

CONCEPT
EXPLAINER

WHAT ARE

Social Determinants of Health?

(sometimes called “SDoH” for
short)

swipe



01

These are non- medical factors

that influence health outcomes. They encompass the conditions in which we are born, grow, live, learn, work, and age.



02

SDoH can impact health positively

or negatively. Globally, health follows a social gradient: lower socioeconomic status often means poorer health. This gradient reflects varying access to the SDoH, in this way they can be understood as the building blocks of health.

swipe



03

Key examples of these building

blocks include income, education, employment, food, and housing.

Research indicates that the SDoH are more critical in shaping health outcomes than healthcare services or personal lifestyle choices.



04

Creating better and more equitable

access to these critical building blocks of health is essential for improving health outcomes and addressing persistent health inequalities. By focusing on these factors, we can foster healthier communities and reduce disparities.

swipe



CONCEPT
EXPLAINER



**Thanks for
reading**

*Next time:
cash first*

react and share

