990	22	55	25					●							
		2002	20	63	21		-1.3	5									
	Suicide mortality	1990	5	20	6					●							
		2002	4	12	6		-0.1	8									
	Liver cirrhosis mortality	1990	3	33	4					●							
		2002	4	29	5		1.9	6									
	Lung cancer mortality	1990	6	16	10												●
		2002	4	26	15		3.9	8									

* APC - Annual percentage change in the period 1990-2002
for life expectancy at birth it is the difference between value for 2002 and 1990 expressed in years
& for risk of dying it is the difference between value for 2002 and 1990 expressed in percentage points



Poland, men



HEALTH INDICATOR		Best in EU10	Worst in EU10	Poland	Change	APC*	Rank of APC	Rank within EU10										
								BEST		Rank within EU10						WORST		
								1	2	3	4	5	6	7	8	9	10	
Life expectancy at birth (years)	1990	69.8	64.2	66.5		3.8#	2						●					
	2002	72.6	64.7	70.3														
Risk of dying, age group 20-64 years (%)	1990	29.4	41.0	36.3		-6.8&	3					●						
	2002	23.8	43.1	29.5														
Standardised mortality rates per 100,000 person-years, age group 20-64 years	All cause mortality	1990	618	968	816		-1.9	3					●					
		2002	487	1040	628													
	Cardiovascular disease mortality	1990	163	371	309		-3.2	2					●					
		2002	104	371	192													
	Injuries mortality	1990	107	278	158		-2.0	2						●				
		2002	87	333	121													
	Suicide mortality	1990	18	71	32		0.6	6										
		2002	23	112	34													
	Liver cirrhosis mortality	1990	9	85	14		5.1	6										
		2002	22	97	22													
	Lung cancer mortality	1990	48	85	74		-1.6	6									●	
		2002	42	82	60													

* APC - Annual percentage change in the period 1990-2002
for life expectancy at birth it is the difference between value for 2002 and 1990 expressed in years
& for risk of dying it is the difference between value for 2002 and 1990 expressed in percentage points





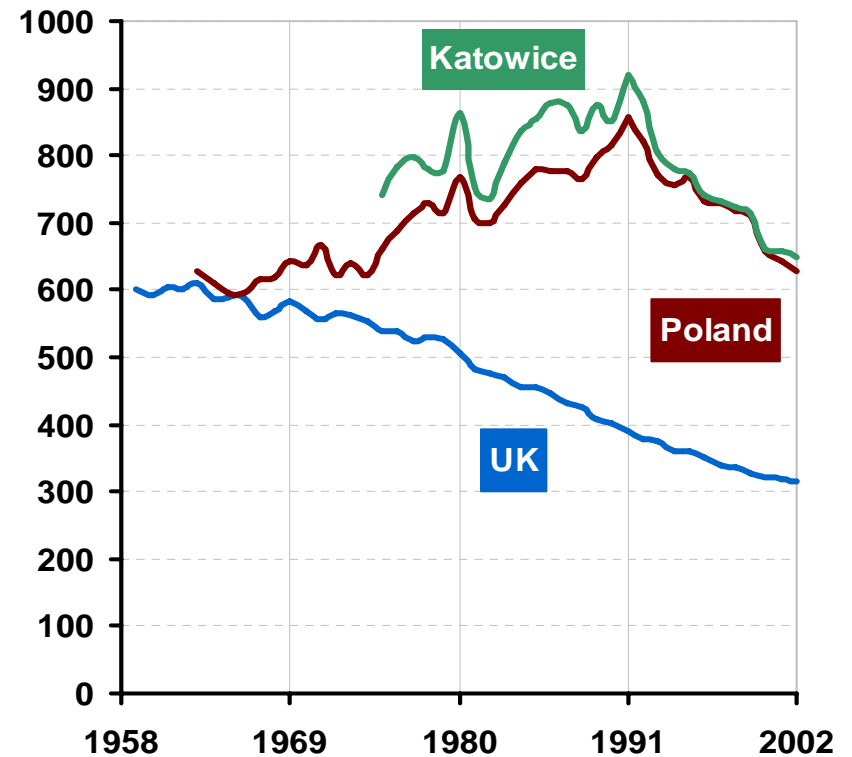
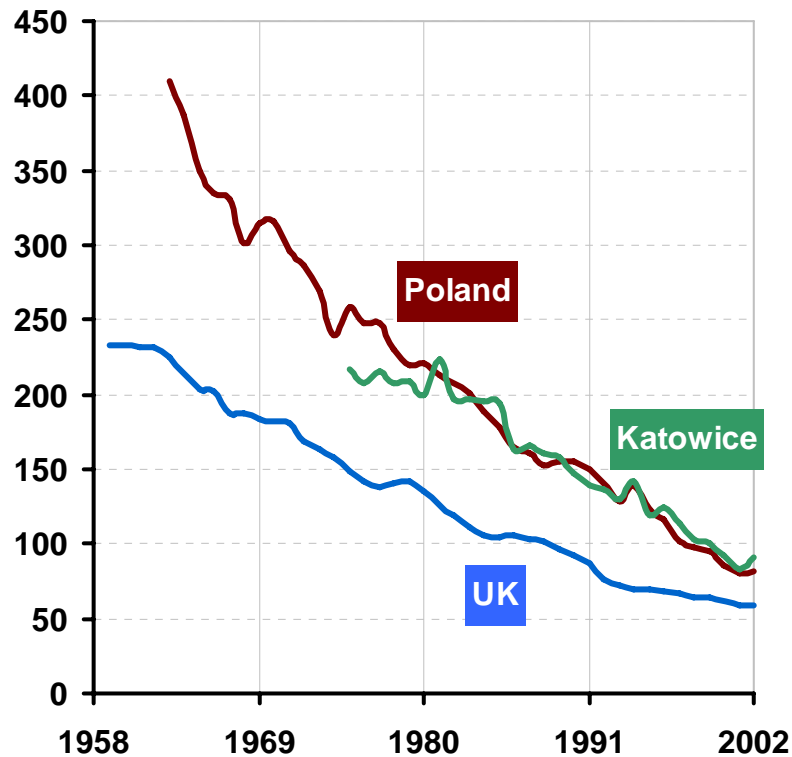
The same phenomena which were observed in Poland apply as well to Katowice



Total mortality in Poland (and Katowice) and UK, 1963-2002

0-19

20-64





HEM-Closing the Gap

Reducing Premature Mortality.
Baseline for Monitoring Health
Evolution Following Enlargement.



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Thank you

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