



A Local Information System for Scotland

Amber Sharif- Engagement Officer



ALLIANCE

HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre

“Our vision is for a Scotland where people who are disabled or living with long term conditions and unpaid carers have a strong voice and enjoy their right to live well.”

ALISS helps people find and share information about local community assets and services that support health and wellbeing



- **What keeps you well?**

People valued a wide range of support including local activities, events, places and opportunities as well as formal services.



- **Are there barriers to accessing these resources?**

Information about local support is hard to find, either because it is only available in paper form or word of mouth, and when online, it is often scattered across multiple sites with a lot of duplication.

- **What should we do to address these barriers?**

One list of all sources of support, made available through multiple places where individuals might seek it themselves or where professionals might seek it on their behalf. And, a mechanism and support that enables agencies and professionals across different sectors to work together and with communities to collectively identify, maintain and share information.

Managing your own wellbeing can take lots of different forms, and ALISS includes a broad range of groups, services, activities and resources including those that:



- Provide information and support around long term conditions e.g. Peer Support Groups, Helplines
- Enable social connections e.g. Community Choirs, Befriending Services
- Support outdoor or physical activity e.g. Walking Groups, Community Gardens
- Link to a range of practical support e.g. Money Advice, Advocacy Services
- Access digital technology e.g. online forums, health related mobile apps



Basic Account



ALISS Editor



Claimed Organisation

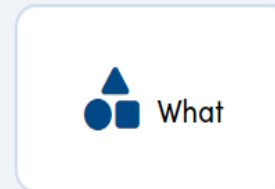
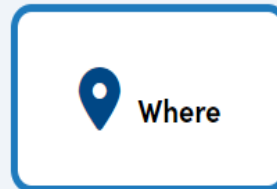




Connecting you to your community.

Find services, groups and activities for health and wellbeing across Scotland.

Search by:



Quick
exit 

Enter a postcode, town or city into the search box below to find resources in your Scottish
Community

E.g. Glasgow or G2 4AA



Search



Social Suppers Sit In

Claimed

Delivered by: Lodging House Mission Claimed

Last updated: 06/01/2025

Social Suppers Sit In offers mixed supper and free food takeaway to anyone who needs it. This includes a hot meal and tea or coffee.

Monday and Friday, 4pm - 5.30pm: Sit in suppers, takeaway options (sit in is offered on a first come, first served basis.)

Tuesday, Wednesday, Thursday, 4pm - 5.30pm: Takeaway food

This service is delivered by Social Bite and hosted by Lodging House Mission

Addresses: [View all \(1\)](#)

Regions: [View all \(1\)](#)



Contact information

Quick exit

You can use the information below to get in touch with Social Suppers Sit In

[Visit the website](#)

Actions

AI Search Assistant

[Share this page via email](#)

[Print this listing](#)


[Add to ALISS](#)





About Claimed

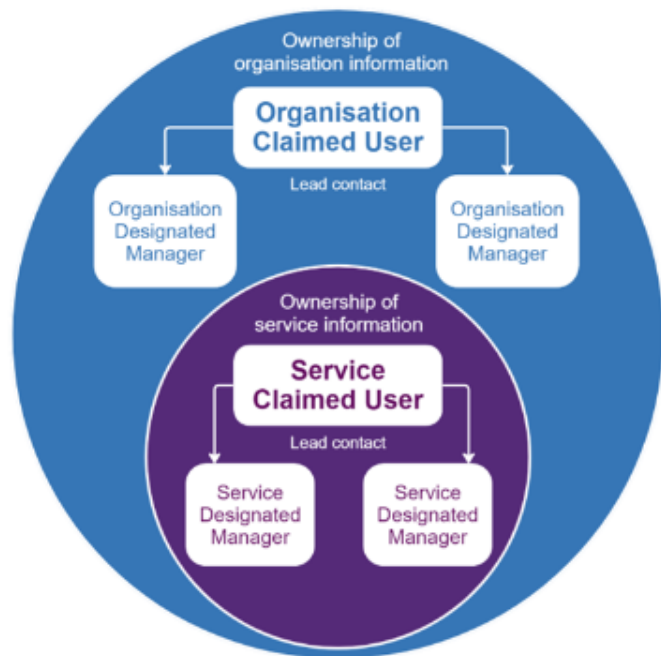
What does Claimed mean?

If the information on ALISS has a blue Claimed badge  Claimed next to its name, it means a verified ALISS account holder (Claimed user) has claimed and manages the information on the page. They are responsible for keeping it accurate and up to date.

Each organisation and service can have a Claimed user and multiple Managers maintaining that information.

The information on the claimed page may not have been viewed or approved by the ALISS team.

If you have any questions, please contact hello@aliss.org



Quick exit 

AI Search Assistant





Coronavirus Community Assistance Directory
Find and offer help in your community

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Strata Health | Home | Solutions | Impact | Customers | Resources

One Software Solution to Manage Transitions of Care

access Elemental Social Prescribing



GLASGOW ALLIANCE
GET HELP GLASGOW

WE'RE TRANSFORMING GLASGOW'S APPROACH TO HOMELESSNESS AND ENDING ROUGH SLEEPING IN THE CITY

Shetland Community Directory

Connecting Shetland Communities

NHS inform | Search NHS inform/Services

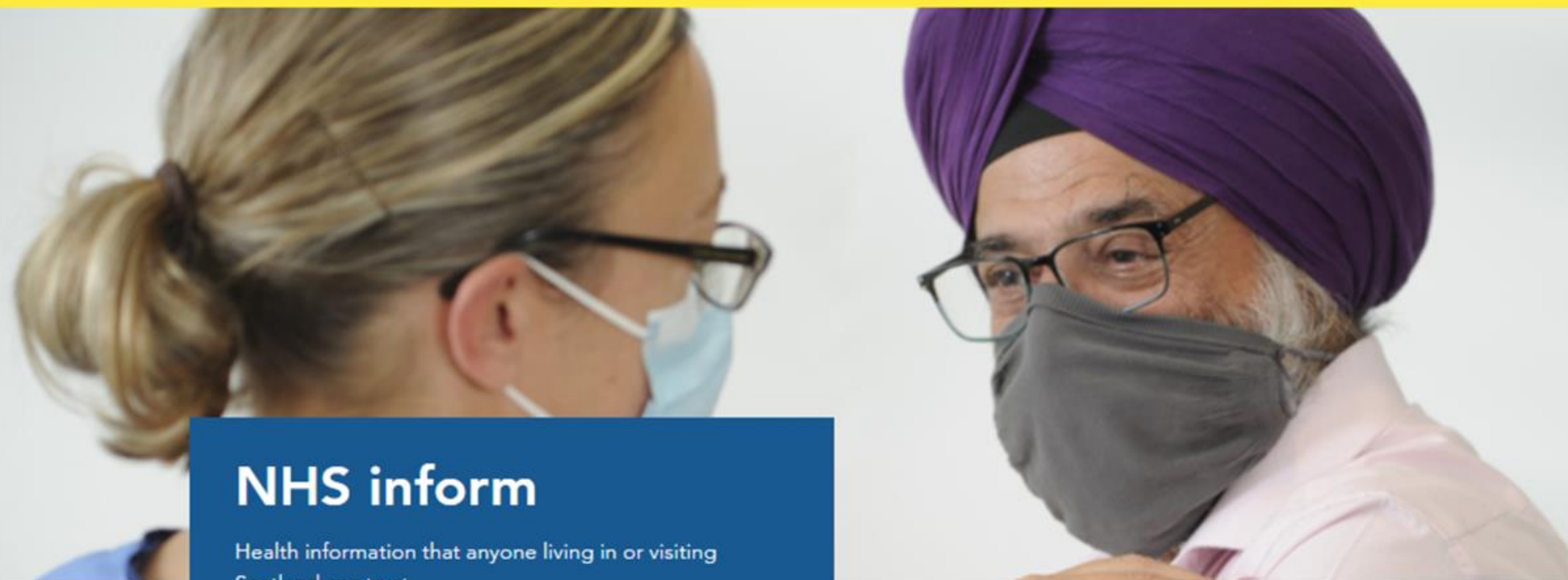
Scotland's Service Directory
Details of health and wellbeing services in Scotland. Includes GP practices, dental services and support groups.

A&Es and Minor Injuries Units >	Dental services >	GP practices >
Health and wellbeing services >	Hospitals >	Opticians >
Pharmacies >	Sexual health clinics >	

EAST AYRSHIRE
Health & Social Care Partnership

Aberdeen City Health & Social Care Partnership
A caring partnership

[Book your winter vaccines appointment](#)



NHS inform

Health information that anyone living in or visiting Scotland can trust

Self-help guides

Check your symptoms

[Go to self-help guides](#)

Scotland's Service Directory

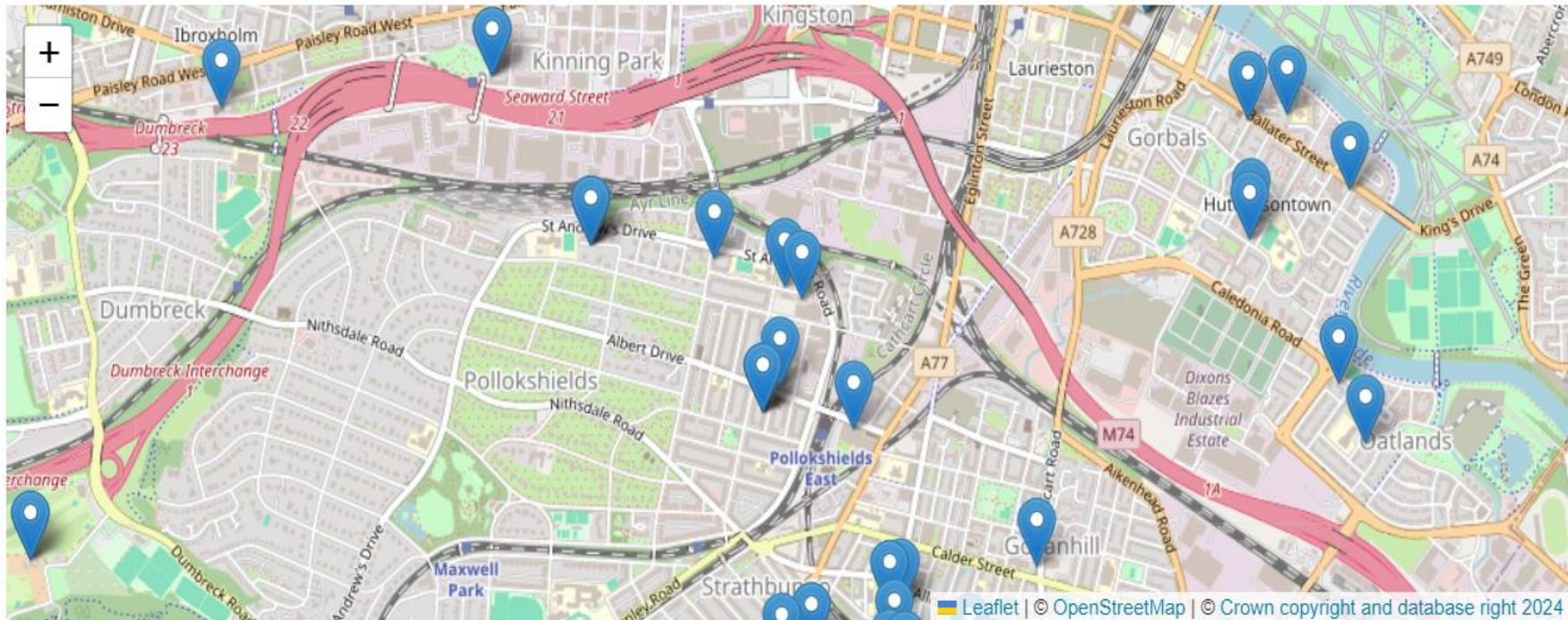
Find a local service or group in your area

[Find local services or groups](#)



enter your postcode filter by keyword Submit

- All
- Community Garden
- Food Delivery
- Foodbank
- Free Meals
- Lunch Club
- Community Cafe
- Breakfast Club
- Allotments
- Community Food Shops
- Community Food Education
- Community Cooking
- Community Growing
- Money advice
- GCFN Member



The Wild Olive Tree

By [The Wild Olive Tree](#)

0.61km away



Thank you!



Please get in touch if you have any questions or need any support adding or managing information on ALISS

-  amber.sharif@alliance-scotland.org.uk
-  hello@aliss.org
-  [@alissprogramme](https://twitter.com/alissprogramme)
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